

e-Ticker News of Claremont

www.etickernewssofarremont.com



**Local Schools,
Business Team up to
Make Healthcare Masks;
page A15**

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April 6, 2020

New Hampshire Boosts Unemployment Benefits

Federal Government To Pay

CONCORD, NH -- On March 30, following the critical efforts and guidance of the New Hampshire Department of Employment Security, Governor Chris Sununu signed the Relief for Workers Affected by Coronavirus [CARES] Act agreement which provides New Hampshire with 100 percent funding from the U.S. Department of Labor to support benefit payments to people receiving unemployment as a result of the COVID-19 pandemic.

"We are making every effort to provide assistance to families who are out of work during this time so that they can focus on what is most important – caring for their families and protecting their health by staying home," said Sununu. "Over the past few weeks, New Hampshire's Department of Employment Security Commissioner George Copadis and Deputy Commissioner Richard Lavers have been working closely with my office and our federal partners to address some of the most pressing issues as a result of the COVID-19 pandemic. By signing this agreement today on behalf of the state of New Hampshire, the U.S. Department of Labor will fund the growing number of unemployment recipients in our state and help the unemployment trust fund to remain solvent through this crisis."

The Federal CARES Act provides the following enhancements to the benefits available under Governor Sununu's Emergency Order #5:

—Granite Staters affected by COVID-19 currently drawing from the State's Unemployment Insurance fund will in many instances be shift-

(Continued on page A2)

Winter Street Farm: Farming with an Eye Towards Sustainable Food Awareness

By Phyllis A. Muzeroll
e-Ticker News

CLAREMONT, NH—Spring is here and local gardeners are dreaming about and planning this year's plantings. So are the owners of Winter Street Farm, on a much larger scale, of course. Owners Jonathan Hayden and Abby Clarke are busy starting their first growing season as Winter Street Farm. In a recent interview, Clarke told the *e-Ticker News* that "Jonathan and I looked for land to start a farm for over two years. Our experiences in Western Massachusetts and outside of Boston led us to search for an area that was not so saturated with CSA model farms (Hanover, NH actually has 700 shares serving their area!). We chose Claremont because of the land and the market."

CSA stands for Community Supported Agriculture. According to their website, the perks of CSA include "fresher produce than the grocery store; a better value—by becoming a member, you receive an average of 20% off individual items; healthier living—CSA's have proven to increase affordable healthy food access and daily fruit and vegetable intake for families; access to pick-your-own crops; this year: Cut flowers, hot peppers, cherry tomatoes, peas and beans."

How it Works

Members purchase their share from February-June, on a first come first serve basis. Starting in June, they will put their bounty on display in their farmstand on Tuesdays and Thursdays from 3pm-8pm for members to stop in and fill their Winter Street Farm tote bags (1/2 bushel) with their choice of produce. Members receive the first offerings of bulk produce for canning, pickling and preserving along with their 20% discount; members can stop by any time from sun up to sundown for pick-their-own crops. Shares range from \$400 to \$500.

"Our land is beautiful, with 15 acres of open pasture and 28 acres of diverse forest," said Clarke. "Our plans for the future include the utilization of every resource on the property, from the babbling brook and fruit trees to the fertile soil and timber. The forest has a gorgeous trail system that we would love to see people enjoy. Our logo is actually based off of the White

(Continued on page A14)



Benefits, from A1

ed to the Federally funded Pandemic Unemployment Assistance. We are still awaiting Federal guidance on this and will provide more detail as received. All claimants will not need to take any new, additional actions, and should continue to file as they have been through the standard state mechanism.

—For those eligible under Pandemic Unemployment Assistance, there will be an increase of the minimum weekly benefit amount from \$32/week to \$168/week, which includes people earning less than \$15,500 during their base period.

—An additional \$600 per week to be added to an individuals weekly benefits for all weeks claimed starting this week — 100% federally funded.

—Extends the length of time a person can receive benefits by 13 weeks, totaling 39 weeks — 100% federally funded.

“The Department of Employment Security has been hard at work in anticipation of these changes in order to be able to pay these additional benefits as soon as possible,” said Sununu.

Please review the department’s website at WWW.NHES.NH.GOV for updates as to when to expect to start receiving these benefits. Individuals can file for benefits by going to the department’s website or by calling the Unemployment Assistance hotline at (603) 271-7700.

Fatal Fire in Claremont Reported

CLAREMONT, NH— New Hampshire State Fire Marshal Paul J. Parisi, Claremont Fire Chief Bryan Burr and Claremont Police Chief Mark Chase announced that the Claremont Fire and Police Departments were called to 21 Dennison Dr. in Claremont on April 2, at approximately 4:11 AM, for a reported structure fire.

Upon arrival, a mobile home was found to be heavily involved in fire. After the fire was extinguished, a deceased male victim was located inside the structure. There were no other injuries.

Also assisting with mutual aid response to this incident were fire departments from Newport, Cornish and Ascutney, Vermont.

Positive identification of the victim and cause and manner of death were later announced on Thursday following an autopsy that took place at the NH State Medical Examiner’s Office in Concord, NH. The victim was identified as 58-year-old Francis Viola Jr. of Claremont; the office ruled the cause of death to be accidental due to thermal and inhalation injuries.

The exact cause of the fire remains under investigation at this time but it appears to have started in the kitchen area of the mobile home, said inves-

tigators.

The investigation into the Origin & Cause of the fire is active and ongoing by members of the NH State Fire Marshal’s Office and the Claremont Fire and Police Departments.

Parisi would like to remind all citizens of the importance of having working smoke alarms in your home. In the event of a fire, immediately exit your home and call 9-1-1. Keep exits clear of debris and have a home fire escape plan.

The City of Claremont Fire Department has a residential smoke alarm program to install at no charge alarms in owner occupied residential homes within the city. Please contact the fire prevention bureau at 542-7012 to make arrangements.

COVID-19 Hotline

211NH has been mobilized to handle all COVID-19 related calls from New Hampshire residents. All residents with questions or concerns surrounding the COVID-19 outbreak can call 2-1-1.

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NH Lottery Numbers

04/04/2020

NH PowerBall

8 31 39 40 43 4

NH Mega Millions 04/03/2020

24 38 44 57 58 17

Tristate Megabucks 04/04/2020

1 11 16 22 30 5

For more lottery numbers,

<https://www.nhlottery.com/>

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Commentary

NH House Happenings

By Rep. John Cloutier



House Bill Would Raise Marriage Age from 16 to 18

No resident or visitor to the Granite State under age 18 would be allowed to marry under most circumstances, if legislation recently passed by New Hampshire's House of Representatives becomes law.

On March 11 by a 207-132 roll call vote, the House approved an amended version of House Bill 1516, which would raise the presently-permitted marriage age from 16 to 18. The legislation now proceeds to the New Hampshire Senate. The bill was approved after intense debate on the House floor, and after a tabling motion as well as several amendments were proposed and rejected. In fact, a majority of the House Children & Family Law Committee had recommended its own amended version which was later discovered to have drafting errors. Additionally, the bill's prime sponsor, Barrington Rep. Melanie Levesque, a Democrat, who is also a member of Children & Family Law, was dissatisfied that her committee's amended version had no exemption for emancipated minors as declared by the courts. Consequently after brief discussion, the committee's amended version was defeated on a 230-113 division vote. Then Rep. Levesque offered a floor amendment correcting the errors and exempting emancipated minors age 16 and 17 from waiting until age 18 to marry, the key amendment which was adopted by a 208-137 roll call vote.

Nevertheless, House Bill 1516 opponents like Franklin Rep. Werner Horn, a Republican, proposed two floor amendments that would have modified the bill. Rep. Horn is also a member of Children & Family Law. One of his amendments would have permitted minors age 16 and 17 to marry if one of them was pregnant. The second would have delayed the measure's effective date from Jan. 1, 2021 to Jan. 1, 2022. Both were rejected on voice votes by fellow representatives.

More specifically, Rep. Horn wrote that he was opposed to House Bill 1516 as amended by the full House because it would result in "graver, unintended consequences than the problem it attempts to solve the problem of minors sometimes being forced into marriages by their parents for financial gain with the assistance of the judicial system." He added that the legislation would send "a powerful message that we can't trust the judicial branch to protect minors from being exploited." He continued his opposition by declaring, "The unintended consequences are to tell 16 and 17 year olds that they are incapable of establishing a family when pregnancy occurs, given the age of consent for sex is 16 in New Hampshire; that they don't deserve prenatal medical care through the military's Tri-Care Health Benefit Program when the father is deployed into a combat zone." Finally, he stated that since the Legislature had changed the law to increase the age of marriage from 14 for males, and 13 for females to age 16 in 2018 for both

genders, there have been only five marriages of couples where one partner was under age 18.

For readers' information, I voted for final passage of House Bill 1516 as well as Rep. Levesque's floor amendment. I voted "Yes," because I believe that our state government needs to do everything it feasibly can to strengthen the institution of marriage. Among other actions, it should discourage most minors from marrying. My belief was only strengthened when I learned during the floor debate that while 50 percent of all marriages eventually end in divorce, approximately 80 percent of all marriages involving at least one partner under age 18 end in divorce. In other words, in today's world, marriage is basically for adults, not kids. Finally, I think the bills as revised by Rep. Levesque's floor amendment allowing marriages for individuals aged 16 and 17 in the rare instances they are declared "emancipated minors," adequately deals with the concerns of opponents such as Rep. Horn.

Furthermore, on March 11 the House by a 223-121 roll call vote, approved an amended version of House Bill 1280, which would cap the amount of copayments that health insurance companies can charge policyholders at \$100 per month. The bill was approved after brief debate as well as a positive recommendation by a 12-8 majority of the House Commerce & Consumer Affairs Committee to pass it. It now goes to the House Finance Committee for more scrutiny because of its possible impact on the state operating budget, and a second House vote later this year. The bill is sponsored by a bipartisan coalition of 14 lawmakers led by Hanover Rep. Garrett Muscatel, a coalition that also includes Claremont Rep. Gary Merchant, both Democrats. This coalition also consists of four state senators. Two of the senators include Hanover's Martha Hennessey, another Democrat, as well as Stoddard's Ruth Ward, a Republican, who together are the senators for all of Sullivan County.

Rep. Muscatel, who is also a member of the Commerce & Consumer Affairs Committee, wrote the committee's majority report recommending passage of House Bill 1280's amended version. He declared that the bill is similar to legislation approved in Colorado and Illinois as well as Massachusetts, though the copayment cap in Massachusetts is far lower at \$25 per month. But the amended version goes further than the three-listed states in that health insurance coverage for insulin would not be subject to a deductible. He added his committee has heard from various citizens that the price of insulin has tripled within the last decade. Consequently, he wrote, "Many Granite Staters are struggling to pay their insulin bills with 1 in 4 diabetics turning to rationing in order to make ends meet."

In contrast, House Bill 1280 opponents like Rindge Rep. John Hunt, a Republican, urged that the bill be sent to Interim Study instead. In Commerce's Minority Report recommending such study, Rep. Hunt first wrote, "The minority understands the need to help those who depend on this life-saving drug." But he added that passing the bill as amended with no insurance deductible for insulin could cause "an increase in premiums for small employers and individuals who could be affected" by the amendment. He noted that large, self-insured employers and the state employees' insurance plan are exempt. Instead, he declared

(Continued on page A5)

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Letter to the Editor

Thank you to the Claremont Fire Department

To the Editor:

On April 2, 2020 there was a tragic fire on Dennison Avenue in Claremont with a single, male victim. It is with gratitude that I thank Chief Bryan Burr and his brave firefighters for their quick response. Dennison Avenue is a densely populated area and the tragedy could have been much worse. We don't always realize how much we depend on firefighters until they are needed. I deeply regret the loss of life and the impact on the family, the neighborhood and the firemen.

James M. Contois

Claremont, NH

Rep. Cloutier, from A4

that the House should do Interim Study in order to take advantage of current state law that permits New Hampshire's Insurance Dept. to conduct a "mandate review" of the measure's financial, social, and medical impacts.

For readers' information, I voted for House Bill 1280's amended version. I voted for it because I am aware of many diabetics in Sullivan County, who are dependent on insulin, and are having more difficulty paying for the drug due to its rising costs. As mentioned by Rep. Muscatel in his majority report, the health complications from uncontrolled diabetes include infection from poor circulation, kidney as well as coronary artery disease, among others. Therefore, I believe New Hampshire needs to do everything possible to assure diabetics have an affordable and adequate supply of insulin. In my opinion, this assurance is even more vital in light of the Coronavirus pandemic. Email: jocloutier@comcast.net.

In Recognition of Census Day, Senator Hassan Urges Everyone to Participate in This Year's Census

Granite Staters in Rural Areas May Be At Higher Risk to be Undercounted

WASHINGTON, DC – In recognition of Census Day, U.S. Senator Maggie Hassan is urging everyone to participate in this year's census. The census helps ensure that federal dollars are appropriately distributed to communities across the country to help them invest in services like schools, hospitals, and highways, and it is also used to determine political representation in Congress.

Rural areas of New Hampshire are particularly at risk of being undercounted in the census, which makes it more difficult for these areas to receive their fair share of federal support.

"An accurate and thorough census count is vital to our economy and our democracy, and I encourage all residents of the United States and New Hampshire to participate in this year's census," Hassan said. "Amid the COVID-19 pandemic, the U.S. Census Bureau has postponed all census volunteers from going door to door, which means it is more important than ever that everyone take the time to fill out their census online, over the phone, or by mail."

Over the past few weeks, the Census Bureau mailed invitations to participate in the 2020 Census. These invitations include a 12-digit Census ID for respondents to use when completing the census online at 2020census.gov. Completing the census online is quick, easy, and secure. If your access to the internet is limited, you can respond by calling 1-844-330-2020 or fill out a paper questionnaire. Responses will continue to be collected over the next several weeks to ensure that everyone is counted. All census responses are confidential.

For more information on the 2020 Census, how to respond, and how to be counted, please visit 2020census.gov or call 1-844-330-2020.



CLAREMONT STRONG

CLAREMONT, NH –Parks & Recreation wants to remind you that there are two Easter contests also posted on their Facebook page.

New Hampshire Employment Security Scam Alert Related to COVID-19. Attorney General Gordon J. MacDonald and New Hampshire Employment Security Commissioner George Copadis urge New Hampshire citizens to practice increased vigilance when asked to provide personal information over the telephone or via email by entities claiming to provide unemployment benefits as a result of the COVID-19 outbreak. Please read the following for more detail [http://www.claremontnh.com/uploads/COVID-19/4.3.20 New%20Hampshire%20Employment%20Security%20Scam%20Alert%20Related%20to%20COVID-19.pdf](http://www.claremontnh.com/uploads/COVID-19/4.3.20%20New%20Hampshire%20Employment%20Security%20Scam%20Alert%20Related%20to%20COVID-19.pdf).

Claremont Businesses

Banks are accepting applications under the CARE Act Paycheck Protection Program. Some information is available at <http://www.-claremontnh.com/uploads/Small%20Business%20Owners%20Guide%20to%20the%20CARES%20Act%20final%20-%20P.pdf>. Please check with your bank for details.

The SBA has updated its information page on COVID-19 loans and grants. For further information please see <https://www.sba.gov/page/coronavirus-covid-19-small-business-guidance-loan-resources#section-header-2>.

Claremont Private Non-Profits Organizations

FEMA has published some guidance for non-profits and federal assistance at <http://www.-claremontnh.com/uploads/COVID-19/040120%20-%20COVID-19%20-Pandemic%20-%20Private%20Nonprofit%20Organizations%20Fact%20Sheet.pdf>.

Census

Name one thing that you can do that can help Claremont without leaving the comfort of your couch? Hint? It happens every 10 years. Give up? THE CENSUS! For the first time ever you can fill it out online, as well call

or mail. Census results help determine how billions of dollars in federal funding flow into states and communities each year. The results determine how many seats in Congress each state gets. Begin your census response today: <https://my2020census.gov/>. Please practice social distancing, even when out walking or at the grocery store. These federal recommendations should be followed for the next 30 days.

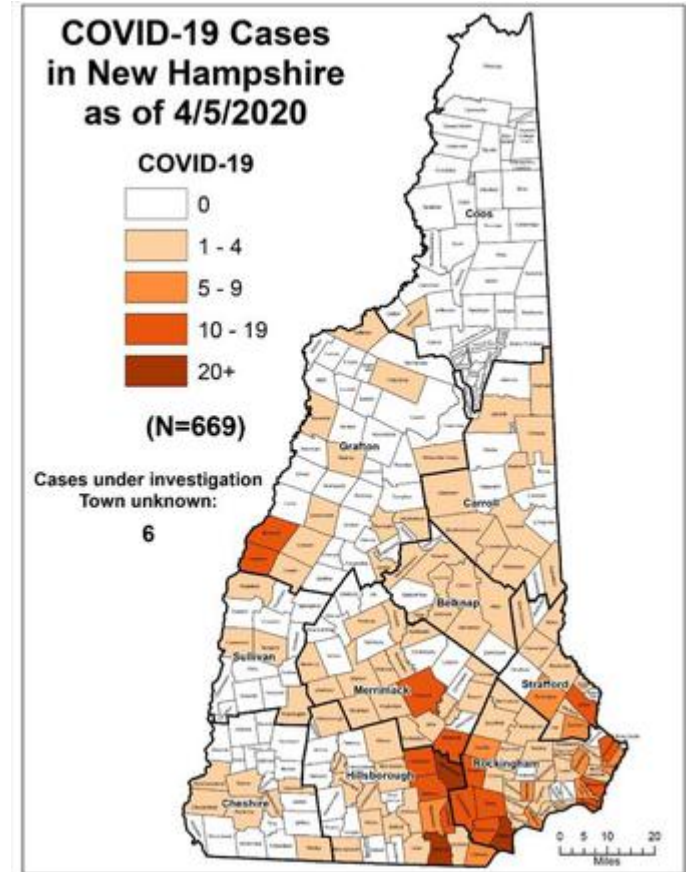
The City continues to offer residents and city businesses help with filing unemployment claims or SBA Disaster loans. Computers are available at the Library and the Community Center at designated hours by appointment only. Please call the Community Center at 542-7019 to schedule a time.

NH DHHS COVID-19 Update – April 5, 2020

CONCORD, NH – On Sunday, April 5, 2020, DHHS announced 48 new positive test results for COVID-19. There have now been 669 cases of COVID-19 diagnosed in New Hampshire.

Several of the new cases are still under investigation. Of those with complete information, all are adults with 40% being female and 60% being male. The new cases reside in Rockingham (16), Hillsborough County other than Manchester and Nashua (7), Merrimack (5), Strafford (1), Carroll (2), and Cheshire (1) counties, and in the cities of Nashua (6) and Manchester (4). The county of residence is being determined for six new cases. Six new COVID-19-related hospitalizations were reported; thus far, 92 (14%) of the 669 positive cases have been hospitalized. Sixteen of the new cases have no identified risk factors. Community-based transmission continues to increase in the State and has been identified in all counties with cases. Most of the remaining cases have either had travel to domestic or international locations or have had close contact with a person with a confirmed COVID-19 diagnosis.

Recovered: 147
Deaths: 9
Persons Tested Negative: 7,701



County	Cases
Belknap	17
Carroll	19
Cheshire	11
Coos	1
Grafton	41
Hillsborough - Other	82
Hillsborough - Manchester	101
Hillsborough - Nashua	66
Merrimack	45
Rockingham	230
Strafford	44
Sullivan	6
County TBD	6
Grand Total	669



PUBLIC NOTICE

The April 6th Zoning Board meeting has been cancelled. All applications that were scheduled to be heard at this meeting will be properly re-warned when the Governor’s prohibition on gatherings of more than 10 people has been lifted. Please call 603-504-0341 if you have any questions.

Update on Remote Learning

CLAREMONT, NH—SAU 6 Assistant Superintendent Donna Magoon released the following update last week for the Claremont Remote Learning program:

As you are aware, Governor Sununu instructed all New Hampshire schools to remain closed until May 4, 2020, and to continue with remote instruction. He also ordered that New Hampshire citizens shall stay at home or in their place of residence with some exceptions. For the health and safety of our students, families, staff, and community members, our students will move to Digital Remote Learning. This will begin on April 6, 2020. Attached you will find a Digital Remote Learning Support Guide for Parents/Guardians.

We are aware of some of our students that do not have access to a computer and we ask that you email your school principal immediately.

Maple Avenue Elementary School - Kathleen Bunnell - kbunnell@sau6.org

Computer pick up time is Wednesday, April 1 from 8-12

Disnard Elementary School - Melissa Lewis - mlewis@sau6.org

Computer pick up time is Wednesday, April 1 from 8-12

Bluff Elementary School - Dale Chenette - dchenette@sau6.org

Computer pick up time is Wednesday, April 1 from 9-3

Claremont Middle School - Frank Romeo - fromeo@sau6.org

Computer pick up time is Friday, April 3 from 10-2

Stevens High School - Patricia Barry - pbarry@sau6.org

Computer pick up time is to be determined

Food Program - There are slight changes that will start on April 1, 2020

There will be a few changes in the Claremont Food Program.

Starting this weekend, Friday, April 3, 2020, we will be providing breakfast and lunch on Saturdays and Sundays. These will be prepared and given with the Friday's meals, both through delivery and at our school locations.

Beginning on Monday, April 6, we will now serve breakfast and lunch together at all school locations. We will only be

serving from 9:00 to 12:00. You can continue to pick up at whichever school is closest to your home. If you live next to Maple but go to school at SHS, you can get your meals at Maple.

Please remember the lunch buses are located at all of our Claremont School Buildings. You must practice social distancing, 6 feet away from other people, and follow the directions of the staff on the bus. This is for everyone's safety.

Deliveries will continue as usual. Please remember it is one breakfast and one lunch per child under the age of 18.

If students or parents can't access the Mobile Food Station and are in need of breakfast and/or lunch or any additional dietary requirements please call Pam Mley at 603.543.4290. April Vacation (April 20-April 24) - We will be providing meals during April Vacation.

We are in this together. Please let me know if you have any questions.

Stay healthy,

Donna Magoon, Assistant Superintendent

COVID-19 Virus Cancellations with Cooperative Extension

Due to the public health concern caused by the COVID-19 virus, UNH administration made the decision to cancel all UNH Cooperative Extension events, programs and noncredit classes through May 4. The health and safety of our staff and the many members of our New Hampshire communities that participate in our programs is most important. We appreciate your understanding and patience during this uncertain time.

Home gardeners are welcome to send pictures of the trees and/or shrubs you would like to prune to the UNH Extension Infoline. We can mark up the pictures and recommend an approach to pruning. For example, if you have 5 apple trees, we recommend taking a photo of each individual tree to send to them. You can find best practices for getting help from the Infoline here: <https://extension.unh.edu/resource/how-get-best-results-unh-extension-infoline>.



THANK
YOU

During this difficult time, we want to *Thank You*, the essential businesses and workers, in our communities. We are stronger and safer because of you and we appreciate you. **Claremont Savings Bank**  

Dartmouth-Hitchcock Launches Clinical Trials for Potential COVID-19 Virus Treatment

LEBANON, NH – As emergency departments across the country begin surging with COVID-19 patients, a behind-the-scenes group at Dartmouth-Hitchcock (D-H) is surging for science. In what can typically take 60 days or more, a team of research operations leads and investigators have opened two, Phase 3 therapeutic studies of a potential treatment for COVID-19 in a remarkable six days.

Remdesivir (GS-5734™), is an anti-viral medicine identified by the World Health Organization as being the most promising agent against COVID-19 disease. Originally used during the West African Ebola virus from 2013-16, Remdesivir was also identified as showing promise against Severe Acute Respiratory Syndrome (SARS) and Middle East Respiratory Syndrome (MERS).

D-H is now one of approximately 97 clinical sites worldwide actively participating in the trials of Remdesivir, evaluating the effectiveness in patients with moderate and severe COVID-19 disease. There are two trials occurring at Dartmouth-Hitchcock Medical Center: the first trial is for those with moderate symptoms of COVID-19, and the second trial is for those with severe advanced symptoms, both intended to prevent progression of the disease.

“As part of our rapid implementation, approximately 25 nurses underwent fit testing for personal protective equipment (PPE) to participate in managing the trial on inpatient units, where the drug will be administered intravenously,” said principal investigator Richard Zuckerman, MD, MPH, of D-H’s Section of Infectious Disease and International Health. “It has been a profound effort and as a part of our rapid implementation, our research nurses are working closely with all of the wonderful DHMC staff taking care of these patients to help administer this promising investigational therapy in addition to their routine care.”

These Phase 3 studies will gather information about safety and effectiveness by studying different populations and different

dosages as well as using the drug in combination with other drugs.

“COVID related research is a top priority for our organization,” said Leigh Burgess, vice president of D-H’s Research Operations. “As an academic medical center we have the tools and the teams to address this evolving situation. Special acknowledgement and thanks to

the teams that worked together to open this study quickly and offer these important options for our patients.”

Eligible study participants are identified by meeting eligibility criteria upon being admitted or screening of in-house patients who test positive for the virus and meet the eligibility criteria.

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The People of Claremont Rise to the Occasion

Every day we are bombarded with the latest news of how COVID-19 is progressing across our state, the nation and globe. It is a scenario that has caused fear, disrupted lives, and translated into loss for many. While such a time of uncertainty could be discouraging or demoralizing, we live in a community that chooses to rise above the challenges of the pandemic and make a difference.

Every day I learn more about what individuals, families, organizations and businesses are doing to uplift the community and help one another. Below is only a small sampling of those actions:

Home Depot donates Personal Protective Equipment (PPE)— A store representative recently stopped by the Claremont Police Department to drop off a donation of items in short supply. PPE is the first line of defense for emergency responders, protecting them and their families and ensuring and keeping them on the job. This donation was shared with the Claremont Fire Department and Golden Cross Ambulance.

River Valley Community College (RVCC) Reaches Out/Donates Supplies – With the closure of educational facilities and learning being conducted remotely, the lives of students have been heavily impacted. Knowing that this is a significant change and could be difficult for many, the staff at RVCC has made it a priority to check in with each student on a periodic basis.

In response to the need for items in short supply, RVCC donated medical supplies to Valley Regional Hospital and material to a local distillery for use in the manufacture of hand sanitizer. Additionally, the college used its 3-D printers to make face masks.

Ink Factory Partners with Chamber of Commerce to Raise Funds for Local Businesses – Local businesses have been negatively impacted by the pandemic. One local

business, the Ink Factory, has wasted no time in reaching out a helping hand. Ink Factory owners, Jeff and Sarah Barrette, have designed the “Love Local” shirt which individuals and businesses can purchase online or via phone from the Greater Claremont Chamber of Commerce. Ten dollars of every shirt ordered will go to the purchaser’s choice of business. Neither the Ink Factory nor Chamber of Commerce benefit financially as all profits will go directly to those businesses in need. For further information or to place an order, please contact the Chamber of Commerce at 603-543-1296 or go to www.greaterclaremontnh.org.

The above examples don’t begin to cover all that people are doing to help the community through this difficult time. To everyone who has taken action to help someone, thank you. Your efforts are critical to the community’s resiliency and our ability to overcome this together.

Charlene Lovett is the Mayor of Claremont and welcomes your feedback. Please email questions, comments or concerns to her at clovett.ccc@gmail.com.

Living and Learning Under One Roof: Survival Tips from Dartmouth-Hitchcock Health

LEBANON, NH – Are you having trouble adjusting to your new responsibilities as a work at home professional and remote learning teacher? Don’t worry, you are not alone. Balancing working from home, home schooling, and family time is the new normal. While these new responsibilities combined with social distancing and the isolation caused by COVID-19 can be the source of significant additional stress, it’s important to keep this situation in perspective.

“Remember that this “new normal” is temporary,” said Shiri Macri, licensed mental health clinician, Dartmouth-Hitchcock Employee Assistance Program. “It’s true that we aren’t sure how long it will last, but we do know it won’t be forever.”

Macri offers these helpful tips for you to balance working and learning at home:

Manage Expectations:

You’re probably not a certified teacher, so be realistic with your expectations. The point of homeschooling right now is to stay safe and

healthy while providing an alternative learning experience for a limited period of time. Get creative! Younger kids can learn reading and math while cooking or writing and physical education with a nature journal. Older kids can practice presentation skills, research and writing by creating PowerPoints on fun subjects like, “Why I should get a pet” or for the sports fan, “Quarterbacks in the NFL Draft.”

Embrace Flexibility:

Structure is helpful and important; however being too rigid can add stress. Can you be flexible with the hours you work while at home? Instead of keeping to a 9-to-5 schedule, if you are a morning person start at six am or work a few hours after your children have gone to bed. If someone can help keep children busy during the weekend, take a few hours off during the week and find time to work on the weekend. This flexible schedule can work for students too, as long as they complete their assignments let them spread their study time throughout the day.

Explore Incentives:

Don’t overlook the motivational power of incentives. After explaining the structure and expectations for the new daily schedule, let your children know you are willing to be flexible, then offer incentives for effort and a job well done. Those might be:

Virtual playdates.

Having a movie night where they get to choose the movie.

Skipping a chore for day.

Extending their bedtime on the weekend

To help get us all through this time, remember to be gentle and flexible with your family and especially with yourself. <https://www.dartmouth-hitchcock.org/>.

COVID-19 NOTICE

Cornish Tax Collector -UPDATED MESSAGE

Open for Mail-In and Drop Box Transactions-Only

The Cornish Tax Collector's Office will be open mail in and drop-box transactions only. Please phone or email with any questions.

Phone: (603) 675-5221

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**Ashley Bergeron
Agent**



This contemporary should certainly be on your must see list. This home sits on 2.31 lot with frontage on John Stark Highway. Close proximity to all amenities. You will find a large open concept with the kitchen open to the main living area. There is also a cozy sitting area with lots of natural light. Master suite that is very spacious and walk-in tiled shower. Cathedral ceiling and expansive deck to enjoy those 3 seasons. Lower level is finished with a direct entry and attached two car garage that is finished and heated. Currently being used as an in-home business that could accommodate an in-law apartment or just additional living area. Some of its amenities include central air, central vac, outdoor furnace which handles heat and HW for the entire house or propane boiler and generator ready. **\$290,500**

How You Can Help: From Claremont Maker

In this difficult time you can put your skills, time and energy to use helping the community get through this.

Sew Face Masks: Supplies of Personal Protective Equipment (PPE) for healthcare workers are being seriously strained. As the COVID-19 case count increases, this will become an ever increasing problem. Dartmouth-Hitchcock Medical Center is asking for donations of home made fabric face masks. You can help right now by donating your time and skills. More information is available here on the Dartmouth-Hitchcock website: <https://www.dartmouth-hitchcock.org/patient-education/sewing-masks.html>.

Help crowdsource Repair Information for Hospital Equipment: https://www.ifixit.com/News/36354/help-us-crowdsource-repair-information-for-hospital-equipment?utm_medium=email&utm_campaign=031620_US%20Newsletter_Fix%20From%20Home%20copy%203&utm_content=031620_US%20Newsletter_Fix%20From%20Home%20copy%203+CID_4b750dc-ce550cd3e95fee24a1e0e3655&utm_source=CampaignMonitor.

iFixit is building a central resource for maintenance and repair of hospital equipment. This is an attempt to centralize all the documentation and resources necessary to keep these life saving machines operating and to help the biomedical technicians who service them working as efficiently as possible when machines need repair.

Digital Fabricators (3D printers, CNC plasma torch operators, CNC router operators): There's a need for 3D printed parts including ventilator valves and reusable face masks as well as other fabricated parts. We are still investigating what specifically hospitals in the region are asking for or will be asking for in the near future and what the best design solutions are. In the meantime, if you are interested in helping, please contact ryan@claremontmakerspace.org who has offered to help coordinate this effort.

If your business is impacted by this crisis, the Upper Valley Business Alliance has information about current resources available for regional businesses: <http://www.uppervalleybusinessalliance.com/covid19-information-for-businesses>.



Thinking About What's Important

A Better Claremont is coming, not sure when. Right now, we are keeping apart to keep Claremont safe and helping where we can without endangering others, particularly those on the front lines helping people through the Covid-19 pandemic. We are grateful for what we have in Claremont and need to acknowledge the City's strengths, while looking ahead at things we can make better. Small things and large, today and into the future. Small steps on a long road.

This is a time to think about what is important and what we value. Remember that people have made Claremont home for a long time, season after season, generation after generation from the time of the Penacook and the Sokoki until today, during good times and bad. This is a hard time and our families and our community are heading into uncharted territory.

We have made mistakes and costly decisions at times and recovered, learning from the past, taking what is most important from the present and making our community stronger, healthier and more just. America is not some static thing, nor is Claremont. We are all a work in progress. Hopefully, understanding where we are now and what lies ahead, we are learning about better ways to protect everyone in the community. There will be challenges at many levels, personally and collectively. We are at our best when we come together, recognize what needs to be done and when we act openly with care, kindness and generosity.

During this emergency people are doing what they've always done: serving meals at soup kitchens, staffing food pantries, helping mothers with newborns at Baby Steps. Visiting Nurses care for people in their homes, recovery counselors offer support, Meals-on-Wheels

volunteers helping the housebound, volunteers at senior centers, shelters and Turning Points and many other organizations: all adapting to provide services and support remotely wherever possible. There are teachers, emergency and public safety workers, caregivers with non-profits, and the essential workers keeping the lights on, the water flowing, farmers, truckers, supermarket workers, cleaners, and the day-to-day operations we take for granted involved in running a city. Our gratitude also goes to the heroic health care workers and support staff at hospitals and clinics, now facing unimaginable challenges.

A Better Claremont (ABC) is a group of citizens who first came together a year ago to protect their neighborhoods, their children, their families and their community from a dangerous demolition waste depot in Claremont Jct. We have grown from an initial (and successful) effort to oppose a disruptive and polluting project threatening Claremont's quality of life. While continuing to oppose Acuity Management, Inc.'s latest effort to convert a small recycling operation into a major solid waste facility near Maple Avenue, ABC is simultaneously working on a positive vision for Claremont's future.

Bringing hundreds of thousands of tons of toxic demolition waste into the City does not conform with that vision. ABC would like to help the City make the Claremont Master Plan a living document, guiding the vision community members helped craft and making it a reality.

ABC urges the City to use the Claremont Planning and Development Department's website to make documents related to this hazardous project available to the public online. This is particularly important while the government is operating remotely and

public offices and meetings are less accessible to citizens. Just as it is critical that Claremont residents be informed with accurate and consistent information about the threat of Covid-19 and about resources available to help weather the economic upheaval of lost income and lost health care benefits, it is also important that the community have the resources to protect itself from longer-term threats to our children's health, clean air and water and Claremont's future quality of life.

You can learn more about A Better Claremont at *The Valley Green Journal*. <https://www.valleygreenjournal.com/>. For more information, contact A Better Claremont at abetter-claremont@gmail.com.

For A Better Claremont
James Contois
 Claremont, NH

John Tuthill
 Acworth, NH

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Resources with UNH Extension

During this COVID-19 crisis, many families have little or no income and yet have families to feed; thus, more people will be beginning or expanding their own gardens this year. We have resources to help.

Our webpage, Ask Extension, <https://extension.unh.edu/programs/ask-unh-extension>, covers many relevant topics to help get through this crisis, including Vegetable Gardening at Home, <https://extension.unh.edu/tags/vegetable-gardening-home>.

This page covers topics and offers fact sheets for organic gardening, container gardening, managing pests, and even the Granite State Gardening Facebook Live series with Emma Erler (from Grow It Green with WMUR) on our Facebook page, <https://www.facebook.com/AskUNHExtension>.

Sununu issues Emergency Order 26

CONCORD, NH—On Saturday, Governor Chris Sununu issued Emergency Order 26 as part of the state's efforts to respond to COVID-19. Emergency Order #26 extends Emergency Orders 2, 6, and 16:

- Emergency Order 2 - Temporary prohibition on scheduled gatherings of 50 or more attendees and onsite beverage consumption
- Emergency Order 6 - Temporary authorization for take-out or delivery beer or wine. All restaurants, diners, bars, saloons, private clubs or any other establishment that have both a restaurant license and on premise license from the New Hampshire liquor commission shall be temporarily autho-

rized to allow for takeout or delivery of beer or wine

- Emergency Order 16: Temporary prohibition on scheduled gatherings of 10 or more attendees.

PUBLIC NOTICE Conservation Commission MEETING

Tuesday, April 7, 2020 6:00 PM

This meeting will be conducted electronically in accordance with the Governor's emergency orders and CDC guidelines. Members of the public who wish to join the meeting may do so by calling 603-504-0341 or by going to <https://zoom.us/j/297878582> and using the Meeting ID 297-878-582.

Gary Dickerman, Chair

Changes Boutique & Thrift

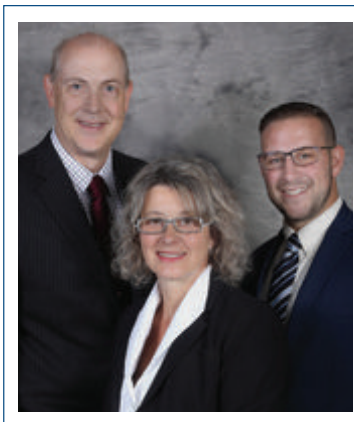
Changes Boutique & Thrift is currently closed due to the COVID-19 public health pandemic and unable to accept any donations at this time.

We want to extend a heartfelt thank you to our generous and supportive donors who continue to inquire about donations to the store. We ask that you please hold on to your gently used clothing, shoes and accessories until we are past this health crisis and can safely reopen.

Your donations are instrumental in the success of our mission. All of the revenue we are able to generate at Changes goes directly to support services for survivors of domestic and sexual violence, as well as prevention education programs for youth – all right here in Sullivan County.

We will be excited to see our customers and donors again once we reach the other side of this crisis. We hope that each of you, your families, co-workers and loved ones are able to stay safe and healthy and that we can all come together and have fun shopping again soon.

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CLAREMONT
PUBLIC NOTICE

Boards, Committees and Commissions Vacancies

The City of Claremont is inviting citizens to apply for vacancies which exist on the following volunteer Boards, Committees and Commissions:

Board of Appeals	5 Vacant Seats 3 Vacant Alternate Seats
Board of Assessors	1 Vacant Seat 1 Vacant Alternate Seat
Claremont Community Television Board of Directors	4 Vacant Seats
Claremont Housing Authority	0 Vacant Seats
Claremont Planning Board	1 Vacant Seats 3 Vacant Alternate Seats
Conservation Commission	4 Vacant Alternate Seats 1 Vacant Seat
Energy Advisory Committee	1 Vacant Alternate Seat
Finance Committee	2 Vacant Seats
Fiske Free Library Board of Trustees	2 Vacant Alternate Seats
Frances Tolles Home Board	1 Vacant Seat
Historic District Commission	3 Vacant Alternate Seats
MT Ascutney Region River Subcommittee of the CT River Joint Commission	1 Vacant Seat 2 Vacant Alternate Seats
Parks & Recreation Commission	1 Vacant Seats 4 Vacant Alternate Seats
TIF Downtown Advisory Board	5 Vacant Seats
Upper Valley Lake Sunapee Regional Planning Commission	1 Vacant Seat
Zoning Board of Adjustment	1 Vacant Alternate Seat

Seats for Future Availability:

Airport Advisory Board	3 seats expire 6/30/2020
Claremont Community Television	1 seat expires 5/31/2020
Claremont Housing Authority	1 seat expires 5/29/2020
Frances Tolles Home	2 seats expire on 7/31/2020
Parks and Recreation Commission	2 seats expire 5/31/2020
Personnel Advisory Board	1 seat expires 6/30/2020
Upper Valley Lake Sunapee Regional Planning Commission	1 seat expires 3/31/2020
Zoning Board of Adjustment	3 seats expire 3/31/2020

Call the Resource Coordinator at 504-0341 or stop by the Visitor Center at 14 North Street to find out how you can volunteer, or go online to www.claremontnh.com/government/boards-and-committees to print out an application.

4/2/2020

e-Ticker Business News

Farm, from A1

Breasted Nuthatch that we saw when we came out to look at the house. We have fallen in love with the bird and other wildlife diversity... but most importantly birds!, which is such a sign of health.

“As for the market in Claremont, we saw space for a local family farm. Our goal is to increase sustainable food awareness and in the process create a larger market for ourselves and our fellow Claremont farmers. We are 5 minutes from downtown and route 120. We are a quick and easy stop for a busy family or commuters. We would like to see our farm integrated into the weekly lives of our community, and in return create a positive influence for the future.”

Clarke added that “Our memberships are done on an annual basis. Our deadline has been extended until June this year. We are also working person to person to develop payment plans during the COVID crisis. We do not want money to be the reason an interested member does not sign up! We cannot express enough that our produce is not only fresher and more nutrient dense, but more affordable than the grocery store. The CSA model is incredibly important in promoting food access and education.

“As we expected coming into this, our biggest struggle is going to be acclimatizing people to the consumer shift that a CSA model brings, and the up front commitment that is necessary. We do more than grow produce, we form a community. In my years of experience working at CSA farms, I have been blown away by the positive value it adds to peoples lives, and is the reason I became a farmer. Each of our members is pledging to use us for a large portion of their diet, and in return for that market stability, we are able to give them the costs that we save from avoiding traditional and unsustainable marketing practices and the waste that comes through grocery store systems.”

Clarke said that they have decide they will be open on Saturdays to the public, from 10:00 a.m.—3:00 p.m. CSA members will be able to pick up on Saturday also,

she said, although they haven’t yet decided on the logistics for that.

For more information, please visit <https://www.winterstreetfarm.com/>.

Abby Clarke grew up in Falmouth on Cape Cod. She started farming as a volunteer in her spare time while studying natural resource conservation at Umass Amherst. Jonathan Hayden grew up out west in Colorado. In college he began working in silviculture as a technician for the US Forest Service. He began his career as an Organic farmer in Italy and then worked in France in Nice (Courtesy photos).



e-Ticker Business News

Local Schools, Business Teaming up to Make Masks Using 3-D Technology



Director of Clinical Education for the Respiratory Therapy program at River Valley Community College, Ken Czechowicz wanted to do something for his friends and colleagues on the front line of this pandemic. He's using 3-D technology to manufacture masks for those on the front line of the COVID-19 pandemic (Courtesy photo).

CLAREMONT, NH—Having spent a long career in hospitals before transitioning to education, the Director of Clinical Education for the Respiratory Therapy program at River Valley Community College, Ken Czechowicz wanted to do something for his friends and colleagues on the front line of this pandemic. Using the college's 3-D printers and an open source design, Czechowicz came up with a PPE mask that he began printing last week. He then took a sample to Valley Regional Hospital in Claremont

and met with the procurement and supply manager, Angela Paquette, to see if the mask was suitable to help healthcare workers.

Paquette immediately returned from a briefing with VRH administration giving Czechowicz the green light to produce the masks for the hospital.

"I was restless and wanted to do something to help," Czechowicz said as he watched the printers slicing the prototype, but he knew that producing 10 masks per day would not be enough. He shared his design with the Sugar River Technical Center in Claremont to get their 3-D printers turning some out as well. Czechowicz then contacted Whelen Engineering of Charlestown, NH. Jim Putnam,

Tooling Manager at Whelen, and Czechowicz worked on cutting back printing time from ten hours per unit to four hours per unit. With fourteen 3-D printers all churning, the college is now printing roughly 42 masks per day. Still, Czechowicz knew they had to do more. He reached out to Whelen Engineering President and CEO, George Whelen who committed to manufacture the masks for the region.

Taking the original design and creating a steel mold will take a couple of days to set up, but soon the Charlestown, NH, plant will be able to manufacture these masks by the hundreds. "Our people are on the front line, I want to do whatever it takes to help out. I've been in

(Continued on page A16)

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e-Ticker Business News



Local 3-D technology is helping to produce masks for local healthcare workers as the country struggles with ongoing shortages of desperately needed equipment (Courtesy photos).


Continued from A15

the business, I know what they need,” Czechowicz said. River Valley Community College President Alfred Williams said he was proud of the way his faculty and staff have stepped up to help this community. RVCC is in contact with local and state officials to help in this time of crisis.

Cooperative Extension Video Pruning Resources

- Pruning tree fruits: <https://extension.umaine.edu/fruit/growing-fruit-trees-in-maine/pruning/>
- Pruning videos: <https://video.maine.edu/tag/tagid/pruning>

- Pruning trees and shrubs: <https://extension.unh.edu/resource/basics-pruning-trees-and-shrubs-fact-shee>
- Pruning deciduous trees: <https://extension.unh.edu/resource/pruning-deciduous-trees>
- Pruning small fruits webinar: <https://www.canr.msu.edu/resources/pruning-small-fruits>



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Claremont

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Chad Beane RPh
SRPCLaremont@gmail.com

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Announcements From St. Mary Parish

St. Mary Church, Claremont, NH, is open daily from 9:00 am to 4:00 pm for you to come and spend time in a church setting.

Confessions are heard each day from 3:00 to 4:00 pm. In order to maintain the required 6-foot social distance, Fr. Shawn and Fr. Arockia are in separate wings of the church.

The Chapel is closed until further notice.

The parish office continues to be open from 8:00 am to 2:00 pm Monday through Thursday, closed Friday. However, to help keep face-to-face communication at a bare minimum, we will be keeping the glass storm door closed when speaking with a visitor. You are welcome to call the office at 542-9518 if you have any questions or concerns.

Also at this time we ask that you remember your weekly offering. It is imperative to the running of our parish. You may sign up online through our parish website, mail it to the office, or drop it off in the parish mailbox during the week. Thank you to everyone who has been sending in or dropping off their offertory money. It is greatly appreciated!

The parish has set up a Facebook account in order to reach out to those on Facebook who might be interested in keeping contact with parish updates and events. If you are on Facebook, send a friend request to "SaintMary Parish." Once we have confirmed the friend request, we will send you an invitation to like the Page "Saint Mary Parish." These are 2 different areas on Facebook. Please note that all updates will be posted on the Saint Mary Parish Page, so be sure to like the page in addition to friending the parish account.

The parish website <https://www.stmary-parishnh.org> is also kept up to date with any parish events and/or notices.

We have begun to utilize parish group emails to send out parish information as well as the beginning of emailing bulletins to help keep you connected with the parish. These emails are sent only to those households who have registered with the parish.

With our new Facebook Page, we hope to be live-streaming Masses and Holy Week soon.

Note from the Town of Cornish Selectmen:

We hope that in this difficult time in our lives that you are following the CDC guidelines and are taking time to reflect on how lucky we are to live where we do and have a very strong community.

The Selectmen would like to remind you that in the current day and age, it is very easy to

reach us on an individual basis. This should be for emergency purposes only. It takes at least two Selectmen to make a decision. Please contact the office with questions and concerns. We will be holding regular hours for phone calls and to answer emails. Thank you,
Board of Cornish Selectmen



To all the essential workers who keep our communities going.

We appreciate you.

Kayla Putnam
Client Services Assistant

Terri Decker
Office Manager

Becky Vittum
LPL Investment
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Ashleigh McFarlin CFP®
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"Tulips were a tray of jewels." — E.M. Forster, *Howards End*

Photos + design by Eric Zengota

Avoid Touching Retirement Savings Early

You contribute to an IRA and 401(k) to help build the financial resources you'll need to enjoy a comfortable retirement. But despite these funds being set aside for retirement, many investors use them before they retire. More than half of Americans tap into their retirement savings early, according to a survey from Magnify Money, a website focusing on financial topics. How can you avoid this problem?

It's obviously important to leave your retirement savings untouched, as much as possible, until retirement. You could spend two or three decades as a retiree, so you'll need a lot of financial resources. Of course, it's understandable why some people touch their retirement accounts early: According to the Magnify Money survey, about 23% did so to pay off debts, 17% to make down payments on a home, 11% to pay for college, and the rest for other reasons.

While you also might consider these needs for taking an early withdrawal or loan from your retirement account, you've got good reasons for not touching your IRA or 401(k) before you retire. First, you may face tax penalties if you withdraw money from your IRA and 401(k) before 59 ½, though there are exceptions. Also, if your withdrawals from your retirement accounts are large enough, they could push you into a higher tax bracket. Plus, the longer you leave your money intact, the more you'll probably have when you need it in retirement.

Let's use the survey results to look at some additional points you might evaluate before using funds from your retirement accounts for other purposes:

- **Paying off debts** – You could consider using a 401(k) loan to pay down some high-interest rate debt, but this move assumes two things – one, you don't plan on taking on additional high interest rate debt, and two, you plan on repaying the loan from your 401(k) within five years. If you don't, you could face penalties.

- **Making a down payment on a home** – The IRS allows first-time home buyers to make a penalty-free withdrawal of \$10,000 from an IRA to make a down payment on a home; however, taxes could still be owed. You might be better off by delaying the purchase of a home, giving you time to build up additional savings, held outside your retirement accounts, that could be used for the down payment.

- **Paying for college** – If you haven't saved enough for a child approaching college, you might consider withdrawing from your retirement accounts to do so. If the funds are used for qualified education expenses, you may be able to withdraw from you IRA without paying a penalty, but again, taxes could be owed on the withdrawn funds. Alternatively, if you have more time, you could consider opening tax-advantaged 529 accounts for younger children to help pay for their education.

As the name suggests, a retirement account is designed for retirement, so do whatever you can to protect it. You may want to consult with a financial professional for guidance on meeting the other needs people cite in tapping into their retirement accounts early. The more you know, the better prepared you'll be to make the best decisions you can for your situation.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

Edward Jones. Member SIPC.



Martha Maki, AAMS®
Financial Advisor

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Sports

James Foye Named to Senior CLASS Award All-America Second Team

By Rick Bender
Courtesy Dartmouth Sports

HANOVER, NH— Dartmouth guard James Foye, one of 10 finalists for the Senior CLASS Award across NCAA Division I men's basketball, was named to the organization's All-America Second Team on Tuesday. Marquette's Markus Howard was selected as the Senior CLASS Award winner, given annually to the most outstanding senior student-athlete in Division I men's basketball.

An economics major with a 3.97 GPA, Foye was one of the top perimeter shooters in the



James Foye (Doug Austin photo)

Ivy League for the last two years and started every game for the Big Green. The senior tri-captain averaged 9.7 points a game while hitting 60 3-pointers with 42.6 percent accuracy, making him the only player in the conference to make at least two per game at better than a 40-percent clip. In addition, the native of Hamilton, Massachusetts, led Dartmouth with 62 assists and an assist-to-turnover ratio of nearly 2.0 (32 turnovers) while hauling in 3.2 rebounds a night.

Foye finished his career with 646 points (7.0 per game) and 124 3-pointers — 11th all-time for the Big Green — hitting 40.3 percent to rank fourth on the Dartmouth career list. He is the first Dartmouth men's basketball player to

earn Academic All-America honors twice (or even once) since Sea Lonergan '97 made the first team in 1995-96 and the second team as a senior in 1996-97. The only other two-time selection is John Mackay '90, named to the third team in each of his final two seasons with the Big Green.

A two-time CoSIDA Academic All-America Second Team selection, Foye volunteered with the Upper Valley Haven After School program as well as at Hero fundraising events for the Children's Hospital at Dartmouth (CHaD) while also visiting children at the hospital. Foye was the first Dartmouth men's basketball player to be named a Senior CLASS Award candidate, let alone a finalist, since the program's inception in 2002.

The finalists were chosen by national media from the list of 30 men's candidates and 30 women's candidates announced earlier in the season. An acronym for Celebrating Loyalty and Achievement for Staying in School, the Senior CLASS Award focuses on the total student-athlete and encourages students to use their platform in athletics to make a positive impact as leaders in their communities.

Spring Turkey Season and Youth Turkey Weekend Currently Scheduled to Proceed in NH

CONCORD, NH —The Granite State's spring turkey hunt remains slated to open on May 1, and run through May 31, with the youth turkey hunt taking place the preceding weekend, Saturday, April 25, and Sunday, April 26. However, this is subject to change based on the statewide efforts to control the spread of the COVID-19 virus. Because of this public health emergency, many licensing agents may be closed, have limited hours, or be experiencing other restrictions. The Department is currently working on potential alternative turkey registration procedures and will provide updates to the public when available.

A New Hampshire turkey license is required for hunters of all ages (\$16 for state residents

and \$31 for nonresidents). Hunters age 16 and older must hold either a current New Hampshire hunting or archery license and a turkey permit. Licenses are available online at <https://www.nhfishandgame.com/>.

Scholarships Available for Becoming an Outdoors Woman Fall Workshop

CONCORD, NH – Several scholarships are available to defray the cost of attending New Hampshire's Becoming an Outdoors Woman (BOW) fall weekend workshop. To be considered for financial assistance, interested women must mail a completed scholarship application postmarked by April 29, 2020, along with a written statement and \$40 application deposit. Incomplete applications will not be considered.

If you do not receive a scholarship, the \$40 scholarship application fee will be returned OR may be applied to the regular registration fee if you choose to register for the fall weekend without a scholarship.

To apply for a BOW scholarship, download and complete an application today:

<https://nhfishgame.com/wp-content/uploads/2020/03/2020FallBOWScholarshipApplication.pdf>.

Please apply as soon as possible to ensure that your application is received in time. Applications postmarked after April 29 will not be accepted.

Among the BOW scholarships being offered this year is a special mother-daughter scholarship — both mother and daughter must apply (the daughter must be age 18 or older). There is also an Elkins Fish and Game Club scholarship for a woman who is a resident of the Kearsarge area. Several more general scholarships are also available.

Those who are offered a fall BOW scholarship must also register for the fall program; registration opens June 3. You must register even if you have received a scholarship. Please note that being awarded a scholarship does not guarantee your placement in specific classes.

Inspiration

Courage

By Priscilla Hull

During a difficult time in my life, a friend's scribbled this on a scrap of paper and gave it to me: "Courage is fear that has said its prayers." This slip of paper is still taped onto the side of my computer. When I find myself in a tight spot, I look at that paper and read the words. I think of that friend and I thank her for the wisdom of that advice. It is a reminder that to any difficult, demanding, scary thing, there is a solution. It is a reminder that no matter what we can gather "courage" to go beyond the situation at hand and overcome the fear.

Miriam-Webster defines courage as the mental or moral strength to venture, persevere, and withstand danger, fear, or difficulty. Further information which I gathered from various sources is that courage, as we use it today, has been used since the 14th century. The root of the word courage comes from ancient Anglo-Saxon English and French and Latin roots, cor or cource, meaning heart! We need heart to overcome the fear! I know that you all remember the Cowardly Lion, the Tin Man and the Scarecrow from the *Wizard of Oz*. I don't think that it was by mere chance that what those three characters needed were courage, love and wisdom. It takes all three functioning together to make it possible to overcome the fear. Courage comes from the heart or love of self. Love of self and of others gives us reason to have courage. Knowledge provides the ability to know that these fears can be overcome.

It is this combination of heart and knowledge that makes us not only able to overcome the danger, but to mitigate it - to get rid of it. Courage also gives us strength to endure the most difficult times of life. It doesn't always come from within. Sometimes the courage to overcome comes from those around us, cheering us on to go beyond our known potential and to complete a task which might be beyond our capacity. In this case it is fired by the support of family and friends. Courage gives us strength to persevere in the most unyielding circumstances.

Let us face this COVID-19 with courage. I'll help you and you'll help me. We need to be together now more than ever, checking on family and neighbors, asking for help when we need it. No one can bare the burden alone. Help each other. Pray for the world.

"Be strong and of a good courage, fear not, do not be afraid: for the LORD your God, he goes with you; he will not fail you, he will never forsake you."

Deuteronomy 31:6



Priscilla Hull is the Lay Leader of the First United Methodist Church in Claremont, NH.

Calendar Of Events

Five Colleges Book Sale Shifts to Online Sales

LEBANON, NH—In response to the COVID-19 situation, the Executive Committee of the Five Colleges Book Sale has determined that for the health and safety of our volunteers and patrons, this year's sale will shift to an online book sale format for the 2020 season.

Patrons of the sale may also make a tax deductible monetary donation in support of our annual scholarship fund by visiting our website, www.five-collegesbooksale.org and clicking 'Donations' on the menu. Net profits from online sales and monetary donations will provide financial aid to students from New Hampshire and Vermont to attend Mt. Holyoke, Simmons, Smith, Vassar, and Wellesley.

Questions may be directed to Priscilla Dube, 603-428-3311, priscilla2nh@gmail.com.
five-collegesbooksale.org

Cone Automatic Machine Company Charitable Foundation Scholarship Program Now Accepting Applications

CLAREMONT, NH—The Cone Automatic Machine Company Charitable Foundation scholarship program will continue for the coming school year 2020-2021. This scholarship is available to the children or grandchildren of former employees of Cone-Blanchard Machine Company having a minimum of five years of continuous service with Cone-Blanchard Machine Company who meet the eligibility requirements.

Eligibility Requirements, Terms of Award Payments, and applications may be obtained by writing to Cone Automatic Machine Company Charitable Foundation (mailing address) P.O. Box 65 Claremont, NH 03743.

Completed applications must be postmarked no later than May 11, 2020. Scholarship awards will be announced in June 2020.

www.etickeernewsoclaremont.com

Kinship Raising Support Group

NEWPORT, NH—A support group in Newport for kinship raising family member's kids is meeting 10:00 a.m. to noon every other Friday. Meetings held at the old Towle School, 86 North Main Street. Learn more at New Hampshire Grandparents raising Grandchildren on Facebook; check the page for updates or call Stacey Hammerlind at 802-478-0844.

RVAPL Potluck Dinner

CHARLESTOWN, NH—River Valley Animal Protection League Potluck Dinner Fundraiser is planned for Saturday, March 21. Please come out and support the shelter at this fun event that includes raffles, cake auction, door prizes and games.

When: **POSTPONED, NEW DATE TO BE ANNOUNCED**

Where: Held at the VFW on Lovers Lane in Charlestown NH. Everyone welcome! Call for more info: 603-826-3061

Paint Nite! Unleash your Inner Artist

Support the River Valley Animal Protection League by joining us at the Sumner House Restaurant in Charlestown NH.

When: **POSTPONED, NEW DATE TO BE ANNOUNCED**

When you buy a \$45 ticket, \$15 will be donated to the shelter!

Arrive at 5:15pm to order food and drinks before the event, painting starts at 6:30pm. No previous painting experience necessary!

Register at <https://www.yaymaker.com/events/10163512>

Claremont La Leche League

CLAREMONT, NH—Breastfeeding questions? Get answers and meet other breastfeeding mothers. Claremont La Leche League Claremont La Leche League will be meeting on the 3rd Thursday of the month at the TLC Family Resource Center, 109 Pleasant Street: Mornings, from 9:30—11:00 a.m., evenings, 5:30—7:00 p.m. LLL Leaders are trained and accredited through LLLI to offer help to parents, families, and communities to breastfeed, chestfeed, and human milk feed their babies

through parent-to-parent support. A leader will be available to answer your questions.

Assistance, information, and support are also available via telephone, email, and the LLLI website. ClaremontLLL@gmail.com, Jess (603) 630-0184, Zariah (603) 306-9892; they may also be found on Facebook.

Newport Historical Society Museum Hours

NEWPORT, NH--Interested in local history? Come visit the Newport Historical Society Museum, 20 Central St., Newport, NH. Located in the 1837 Nettleton House, the museum has two floors of annually changing displays to wander through. Open Sundays (except holiday weekends), from 10AM to 2PM, and by appointment by calling 603-863-1294. The museum is free, heated, air-conditioned, and handicapped accessible.

Overeaters Anonymous Big Book Meetings

CLAREMONT, NH—Overeaters Anonymous Big Book Meetings are held at Valley Regional Healthcare in Claremont on Wednesdays from 3:30-4:30 p.m. in the library. Please use Main Entrance on Elm Street.

Area Grocery Store Hours Reserved for High Risk Population

HANNAFORD 6 AM - 7 AM TUES, WED, THURS Claremont & Lebanon

MARKET BASKET 5:30 AM - 7 AM TUES, WED, THURS Claremont

CO-OP FOOD STORES 7AM - 8 AM EVERYDAY WRJCT, Lebanon & Hanover

PRICE CHOPPER 6AM - 7AM EVERYDAY Windsor & West Lebanon

SHAWS 7AM - 9AM TUES & THURS West Lebanon

WALMART 6 AM - 7 AM TUESDAYS ONLY Claremont & West Lebanon

PLAINFIELD COUNTRY STORE Call ahead with curb side pickup 709-7055 Prepared Meals, Grocery Items

you're invited
GRACE RIVER
HOLY WEEK

connect and join at
mygraceriver.life

THIS IS HOPE
joyous
palm sunday
april 5 830/1030am

THIS IS LOVE
true
maundy thursday
april 9 6pm

THIS IS FREE
finally
good friday
april 10 6pm

THIS IS LIFE
real
easter sunday
april 12 830/1030am

GRACE RIVER

A CHRIST-CENTERED CHURCH SINCE 1821

We are a vibrant, growing church family that seeks to glorify Jesus Christ with all we are and in all we do. Everyone is warmly welcomed to grow with us. Come discover who we are today!

discover more
mygraceriver.life

Worship with us online, find our growth resources, and great family lessons to lead your little ones.
JOIN US for ONLINE WORSHIP
EVERY SUNDAY at 830 and 1030AM

Remembering Loved Ones...

Life Tributes

Obituaries May Be Found On Our Website

We post obituaries on our website to make them available in "real time," as they are released by funeral homes. We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

www.etickernewsoclaremont.com

Cheryl A. Chase, 75

Cheryl A. Chase, 75, died on Thursday, April 2, 2020. She was born March 13, 1945, in Lebanon NH, daughter of Laurence and Anna (Griggs) Chase. She graduated from Hartford High School, married Thomas A. Ranney, had two children, and later divorced. She then met her companion, Leon Lemieux, and they worked on many projects together over the next 30 years. They liked to dance, camp, fish, remodel, barbecue, and spend time with family. She worked for more than 30 years in banking, in Burlington then Windsor, VT. She enjoyed getting to know many customers and working with her coworkers. She was quite a prankster. Cheryl had many passions and was very determined. Anything she wanted to do, she self-taught herself and did it. She crafted mosaics, woodcrafts, beautiful quilts, and knitted. She was an amazing cook and we had many wonderful family meals at her table. She had beautiful flower gardens and loved to have fresh-cut flowers on her table in the summer. She grew a huge garden of vegetables and herbs, and would have her favorite summer dinner of tomatoes and green beans. She always said that she was going to cut back her garden the next year, but the garden always seemed to take more space the following year. Everyone loved getting a jar of Cheryl's pickles or zucchini relish she put up. She also raised chickens and loved eating the fresh eggs. And she loved

her dogs, and she gave them a good life.

Cheryl was predeceased by her mother, father, stepmother Philomena Chase, and her longtime partner, Leon Lemieux.

Survivors include her daughter Nicki Connolly, son-in-law Todd, and grandchildren Sierra and Drew, and her son Jason Ranney, daughter-in-law Tammy, and grandchildren Jake and Max. She also has friends she enjoyed spending time with.

Per Cheryl's wishes, there will be no calling hours or funeral services. Her family is having a celebration of life later this summer. We have many fond memories of spending time with her and will miss her. Contributions in her memory may be made to any Animal Humane Society.

You are invited to share a memory of Cheryl with the family or leave a message of condolence in the family guest book at www.royfuneralhome.com.

Raymond R. Davis, 92

Raymond Robert Davis of Claremont, NH, passed away peacefully with his family by his

side on March 25, 2020, at the age of 92.

Ray was born on his parent's farm in Candia, NH, on April 4, 1927, to Walter and Mary (Tomasi) Davis. He grew up on the family farm in Candia where he especially enjoyed summers when his cousins would come to stay and work. He graduated from Manchester Central High School in 1944, enlisted in the US Army and served in France and Germany during WWII. When he returned he attended St. Anselm College in Manchester, NH, earning a degree in Biology. Ray worked in sales for many years and began a second career when he started a landscaping business. He loved working outdoors and often said that hard work was the best medical insurance. He spent many happy hours skiing, snowmobiling and camping with his family. He loved to recall fond memories of traveling and hunting in the western United States with his family and especially liked to tell stories about the hunting trips he took in Colorado. Ray loved music and enjoyed singing and playing a number of instruments. He also had a large collection of number plates that he liked to show off.

Ray is survived by his wife Ruth Davis, his

“Eye doctors shouldn't have fine print.”

-Dr. Sam Given

At Doctor Sam's Eye Care, everything is right up front. From eye exams to glasses to contact lenses to whatever treatment you need, our prices are as comfortable as our chair-side manner. Visit Doctor Sam's and see for yourself.

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(603) 543-2020
9 Dunning St, Claremont
(we're right there by the hospital)



former wife Nancy (Pearson) Davis, his children Kathleen Mancini and husband Tom, Keith Davis and wife Joy, Karen Johnson and husband Eric, Kristen Hagler and husband Dan and Peter Davis and wife Kim, and step-daughters Victoria Meyer and husband Erich and Valerie Adams and husband Frank. Ray was preceded in death by his parents, a brother, Elton J. Davis, a son, Paul and a daughter, Alice.

'Baba' will be lovingly remembered by his 16 grandchildren and six great-grandchildren. He also leaves behind many cousins, nieces and nephews.

A private memorial service will be held at the convenience of the family.

In lieu of flowers, please consider a donation in memory of Ray to Mt. Ascutney Outdoors (PO Box 101, Brownsville, VT 05037) or to Saint Anselm College (College Advancement, Saint Anselm College, 100 Saint Anselm Drive, Manchester, NH 03102).

You are invited to share a memory of Ray with the family or leave a message of condolence in the family guest book at www.royfurneralhome.com.

Claremont Fire Dept. Log

Sunday 3/29:

9:38 AM: Ladder 2 and Engine 1 responded to North St. for a report of a chimney fire.

3:53 PM: Engine 1 responded to High St. for a medical call.

Monday 3/30:

10:56 AM: Engine 1 responded to Hillstead Rd. for a medical call.

10:57 AM: Engine 3 responded to Hill Side Terrace for a medical call.

12:33 PM: Engine 1 responded to Charles St. to assist Golden Cross Ambulance.

6:58 PM: Engine 1 responded to Charlestown Rd. for a motor vehicle accident.

7:55 PM: Engine 1 responded to Sullivan St. for a medical call.

Tuesday 3/31:

9:11 AM: Engine 1 responded to High St. for a medical call.

9:49 AM: Engine 1 responded to Hanover St. for a medical call.

Wednesday 4/1:

5:40 AM: Engine 1 responded to Charles St. to assist Golden Cross Ambulance.

12:56 PM: Engine 1 responded to North St. for a motor vehicle accident.

Thursday 4/2:

4:12 AM: Engine 1 and Engine 3 responded to Denison Ave. for a structure fire. Additional apparatus responded to assist first arriving crews.

1:08 PM: Engine 1 responded to Elm St. for a report of a tree on wires.

11:36 PM: Engine 1 responded to High St. for a medical call.

Friday 4/3:

9:27 AM: Engine 1 responded to Hanover St. for a medical call.

2:25 PM: Engine 1 responded to Bond St. for a medical call.

2:46 PM: Engine 1 responded to Arthur St. for a medical call.

3:26 PM: Engine 1 responded to Alexander Ave. for a medical call.

Saturday 4/4:

6:25 AM: Engine 1 responded to Pleasant St. for a water problem.

1:27 PM: Engine 1 responded to Myrtle St. for a medical call.

8:18 PM: Engine 1 responded to Hanover St. for a medical call.

8:47 PM: Engine 1 responded to Hanover St. for an odor investigation

CORNISH TOWN CLERK UPDATE

Office is closed to walk in. Please plan ahead.

Appointments can be made if absolutely necessary.

Late registrations do not require appointments (call or email me for amounts).

Vehicle Inspections can be done as long as the vehicle is currently registered.

Please drop off registration in the silver drop box on the porch. Or you can mail them and I will return them to you.

You do not have to sign them and send them back to me but they must be signed when you receive them.

Please email me at cornishtownclerk@comcast.net for any questions.

State of NH has extended temporary paper plates to the end of April.

The hours will change so please email or call 675-5207.



**PUBLIC NOTICE
PLANNING BOARD HEARING**
Monday, April 13, 2020 7:00 PM

This meeting will be conducted electronically in accordance with the Governor's Executive Order no. 2020-04, the emergency provisions of RSA 91-A and CDC guidelines. The meeting will be broadcast live on CCTV and on Facebook at

<https://www.facebook.com/City-of-Claremont-NH-Government-109899900577117/>

Members of the public who wish to join the meeting may do so by calling 800-409-8594 using the Access Code/Verbal Passcode "Claremont Planning Board".

Please call 603-504-0393 if you have difficulty accessing the 800-409-8594 number during the meeting.

**The Planning Board will be meeting to discuss
the 2020-2025 Capital Improvement Plan.**

Richard Wahrlich, Chair



Notes from your Alumni President

Hello to my fellow Alumni,

I sincerely hope everyone is staying healthy and safe during this horrendous Coronavirus Pandemic. We are in this for the long haul, and we will all pull through this together and move on to better times.

While we wait, I thought I would update everyone that we are doing what we can to help during this crisis.

We are starting to get in 2nd, 3rd and 4th year applications for scholarship awards. The deadline has been extended to the end of April so please if you are going on to college and need help, get those applications to us. It may not be as much this year but we will do the best we can to help as many students as we can. The meeting may have to be done somehow remotely this year and more than likely if candidates receive an award, it will be thru the mail.

The monthly meeting April 15th is cancelled. At this time we don't know about the May meeting or if we will have a meeting in June.

The newsletter is at the printer and should be at Quality(our mailing service) for labeling, sorting and mailing within the next three weeks. There is a form asking for suggestions for a theme for 2021. This is a special year for Stevens Alumni, 150 years, so we should have a theme that will incorporate this span. Such as Stevens High School Alumni celebrates 150 years, Then and Now, just a thought. Any more ideas for themes?

The annual newsletter is now posted on the website so that those of you who have computer access can read it sooner instead of waiting for "snail-mail"

This is the first year in the history of Stevens Alumni that we have cancelled all Alumni Weekend events. It is sad, but let's not dwell on that and move on to working on the 150th celebration, June 12, 2021, and ways to make it bigger and better than ever.

We are looking to help in any way we can during this epic time of need for so many. We have offered our help to schools if they are in need of supplies, assistance, school needs to help with the remote learning program. We have sent some small print jobs to Doolittle's Print Service. We will probably want some 150th celebration banners. We can discuss what we want them to look like and have them done during this slower period of time and eliminate a last minute rush for us. Another idea to think about is to have some tee shirts done with a 150th logo on them. These could also be done early.

I will try to get another update out in a few weeks either thru the website, Facebook or newspapers to keep everyone aware of alumni news. In the meantime, if you have thoughts or ideas to share, please let me know either by phone 504-5702 or email nhsno@comcast.net. If you have parade questions contact Parade Chairman, Dick Girard at 603-543-6398 email dick@goldencrossamb.com

Stay safe, stay well!!!

Doug LeBlanc,
President, SHS Alumni

CLAREMONT SENIOR CENTER UPDATES

We are one week into our closing and we hate it. We miss our senior's laughter, conversations, gathering for games. But you are home safe. That's all that matters.

We are still open for take-out. At least we get to see some of you for a second. Here are the menus for Tuesday and Thursday:

Tues., Apr. 7th- Fresh Cut Salad, Spaghetti with Meat Sauce, Garlic Bread, Vanilla Pudding. Oh Boy!!! Spaghetti.

Thurs. Apr. 9th-BBQ Chicken Legs, Our Own Potato Salad, Pickled Beets, Strawberry Shortcake.

Please call ahead if you can. Call 603-543-5998 and leave a message or email us at seniorctr5@comcast.net.

Special Notice: Blood Drive-Monday, April 20th-Noon-5PM. Please give if you can. It is so needed at this time. The Technicians will take good care of you.

We have planned another Take-out Turkey Dinner for April 25th-5PM-6:30PM. We are asking that there be no donated homemade desserts because no outside food can be brought in. So the kitchen will handle the cook-

ing here under controlled conditions. We are having a Bakeless Bake Sale. You can donate a gift card or make a donation to the kitchen. Just mail it to the Center. Thanks ahead of time. See you at the Dinner!

While we are at a lull here, it is giving us a chance to update our member records. Donna, the board secretary, has been calling members to bring the records up to date. One thing she would like to do is to obtain an email address if you have one. It will make it so much easier to send reminders and notices to our members. So, if you would, please call 603-543-5998 or email us at seniorctr5@comcast.net. We are trying to keep our seniors connected. Thanks!

Both the Fundraisers have been rescheduled. The Spring Fling Craft Fair has become the Summer Craft Fling and will happen on Sat. July 25th-9AM-2PM. We are air conditioned so everyone will be comfortable. Our crafters are so ready to share what they have created. They were so pleased when we informed them of the new date. Some were afraid we were going to cancel. NO WAY!! We love our crafters. We will still be having lunch, raffles, and the cookie walk. Mark your calendar. Join us!

Our next upcoming event is our Great, Giant, Fabulous, Wonderful, Stupendous Penny Sale. The event has grown so large, we hope it all fits into the hall. Don't worry! We have saved plenty of space for you! The committee has set the date for Sun. Aug. 23rd-1PM. We have bagged all the tickets, still logging in prizes, setting the lunch menu. It's crazy! So again. Mark your calendars.

The week after the Penny Sale, the cars will be rolling in for the 9th Annual Car Show. This event is always the last Sunday of August and this year is no exception. Mark your calendars with Sun. Aug 30th-9AM-2PM for the arrival of about 350 cars, motorcycles and trucks of all sizes and kinds. And the food!! Ken's Famous Fries will be on hand along with Fair Fare. More information will come later.

Thought of the Week: Learn to be calm. It will make you much happier and more thankful.

Our halls await your laughter and lively conversation. See you soon. Have a good week. Enjoy the sun when you can. Walk a little maybe.

Claremont Senior Center, 5 Acer Heights Rd. Claremont, NH.(603)543-5998. Open-Tuesdays and Thursdays -11:45AM -12:15PM for Take-Out only. seniorctr5@comcast.net for more information.



The Claremont City Council will hold a public meeting on Wednesday, April 8, 2020, at 6:30 p.m. in the Council Chambers of City Hall.

AGENDA (Second Revision)

- 6:30 PM 1. PLEDGE OF ALLEGIANCE
- 6:32 PM 2. ROLL CALL
- 6:34 PM 3. AGENDA CHANGES
- 6:35 PM 4. REPORT OF THE SECRETARY
Minutes of March 5, 11, 16 and 25, 2020, City Council Meetings
- 6:37 PM 5. MAYOR'S NOTES
- 6:42 PM 6. CITY MANAGER'S REPORT
- 6:55 PM 7. APPOINTMENT TO BOARDS AND COMMITTEES
- 7:00 PM 8. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 23))
9. *OLD BUSINESS*
- 7:10 PM A. *COVID-19 Update*
- i. *Discussion of Process to Report Scams and Price Gouging*
- ii. *Discussion of State Resources Network*
10. NEW BUSINESS
- 7:20 PM A. Resolution 2020-20 Airport Apron Project Grant – Public Hearing (City Manager)
- 7:35 PM 11. FUTURE AGENDA ITEMS AND DIRECTIVES
- 7:40 PM 12. CONSULTATION WITH LEGAL COUNSEL
- 7:45 PM 13. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, April 22, 2020, at 6:30 p.m. in the Council Chambers at City Hall.

****Due to the COVID-19 Pandemic, the City is suggesting citizens participate in this meeting by conference phone. Please dial 1-800-875-3456 and request Claremont City Council Meeting.***



COVID-19 AVOIDING SCAMS

Scammers may take advantage of COVID-19 outbreak fears by selling bogus “treatments” and “prevention” products, establishing fake charities, and sending seemingly legitimate emails with malicious links or attachments.

BEWARE OF FALSE CLAIMS

Do not be tempted by claims and advice on social media or websites that a product or treatment can cure or prevent COVID-19.

Currently, there are no prescription or over-the-counter pills, vaccines, oils, lotions, or other products available to treat or cure COVID-19. Always check with your health care provider before buying such products.

BE CAREFUL WHEN MAKING DONATIONS

Before making donations to support those who are ill or suffering financially because of the COVID-19 outbreak, **DO YOUR HOMEWORK:**

- If the appeal claims to be from a charity, make sure that it is registered with the Attorney General’s Charitable Trusts Unit. The list may be found here: www.doj.nh.gov/charitable-trusts/
- If the appeal is for an individual, think hard about donating unless you know the person needing help and that person’s circumstances;
- Do not let anyone rush you into making a donation;
- Check that you are dealing with a legitimate charity or individual and not an “imposter” with a deceptively similar name;
- Do not assume that social media recommendations for donations are legitimate.

BE ON THE LOOKOUT FOR PHONY CDC EMAILS

Be careful about opening emails claiming to be from the Centers for Disease Control and Prevention (CDC) or from others claiming to have information about COVID-19. Clicking on links or attachments could cause a computer virus to infect your device.

FOR MORE INFORMATION OR TO REPORT SCAMS OR FRAUD

Contact 1-888-468-4454
or DOJ-CPB@doj.nh.gov

Visit the NH Department of Justice website:
www.doj.nh.gov

STAY INFORMED

Visit nh.gov/covid19 for up-to-date information about the COVID-19 outbreak in New Hampshire.

