

## Enter the 2019 New Hampshire Moose Hunt Lottery

CONCORD, NH—If you want to hunt moose in New Hampshire this fall, now is the time to enter the 2019 moose hunt lottery and try your luck on the adventure of a lifetime — hunting moose in the rugged woods of the Granite State. The lottery entrance fee is \$15 for New Hampshire residents and \$25 for nonresidents. A total of 49 permits are proposed to be issued this year.

To enter the New Hampshire moose hunt lottery, visit [www.huntnh.com/hunting/moose.html](http://www.huntnh.com/hunting/moose.html) where you can enter online or print out a mail-in application. You can also pick up an application at any New Hampshire Fish and Game license agent, New Hampshire Fish and Game Regional offices, or at New Hampshire Fish and Game Department Headquarters, 11 Hazen Drive in Concord, NH.

Applicants are encouraged to apply online and early, so there is less chance of submitting an incomplete application. Moose hunt lottery applications for 2019 must be postmarked or submitted online by midnight Eastern Time on May 31, 2019, or delivered to the Licensing Office at NH Fish and Game Department Headquarters before 4:00 p.m. that day. Win-



ners will be selected through a computerized random drawing on June 21 at Department headquarters.

Applicants can enter the moose hunt lottery once per year. A bonus-point system improves the chances for unsuccessful applicants who apply in each consecutive year. Each point



**Congratulations to SHS seniors Julia Belaire, Brooke Bonneau, Kaitlyn Chambers, Madeline Ferland, Hailey LaClair, Leeann McCarthy, Amelia Parizo, Jenna Pond, Audrey Puksta, Ryann Rider, Maddie Vaine and Ethan Johnson who were honored Tuesday at the NHIAA/NHADA Scholar Athlete Awards in Concord (Courtesy photo).**

translates to a chance in the drawing. For example, last year the overall odds of a resident applicant being drawn were 1 in 76, while resident applicants with a total of 15 points had a 1 in 34 chance of being drawn. For nonresidents, the odds increased from 1 in 359 overall to 1 in 164 for applicants with 15 points. Your chance of being drawn and offered a permit in the lottery will improve if you rank all wildlife management units on your application. You will have the option to decline a permit if drawn for a unit you prefer not to hunt.

In 2018, 6,142 people entered the lottery for the chance to win one of 51 permits. More than 1,200 people continued to accrue bonus points because they submitted an application for a point only in order to not lose their accrued points. Hunters from six other states

won permits in the lottery.

While people travel from all over the country to take part in the New Hampshire moose hunt, the majority of permits, about 85%, are awarded to New Hampshire residents. The number of permits available to nonresidents is capped, based on the prior year's sales of nonresident hunting licenses.

New Hampshire applicants should note that the NH Division of Motor Vehicles started a new driver's license number format in 2017. As a result, New Hampshire driver's license numbers will be changing over the course of the next five years. Bonus points are tracked via your driver's license number. Please pay particular attention when completing your application, and if your license number has changed, indicate this on your application.

## Monarchs Finish Regular Season with 5-2 Win Over Mariners

### Manchester jumps to second in the North Division

MANCHESTER, NH—The Manchester Monarchs ended their season on a high note, beating the Maine Mariners, 5-2, Saturday night at SNHU Arena.

The Monarchs (39-29-2-2) scored early and kept up their momentum throughout the game to dash the Mariners (36-32-2-1) hopes of making the playoffs in a 5-2 win.

The Monarchs opened scoring at 5:29 of the first period when Tony Cameranesi scored an unassisted goal, his 24th of the season. After finding the puck at the top of the right circle, Cameranesi cut through the high slot and fired the puck over the shoulder of Mariners goaltender Francois Brassard, making the score, 1-0.

The Monarchs doubled their lead at 18:33 of the second period when Cory Ward scored his 15th goal of the season. Jack Nevins found the puck at the bottom of the left circle and sent a cross-crease pass to Ward who backhanded a shot over the blocker of Brassard, making the score, 2-0.

The Monarchs scored again at 18:55 of the second period when David Kolomatis scored his 14th of the season. Picking up a pass from Pavel Jenys in the high slot, Kolomatis sent the puck through the legs of Brassard, to make the score, 3-0.

The Monarchs added another at :51 of the third period when Jack Nevins scored his ninth of the season. Ward carried the puck to the bottom of the right circle and fired a shot where Nevins got a stick on it, deflecting it between the legs of Brassard to make the score, 4-0.

The Mariners got on the board at 13:36 of the third period when Taylor Cammarata scored an unassisted goal, his 23rd goal of the season. After a failed clear attempt by the Monarchs, Cammarata gathered the puck and pushed it around the pad of Monarchs goaltender Charles

Williams, making the score, 4-1.

The Mariners cut the Monarchs lead in half at 14:37 of the third when Ty Ronning scored his 10th of the season. Terrence Wallin got the initial shot on goal, but a rebound in front of the crease allowed Ronning to sneak a shot past Williams, to make the score, 4-2.

The Monarchs added another at 18:43 when Pierre-Luc Mercier scored his 13th of the season with an empty-net goal to make the final score, 5-2.

The Monarchs will move on to the Kelly Cup Playoffs in a first round matchup with the Adirondack Thunder, with the dates to be determined. To sign up for Pay As We Play play-off tickets or group tickets, please contact the Monarchs front office at 603-626-7825.

Visit us at ManchesterMonarchs.com, follow the team on Twitter and Instagram: @MonarchsHockey, and like us on Facebook for additional information.

## Yenncy Diaz Near Perfect in 3-1 Fisher Cats Win

### Blue Jays prospect faces the minimum over six innings in Double-A debut

MANCHESTER, NH - Behind six dominant innings from Yenncy Diaz, the New Hampshire Fisher Cats (Blue Jays Double-A affiliate) earned a four-game series split with a 3-1 win over the Binghamton Rumble Ponies (New York Mets) on Sunday afternoon at Northeast Delta Dental Stadium.

In a game that took just two hours, Diaz faced the minimum over six innings, allowing just one single to Barrett Barnes before picking him off later in the second. The Blue Jays No. 26 prospect (MLB.com) struck out five batters and walked none in his first Double-A start.

Josh Palacios hit a two-run homer, New Hampshire's first of the year, to give the Fisher Cats a 2-0 lead in the bottom of the sixth in-

ning. Chad Spanberger added a two-out RBI double in the seventh to make it 3-0, before Barnes hit a solo home run to cap the scoring at 3-1 in the eighth.

Barnes was the only Rumble Pony with a hit on Sunday. Tayler Saucedo (H, 1) handled the seventh and eighth, while Kirby Snead (S, 1) finished off a perfect ninth to seal the win for New Hampshire.

Forrest Wall went 2-for-4, while Vinny Capra and Kacy Clemens each reached base twice with a walk and a hit.

Notes:

The fastest nine-inning home game in Fisher Cats history was 1:57 against the Norwich Navigators in 2005. The fastest road game was 1:52 at the Connecticut Defenders in 2006.

Diaz's spectacular start came one day after Zach Logue's terrific Double-A debut. Logue was perfect through five innings, and allowed just one unearned run in six frames on Saturday.



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# Inspiration

## As We Grow Older! An Essay on Graceful Aging!

By Priscilla Hull

Some of you, dear readers, are all too familiar with that term, having it heard it from doctors, nurses, PAs, NPs, pharmacists, Occupational and Physical Therapists and more. So, what does that exactly mean? I had a friend who always said, "It beats the alternative." He has now taken that alternative path, but he always thought he'd beat that alternative! None of us can, though. It's there waiting, but I'll work to beat it as long as it's practical.

What exactly does it mean, "as we grow older"? Physiologically there are inevitable changes to our body. Maybe one of the first changes is to our blood vessels. They become less elastic, walls thicken a bit and, oh boy, there goes our blood pressures! So we begin to take pills, one of a variety that will keep the blood pressure under control. Oh, good, but the doctor who tells us this is just a kid! How does he know?

Another early change is that suddenly, our knees creak when we get up! Not only our knees, but, ankles, toes, fingers and suddenly the back joins in! They all work together to cause aches and pains in places we didn't know about! Along with this is something called "obnoxious packaging." This is those annoying little films covering the tops of salad dressings, yogurt and cottage cheese. How can I eat healthy when the packages are suddenly impossible to open? At least ice cream still comes in a package that once we get that outside seal off, we can get to the food!

Shoulders, knees, fingers and feet don't work so well when we pass a certain age. At the same time the eye doctor, who surely, just graduated from high school, tells us that we have the beginnings of cataracts! Don't worry, they'll probably not develop for several years. "Excuse, me. I didn't catch that." Never say you didn't hear something because now they'll know that your hearing is going!

Don't forget that your heart might suddenly beat like a humming bird, or forget to beat, but there are pills and devices for those things too. A pacemaker is a great device. It slows the heart to a reasonable rate or maybe they'll do some ablation to remind the heart to stay regular. In case the heart goes too slow or decides on its own to stop a few times, the pacer can take care of that too!

All these things happen when we reach a certain age! I agree with my friend, though! It beats the alternative. So bring on creaky knees, fumbling fingers, sore shoulders and hips. Bring on sore backs, blood pressure pills, pacemakers, canes and walkers. As long as I can function independently, enjoy my grandkids, kids and friends, I'll keep going and laugh at the limitations. I'll watch the Red Sox, sing hymns, sew, laugh, love and live to the best of my ability. Enjoy what there is in life! Make the time here worthwhile, take advantage of these years of leisure, find friends, talk, and laugh, it's all for the JOY of living!

*12 "Honor your father and your mother, that you may live a long time in the land the Lord your God is giving to you."  
Exodus 20:12*

*Priscilla Hull is the Lay Leader of the First United Methodist Church.*



## Calendar Of Events

### Memorial Brunch in Newport

#### Dave and Jane Heald Memorial Brunch Sunday, May 5th 11:30 – 1:00

South Congregational Church, UCC, Newport, NH

Traditional Heald Luncheon fare with Dave's famous chowders, quiche, baked ham, salads and pastries. In celebration of Cinco de Mayo, there will also be some Mexican flair--Chilaquiles and Taco Pie.

Tickets: \$12 for adults, \$6 for 5-12 and under 5 free. Rolling seating starting at 11:30. Vegetarian and dairy free options available. Call 863-3729 for reservations, tickets available at the door.

### Reed Optical Hosts Book Drive and Raffle

CLAREMONT & SUNAPEE, NH—Reed Optical is hosting a Book Drive and Raffle to support two local libraries. During the month of April, Reed Optical will be collecting book donations at both its Claremont (Pleasant Street) and Sunapee (Post Office Road) locations. In exchange for a book donation, an entry will be given toward a drawing of fabulous prizes. Take a look at the prizes in either office or on the Reed Optical Facebook pages.

The public is invited to help celebrate Reed's 10-year anniversary with Optometrists Drs. Jeff and Tina Smrkovski by supporting this book drive. Books collected in Claremont will be donated to the Fiske Free Library, while books collected in Sunapee will be donated to the Abbott Library.

For more information about Reed Optical, or the book drive, please visit their website, <http://www.reedoptical.com>. Contact the Claremont location at 603- 543-3125, [sales@reedoptical.com](mailto:sales@reedoptical.com) or <http://facebook.com/ReedOptical>. Contact the Sunapee location at 603-763-7302, [sunapee@reedoptical.com](mailto:sunapee@reedoptical.com) or <http://facebook.com/ReedOpticalSunapee>

[www.facebook.com/etickernews](http://www.facebook.com/etickernews)

### CHARLESTOWN RECREATION COMMITTEE RECREATION NEWS

**PATCH PARK CLEAN UP DAY:** April 13, 9:00 am

**ADOPT A HIGHWAY DAY:** April 20, 8am – 12:30pm. Meet at the Charlestown Fire Dept.

**GREAT MEADOW TRAIL WORK DAY:** April 27, 9am – 10am. Meet at the Charlestown Boat Landing.

**CHARLESTOWN'S TRAILS:** Looking for some outdoor fun right here in town? The Charlestown Conservation Commission (CCC) maintains six (6) trails, listed below:

**The Great Meadows Trail** is 1.2 miles and is considered an easy trail. It starts on Lower Landing Road and follows the Connecticut River southward. There are great views of the Connecticut River as well as the "Great Meadow". Great Meadow is an important migratory stop for birds. A great spot for bird watching.

**The Nature Trail** is .5 miles and is considered an easy trail. It starts behind the firehouse, up over a ridge and down to Clay Brook, over the culvert and upstream, up a hill through a variety of habitats, including the riparian buffer zone, hemlocks, hardwood, finishing in a pine stand. Once at Fling Road, if you look back over the brook, you'll see the remnants of a grist-mill dam.

**The Reservoir Lot Trails** is 1.8 miles and is considered a moderate trail. There are two trails that can be followed. The southern loop is mostly dominated by hemlock and the northern trail is mostly hardwood. Deer, turkey, and bear have been seen along this series of trails.

**The Connecticut River State Forest Trail** is 1.3 miles each way and is considered a difficult trail. It starts at East Street Ext, inclines for about a mile then flattens out. It ends at Lamb Road. Part of the trail runs through a hemlock stand that has been a deer wintering yard. Bear have also been seen in the forest.

**The Hubbard Hill State Forest Trail** is 2.2 miles and is considered a moderate trail. It crosses and parallels power lines at points while following along a snowmobile trail.

**The Halls Pond Trail** is 3.1 miles and is considered a moderate trail. There are many deer signs and an occasional moose. There are also many birds, and, in the migrating season, the pond holds ducks and geese. This trail uses some private property and runs over the Acworth town line for a short distance and back into Charlestown, between a farmhouse

and barn. The trail skirts some vernal pools so is strictly hiking and horseback riding only.

For more information, directions, and maps on Charlestown's Trails, go to this website: <https://www.trailfinder.info/> or <https://www.-traillink.com/city/charlestown-nh-trails/>.

**BABE RUTH GIRLS SOFTBALL SUMMER LEAGUE:** 12U (no older than 12 by 12/31/18). Please register at the Town Office. \$75.00 per player.

**BABE RUTH BOYS BASEBALL LEAGUE:** Ages 13-16. Please register at the Town Office. \$75.00 per player.

**POOL DIRECTOR AND POOL GUARDS:** Time to start planning for Summer! The CREC is accepting applications for a Pool Director and Life Guards. Training is available in February/March (dates to be determined). Guaranteed hours. Starting wage based upon experience. Applicants subject to background check. Please call or visit Town Office to submit an application

**RECREATION COMMITTEE MEETING:** The April CREC meetings will be on April 16 at 6:00 pm at the Recreation Committee Office, 216 Main St., Charlestown. The meeting is open to the public.

**CHARLESTOWN RECREATION DEPARTMENT FACEBOOK PAGE**

Please continue to check the Facebook page for all announcements and upcoming events.

### Overeaters Anonymous Big Book Meetings

CLAREMONT, NH—Overeaters Anonymous Big Book Meetings are held at Valley Regional Healthcare in Claremont on Wednesdays from 3:30-4:30 p.m. in the library. Please use Dunning Street entrance.

### Claremont La Leche League

CLAREMONT, NH—Breastfeeding questions? Get answers and meet other breastfeeding mothers. Claremont La Leche League Claremont La Leche League will be meeting on the 3rd Thursday of the month at the TLC Family Resource Center, 109 Pleasant Street: Mornings, from 9:30—11:00 a.m., evenings, 5:30—7:00 p.m. LLL Leaders are trained and accredited through LLLI to offer help to parents, families, and communities to breastfeed, chestfeed, and human milk feed their babies through parent-to-parent support. A leader will

be available to answer your questions.

Assistance, information, and support are also available via telephone, email, and the LLLI website. [ClaremontLLL@gmail.com](mailto:ClaremontLLL@gmail.com), Jess (603) 630-0184, Zadiah (603) 306-9892; they may also be found on Facebook.

## Caregiver Support Group

SPRINGFIELD, VT—A Caregiver Support Group (formerly Alzheimer's Support Group) is available to help enhance the lives of individuals with Alzheimer's disease and other dementias. Presented by Alzheimer's Association, Vermont Chapter, the Caregivers Support Group meets the third Wednesday of every month, 5:00 - 6:30 p.m. at Springfield Hospital Library, Level D, Springfield.

## Help Available for Advance Directive Documents

WINDSOR, VT—Thinking about completing an Advance Directive as a loving gift to your family? Advance Directives (AD) are legal documents that allow you to decide what type of medical care you want if you ever become unable to speak for yourself.

Mt. Ascutney Hospital offers free individual sessions for assistance in completing this important document. Our AD Clinics are being held the 2nd and 4th Wednesday of the month in Windsor from 1:00-3:00 p.m. The Clinics are led by Linda Wilson, APRN, DNP. Make an appointment by calling (802) 674-7483.

There is an additional AD Clinic in Woodstock at the Thompson Senior Center every 2nd Monday of the month from 1:00-3:00 p.m. Make an appointment by calling (802) 457-3277.

## Join the Boy Scouts

CLAREMONT, NH—If you have a young man going into 6th grade and is 11 years old that you think needs an advantage in life, then have them consider becoming a Boy Scout. Boy Scouts learn valuable skills in leadership, team building and self-reliance.

Boy Scouts that earn the rank of Eagle have a high likelihood of becoming successful in life and stay active in their communities.

When the school starts, Troop 38 of Claremont, NH, meets every Thursday 6:30-8:00

p.m. at St. Mary's church gymnasium. Join us for a good time and new adventures. Contact Alex Herzog, Scoutmaster of Troop 38, at [claremontscout@gmail.com](mailto:claremontscout@gmail.com) for more info or come and join us at one of our upcoming meetings.

## Croydon Ladies Auxiliary Bingo

CLAREMONT, NH--The Croydon Ladies Auxiliary is sponsoring bingo every Thursday. Held at the Claremont Senior Center, 5 Acer

Heights off Maple Avenue in Claremont. Doors open at 4:30 p.m. and games start at 6:30 p.m. Food and drinks available. Open to those 18 and older. Call Sandy at 543-7118 for more information.

All paper games.

## Lempster Rabies Clinic April 13

LEMPSTER, NH—Saturday, April 13, Lempster Rabies Clinic from 11AM - 1PM at the Town Office, RT. 10 with Dr. Jolyn Johnson attending. Sponsored by the Miner Memorial Friends of the Library. Contact: 863 5023.

## 5 answers to standard interview questions

### 1) "Can you tell me a bit about yourself?"

You should be prepared to talk about one or two of your interests or hobbies to showcase your personality, but then return to talking business.

### 2) "Why should we hire you instead of another candidate?"

Work on an answer to this question that shows you have real skills and legitimate qualifications while also noting that you've worked with great people who've helped you develop your capabilities over time.

### 3) "Where do you see yourself in five years?"

Talking about how you may want to develop skills so you can move up in the organization is a good idea, but so too is talking about how you plan to use your various skills to help the company itself grow and succeed over that period.

### 4) "Why do you want to work here?"

Hiring managers want to make sure you're truly engaged with what the company is doing and excited for this specific opportunity, and they may be testing to see if your enthusiasm is genuine.

### 5) "What are your weaknesses as a worker?"

Pick something you do have to work on, but to quickly note how you're already actively working on it. That way, a hiring manager will see you've identified a real problem and also feel good about the solution itself.



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# **RABIES CLINIC**

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**March 30, 2019**

**&**

**April 27, 2019**

**9:00 AM – 11:30 AM**

**First come, first serve**

**at the**

**Masonic Temple**

**40 Maple Ave, Claremont**

**Shot will be good for 3 years with **proof** of a previous vaccination. Otherwise it will be a 1 year shot.**



## Bingo at the Charlestown Memorial VFW Post 8497 Post Hall

CHARLESTOWN, NH--Bingo is held Wednesdays at the Charlestown Memorial VFW Post 8497 Post Hall, 365 Lovers Lane Road in Charlestown, NH. The regular games start at 6:30 p.m. with Early Birds games commencing at 5:00 p.m. Eight regular games, four two-part games, and three special games, including a winner take all with a \$1,000 kicker if won in 50 numbers or less, a carry-over cover-all game also paying off in 50#'s or less or a consolation of \$150, plus the final Jackpot game paying \$150. All regular and special games are now on PAPER. Bingo is the VFW Post 8497's primary fundraiser for its various scholarships and sponsorships. Food and drinks are available.

## Newport Historical Society Museum Hours

NEWPORT, NH--Interested in local history? Come visit the Newport Historical Society Museum, 20 Central St., Newport, NH. Located in the 1837 Nettleton House, the museum has two floors of annually changing displays to wander through. Open Sundays (except holiday weekends), from 10AM to 2PM, and by appointment by calling 603-863-1294. The museum is free, heated, air-conditioned, and handicapped accessible.



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Lake Sunapee Region VNA & HOSPICE

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REV. MAR. 29, 2019

### MONTHLY FOOT & BLOOD PRESSURE CLINIC SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1st</b> WEEK of the month	<b>BLOOD PRESSURE CLINIC</b> COA, New London 9:45 – 11:15 am Lebanon Senior Center 10:00 am – 12:00 pm  <b>FOOT CLINIC</b> Meriden Congregational Church 12:00 – 4:00 pm	<b>BLOOD PRESSURE CLINIC</b> Lake Sunapee VNA 9:00 am – 12:00 pm Newport Senior Center 10:45 am – 12:00 pm	<b>FOOT CLINIC</b> Claremont Senior Center 8:30 am – 3:00 pm Mascoma Senior Center, Canaan 9:00 am – 12:00 pm	<b>BLOOD PRESSURE CLINIC</b> Claremont Senior Center 10:30 am – 12:00 pm  <b>FOOT CLINIC</b> Lake Sunapee VNA 9:30 am – 1:30 pm	<b>FOOT CLINIC</b> COA, New London 9:30 am – 1:00 pm
<b>2nd</b> WEEK of the month		<b>BLOOD PRESSURE CLINIC</b> Lake Sunapee VNA 9:00 am – 12:00 pm Bourdon Centre, Claremont 10:00 – 11:00 am Grantham Methodist Church 11:15 am – 12:00 pm (Apr-Dec) Sugar River Mills, Claremont 1:00 – 2:00 pm <b>FOOT CLINIC</b> Bourdon Centre, Claremont 8:00 am – 12:00 pm Sugar River Mills, Claremont 12:30 – 2:00 pm	<b>FOOT CLINIC</b> Claremont Senior Center 8:30 am – 3:00 pm	<b>BLOOD PRESSURE CLINIC</b> Charlestown Senior Center 11:00 am – 1:00 pm  <b>FOOT CLINIC</b> Charlestown Senior Center 9:00 am – 4:00 pm Lake Sunapee VNA 9:30 am – 1:30 pm	<b>FOOT CLINIC</b> COA, New London 9:30 am – 1:00 pm
<b>3rd</b> WEEK of the month	<b>BLOOD PRESSURE CLINIC</b> Lebanon Senior Center 10:00 am – 12:00 pm  <b>FOOT CLINIC</b> North Ridge, Warner 9:30 – 11:30 am	<b>BLOOD PRESSURE CLINIC</b> Lake Sunapee VNA 9:00 am – 12:00 pm Newport Senior Center 11:00 am – 12:30 pm Marion Phillips Apts, Claremont 1:00 – 2:00 pm <b>FOOT CLINIC</b> Marion Phillips Apts, Claremont 1:00 – 4:00 pm	<b>FOOT CLINIC</b> Claremont Senior Center 8:30 am – 3:00 pm	<b>BLOOD PRESSURE CLINIC</b> Bradford Senior Center 11:00 am – 12:00 pm Claremont Senior Center 11:00 am – 12:00 pm  <b>FOOT CLINIC</b> Lake Sunapee VNA 9:30 am – 1:30 pm Lebanon Senior Center 10:00 am – 2:00 pm	
<b>4th</b> WEEK of the month	<b>FOOT CLINIC</b> Newport Senior Center 9:00 am – 3:00 pm Lake Sunapee VNA 9:30 am – 1:30 pm	<b>BLOOD PRESSURE CLINIC</b> Lake Sunapee VNA 9:00 am – 12:00 pm Cornish Town Hall 11:15 am – 12:30 pm  <b>FOOT CLINIC</b> Lebanon Senior Center 10:00 am – 2:00 pm	<b>BLOOD PRESSURE CLINIC</b> Warner Senior Center 10:30 am – 12:00 pm  <b>FOOT CLINIC</b> Newport Senior Center 8:30 am – 3:00 pm	<b>BLOOD PRESSURE CLINIC</b> CSB Community Center, Claremont 9:30 – 11:00 am Plainfield-location varies 11:30 am – 1:30 pm  <b>FOOT CLINIC</b> Lake Sunapee VNA 9:30 am – 1:30 pm	These events take place every month, except on holidays. Foot Clinics are by appointment only and cost \$25. For more information or to verify a date, call 603-526-4077 or visit: <a href="http://LakeSunapeeVNA.org">LakeSunapeeVNA.org</a>

## AARP Meeting April 11

CLAREMONT, NH—The Claremont Area AARP Chapter will meet April 11 at 1 P.M. at The Earl Bourdon Centre at 67 Maple Avenue. There will be a mystery speaker (instead of a mystery ride due to illness). The slate of officers for 2019-2020 will be presented and voted upon.

AARP will sponsor the American Red Cross blood drive April 8 from noon to 5 P.M. at the Claremont Senior Center on Acer Heights (off Maple Avenue).

Members are reminded to bring non-perishable food to the meeting (April 11) for the weekend backpack program in the schools hosted by Trinity Episcopal Church. Refreshments will be served by board members.

### SATURDAY, APRIL 13

#### Vendors Expo

9am-2pm

at the Claremont Senior Center,

5 Acer Heights Road, Claremont, NH.

Several vendors such as Perfectly Posh, Princess House, Party Lite .LuLaRue , Paparazzi , Young Living Essentials Oils, Imperial Gold Coffee, Rada, Avon,Chloe and Isabel and several more will be on hand for you to shop their wares. Lunch will be served starting at 11:30am-1:30 pm. A Cookie Walk and an Easter Basket raffle will be available. If you represent a company, please join us by calling Marilyn at 542-5798.

## Celebrate the 100th Anniversary of Pete Seeger's Birth

WHITE RIVER JUNCTION, VT—Gumbo, Grits & Gravy was formed in January 2019 by Guy Davis, Marcella Simien, and Anne Harris at a studio venue outside of Boston. Long time devotees of the late Pete Seeger, they were looking for a way to honor him on his 100th birth date. Kirschner Concerts and Twin Cloud Concerts have joined together to make that happen at the Briggs Opera House in downtown White River Junction, Vermont beginning at 8:00pm on Saturday, May 4. Proceeds from the evening will go to support The Haven of White River Junction, and to help get started, The Friends of Pete Seeger Foundation.

Tickets may be purchased by visiting the ticket website: <http://bit.ly/2GumboGritsGravy-May4>.

Tickets are \$25 and it is suggested that since the venue is small, that they be purchased in advance. There are a limited number of VIP tickets available for \$40 that include premium seating, a post-show get together with the artists, and other surprises. Ticket prices do not include sales tax and ticketing fees.

“This show brings Pete Seeger’s life full circle in his recent history here in the Upper Valley,” said co-producer Thom Wolke of Twin Cloud Concerts. Wolke produced a fundraising concert with Pete Seeger, his grandson, and Guy Davis at the Lebanon Opera House in 2008. The Trio performed eighteen shows that summer around the northeast, and helped raise close to a quarter million dollars for non-profits in the U.S. and Canada.

The vision behind Gumbo Grits & Gravy is to celebrate diversity, culture, family, love and food through a musical gumbo of style and tradition. In a review of Gumbo, Grits & Gravy, writer Bill Hurley wrote, “This music has a restorative, rejuvenating quality to it. The average listener has no idea what the words to 'Jolie Basset' mean but it is the quintessential example of why music is such a powerful and universal language. I don't know what it means but I know what it expresses because I see how Marcella Simien expresses it.

#### Kids: Spring ART CAMP - From Trash to Treasure

Mon.-Fri. April 22-26, 2019

1:00 pm - 4:00 pm each day

Library Arts Center

58 N. Main St.

Newport, NH

This art camp for students ages 7-12 will be packed with projects that are made with recycled materials. Curiosity, fun and an inventive spirit will lead the way as campers make creative treasure out of what others may have considered “trash” had they looked without an artistic eye. Pre-registration required. Find out more and register online at [libraryartscenter.org](http://libraryartscenter.org).

#### Kids: Music with Friends for Infants, Toddlers & Preschoolers

Friday mornings, ongoing

10:00-10:45am

Library Arts Center Annex

15 Main St.

Newport, NH

Experience making music with your children & friends in this class designed for young children and their caregivers. Music will come to life as everyone Sings, Dances, Drums & Claps for Fun, experimenting with voices, instruments & movement. For infants, toddlers & preschoolers, with a caregiver. \*Pre-registration encouraged, but drop-ins are welcome. Find out more at [libraryartscenter.org](http://libraryartscenter.org).

#### Open Studio Art Group

Wednesday mornings, ongoing (through May 29th)

9:00 am - 12:00 pm

Library Arts Center

58 N. Main St.

Newport, NH

Price: \$8.00 to \$12.00 —\$8 members/\$12 non-members

Looking for a time to work on current projects? Be inspired to work in a studio environment alongside other area artists in this drop-in group that meets on a weekly basis. The class facilitator is available for light guidance. All mediums are welcome. No prior experience is necessary. Please bring all supplies you will need for your projects. To find out more, call the Arts Center at 603.863.3040, or visit [libraryartscenter.org](http://libraryartscenter.org).

#### Art Exhibit: Newport Student Art Show

Exhibit Dates: Through Apr. 25

Gallery hours: Tues.-Fri. 11am-4pm, Sat. 10am-2pm

Library Arts Center Gallery

58 N. Main St.

Newport, NH

Admission: Free

Newport Student Art Show 2019 featuring artwork from students in grades K-12 in the Newport Public Schools

Exhibit Dates: Through April 25

Gallery hours: Tu.-Fri. 11-4, Sat. 10-2

Sponsored by: Sugar River Bank

## EASTER VIGIL

GRACE ANGLICAN CHURCH

Saturday

April 20, 2019 @ 6:30 PM

at the corner of

Church & Laurel Streets

Newport, NH





**Tuesday, April 16 • 6:30-8:30PM**  
**Stevens High School Auditorium**  
**175 Broad St. in Claremont**

Are you watching kids scroll through life, with their rapid-fire thumbs and a six-second attention span? SCREENAGERS reveals how tech time impacts kids' development and offers solutions on how adults can empower kids to best navigate the digital world and find balance. Learn more at [screenagersmovie.com](http://screenagersmovie.com).

The event is free and open to the public.

**SPONSORED BY:**



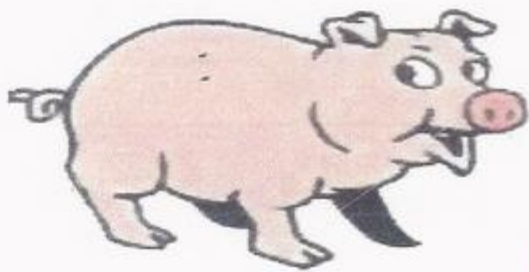
*Ham Dinner  
Open to the Public  
Come Join US*



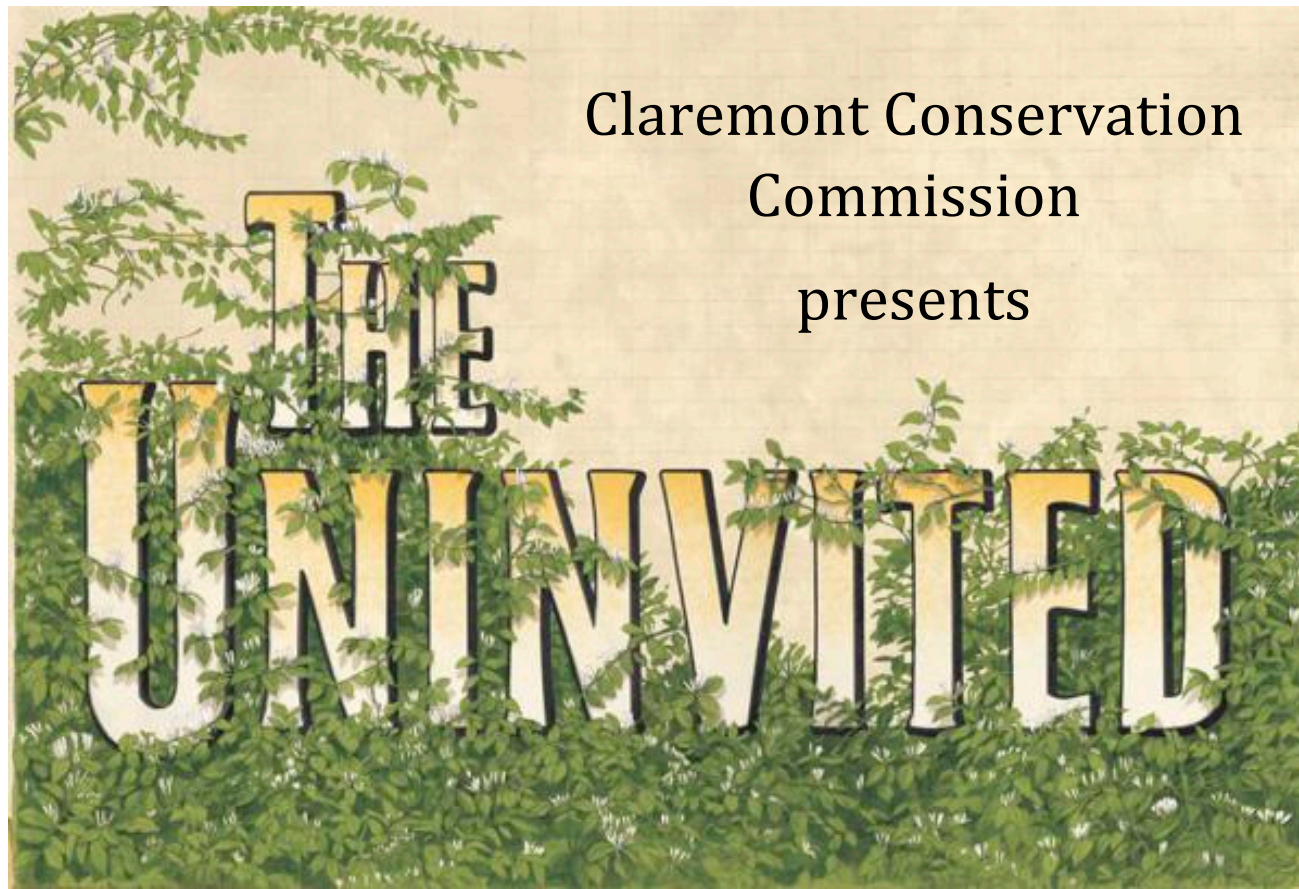
*At The*

**Claremont Senior Center.  
5 Acer Heights Rd.  
Claremont, NH**

***Saturday April 27, 2019  
5 PM – 6:30 PM***



***\$6.00 for children  
\$10.00 per person***



**Douglas Cygan, NH Invasive Specie Coordinator,**

will provide an in-depth look at upland invasive plant species of New Hampshire. Attendees will learn about the various issues, New Hampshire rules and regulations, characteristics, identifying features and control measures of some of the most aggressive non-native plants here in the Granite State.

- *The public is invited to attend* -



**April 18, 2019**

**6:00 PM**

**Claremont City Hall**

**58 Opera House Square**



## Unity Historical Society Meetings Resume

UNITY, NH—On April 9, the Unity Historical Society will resume its monthly meetings at the Unity Town Hall at 6:30 p.m. Members invite anyone who would like to be part of the Society to come to the meeting. The Society will be continuing its work on the Veteran's Memorial and will be starting new projects. Meetings are on the 2nd Tuesday of each month, April through October, at 6:30 p.m.

## Preparations Underway for Spring Breakfast

CLAREMONT - Muffins are being baked, eggs collected and maple syrup stockpiled for the annual Spring Breakfast at the First Congregational Church on Saturday, April 27.

The 109th year of serving this morning greeting will run from 7 to 10 a.m.

Pancakes, bacon, sausage, muffins, doughnuts, juice and coffee or tea fill out the menu. Take out breakfasts are available.

Door prizes will be given away and a raffle will be conducted.

Adults pay \$8, children 2-12 years \$5, and children under two eat for free.

Proceeds will benefit the church which is located at 72 Pleasant Street.

## Nova Scotia with Lloyd Mann—Part 2

**Slide show & talk Part 2 on, Tuesday, April 9, from 6:00 p.m. – 8:00 p.m.**

In the Sarah Gilmore Room of the Fiske Free Library, Claremont

Call the Library for more information- 542-7017.

Join us for a fantastic trip to Nova Scotia, concluding with Cape Breton Island and Celtic Music. Even if you missed the first one, you can still enjoy this one!

## Easter Egg Hunt & Good Friday Concert

BROWNSVILLE, VT—On Saturday, April 20, the Brownsville Community Church Team is organizing an Easter Egg Hunt open to all

children in the community. The egg hunt for 1,500 eggs will take place outside in Tribute Park adjacent to the church. There will be face painting and other surprises for all children who join the fun!

On Friday, April 19th, Brownsville Community Church will sponsor the first of a series of free concerts open to the public in 2019. The first concert will be a Good Friday Concert starting at 1:30 which will be followed by a brief service at 2:30.

The April 19 concert will include a program of contemplative music as we consider the meaning of Good Friday. A variety of local musicians will be offering their gifts to lead us in a concert expressed through Piano, Organ, Brass and Vocal. They will come together for your enjoyment representing artists of all ages featuring the treasured works of Bach and Brahms as well as some original compositions just to name a few.

On Thursday, April 18th at 6:30 p.m. there will be a Maundy Thursday Service to which all are welcome.

Easter Sunday celebrations on April 21st will start with an outdoor sunrise service at 7:30 a.m. on the hill above Albert Bridge School, followed by a community breakfast at 8:00 and an Easter Sunday service at 9:30 at the Church.

These free-to-the public concerts are organized by the Brownsville Community Church Pastor and Music & Choir Director, Reverend Christian Huebner.

The Brownsville Community Church is located at 66 Brownsville-Hartland Road, between Albert Bridge School and the Brownsville Town Hall. The Church phone number is 802-484-5944, the email address is

[bcchurchvt@gmail.com](mailto:bcchurchvt@gmail.com) and you can visit the Brownsville Community Church at [www.brownsvilleumc-vt.org](http://www.brownsvilleumc-vt.org). A free-will offering will be received at the concert to support all of our local outreach programs.

**Empty Bowl Dinner  
Friday, April 12, 2019 | 6:00 pm  
Library Arts Center Gallery  
58 N. Main St.  
Newport, NH**

Cost: \$25.00 —\*limited to 35 tickets

Come together in the Library Arts Center Gallery for a simple meal of soup, salad, bread and dessert, served in ceramic bowls created and glazed by students and staff of the New-

port Public Schools. Ticket includes the meal and a handmade bowl to take home. All funds from the event will benefit the Newport Food Pantry.

Tickets are available at the Library Arts Center, or online at [libraryartscenter.org](http://libraryartscenter.org).

## Documentary on Teen Screen Time to be Shown

CLAREMONT, NH—Have you wondered what the impacts of screen time is on your teens? The documentary film, *Screenagers*, delves into the potential dangers and offers solutions on how to find a balance for teens. The film will be shown on Tuesday, April 16, at 6:30 p.m., at the Stevens High School Auditorium, located at 152 Broad St. in Claremont. The screening, sponsored by TLC Family Resource Center, is free and open to the public.

From the *Screenagers* website: "Are you watching kids scroll through life, with their rapid-fire thumbs and a six-second attention span? Physician and filmmaker Delaney Ruston saw that with her own kids and learned that the average kid spends 6.5 hours a day looking at screens. She wondered about the impact of all this time and about the friction occurring in homes and schools around negotiating screen time — friction she knew all too well.

In *Screenagers*, as with her award-winning documentaries on mental health, Delaney takes a deeply personal approach as she probes into the vulnerable corners of family life, including her own, to explore struggles over social media, video games, academics and internet addiction.

The documentary deals with a topic that is on many parents' and educators' minds, according to TLC Executive Director Maggie Monroe-Cassel.

"The amount of time we spend looking at the screens is something that everyone should be concerned about, but studies are showing that it is having negative impacts on our children and teens. They're spending so much time looking at screens, either on smartphones or video games, and it can cause problems with school, friends, and family life," said Monroe-Cassel.

"The film goes beyond describing the problem," she continued. "Delaney offers solutions for parents to be able to help their teens learn how to balance screen time with other activities, such as sports, hobbies, and schoolwork."

# The Claremont Senior Center

5 Acer Heights Claremont, NH

**Saturday April 13, 2019**

## Vendors Expo!!!

**9AM-2PM**

***Lunch served at 11:30***

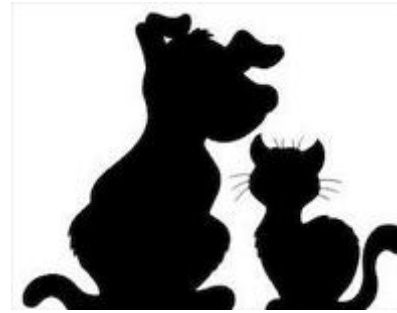
*Watkins . Pampered Chef .Avon  
.Usborne Books. Princess House. TupperWare  
.YoungLivingEssentialOils  
.Damsel in Defense . Parparazzi .LuLaRue .  
Chloe & Isabel Jewlery .Perfectly Posh . Pink Zebra  
and much **MORE**.....*

**Easter Bunny Raffle**  
**Cookie Walk**





# **Sullivan County Humane Society**



**Photos with the  
Easter Bunny!  
Saturday, April 13<sup>th</sup> 2019  
10-2**

at

## **Rent-a-Center**

**367 Washington St, Claremont**

**Kids  
Pets &  
Families  
Welcome!**



**Photos Available:**

**4x6 for \$5**

**5x7 for \$7**

**Emailed copy  
for \$7**

You're invited!

10:30 am April 21

Easter  
celebration  
Good News!

@CalvaryBaptistChurch  
#calvaryontheavenue

calvarybaptistnh.org

Remembering Loved Ones...

## Life Tributes

### Obituaries May Be Found On Our Website

**We post obituaries on our website to make them available in “real time,” as they are released by funeral homes. We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.**

[www.etickernewsoclaremont.com](http://www.etickernewsoclaremont.com)

#### Peter W. Baker, 62

Peter William Baker, 62, of Charlestown, NH, passed away on April 2, 2019 at Dartmouth Hitchcock Medical Center in Lebanon, NH.

He was born in Claremont, NH, on March 16, 1957, the son of Michael and Marion (Berquist) Baker.

Peter had worked for Sturm Ruger and North Country Smokehouse.

He had been on the Enfield Fire Department, Unity Fire Department and had been Chief of the Grafton Fire Department. He was an avid outdoorsman. He enjoyed going fishing and photography. He loved spending time with his family and being around people.

He is survived by his son, Randy Baker and his wife, Amy; two grandchildren, Piper and Scout; brothers, Dennis Baker and his wife, Lisa, Bruce Baker, Frank Baker, Mark Baker and his wife, Amber and Karl Baker and his wife, Denise; many nieces and nephews also several aunts, uncles and cousins.

He was predeceased by his parents.

Visiting hours will be held at the Stringer Funeral Home, 146 Broad Street in Claremont on Saturday, April 13th, from 2 to 4 PM, with a service at 3 PM. Burial will be held at a later date in Mill Village Cemetery.

In lieu of flowers, donations may be made to the Stringer Funeral Home to help with the funeral costs.

#### Brian E. Nichols, Sr., 50

Brian Edward Nichols, Sr., 50, of Claremont, NH passed away unexpectedly on April 3, 2019 at Dartmouth Hitchcock Medical Center in Lebanon, NH.

He was born in Goffstown, NH on March 31, 1969 the son of Marion (Dustin) Signore and David C. Nichols.

Brian was a mechanic and self-employed. He loved cars and spending time with his family.

He is survived by his mother, Marion; his wife, Sarah (Cook) Nichols; his children, Brian Nichols Jr., Zachary Nichols and Shaina Nichols and her fiancé, Brandon; grandchildren, Maddie, Ryleigh and Scarlett; brother, Francis Nichols Sr.; sisters, Diane Hill and Cheri Nichols and her fiancé, Sean Colby; step-children, Kyle Cook and Karen Miner; many nieces, nephews, cousins and friends. He was predeceased by his grandfather, Everett Dustin and his uncle, Thomas Peno.

Visiting hours will be held at the Stringer Funeral Home, 146 Broad Street in Claremont on Wednesday, April 10th, from 5 to 7 PM. A

prayer service will be held at 7 PM. Burial will be held privately at the Greenvale Cemetery in Greenfield, NH.

In lieu of flowers, donations may be made in his memory to the Stringer Funeral Home to help pay for funeral arrangements.

#### Amos W. Chamberlain, 65

Amos W. “Buzzy” Chamberlain, 65, of Rose Avenue in Claremont, NH, died peacefully at home on Monday (April 1, 2019) surrounded by his loving family.

He was born in Claremont, NH, on September 1, 1953, the son of Amie and Laura (Wilson) Chamberlain and lived most of his life in Claremont. Buzz was a graduate of Stevens High School, Class of 1971. He was a Vietnam Veteran of the US Navy serving as a Gunners Mate from 1971 – 1975 and was awarded a bronze star. After his discharge from the Navy, Buzzy graduated from the Florida Police Academy and worked as a deputy sheriff in Ft. Myers, FL from 1975 – 1979. He served in the National Guard from 1981 – 1983. Buzzy then graduated from the NH Fire Academy and be-

“The true primary-care provider is Mom.”

-Dr. Sam Giveen

Most of the time, a doctor can't help anything until Mom decides something isn't right. She makes the first move and calls the doctor. Dr. Sam attributes any success he and his staff have with kids to that vital first step. Yay, Mom.

DOCTOR **SAM'S**  
EYE CARE



(603) 543-2020  
9 Dunning St, Claremont  
(we're right there by the hospital)



came a firefighter for the City of Claremont, NH, for 15 years until his retirement in January 25, 2001.

He owned and operated B & M Small Engine Repair for many years. He enjoyed camping, boating with the grandchildren, snorkeling, hunting and cook-outs. Buzzy was a master shooter in the Navy and was scheduled to try out for the US Olympic team until a shoulder injury sidelined his plans. Buzzy was the type of man that would give you the shirt off his back if you needed anything.

Members of his family include his wife, the love of his life, Merrill (Wilkinson) Chamberlain whom he married on September 15, 1984, Claremont, NH; a son, Michael Thomas Chamberlain, a daughter, Christina Lynn Chamberlain, four grandchildren, Tanner Chamberlain, Gunnar Waters, Clayre Waters, Merrick Chamberlain, two brothers, Andy Chamberlain and his wife Bobbi, Alan Chamberlain and his wife, Cathy; three nieces and one nephew.

A Memorial Service will be held at 11:00 am on Saturday (April 13) at the Roy Funeral Home with the Rev. Gary Shapiro, officiating. Following the service a Celebration of Buzzy's Life will continue at the Claremont Country where everyone is invited to attend. Merrill and the family would appreciate it, if possible, that those attending the service please dress in jeans and a plaid shirt.

In lieu of flowers the family suggests that memorial contributions be made to the National Pancreatic Cancer Foundation, PO Box 1848, Longmont, CO 80502 or NH/VT Visiting Nurse/Hospice, PO Box 881, Brattleboro, VT 05302.

You are invited to share a memory of Buzz with the family or leave a message of condolence in the family guest book at [www.royfuneralhome.com](http://www.royfuneralhome.com).

### **Rita E. Bergeron, 96**

Rita E. Bergeron, 96, formerly of Claremont, NH, passed away on April 3, 2019, at Dartmouth Hitchcock Medical Center in Lebanon, NH.

Rita Exzelia Bergeron was born in Claremont on January 25, 1923, to Raoul Arthur Bergeron and Corona Brouillard Bergeron. She graduated from Stevens High School, and then was employed in Claremont at the Gaudreau Furniture Company and Sullivan Machine Company.

In 1945 Rita left Claremont and found work at the Navy Department in Washington D.C. Being needed by her family, however, she returned to Claremont in 1946 and worked at Montgomery Wards and then at Lambert Oil Co. Later she was able to return to Washington, DC, where she worked for the Federal Renegotiation Board for a number of years.

After retirement, she came back to Claremont, and bought a house where she lived with her sister Jeannette Bergeron and her mother Corona for a number of years. Since 2017 she had lived at Cedar Hill Continuing Care Community in Windsor VT, where she had her own apartment. While there, she enjoyed going on outings with other residents, playing cards and doing arts and crafts.

Rita leaves behind two nephews, John Lambert and Louis Lambert, and a niece, Marie Mason, and their families.

Visiting hours will be Friday, April 12th from 5-7 pm at the Stringer Funeral Home, 146 Broad Street in Claremont.

A Mass of Christian Burial will be celebrated at St. Mary Catholic Church on Central Street on Saturday, April 13th at 10 am, with burial following at St. Mary's Cemetery. A buffet luncheon and reception will follow at the Common Man Restaurant.

### **Roberta R. Callum**

Roberta Ruth (Walker) Callum of Unity, NH, died March 29th, 2019, at Valley Regional Hospital.

She was born in Claremont, NH, on July 2, 1924, the daughter of Willard H. and Adelaide Coombs (Gay) Walker. She attended Unity schools and Farwell School in No. Charlestown, Charlestown High, and Stevens High School. Roberta married John M. Callum on July 24, 1942 in Charlestown, NH; they were married for 46 years until John's death on March 24th, 1988. She worked at Tambrands, Inc. in Claremont for more than 25 years, retiring in 1990. Roberta was a member of the Lempster Methodist Church and a charter member of the Unity Historical Society serving as its first President, and later on as Treasurer. She was local chairman of the 5 yr. Celebration of the country's 200th Anniversary. The Historical Society and other Unity residents made a float for the parade held in Concord, NH, on June 21st. 1988. The Unity float won 3rd place. Roberta was a big part of Unity's

own 200th celebration on September, 20th, 1987.

Roberta was one of many in the Historical Society who lobbied to have the Unity Town Hall refurbished, the Chase Tavern rebuilt and pushed to have a Gazebo built on the town common. Roberta loved to traveling and after retiring; she was able to travel to: Hawaii, Spain, Italy, and Mexico.

Roberta is survived by three sons: John (Linda) Callum, Unity, Jim (Linda) Callum Sunapee, Terry E. (Nancyann) Callum, Unity one daughter Claudia (George) Harrison, St. Croix. Nine grandchildren: Rhonda, Heidi, Shelly, Terry, Kimberly, Eric, Todd, Nathan, and Julie. Twelve great grandchildren and two great great grandchildren, nieces and nephews too numerous to mention.

Roberta was preceded in death by her husband John M Callum Sr., two brothers: Theodore and Franklin Walker, two half sisters: Lillian and Edith Hartwell, two brother-in-laws and their wives: Cecil and Geraldine Callum, Andrew and Lillian Callum, one sister-in-law: Marion (Callum) and John Fellows, and a great grandson, Jonathan Troy Callum. Roberta will be greatly missed by all! She was truly loved by her family and many, many friends!

A funeral service was held on April 6th at Roy's Funeral Home in Claremont. After the funeral there was a celebration of Roberta's life at the Unity Town Hall in Unity, NH. Burial will be at a later date at Hope Hill Cemetery, No. Charlestown, NH, at the convenience of the family.

In lieu of flowers donations can be made to the Veterans Memorial c/o the Unity Historical Society, HCR 66 Box 176, Newport, NH, 03773-8601.

The family of Roberta Callum would like to give our appreciation to the doctors and nurses at Valley Regional Hospital for the wonderful care they gave to Roberta and her family through the hours preceding Roberta's passing. We would also like to thank Keady Family Practice, Dr. Keady, for the wonderful care she gave to our Mother, Roberta. We also would like to thank New London Hospital, the Dartmouth-Hitchcock Medical Center, the Unity Fast Squad, and Golden Cross.

You are invited to share a memory of Roberta with the family or leave a message of condolence in the family guest book at [www.royfuneralhome.com](http://www.royfuneralhome.com).

## Claremont Fire Dept. Log

### **Sunday, March 31st**

0414: Engine 1 Responded to Main Street for a Medical Call

1741: Engine 1 Responded to Oakwood Drive for a Medical Call

### **Monday, April 1st**

1012: Engine 1 Responded to Heritage Drive for a Medical Call

1558: Engine 1 Responded to Sullivan Street for a Box Alarm

1945: Engine 1 Responded to Francis Street for First in EMS

2337: Engine 1 Responded to Main Street for an Odor Investigation

### **Tuesday, April 2nd**

1607: Engine 1 Responded to Washington Street for an Illegal Burn

1929: Engine 1 Responded to Pillsbury Street for a Medical Call

### **Wednesday, April 3rd**

0815: Engine 1 Responded to Main Street for a Medical Call

1222: Engine 1 Responded to Pine Avenue for a Smoke Investigation

1619: Engine 1 Responded to Plains Road for Wires Down

1619: Engine 3 Responded to Plains Road for Wires Down

1733: Engine 1 Responded to Alden Road for Wires Down

1816: Engine 1 Responded to Buena Vista Road for an Odor Investigation

2040: Engine 1 Responded to Red Water Brook Road for Wires Down

### **Thursday, April 4th**

0039: Engine 1 Responded to Manor Drive for a Hazardous Materials Leak

0735: Engine 1 Responded to Red Water Brook Road for Wires Down

0735: Engine 1 Responded to Highland Avenue for a Carbon Monoxide Incident

1231: Engine 1 Responded to Main Street for a Motor Vehicle Accident

1315: Car 1, Car 2, Engine 1, Engine 3, Engine 2, and Utility 1, Responded to Holly Hill Road for a Structure Fire

1322: Rescue 1 and Utility 1, Responded to Pleasant Street for a Motor Vehicle Accident

2324: Engine 1 Responded to School Street for an Alarm Sounding

### **Friday, April 5th**

1146: Engine 1 Responded to Spaulding Street for a Medical Call

Saturday, April 6th

## Claremont Senior Center, Inc.

### **By Claire Lessard, Executive Director**

Elections of four Board of Directors coming up in May. Ballots are now ready at the center for your vote. If needed, call for an Absentee Ballot.

“Vendors Expo” on Saturday - April 13 (9:00 AM - 2:00 PM) with lunch available at 11:30 AM. Featured will be an Easter Bunny Raffle and Cookie Walk.

Tickets now available for our “Lottery Tickets Raffle.” \$2 per ticket / \$5 for 3 / \$10 for 6. 1st Prize: \$250.00 / 2nd Prize: \$150.00 / 3rd Prize \$100.00 worth of raffle tickets.

Menu on Tuesday - April 9...Soup, vegetable lasagna, garlic bread, homemade pineapple upside down cake. Thursday - April 11 ... Soup, liver & onions with piquant sauce or hamburger, mashed potatoes, broccoli, strawberry shortcake.

Ham dinner ...open to public - Saturday - April 27 (5:00 - 6:30 PM). \$10 per person / \$6 for children under 10. Call or come to the center to sign up!

AARP Tax Prep is at the center every Friday until April 12. Call for appt. (603) 543-5998.

Foot Clinics on April 10, 17 (8:30 AM - 4:00 PM). Cost \$25 per visit. Free Blood Pressure Clinic on April 18 (11:00 AM - 12 Noon). Both sponsored by Lake Sunapee Region VNA & Hospice. For appointments, call (603) 526-4077.

Tai Chi class continues to be held on Wednesday - April 10 (6:00 - 7:00 PM ).

Silver Sneakers every Tuesday at 10:45 AM in Mozden Room. Cost \$2.00.

Chair Yoga will be back with Sherra (a new teacher) starting Friday - April 19, 10:30 - 1:30.

“Vendors / Crafters Corner” will feature Julie’s ICare on Thursday - April 18 and Jaime Adrience (Jewelry) on April 16 & 23 from 10AM - 1PM.

Senior Men’s Breakfast will be held on April 15 - 8AM. Members \$2 / Non-Members \$3. Pancakes, sausage or bacon, juice and coffee.

“Sunday at the Center” - 1:00-4:00 PM for members and bona fide guests! Play pool, work on a puzzle. Bring a snack to share and your own beverage!

Game Night every Tuesday (6:00 - 9:00 PM). Bring a snack to share & your own beverage!

Seniors Bingo for persons 55 years of age and older every Wednesday at 1:00 PM. Sale of cards stops at 12:50 PM. No cards sold after that time! Reminder that we have a “wonderful lunch” available for purchase!

Bingo every Thursday run by Croydon Ladies Auxiliary, Inc. Doors open 4:30 PM. Refreshments available. Games start at 6:30 PM. Per NH State law, 18 years of age required for admission!

Give someone a great gift for a birthday, anniversary, any celebration or occasion with a \$5.00 gift certificate for a Tuesday or Thursday lunch at the center. Membership certificates also available for \$20.00.

Purchase a “Memorial Brick” on our Brick Wall for \$100.00 in memory of deceased family members and friends. Bricks in honor of living family members and friends also available.

Fun things to do at the center! Game Night every Tuesday & Thursday - 6:00 PM. Pool (Monday - Friday). - 9:00 AM. Exercise - Tuesday & Thursday - 10:00 AM. Coloring on Mondays 1:00 PM. Members free. Non-members \$1.00. Ping Pong - Monday & Wednesday - 10:00 AM. Bridge on Thursday - 1:00 PM. Mahjonn on Friday - 1:00 PM. Knitters on Friday - 12 Noon. Bring your lunch.

We are still collecting aluminum can tabs!

Businesses welcome to put a Business Card size ad in our monthly newsletter. Cost is \$200.00 per year (12 inserts).

Membership dues - \$20 per year. Persons 50 years of age or older invited and welcome to become new members or renew your membership!

Thinking of joining the center? Come on over...we have a new program. Sign up for our “One Month Trial Membership” which means whatever date you sign up on will be good for one month. Come enjoy all of our programs and activities. Bring a friend.

The Claremont Senior Center...It’s “The Place Where You Want To Be!” ....Monday - Friday (9:00 AM - 3:00 PM). Call (603) 543-5998. Visit our Web Site (cnhcs.org.)

0043: Engine 1 Responded to Walnut Street for a Medical Call  
 0146: Engine 1 Responded to Pleasant Street for a Medical Call  
 1214: Engine 1 and Engine 3, Responded to Main Street for Smoke in the Building  
 1339: Engine 1 Responded to Mulberry Street for a Medical Call  
 1950: Engine 1 Responded to South Street for a Medical Call  
 2027: Engine 1 Responded to Citizens Street for a Medical Call  
 2030: Engine 3 Responded to Hanover Street for a Medical Call  
 2054: Engine 1 Responded to Elm Street for an Illegal Burn

**SATURDAY, APRIL 13**

**Sustainable Forestry in Vermont  
 Working Woodlands Workshop  
 10am-12pm Fee—No cost**

Want to learn how you can manage your woods sustainably? Are you wondering what sustainable forestry is? Come join us at the National Park, where Windsor County Forester, AJ Follensbee, will answer your questions while also giving a broad overview on forestry as it stands in Vermont and Windsor County. Indoor presentation will be followed by an outdoor hike to see sustainable forestry in practice as AJ puts the park's own forestry management practices in context of sustainable forestry.

Please dress appropriately for outdoor activity, and bring a water bottle if possible. Event continues rain or shine! Co-sponsored by Vermont Coverts and the Vermont Woodlands Association.

Location - Forest Center, Marsh-Billings-Rockefeller NHP, Woodstock VT  
 Parking is available in the Billings Farm & Museum overflow lot, located on Old River Road.  
 Reservations - Please pre-register as space is limited.

To register, call (802) 457-3368 x 222, or e-mail us at [ana\\_mejia@partner.nps.gov](mailto:ana_mejia@partner.nps.gov).

**SATURDAY, APRIL 13**

**The Easter Bunny is hopping into Claremont!**

He will be at the Claremont Rent-A-Center in the Market Basket Plaza on Saturday April 13 from 10-2. Kids, pets, and families welcome to get your picture with the Easter Bunny! 4x6 for \$5, 5x7 for \$7, and e-mailed image for \$7. Pictures printed while you wait. Questions, call 542-3277.



**The Claremont City Council will hold a public meeting on Wednesday, April 10, 2019, at 6:30 p.m. in the Council Chambers of City Hall.**

**SECOND REVISED AGENDA**

- 6:30 PM 1. PLEDGE OF ALLEGIANCE
- 6:32 PM 2. ROLL CALL
- 6:34 PM 3. AGENDA CHANGES
- 6:35 PM 4. REPORT OF THE SECRETARY  
 Minutes of *February 13, 27, March 13, 21, 26, 2019*, City Council Meetings
- 6:37 PM 5. MAYOR'S NOTES  
 • Recognition of Child Abuse Prevention Month  
 • *Awards and Recognition*
- 6:42 PM 6. CITY MANAGER'S REPORT
- 6:55 PM 7. APPOINTMENT TO BOARDS AND COMMITTEES  
 Board of Assessors – Qualification/Application
- 7:00 PM 8. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 23))
9. OLD BUSINESS
- 7:10 PM A. City Manager Search Update  
 7:20 PM B. Council priorities (tabled from last meeting)
10. NEW BUSINESS
- 7:35 PM A. ATV Club request signed permission for 2019 Trail Use  
 7:50 PM B. *Accept CFMA gift of benches for Broad Street Park*  
 BREAK
- 8:00 PM C. Resolution 2019-22 Accept and expend funds Airport  
 Master Plan – *Public Hearing*
- 8:20 PM D. Ordinance 567 Food Truck Policy – first reading  
 8:35 PM E. Budget Meetings – Set Dates  
 8:45 PM F. Earth Day initiatives  
 8:55 PM G. New Council Rule - legal counsel correspondence
- 9:05 PM 11. COMMITTEE REPORTS
- 9:10 PM 12. FUTURE AGENDA ITEMS AND DIRECTIVES
- 9:20 PM 13. CONSULTATION WITH LEGAL COUNSEL
- 9:25 PM 14. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, April 24, 2019, at 6:30 p.m. in the Council Chambers at City Hall.



## Autographed CDs:

Hollyn, Newsboys United, & Mountain Man

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## ***Winter Jam 2019 Part 1: Another Successful Season of Hope and Help***

**By Bernadette O'Leary**

Winter Jam 2019 has come to a close, and the artists have put another successful year of rockin' the Word into the history books. Top artists from the Christian Music industry raised the roof with an energy that rattled the rafters and brought fans to their feet dancing and singing. Whether you were a newcomer or a veteran to Winter Jam, you would not have been disappointed with a single moment. From the first band on stage, the night took off like a runaway train, and it did not slow down.



One newcomer to the event was 16-year-old Jacen, who had never before attended a Christian Rock concert and was new to this style of music. After it was all over, the young man had to have more, finding a special desire to see more of Newsboys United's Peter Furler. The entire way home, he was asking others in their group questions to find out more about this great new music.

Winter Jam does more than just entertain the masses with Christian Music's leading contenders. It also inspires, reveals the best part of people to themselves, leads audience members to God and helps those in need. During the concert in Oklahoma City, Okla., enough donations were raised to help over 30,000 people. Additionally, numerous children needing sponsorship received the sponsors needed to provide them with food, education and more.

Winter Jam is more than simply a concert. It is the coming together of family from across the nation, thousands strong by the time the season ends. The goal is clear: connect people to God while entertaining fans and helping those in need. NewSong created this force of musical nirvana in 1995, and each year more people discover it. With each concert, people find and develop a love

for the music, the artists, and more importantly, the message and outreach. It is one thing to attend a concert and enjoy the music, but it means even more when you know that your money is going to help those in need. That is not all. You also have the chance to sponsor a child in need and donate food or funds during the concert to further help someone who needs it. Not enough? No worries, because you also have the chance to meet your favorite performers after the concert, get their autographs, and take pictures with them. There is seemingly no end to the fun, fellowship, inspiration and excitement Winter Jam offers.

This year's show featured NewSong, Newsboys United, Danny Gokey, Mandisa, Rend Collective, Ledger, Hollyn, Adam Agee, Manic Drive, Zane Black, Ty Brasel and Dan Bremnes. The event was sponsored by The House FM, K-Love, and Air1.

Join me in the coming weeks for more coverage of Winter Jam, including interviews with some of the artists and chances to win autographed merchandise

