

e-Ticker News of Claremont

www.etickernewssofclaremont.com



**Alumni Weekend
Cancelled;
page A6**

etickernews@gmail.com
www.facebook.com/etickernews

March 30, 2020

Stay at Home Order Issued in NH; State Releases List of 'Essential Services'

By Phyllis A. Muzeroll
e-Ticker News

CONCORD, NH – Thursday, Governor Chris Sununu released Emergency Order #17, mandating the closure of all non-essential businesses and requiring Granite Staters to stay at home. All business and other organizations “that do not provide Essential Services shall close their physical workplaces and facilities ago workers, customers, and the public and cease all in person operations as of 11:59 p.m. on March 27, 2020 and shall not re-open to workers, customers or the public or resume in person operations before 12:01 a.m.a.m. on May 4, 2020” wrote the governor in his order. Businesses and other organizations providing Essential Services were instructed to develop strategies, procedures and practices to allow for social distancing protocols consistent with guidance provided by the CDC and the Division of Public Health.

Meanwhile, New Hampshire citizens were instructed to stay in their place of residence with the following exceptions: leaving home to get fresh air or exercise; running errands such as going to the grocery store, pharmacy, laundromat; visiting family members or providing care for others; gassing up vehicles; picking up take-out food; receiving shipments from delivery services; medical appointments; leaving for a job that qualifies as Essential Services; or working from a remote location, all with the caveat of adhering to social distancing protocols. The list of Essential Services is extended.
(Continued on page A2)

'Tis the Season...For Boosting Spirits

By Phyllis A. Muzeroll
e-Ticker News

CLAREMONT, NH—'Tis the season for...wait, what? Holiday cheer? A white Christmas? No, even better—'tis the season for lifting spirits and resurrecting smiles. That's the idea behind many of the residents of NelMar Heights digging out their Christmas lights and inflatable holiday characters and doing some off-season decorating.

Sue Tuttle said she had seen stories on Yahoo of other neighborhoods around the country doing just that and loved the idea for her street. With NelMar Heights well known for its beautiful annual holiday decorations, the plan was a natural. She texted and emailed neighbors about the idea and soon, a number of the folks living there were out restringing lights and setting up their displays. It's all about “spreading joy to the community,” she said.

(Continued on page A18)



(Photo courtesy of Sue Tuttle)

A Note to Our Readers

Like every other news business, we here at the *e-Ticker News* are also being affected by the COVID-19 crisis. Due to the rapid and dramatic drop in news, events, meetings and flyers and other ads, we have decided to combine Sections A & B into one for the time being. It's very sad to see so many wonderful community activities grind to a halt, almost overnight. It truly feels like the area has simply shut down. In many ways it has, and none of this is easy. People are having to be creative with their businesses, loss of work and in handling the stay-at-home order and remote learning scenarios. We are tracking the significant amount of news we receive every day about COVID-19 and keeping our readers/followers informed on a daily, and sometimes even hourly, basis, via our Facebook page and website.

We wish everyone good health, both physically and emotionally, as we wade through these uncharted and uncertain waters together.

—Phyllis A. Muzeroll
Publisher/Editor

Order, from A1

sive and covers a wide variety of professions and occupations; to see the full list, go to Current Issue on the home page of our website.

Sunapee Fire Department Requests Personal Protective Equipment

SUNAPEE, NH—First responders at the Sunapee Fire Department (SFD) are urgently asking community members, especially labor related businesses, with extras of specific supplies to donate to them in the wake of coronavirus pandemic.

- There is a national shortage of personal protective equipment that helps make first responders safe. We are asking people with an abundance of the following items on hand, to please consider donating to them:
- N95 masks (if you don't know what N95 is, then you don't have any)
 - Disposable surgical gowns or covers
 - Procedural / Surgical masks
 - Face shields

- Disinfectant wipes
- Hand sanitizer

The equipment listed helps SFD first responders stay safe while responding to calls during the pandemic. Help the Department keep rescue in service and safe for both the staff and community members in need of assistance.

If you have access or have an abundance of these items and are willing to part with some, please contact Austin Brown by calling 603-867-8288 or through email at brown.t.austin@gmail.com to arrange pickup.

In addition, the SFD is always looking for new members to join our department. Due to the current status of the pandemic we are looking to gather information about residents with a clinical past (physicians, advanced care providers, nurses, EMS) who would be willing to assist should the need arise. Furthermore, we are looking for already state or nationally licensed medical providers. If you are interested in joining the department, we ask you to send an email to fireclerk@town.sunapee.nh.us or call 603-398-8717.

(DHHS) announced that in light of recommendations by the Centers for Disease Control and Prevention around social distancing during the COVID-19 pandemic, the New Hampshire Women, Infants, and Children (WIC) program has received authorization from the US Department of Agriculture to conduct all appointments by phone.

Individuals can apply for assistance by contacting their local WIC office, and find the office closest to them at <http://signupwic.com>. All appointment types, including certifications and follow up appointments, can be completed by phone. Residents who have a scheduled WIC appointment should keep it and expect a phone call from their local WIC office.

The WIC program provides nutrition education and support to help keep pregnant women, new mothers, infants, and preschool children healthy and strong, and all New Hampshire WIC offices are working to ensure that clients continue to get the services they need with minimal disruption.

Please visit <https://www.dhhs.nh.gov/dphs/nhp/wic/index.htm>. Families having difficulty getting through to their local WIC office are encouraged to leave a detailed voice message or call the WIC State Agency 1-800-942-4321.

COVID-19 Hotline

211NH has been mobilized to handle all COVID-19 related calls from New Hampshire residents. All residents with questions or concerns surrounding the COVID-19 outbreak can call 2-1-1.

NH DHHS Announces WIC Appointments Available By Phone

CONCORD, NH – The New Hampshire Department of Health and Human Services

e-Ticker News of Claremont LLC is published Mondays

Phyllis A. Muzeroll
Publisher/Editor

Eric Zengota
Contributing Writer/Photographer

etickernews@gmail.com

Snail mail to:
6 Osgood Ave. Claremont, NH 03743
603-542-7319

e-Ticker News reserves the right to reject/decline/edit any material submitted that is deemed inappropriate for our publication.

The opinions expressed in articles, Letters to the Editor or columns are those of the writers and do not necessarily reflect the opinion of the e-Ticker News

Member, NH Press Association

Member, Greater Claremont Chamber of Commerce

Index

Commentary.....A4-A5
 Mayoral Notes.....A9
 Classifieds.....A10-A11
 Business News.....A16
 Sports.....A21
 Inspiration.....A22
 Calendar/Events.....A23-A24
 Obituaries.....A25
 Claremont Fire Dept. Log.....A26
 City Council Agenda.....A26

NH Lottery Numbers

03/28/2020

NH PowerBall
7 40 48 55 66 11

NH Mega Millions 03/27/2020
3 25 28 50 60 1

Tristate Megabucks 03/28/2020
5 6 8 30 31 3

For more lottery numbers,
<https://www.nhlottery.com/>

LAW OFFICE OF JAMES G. FELEEN, PLLC
WWW.FELEENLAW.COM
 JAMES G. FELEEN, ESQ.
 EMAIL: jim@feleenlaw.com
 TEL: (603) 504-6507
 FAX: (866) 862-6394
 CELL: (603) 477-4671
 2 Pleasant Street, Suite 3, Claremont, NH 03743

Sullivan County Transportation

Please call the office, or go to our Southwestern Community Services website for daily updates to our service. (603) 542-9609.

Vermont Amtrak Service

Canceled until further notice. The Vermonter and Ethan Allen trains and stations are closed until further notice. Vermonter trains will continue from Washington DC, to New Haven, Monday through Saturday. Ethan Allen trains will not be running between Rutland and Albany.

Update on Remote Learning

CLAREMONT, NH—Assistant Superintendent of Schools Donna Magoon released the following remote learning update late Friday night:

“During a press conference yesterday Governor Sununu instructed all New Hampshire schools to remain closed until May 4, 2020, and to continue with remote instruction. All teachers have created or are in the process of creating a Google Classroom.

“Through Google Classroom teachers will provide learning material and have the ability to schedule a time to meet with your child and assist them with their schoolwork through video chat via google hangout.

“If you are having difficulty finding your child’s Google Classroom, you can access it through our Remote Learning website <https://sites.google.com/sau6.org/claremontremote-learning/home?authuser=0>.

“On this website you will also find information regarding the food program, student educational activities, parent and student resources, as well as an area to ask questions about Remote Learning and request technical support. We are currently planning the next phase of Claremont School District’s Remote Learning educational plan, we will keep you updated.”

Claremont Senior Center Update

CLAREMONT, NH—The Claremont Senior Center closed all activities as of Friday, March 27, at 3:00 p.m. until further notice. Members only are welcome to stop by and grab books and puzzles on Tuesday from 10:00-11:30 a.m.

Take-out lunches, Tuesday and Thursday, 11:45 a.m.-12:15 p.m., are currently being offered but could be suspended “temporarily without notice.” (603)543-5998.

Sununu Mobilizes Three Volunteer Efforts In Response to COVID-19

CONCORD, NH – On Tuesday, Governor Chris Sununu issued the following statement after announcing that the State has mobilized three websites to coordinate volunteer efforts in response to the novel coronavirus, COVID-19.

NHResponds.org: This effort will serve as a secure online registration system for medical and non-medical volunteers who can quickly mobilize if needed. NHResponds is part of a nationwide volunteer management system that was established after 9/11 to get medical professionals quickly, and properly deploy them during a public health emergency or disaster.

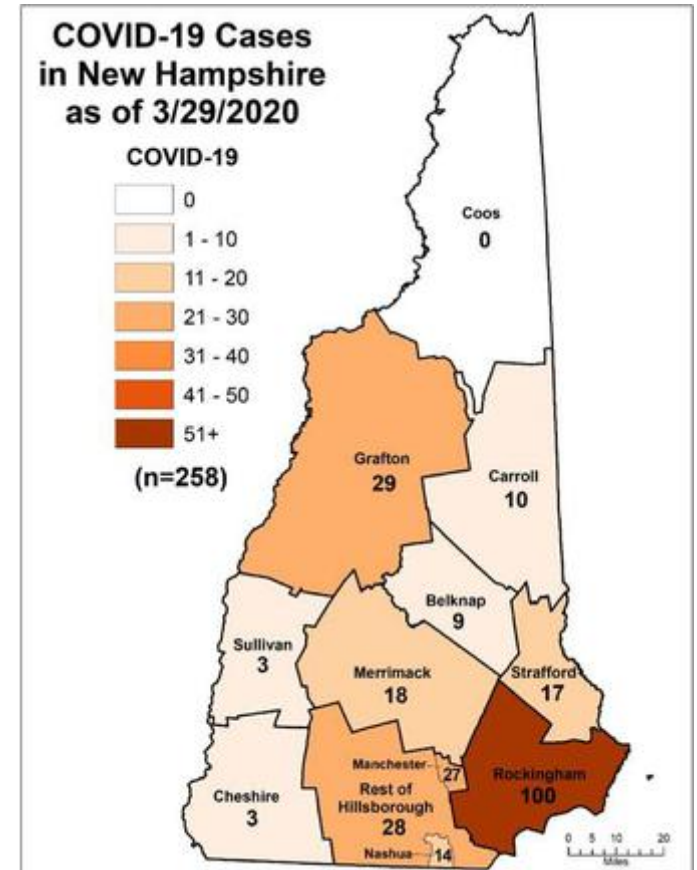
VolunteerNH.org: Individuals interested in volunteering for a local non-profit can visit volunteernh.org to be connected with an organization in their area.

<https://www.nheconomy.com/ppehelp>: This portal will allow for all businesses to see what products the State needs, and reach out to offer assistance.

3rd Case in Sullivan County Reported; 3rd Death in State Reported

On Sunday, March 29, DHHS announced 44 new positive test results for COVID-19. There have now been 258 cases of COVID-19 diagnosed in New Hampshire.

The new cases are 25 adult females and 19 adult males. The new cases reside in Rockingham (14), Strafford (5), Merrimack (4), Carroll (2), Grafton (2), Hillsborough other than Manchester and Nashua (1),



Cheshire (1), and Sullivan (1) counties, and the cities of Nashua (7) and Manchester (7). Twenty-one of the new cases have no identified risk factors. Community-based transmission continues to increase in the State and has been identified in all of counties with cases. Most of the remaining cases have either had travel to domestic or international locations or have had close contact with a person with a confirmed COVID-19 diagnosis. Five of the new cases were hospitalized for their illness; thus far, 39 patients of the 258 positive cases (15%) have been hospitalized.

DHHS has also announced the third death related to COVID-19. The deceased was a female resident of Rockingham County who was over 60 years old with underlying health issues.



PUBLIC NOTICE

The April 6th Zoning Board meeting has been cancelled. All applications that were scheduled to be heard at this meeting will be properly re-warned when the Governor’s prohibition on gatherings of more than 10 people has been lifted. Please call 603-504-0341 if you have any questions.

Commentary

NH House Happenings

By Rep. John Cloutier



A Look at the 10-Year Transportation Improvement Plan

“A financially constrained plan that identifies and addresses the transportation priorities that best align with the public input received from citizens, regional planning commissions, and transportation stakeholders.”

The quote is from Gov. Christopher Sununu describing his proposed update to New Hampshire’s 10-Year Transportation Improvement Plan for Fiscal Years 2021-2030, a proposal which we representatives are presently considering. The proposal, drafted in the form of legislation, is known as House Bill 2020 that the House Public Works & Highways Committee, which I have the honor of chairing this legislative term, has recommended for passage with just a few minor changes.

As described by Gov. Sununu, his proposed update was developed with public input that started in June 2019 when New Hampshire’s DOT (Department of Transportation) first met with the Governor’s Advisory Commission on Intermodal Transportation known as “GACIT,” for short. Basically, GACIT consists of our state’s five Executive Councilors, including Hanover’s Michael Cryans, a Democrat, who is the councilor for Claremont and several other Sullivan County municipalities. The other councilors are Andru Volinsky, Russell Prescott, Theodore Gatsas, and Debora Pignatelli. Councilor Volinsky, a Democrat who represents the remaining Sullivan County municipalities not represented by Councilor Cryans, was GACIT’s chair.

After two meetings in June and July 2019, DOT presented its “financially-constrained” version of the 10-Year Plan for GACIT’s consideration Aug. 14, 2019. The plan focused on the preservation, maintenance, and safety of our state’s existing road and bridge infrastructure, along with maintaining investments for public transit, rail, and airports. Few new major projects were added. Following the Aug. 14 meeting, GACIT then held 20 public hearings around the state in Sept. and Oct., 2019, including a Sept. 11 Hearing at Claremont City Hall, hosted by Councilor Cryans. Additionally, DOT encouraged Granite State citizens to fill out an on-line survey on what they believed should be prioritized in the Plan, and over 1600 surveys were completed according to the Governor.

Next, on Nov. 6, 2019, DOT met with GACIT to present the suggestions made by citizens at the hearings as well as in the on-line survey. Then on Nov. 25, 2019, after several meetings with individual GACIT members about how DOT could incorporate at least some of the suggestions in the Plan, GACIT as a whole approved its recommended version for the 2021-2030 Period to Gov. Sununu. He then reviewed GACIT’s recommendations before submitting his own recommended version of the Plan to the Public Works & Highways Committee. As the committee’s chair, I then worked with the House-Senate Office of Legislative Services to formally draft the Governor’s proposal

as House Bill 2020, and thus be designated at its prime and only sponsor.

Public Works & Highways then held two public hearings and several work sessions on House Bill 2020 before recommending an amended version of the 10-Year Plan by a 17-1 roll call vote March 11. The amended version made no great changes, and now has to be voted on by the full House, before it can proceed to the New Hampshire Senate. But when the vote will occur is now uncertain because the House and Senate are not scheduled to return to the State House until May 4 at the earliest due to the Corona Virus pandemic.

More specifically, Public Works & Highways’ recommended version would authority the expenditure of approximately \$4.056 billion in state, federal, and local funds for various transportation projects between 2021-2030. Among the changes, my committee made in the amended version was a provision borrowing up to \$35 million in General Obligation Bonds so as to help provide funding for state bridge aid for the municipal bridges of communities like Claremont. The borrowed \$35 million would be repaid from the 4.2 cent per gallon increase in the state’s gas tax that we in the Legislature enacted in 2014. Furthermore, the amended version appropriated a total of \$954 million to widen the Everett Turnpike between Hooksett and Nashua. The widening would be paid for from the tolls charged to use the Turnpike.

As for individual projects in the 10-Year Plan, Sullivan County’s number several. First, Claremont projects include a total of \$3,267,845 for preliminary engineering and construction work on the preservation of the Route 12/103 Bridge crossing the Connecticut River between Claremont and Ascutney, Vermont with construction scheduled to begin in 2024. A second Claremont project, totaling \$7,072,421, would rehabilitate the Route 12A Bridge crossing the Sugar River, with construction slated to start in 2022 and end in 2023. Yet a third project would link all 10 traffic signals on the two-mile stretch of Washington Street, with such linkage scheduled to be completed by 2021 at a total cost of \$573,978. Also a total of \$6,383,485 in federal funds is to be allocated over the next 10 years for improvements to Claremont’s Municipal Airport. Finally, the long-awaited relocation of the Route 12 and North Street intersection is slated to start in 2022 at a remaining total cost of \$3,635,099. According to the Plan, a total of \$961,586 in preliminary and private property acquisition costs has already been spent on this project. When I expressed my frustration to one DOT Official approximately a year ago about the seemingly slow pace of this relocation, the official explained the main reason was because DOT was patiently trying to acquire the needed real property for the project by negotiations with the adjacent property owners, rather than using the eminent domain process.

Outside of Claremont, additional Sullivan County projects include a total of \$1,462,636 in rehabilitation costs for the Cheshire Bridge, which spans the Connecticut River between Charlestown and Springfield, Vermont. Also funds are appropriated for the two-phase reconstruction of Route 12A between South Charlestown and Alamar Street which I believe is in Langdon. A total of \$7,926,825 is designated for the first phase scheduled to be done between 2023 and 2027. Then

(Continued on page A5)

Letter to the Editor

House of Representatives – Claremont

District 3/Ward 1: Andrew O’Hearne

friendsofandrewohearne@comcast.net

District 4/Ward 2: Gary Merchant

603-542-2228

gary.merchant@leg.state.nh.us

District 5/Ward 3: Walter Stapleton

603-542-8656

WaltStapleton@comcast.net

District 10/Wards 1, 2, 3: John Cloutier

603-542-6190

jocloutier@comcast.net

Senate – Claremont

District 5: Martha Hennessey

603-271-3067

martha.hennessey@leg.state.nh.us

District 1

Executive Councilor

Michael Cryans

603-271-3632

Michael.Cryans@nh.gov

Washington, DC

Sen. Jeanne Shaheen

520 Hart Senate Office Building

Washington, DC 20510

202-224-2841

<http://shaheen.senate.gov/contact>

Sen. Maggie Hassan

B85 Russell Senate Office Building

Washington, DC 20510

Phone: (202) 224-3324

<https://www.hassan.senate.gov/>

Rep. Anne Kuster

137 Cannon House Office Building

Washington, DC 20515

phone: 202-225-5206

<http://kuster.house.gov/contact>

An Open Letter to our Community Regarding COVID-19

To the Editor:

Here at Springfield Medical Care Systems, we know it is a very stressful time for everyone. To protect our patients, our healthcare workers and staff during the COVID-19 pandemic, we are doing a lot of things differently.

- If you are sick, please call before coming to one of our clinics.
- If you arrive at a clinic, we may ask you to call and talk to our triage nurses or providers from the parking lot and you may be asked to return home if it is the safest option.
- We will always ask you about symptoms of fever, cough and shortness of breath when you enter our buildings.

If you have symptoms that require an in person evaluation, we will be wearing face masks and eye protection when we care for you.

Many of our visits may be offered via telemedicine to patients who have access to a phone or computer with a camera. Some visits may be conducted on the telephone. In an attempt to centralize care, you may be directed to a site that is not your regular clinic and you may see a provider who is not your primary care provider.

You will not be given an appointment to clear you to go back to work. In cases of febrile illnesses, we can provide a letter for your employer consistent with the Centers for Disease Control and Department of Health recommendations.

Testing for COVID-19 has been very limited due to a shortage of tests, however, it is our goal to begin to test all patients with symptoms consistent with COVID-19. We will be re-opening our drive through testing site in the upper parking lot of Springfield Hospital. To be tested you must have an order from your primary care provider or one of our triage or walk-in providers. Once that order has been placed you will be called by our registration department and scheduled for a specific testing time. Do not drive up to the testing site unless it is your scheduled time.

If you have fever and mild respiratory symptoms, we recommend you care for yourself at home. You can discontinue home isolation when you have been without fever (without taking fever reducing medication) for 72 hours and have had improvement in respiratory symptoms and at least 7 days have passed since symptoms first appeared.

If you or your loved one are unable to catch your breath, are not getting enough oxygen, have persistent chest pain or pressure, or are unarousable or have new confusion please seek emergency care! Call ahead to the Emergency Department if possible and, if needed, call 9-1-1.

Please know that we are responding to this pandemic with your best interest at heart!

Please have patience with us as we also navigate changing technology, regulations, guidelines and ways of providing care.

Thank you to everyone in the community that has shown us an outpouring of love and concern by donations, messages and most importantly by practicing social distancing!

Katrina L. Taylor DO, Chief Medical Officer, Springfield Medical Care Systems

Rep. Cloutier, from A4

an additional total of \$3,193,747 is allocated for the second phase scheduled for 2028 for a grand total of \$11,120,572, according to my math. Next, a total of \$436,200 is appropriated for preservation of Charlestown’s Route 12 Railroad Bridge with the work scheduled to begin in 2021. Finally, a total of \$153,232 is allocated for replacement of Newport’s Sand Hill Road Bridge with the replacement now scheduled for 2021.

For readers’ information, on top of the specifically-listed Sullivan County projects, the 10-Year Plan or House Bill 2020 also designates money for various smaller infrastructure projects such as paving, maintenance and other repairs to state highways, bridges, sidewalks, and traffic signals. Projects not specifically assigned by county or municipality. There is also money for mass transit agencies as well as maintenance of state rail lines and abandoned rail lines now used as recreational trails. In summary, while I believe it is not a perfect transportation plan, House Bill 2020 is probably the most feasible plan our state can afford right now, given the fact that we legislators, the Executive Council, and Gov. Sununu cannot agree on ways to increase revenue for the Highway and Turnpike Funds. A subject about which I plan to write a future column.

Alumni Weekend Cancelled

CLAREMONT, NH—The SHS Alumni Association announced the cancellation of Alumni Weekend last week, yet another casualty of COVID-19. The association released the following statement:

“It is with sadness and regret that after thinking long and hard about this coronavirus, and discussing with board members, we have decided that for the safety and health of all people, Stevens Alumni, for the first time ever, will cancel Alumni Weekend. Believe me, this decision has not been easy to make, but I feel this decision is in the best interest of all of us, and is for the safety and wellbeing of alumni as well as citizens of Claremont and surrounding areas to cancel all planned alumni events the weekend of June 13th.

“I leave it up to 5 year classes to make their own decisions as to whether to have their own parties and functions or to move forward and plan for next year.

“I have talked to some that have to come from other locations and they have stated that with travel at a standstill and the added burden of possibly renting a car and reserving a room, some are not sure what they will do. Others have already decided to wait it out and not come home this year.

“There are many people out of work and funds are low and they most certainly don't have extra to come home for parties and other functions.

“As much fun and enjoyment as we have, I don't feel it is worth the risk.

“I think we should move forward and start planning our 150th. The five year classes such as 50 and 51, 55 and 56 and so on could double up on celebrations. The 5 yr classes from this year could still work with the 2020 float theme and 2021 could chose from whatever new theme is picked for the 150th. We would have a spectacular parade and other special functions to celebrate 150 years. What do you think? I can only hope that we are all on the same page.

“We still need to have an annual meeting, choose next year's theme for our 150th, and of course the scholarship awards will have to distributed. We're just not sure how yet.

“My phone is open for questions and com

ments: 603-504-5702 or you can email the office at alumni@stevensalumni.h.com or at my home email nhsno@comcast.net If you have parade questions, please call Dick Girard at 603-543-6398.

“Any dues and donations you can spare this year will be much appreciated. If you buy the parade fund raiser tickets enclosed in the newsletter, that money will be held to help with parade expenses in 2021. The winners will be announced in the fall.

“We will keep everyone updated as best we can through Facebook, the website, the newspapers and emails.

“Take care, stay healthy and safe!”

Doug LeBlanc, class of 1963
Stevens Alumni President

TPN Cancels 14th Annual Steppin' Up to End Violence 5K Walk & Fun Run

CLAREMONT, NH—On Tuesday, Turning Points Network announced the cancellation of its annual community fundraiser:

“With consideration for everyone's safety, as well as the economic impact of COVID-19, Turning Points Network has made the difficult decision to cancel our annual fundraiser, Steppin' Up to End Violence 5K Walk & Fun Run May 2nd.

“And, in light of the uncertainty ahead – medically, financially and socially for our entire community -- we will not be rescheduling the event this year,” said Deb Mozden, TPN Executive Director.

“We want to extend a huge thank you to the team leaders who have already reached out to us and asked if they can continue to fundraise for Steppin' Up, even if the event is cancelled. Our response to you is a resounding yes!” said Jenn Ucci, Development Director.

Steppin' Up was expected to raise \$85,000 to support TPN programs through June 30th. Without Steppin' Up, TPN is now vulnerable to a budget deficit that could impact vital services. Any fundraising that teams and sponsors can continue to pledge in spite of the event cancellation will be deeply appreciated. Six advocates continue to work every day to meet the needs of survivors because domestic and sex

ual violence continue and may even increase because of forced isolation during this health pandemic.

“To our teams, sponsors, volunteers and community, we will miss your comradery and your excitement to be part of such a meaningful and fun community event. Perhaps we will all come together in a myriad of other ways instead to help members of our community who are extremely impacted by this pandemic – those who will lose their income, their housing, their health. We look forward to seeing you there.”

For more information, please call 603-543-0155 or email jenn@turning-pointsnetwork.org.



CLAREMONT STRONG

CLAREMONT, NH – As numbers continue to rise in NH, we want to stress social distancing. Social distancing means remaining out of congregate settings, avoiding mass gatherings, and maintaining distance (approximately 6 feet or 2 meters) from others when possible. We ask that all members of the community practice social distancing whether out for a walk or in the grocery store.

Census

Name one thing that you can do that can help Claremont without leaving the comfort of your couch? Hint? It happens every 10 years. Give up? THE CENSUS! For the first time ever you can fill it out online, as well call or mail. Census results help determine how billions of dollars in federal funding flow into states and communities each year. The results determine how many seats in Congress each state gets. Begin your census response today: <https://my2020census.gov/>.

Help with Filing Claims, Loans

The City will be offering residents and city businesses help with filing unemployment claims or SBA Disaster loans beginning Monday, March 30th. Computers will be available at the Library and the Community Center at designated hours by appointment only. Please call the Community Center at 542-7019

(Continued on page A7)

City, from A6

to schedule a time; Fiske: 603-542-7017.

Department of Public Works

We have had calls recently inquiring about the city water quality. The EPA recommends Americans continue to use and drink tap water as usual. "The presence of COVID-19 has not been detected in drinking water supplies and based on current evidence the risk to water suppliers is low".

One hundred percent of Claremont's water source comes from the Whitewater Reservoir. The Whitewater watershed is 4.3 sq miles of forested properties. Most of the source watershed is owned by the City Water Dept or in conservation easements. The 1915 State Board of Health, Special Reports on Water Supplies states "A recent analysis indicates water of excellent quality, probably unsurpassed by any surface source in the state." " In reality, it is spring water, which gushes out of the woody, rocky slopes in Corbin park".

If any changes take place or new information becomes available, we will forward guidance to you. If you have unanswered questions please review EPAs messaging about COVID-19 and drinking water (<https://www.epa.gov/coronavirus/coronavirus-and-drinking-water-and-wastewater>).

Free E-books for Children

The Fiske Free Library has links to free e-books for children on its catalog page. Tumblebooks Library and Junior Library Guild have made their ebook collections free for the duration of the COVID-19 emergency. Go to <http://bit.ly/fiskefree> to access these and other educational resources compiled by the library staff. Additional resources will be added as they become available.

Parks & Recreation

All of the city parks are open. We ask that you enjoy them but please adhere to social distancing protocols. Playground equipment is closed. The Parks and Recreation Department is currently working on ways to interact with the community through social media! Be on the lookout for posts meant to entertain, build community and to help people continue to exercise and take part in recreation opportunities during these times.

The City has created a COVID-19 page at <http://www.claremontnh.com/residents/COVID->

[19.aspx](#). We will be listing cancellations of events as they come in as well as state and federal government information.

NH Department of Business & Economic Affairs: Call For Covid-19 Supplies

New Hampshire companies and manufacturers with the capacity to meet the critical demand COVID19 is placing on the nation's healthcare centers can now connect with the State of New Hampshire for coordination.

The State seeks companies that can donate or produce lab, testing or diagnostic supplies, personal protection equipment (PPE), or medical expertise.

New Hampshire companies are nimble, innovative and ready to produce for critically needed supplies in the fight against COVID19,

said Gov. Chris Sununu. This portal will help us assess the capabilities of companies and make sure their products reach the medical professionals who need them.

Business and Economic Affairs (BEA) Commissioner Taylor Caswell said he wants to hear from companies that can immediately produce PPEs, including N95 and medical face masks; surgical gowns; face shields; ventilators; latex gloves, and swabs.

I've already heard from dozens of companies who are ready to adapt and adjust their operations to provide the protection, equipment and knowledge base to stop the spread of COVID19, he said. I am confident our companies can make a significant contribution to this effort.

On www.nheconomy.com/covid19, companies will find a link to a list of the needed products and links to the Center for Disease Control guidelines for their production.

What's FLUSHABLE?

A toddler will tell you that *everything* is flushable... but what you *think* is flushable could be costing you money!

Product labels can be misleading. Some items that claim to be "flushable" can clog sewer and septic systems and can end up costing you a pretty penny.

"Flushable" does NOT mean it is SAFE for your septic system or sewer.

"Disposable" items ARE NOT flushable and should be placed in the trash.

The bottom line:
ONLY
 Human waste and toilet paper
ARE FLUSHABLE

The DO NOT FLUSH List:

- Diapers
- Cigarettes
- Paper Towels
- Cotton Swabs
- Feminine Hygiene Products
- Toys
- Dental Floss
- Facial Tissues
- Wipes

NHDES graphic

The Claremont Department of Public Works would like to remind everyone that wipes and paper towels should not be flushed. DPW is experiencing issues at the sewer treatment plant with items that should be put in the trash. Putting the wrong things down the drain can damage the sewer system, cause sewer backups in your home, and sewer releases to the environment. Anyone who uses the city sewer system should be responsible for what they flush or pour down drains.

Enfield Man Charged with Unlawfully Possessing a Firearm and Ammunition

CONCORD, NH—Scotty Gonzalez, 28, of Enfield, NH, was arrested on Wednesday for the unlawful possession of a firearm and ammunition, United States Attorney Scott W. Murray announced.

According to a criminal complaint, Gonzalez is legally prohibited from possessing firearms due to a prior felony conviction and a prior conviction for a misdemeanor crime of domestic violence. On July 31, 2019, probation officers found Gonzalez in possession of a rifle and over 300 rounds of ammunition at his residence in Enfield.

Gonzalez was taken into federal custody on Wednesday and appeared before a federal magistrate judge by video. He was ordered detained pending further proceedings.

“Even as our state is dealing with issues related to the coronavirus pandemic, federal law must be enforced in order to ensure community safety,” said U.S. Attorney Murray. “Convicted felons and those who have committed crimes of domestic violence are prohibited from possessing firearms. In order to maintain public safety and prevent violent crime, we will continue to work with ATF to identify and prosecute those who unlawfully possess guns and ammunition.”

This matter was investigated by the Bureau of Alcohol, Tobacco, Firearms, and Explosives with assistant from New Hampshire Probation and Parole Officers. The case is being prosecuted by Assistant U.S. Attorney Anna Krasinski.

A criminal complaint is merely an allegation and a defendant is presumed innocent unless and until proven guilty.

This case is part of Project Guardian, the Department of Justice’s signature initiative to reduce gun violence and enforce federal firearms laws. Initiated by the Attorney General in the fall of 2019, Project Guardian draws upon the Department’s past successful programs to reduce gun violence; enhances coordination of federal, state, local, and tribal authorities in investigating and prosecuting gun crimes; improves information-sharing by the Bureau of Alcohol, Tobacco, Firearms and Explo-

sives when a prohibited individual attempts to purchase a firearm and is denied by the National Instant Criminal Background Check System (NICS), to include taking appropriate actions when a prospective purchaser is denied by the NICS for mental health reasons; and ensures that federal resources are directed at the criminals posing the greatest threat to our

communities. For more information about Project Guardian, please see <https://www.justice.gov/projectguardian>.

www.facebook.com/etickernews

www.etickernewsclaremont.com

You are not alone.



Make Deposits
Check Balances
Transfer Funds
Send Money
Pay Bills
Apply for a loan ...

You can even call us!

(800) 578-5024

Together, we're One.



One
CREDIT UNION

**Charlestown Rd, Claremont
John Stark Hwy, Newport**

Federally Insured by NCUA



What We Can Do

Every day we are bombarded with the latest developments regarding COVID-19. The seriousness of the issue translates into a constant barrage of alarming news. What to do to protect ourselves, our families and our neighbors is the question. While much has been said on how to prevent transmission and apply for financial assistance, there are other ways we can act as individuals to make a difference. During the conference call hosted by the White House Intergovernmental Affairs Office on March 25, we were asked to do the following:

Prevent Hoarding/Price Gouging – While this crisis has brought out the best in most Americans, there are those who are using it to get rich quick. Recently, President Trump issued an executive order prohibiting the hoarding of scarce healthcare and medical items as designated by the Secretary of Health and Human Services. According to a memo from the Office of the Attorney General, "Once an item is designated, the statute makes it a crime for any person to accumulate that item either (1) in excess of his or her reasonable needs or (2) for the purpose of selling it in excess of prevailing market prices. The public is encouraged to report suspected activity of this type to the Department of Justice via phone at 1-866-720-5721 or via email at disaster@leo.gov. For more information, please go to justice.gov/coronavirus.

Report Coronavirus Fraud – According to the Department of Justice, there are reports of a variety of scams and fraudulent activity related to COVID-19. Examples include:

- Individuals and businesses selling fake cures for COVID-19 online and engaging in other forms of fraud.
- Phishing emails from entities posing as the World Health Organization or the Center for Disease Control and Prevention.
- Malicious websites and apps that appear to share virus-related information to gain and lock access to your devices until payment is received.

- Seeking donations fraudulently for illegitimate or non-existent charitable organizations

If you suspect you are a victim of a scam or attempted fraud involving COVID-19, you can report it via 1-866-720-5721 via email at disaster@leo.gov. For more information, please go to justice.gov/coronavirus.

Use Tools to Support/Uplift Community – Surgeon General Jerome Adams spoke of the need to support and uplift the community. Given the infectiousness of COVID-19, he emphasized the need to adopt and encourage behavior that protects the most vulnerable among us. Whenever possible, utilize Telehealth for medical concerns. Keep contact lists and phone trees up-to-date. Keep food pantries stocked. Reach out to marginalized groups and those who are already battling life-threatening diseases. Speak out against behavior that counters health and safety guidelines as outlined by the Center for Disease Control and Prevention. He reminded us that social distancing does not mean isolation or social disengagement. Therefore, use the buddy system. Lastly, encourage those who can to give blood.

Enroll in Smart Traveler Enrollment Program - The Bureau of Consular Affairs is focused on helping those Americans overseas who want to return home. Given the global nature of COVID-19 and the sheer number of citizens overseas, ensuring travelers have access to the officials that can help with this process is vital. Registering via the Smart Traveler Enrollment Program is strongly encouraged and will provide travelers up-to-date safety and security information and help officials reach them in an emergency abroad. For more information on this program, embassy/consulate contact information or travel to foreign countries, please go to travel.state.gov.

Collectively, our individual actions will make a marked difference in our ability to overcome COVID-19. As the Surgeon General said, "We can win this war if we all commit to taking the right and timely actions for our country." Thank-you for all that you have done, are doing and will continue to do to win this war.

Charlene Lovett is the Mayor of Claremont and welcomes your feedback. Please email questions, comments or concerns to her at clovett.ccc@gmail.com.

MAY 6 NEWPORT SPRING JOB FAIR

Newport's Spring Job Fair will be held on

Wednesday, May 6, at the Wheeler Gymnasium at Towle Elementary School in Newport of from 2:00pm – 6:00pm. Presented by the Town Newport's Economic Development Office.

Open to the public and free for businesses.

More information and RSVP at:

https://docs.google.com/forms/d/1_CR-R6UGHqodVc2-2EwJNamHnaAn_N-DR3xgdmrK95biA/viewform?edit_requested=true.

Sunapee Residents Urged to Sign Up for Code Red

SUNAPEE, NH—Sunapee residents are being encouraged to sign up for Code Red. Get important Town messages quickly; only used for Town notification purposes for significant incidents and events where the timely notification of the affected population is essential. Receive information via a telephone call, email, and/or text message.

Sign up on the Town of Sunapee home page: www.town.sunapee.nh.us.

Sunapee Food Pantry Needs

SUNAPEE, NH—This health crisis is starting to keep us very busy and the shelves in the Sunapee Food Pantry are getting a bit low. Food and paper goods are the priorities and if you want to ship them directly instead of dropping things off, that would be even better!

We really need:

Reusable Grocery Bags
Toilet Paper
Paper Towels
Bread & Muffin Mixes
Juice – Individual & Family Size
Rice
Potatoes
Shelf Stable Milk
Peanut Butter
Jelly
Snacks
Canned Corn
Canned Meats
Toothpaste

The Cornish Board of Selectmen's Office asks that you please limit office visits and recommends that business be done via email or phone. Your cooperation is greatly appreciated. (603) 675-5611 townbos@comcast.net.

Classified Ads

NEAR MT. SUNAPEE



GOSHEN - A cottage or camp in the country. 1 bedroom and cozy, making this a perfect get away. Walk around Gunnison Lake, trails nearby. Stove, refrigerator, washer, dryer included. Taxes are only \$1,272. A shed with a workshop. **See MLS# 4782877 for more info and photos. Reduced to \$79,000.**



**COLDWELL
BANKER**

**Homes Unlimited
112 Washington St.,
Claremont, NH 03743**

**Bonnie
Miles**

Call or text my cell:
(603) 381-9611

Office: (603) 542-2503

bonnie@coldwellbankernh.com



**Tammy Bergeron
Owner/Broker**

**Bergeron's
HOUSES TO HOMES**
— REAL ESTATE —

tammy@housetohomesnh.com
ashley@housetohomesnh.com
www.housetohomesnh.com

131 Broad Street
Claremont, NH 03743
Office: 603-287-4856
Fax: 287-4857
Cell: 603-477-1872



**Ashley Bergeron
Agent**



This contemporary should certainly be on your must see list. This home sits on 2.31 lot with frontage on John Stark Highway. Close proximity to all amenities. You will find a large open concept with the kitchen open to the main living area. There is also a cozy sitting area with lots of natural light. Master suite that is very spacious and walk-in tiled shower. Cathedral ceiling and expansive deck to enjoy those 3 seasons. Lower level is finished with a direct entry and attached two car garage that is finished and heated. Currently being used as an in-home business that could accommodate an in-law apartment or just additional living area. Some of its amenities include central air, central vac, outdoor furnace which handles heat and HW for the entire house or propane boiler and generator ready. **\$290,500**

How You Can Help: From Claremont Maker

In this difficult time you can put your skills, time and energy to use helping the community get through this.

Sew Face Masks: Supplies of Personal Protective Equipment (PPE) for healthcare workers are being seriously strained. As the COVID-19 case count increases, this will become an ever increasing problem. Dartmouth-Hitchcock Medical Center is asking for donations of home made fabric face masks. You can help right now by donating your time and skills. More information is available here on the Dartmouth-Hitchcock website: <https://www.dartmouth-hitchcock.org/patient-education/sewing-masks.html>.

Help crowdsource Repair Information for Hospital Equipment: https://www.ifixit.com/News/36354/help-us-crowdsource-repair-information-for-hospital-equipment?utm_medium=email&utm_campaign=031620_US%20Newsletter_Fix%20From%20Home%20copy%203&utm_content=031620_US%20Newsletter_Fix%20From%20Home%20copy%203+CID_4b750dc-ce550cd3e95fee24a1e0e3655&utm_source=CampaignMonitor.

iFixit is building a central resource for maintenance and repair of hospital equipment. This is an attempt to centralize all the documentation and resources necessary to keep these life saving machines operating and to help the biomedical technicians who service them working as efficiently as possible when machines need repair.

Digital Fabricators (3D printers, CNC plasma torch operators, CNC router operators): There's a need for 3D printed parts including ventilator valves and reusable face masks as well as other fabricated parts. We are still investigating what specifically hospitals in the region are asking for or will be asking for in the near future and what the best design solutions are. In the meantime, if you are interested in helping, please contact ryan@claremontmakerspace.org who has offered to help coordinate this effort.

If your business is impacted by this crisis, the Upper Valley Business Alliance has information about current resources available for regional businesses: <http://www.uppervalleybusinessalliance.com/covid19-information-for-businesses>.

Classified Ads

PUBLIC NOTICE

**The City of Claremont, Zoning Board
of Adjustment will meet on
Monday, March 30, 2020**

Council Chambers, City Hall at 7:00 p.m.

SITE VISIT

The Zoning Board will meet at 6:00 PM at 607
Washington Street

For a site visit ahead of the public hearings.
They will move on to 153 Washington Street for a
site there and then

On to City Hall for the 7:00 PM meeting.

Notice is hereby given that public hearings will be
held concerning the following applications:

(ZO 2020-00001) Scott Fischer, 607 Washington
Street – Application for a variance from sect.

22-167 of the Zoning Ordinance to permit operation
of a portable sawmill that would be less than
1000 feet from existing dwellings in the vicinity
of 607 Washington Street. Tax Map 135, Lot 16.

Zoning District: RR

(ZO 2020-00009) Scott Fischer, 607 Washington
Street – Application for a Special Exception to
permit addition of a portable sawmill to the lot at
607 Washington Street. Tax Map 135, Lot 16.

Zoning District: RR

(ZO 2020-00008) Doug Thurber, Bellows Falls
VT – Application for a variance from sect. 22-316
of the Zoning Ordinance to permit the addition of
a powersports/trailers sales and service business
to the lot at 271 River Road. Tax Map 152, Lot 4.

Zoning Districts: I1 and AR

(ZO 2020-00010) Amcomm Wireless, 153 Wash-
ington Street – Application for a variance from
sect. 22-600 of the zoning ordinance to permit in-
stallation of a sign that has the illusion of move-
ment at 153 Washington Street. Tax Map 120, Lot
236. Zoning District: B2

Interested parties may review these applications at
the City of Claremont's Planning and Develop-
ment Department, 14 North Street during normal
business hours.

Comments about these applications may be sub-
mitted by any of the following methods:

In person at the hearing, or

In writing at 14 North Street, Claremont NH
03743, or

By email at cityplanner@claremontnh.com.

Michael Hurd,
Chair

CLAREMONT, NH

Rehab needed 4 Bed 1 Bath

- * Detached garage
- * Exterior is solid vinyl and roof in good shape

MLS # 4795847 \$79,900



SPRINGFIELD, NH

2 Story Cape 4 Bed 3 Bath

- * Large eat-in kitchen and formal dining room
- * Level side yard and private back patio

MLS # 4758224 \$49,900



CLAREMONT, NH

Double wide 3 Bed 2 Bath

- * 24x48 Slab on own land
- * New metal roof

MLS # 4776903 \$42,900



**Inventories are low
and so are rates!**

**NOW is the time to
SELL & BUY!**

HOMES UNLIMITED

112 Washington Street
Claremont, NH 03743

Phone (603) 542-2503

www.coldwellbankernh.com



PUBLIC NOTICE Conservation Commission MEETING

Tuesday, April 7, 2020 6:00 PM

This meeting will be conducted electronically in accordance with the Governor's emergency orders and CDC guidelines. Members of the public who wish to join the meeting may do so by calling 603-504-0341.
Gary Dickerman, Chair



An Open Letter to Claremont

The Claremont Zoning Board of Adjustment's April 6th public hearing on an unwelcome construction and demolition waste operation near Claremont Junction and Maple Avenue has been postponed due to the Corona Virus with no new date set.

In the midst of an unprecedented public health crisis we are in a time to be focusing on our community and the role of local government in protecting public health and safety. Looking ahead, amidst a lot of concern and uncertainty, Claremonters will rely more than ever on City officials and dedicated public employees to safeguard our neighborhoods, our families, our children and the elderly. We will also look to one another, to neighbors, friends, and family, to strengthen the community, coming together to help where we are able. Resilience is our first line of defense.

One role of government is to plan for emergencies, but also to plan for the future well-being and prosperity for all of its citizens. That begins at home with the people and their City Council, Boards, Commissions and City Departments. What happens in Washington and Concord matters, but more important, here and now, is how we will come out of this public health emergency together, supporting one another as a community. We are recognizing the fragility of things we have taken for granted. This is a time to ask what we value and what it is we want to protect and foster so that Claremont remains a good place – a better place - to live, work and raise our families. This will require engagement and participation, openness and communication and perhaps most importantly building and maintaining trust. Recovery and positive change demands diligence, imagination and persistence. It is not only hard, but it is slow. Claremont will endure.

Today we are confronted with changes that have arrived so quickly and so dramatically that they are hard to comprehend and difficult to respond to. But this is a moment; weeks and months from now it will surely seem like a very long moment. When Claremont and surrounding towns re-emerge into some semblance of normality, things will not be the same. We will be rebuilding our local economy and our local health care system, re-opening schools, finding new ways to work together. Hopefully we will be strengthening our public health networks and acting proactively and with more attention on preventing harm and being better able to respond when harm comes our way.

Our elected leaders can help the community begin rethinking some of the ways we have done things in the past. We need dialogue. We need to strengthen our social connections across the whole community. Our shared fragility has been exposed by a disease that has spread around the world like wildfire. Behind this challenge there are others, short and long term. Hopefully, we will be thinking about how we can better protect our community, while supporting the people who help do that and learning more about the tools and resources we will need in the future. We have to do this and we can, by recognizing what is important, learning how to work together to better care for one another and the natural world which sustains us.

A Better Claremont looks forward to the day when companies seek to locate here to make people's lives better and to bring benefits in terms of employment, better health, safer streets and clean air and water. We would rather be working on a better vision for the future than opposing bad ideas. Acuity Management, Inc. needs to be more honest about the hazard its waste operation would bring to Claremont, and it needs to rethink its business plan. Shipping-mixed loads of toxic demolition waste through the City takes us backwards and serves no public need.

To learn more, go to The Valley Green Journal and look for A Better Claremont. <https://www.valleygreenjournal.com/> Sign the petition, find information and updates. Write a letter-to-the-editor, talk to your neighbors and get involved. We'll let you know about the next public hearing when we come out on the other side of this thing. Working together we can make a difference.

If we can help, give us a shout. You can contact A Better Claremont at abetterclaremont@gmail.com.

Nelia Sargent
Claremont, NH

John Tuthill
Acworth, NH

Be Ready for Bears This Spring

CONCORD, NH – The Granite State's black bears will soon be emerging from their winter dens, if they haven't already, and be actively searching for any available food sources. While there is an abundance of hard mast crops such as acorns that remain from last fall, bears will also be easily enticed by a wide variety of human-generated food sources.

Because of the early spring-like conditions, officials are asking the New Hampshire public to be both proactive and responsible by taking down bird feeders no later than April 1 in the North Country, and immediately in central and southern parts of the state.

Backyard farmers should protect poultry, livestock, and bees with electric fencing, and be sure to remember fencing needs when picking up your chicks this spring. Additionally, residents can help prevent attracting bears by securing dumpsters and garbage cans, and storing grills, pet food, and animal feed indoors. The easiest way to solve a bear-human conflict is to prevent it in the first place. Please do your part to help protect New Hampshire's bears!

"Due to the mild winter and abundance of fall foods such as acorns, bears have been more active in some areas during this past winter," said Andrew Timmins, Bear Project Leader for the New Hampshire Fish and Game Department. This year's mild winter has resulted in a request for the public to suspend the bird-feeding season two weeks earlier than normal."

Building good bear-human relationships is far more successful when people are preemptive, and it is easier to avoid a conflict than resolve one. "Bears have an extremely acute sense of smell, long memories, and high intelligence," said Timmins. "We really need the help of residents this spring to prevent emerging bears from returning to locations where they have been previously successful in finding backyard food sources. It is harmful for bears to become conditioned to forage around homes and in residential areas because they will lose some of their natural aversion to humans. Bears are much better off in the wild re

(Continued on page A13)

Bears, from A12

lying on natural food sources.”

By taking action now, you can prevent attracting a hungry bear to your home this spring. Do not wait for a bear to discover the bird feeder, accessible garbage, or other residential food attractant and then respond.

Despite continued pleas asking homeowners not to feed birds during the non-winter months, bird feeders typically are the direct cause of 25% of annual bear-human encounters. There is abundant food for birds in the spring and summer, so consider a bird bath or flowering plants that attract birds instead. In addition to bird feeders, other attractants include unprotected chickens and other poultry (23%) and unsecured garbage cans/dumpsters (38%).

“If the public would be willing to address these three common attractants, we could quickly reduce annual bear-human encounters by more than 80%, which would be tremendous,” said Timmins.

Help build respectful relationships with bears:

Stop feeding wild birds by April 1 or at the onset of spring-like weather conditions, whichever comes first since conditions fluctuate throughout the state.

Clean up any spilled birdseed and dispose of it in a secured trash container.

Secure all garbage in airtight containers inside a garage or adequate storage area, and put garbage out on the morning of pickup, not the night before. If using a dumpster, inform your dumpster company that you need a dumpster with metal locking tops and doors that are inaccessible to bears and other wildlife.

Never put meat scraps in your compost pile.

Don't leave pet food dishes outside overnight.

Clean and store outdoor grills after each use.

Never deliberately feed bears. You will be encouraging these animals to rely on human-related foods which will affect their wild behavior and reduce their chance of survival.

Women Who Make A Difference Luncheon Cancelled

NEW LONDON, NH – Out of care for the community and with an abundance of caution due to COVID-19, Lake Sunapee Region VNA & Hospice has cancelled the 2020 Women Who Make A Difference Luncheon, originally scheduled for May 13. Lake Sunapee VNA thanks all those who have supported the luncheon and looks forward to welcoming you back in 2021. If you would like to learn more about how to support Lake Sunapee VNA at this time, please contact Cathy Raymond at 603-526-4077 x231 or craymond@lake-sunapeevna.org.

VRH's Dedicated COVID-19 Testing Center

CLAREMONT, NH—Valley Regional Hospital in Claremont has a dedicated COVID-19 Test-

ing Center located outside Claremont Urgent Care.

Before being tested, it is required that patients call our designated hotline for pre-screening at 542-7850. This number connects you with a healthcare professional that will screen you by phone if you feel that you are exhibiting the signs and symptoms of COVID-19 but do not feel that there is a medical emergency that requires immediate intervention.

The Hotline phones will be answered from 8am-4pm on weekdays, and 8am-12pm on weekends. Any patient that meets the criteria for testing will be given a testing time slot between 12pm-4pm.

“At Valley, we frequently and effectively provide care for those with infectious diseases. We have been preparing for the potential presence of the virus in our broader community and we are confident in our ability to maintain the health and safety of our staff, patients and visitors,” said a spokesman for VRH.

www.etickernewsclaremont.com

**REMINDER
to all Owners of property in Claremont**

– your 4th quarter
property tax bill is
due by March 31st.

This bill should be
the same amount
that was due on
January 2nd**.

** unless there was a change/upgrade in property





We Care

Claremont Savings Bank

REMOTE BANKING SERVICES



DEPOSIT & WITHDRAW MONEY 24/7

Make deposits through our mobile app and at ATMs.
ATMs are available for cash withdrawals.

FUNDS AVAILABILITY:

ATM: \$1,000 immediately, remainder next business day
Mobile: Processing 3x daily. Funds available within 1 business day



ONLINE LOAN APPLICATIONS

Apply for Auto, RV, Boat and Personal Loans.
Apply for Home Loans, Refinance, Construction Loans and Home Improvement Loans.



BILL PAY

Pay one-time or recurring bills with ease.
Schedule payments in advance, ensure payments are received on time and feel good knowing it's more secure than paper billing.



OPEN ACCOUNTS ONLINE

Open your checking and savings accounts, CDs and more!



800-992-0316

claremontsavings.com

Mobile carrier fees may apply. Subject to credit approval. Certain restrictions may apply.

Center for the Arts Updates

With our communities health in mind, the Center for the Arts has cancelled many upcoming events and have postponed others. We are still working towards our future programs and hope everyone safe at home is able to enjoy some online performances and art in the meantime. Please visit our facebook page for impromptu performances, art, and poetry, and you are invited to post your own for others to enjoy! #centerfortheartsnh And of course, don't forget to visit our website for updates on all coming events: www.centerfortheartsnh.org.



Alexandria Peary

Our April 3rd First Friday "A Celebration of Poetry-A Snapshot in Time" has been cancelled, but the Poetry Contest, judged by NH Poet Laureate Alexandria Peary, still occurred, with the winning poems posted on our website and soon to be posted in the InterTown Record. We congratulate the winners and thank all who participated in this annual contest! This year's winners include First Place Adult "A 1987 Photo of Female Destinies" by Amber Rose Crowtree-Grafton; Second Place Adult "Compost Poem" by Joyce White-Farmington; Third Place Adult "Last Ride Up Meetinghouse Hill" by Jody Wells-Sutton; "Frozen" by Sophie Stachulski, Elementary School Winner-Strafford; and "Just Like That" by Callie Valeri, High School Winner-New London. The judge's comments, also posted online, highlight the complexities and imagery of each poem.

Our May 1st First Friday "Gallery Night" has been postponed to the following month's First Friday, June 5th.

On June 5th, we will host two First Friday events, an "Open Rehearsal" at the New London Barn Playhouse, followed by "Gallery Night" Opening Receptions at four MicroGalleries in New London from 6:30-8:00: Exhibits at Bar Harbor Bank and Trust-Main Street, The New London Inn with the art of Michelle McElroy, Proctor Academy Student Art at Whipple Hall, and the watercolors of John Brennan and the photography of Hank Miller at Tatewell Gallery. Blue Loon Bakery will hold its opening of Gwen Fuller's Exhibit on the following Sunday 11-1. We are hopeful everyone will be able to gather once again at that time!

The biggest change in our schedule is our Big Spring Scholarship Fundraiser! This year we will host a new and exciting show, "Lake Sunapee Got Talent!". In an effort to include all types of performing arts in our community, we are changing our theme this year to include music, theater, and comedy as well as dance. The best talent in the Lake Sunapee Region will be competing for over \$1000 in cash and prizes! We hope the community will be able to turn out on May 30th to support these talented performers and vote for their favorite to receive the "People's Choice Award. A \$500 "Rising Star" Scholarship Award will also be awarded to the student taking first place! This show will begin with a reception and silent auction of local goods and gift certificates, all taking place at Kearsarge Regional High School 6-9.

This year's competing participants include a variety of fun and talented acts: Acrobat/Contortionist Sofia Upton; Pop Soloist Amita Ayer; The Theatrics of Janet Hanes & Caroline Fair-

less; Free Flowing Hula Hoop of Lee Nangeroni; Kristi & Elizabeth Upton -Contemporary/Modern Dance Pas de Deux; Soprano Vocalist Lauri Smerald; The Ferns Family Band; Renee & Steve Patten Ballroom Dancing, Solo Violinist Oliver Andrews; Pianist/Vocalist Mac Eldridge, The Tap Ensemble, and finally, Zoie the The Wonder Dog. Act II will follow with Amazing Dance Troupe Performances and Awards. This is sure to be a fun night for all! We want to thank our sponsors, donors, patrons, and participants for their support of this important scholarship fundraiser!

And Save the Date! Looking ahead to summer and sunshine! Save the date for our two Summer Art Shows, both beginning on July 18th! Arts on the Green, our ninth annual outdoor Fine Arts and Crafts Fair from 10-4 in Sunapee Harbor and Naturally New England, our third annual juried Art Show and Sale running July 18th-26th at The Livery, also in Sunapee Harbor, with Opening and Closing Receptions open to the public.

More information about these and other events coming soon!

Call Today! 603 443-3747 603 863-0451

Valley Overhead Door, LLC
Claremont, NH 03743
(603) 543-0880
info@ValleyOverheadDoor.com
Residential & Commercial • Sales & Service
GARAGE DOORS & OPENERS
www.ValleyOverheadDoor.com

e-Ticker Business News

Mt. Ascutney Hospital Accepting Donations of Personal Protective Equipment to Protect Patients and Staff During COVID-19 Outbreak

WINDSOR, VT – Mt. Ascutney Hospital and Health Center, (MAHHC) is currently accepting donations of expendable Personal Protective Equipment (PPE) including masks, gloves, gowns, hand sanitizer, and gently used scrubs. The gear is intended to supplement Hospital PPE supplies as the COVID-19 outbreak gains momentum.

Donations of these types may be dropped off at 393 County Road, Windsor, Vermont, a small white house located just to the right of the access road to Mt. Ascutney Hospital. Hours of operation are 9 AM to 1 PM, Monday through Friday. Please deliver all loose or un-packaged items in re-sealable bags. Sewing Masks for Donations Project

The Hospital also invites people who are healthy, without signs of fever, coughing, or shortness of breath, and who have not been in contact with anyone suspected or confirmed to have COVID-19 in the past 14 days, to supplement the inventory of PPE by sewing masks for donation. According to the Centers for Disease Control, fabric masks are a crisis response option when other supplies have been exhausted.

Volunteer mask makers are asked to use 100% unused, non-metallic cotton fabric for

the front, and 100% cotton or cotton flannel for the back, along with ¼” or 3/8” flat elastics. Instructions for the preferred mask type may be found here: <https://www.instructables.com/id/DIY-Cloth-Face-Mask/>

Dr. Joseph Perras, President, CEO, and Chief Medical Officer at MAHHC, said that the Hospital has made strategic adjustments to its inventory of PPE, but that it wants to ensure that staff and patients have the most protection available. “All of us are dedicated to providing our community with the best care possible,” said Dr. Perras, “which we will do by being as safe as possible. Health care systems across the country and the world are facing shortages of essential protective gear, and now is the time for us all to come together. Whether you’re a builder with an extra supply of N95 masks, or someone at home with material and the time to pitch in, you can help save lives.”

County to Act as Fiscal Agent for \$30,000 D-H Grant

NEWPORT, NH—At a special meeting of the Board of Commissioners (BOC) Thursday, BOC members approved the receipt of a generous \$30,000 grant award from Dartmouth-Hitchcock (Mary Hitchcock Memorial Hospital). Sullivan County will act as fiscal agent for these funds and is committed to an expedited release process to support community organizations struggling with new constraints due to pandemic response.

These monies will be under the oversight of the Greater Sullivan County COVID-19 Community Response Coalition, a newly formed multi-stakeholder group comprised of membership from numerous Sullivan county based community organizations, county and municipal governance administrators and others.

Initial available funds will be used to support organizations addressing three major areas of concern in the Greater Sullivan County service region due to COVID-19 response:

1. Access and Expansion of Technology/ Telecommuting Needs for Organizations and Schools
2. Medical Supplies for First Responders and Healthcare
3. Essential Worker

We are encouraging all community support organizations in need to complete a request and apply regardless if the needs requested fall outside of the major areas of concern noted above. The Community Response Coalition is working to determine the broader needs of the community to access additional funds.

If your organization has a critical need, please complete the form and scan and email it to the email on the form: <https://www.sullivan-countynh.gov/DocumentCenter/View/744/Fillable-GSCPHN-COVID-19-Community-Help-Request-Form-Template-3-27-20?fbclid=IwAR1aRmy2zrebMLvPkYrZRj0-JA0qhvLelqFTx5FzKtZK8bSJXmWbNU5HD-kN4>.



Sugar River Pharmacy
Claremont

109 PLEASANT ST
CLAREMONT, NH 03743

Carl Bannon RPh
Chad Beane RPh
SRPClaremont@gmail.com

Mon - Fri 8AM - 6PM
Sat 9AM - 2PM

Phone 603 542 6337
542 - MEDS
Fax 603 287 7139

Leahy, Denault, Connair & Hodgman, LLP Attorneys at Law

- | | |
|-------------------|------------------|
| - Personal Injury | - Family Law |
| - Probate | - Real Estate |
| - Wills & Trusts | - Wrongful Death |

Thomas P. Connair, Esq. & Jessica J. Hodgman, Esq.
General Civil Practice in Claremont since 1931
Phone: 603-543-3185 www.leahydenault.com

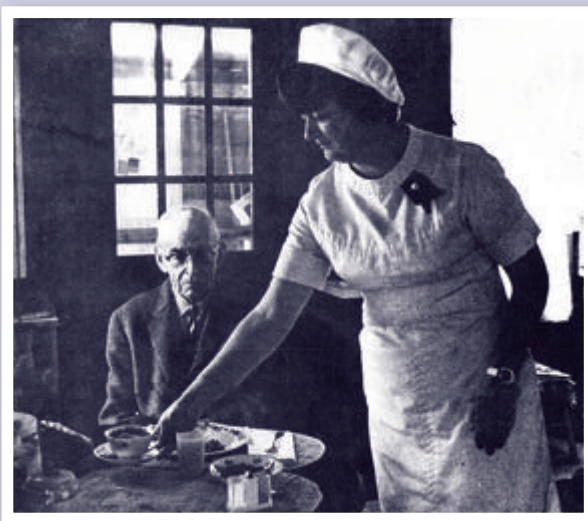


Caring for the community since 1970!

REFLECTIONS OF FIFTY YEARS

Dress codes change ... but compassion never goes out of style!

This photo appeared in the NH Star on June 11, 1975 showing a homemaker health aide from 'Kearsarge Visiting Nurse Association' (now Lake Sunapee Region VNA & Hospice) assisting a community member who had recently been discharged from New London Hospital.



What else was different in the 1970's?

- In **1972** staff drove **11,800** miles to care for patients...in **2019** that number was **619,713**
- In **1972** a total of **390** visits were made to provide skilled nursing care...today that number is well over **35,000** visits
- In **1975** charitable giving levels for the annual fund were **\$1, \$5** and **\$10**...and a **\$100** donation made you a "life member"

For information about our 50th Anniversary activities contact

Cathy Raymond @ 603-526-4077 x231; craymond@lakesunapeevna.org...or visit LakeSunapeeVNA.org

Sincere thanks to the



for its generous support of our 50th!



'Tis, from A1

Both Tuttle and neighbor Scott Pope said the loose plan is to leave the holiday scenes up through Easter, with maybe transitioning to something else after that. Lawns will be greening up soon, and the inflatables will have to be removed so as not to kill the young grass coming up.

Referring to the decorating, Tuttle said, "We have the reputation already", referring to the annual tradition that draws dozens of cars each year to view the beautiful scene that runs the length of the street. It was just a skip and a jump for these neighbors to come together, in a social distancing kind of way, and put out the lights and other holiday fare to brighten up the lives of the rest of us during this very challenging time for the community and the country.



Photos courtesy of Sue Tuttle and Scott Pope



Watch Out for Financial Scams Related to Virus

On one hand, the coronavirus has brought out the best in us. People across the country are pitching in to help others, from providing protective masks to health care workers to holding video chats with confined residents of assisted living homes to simply buying gift cards to support local businesses. On the other hand, a small number of bad actors are taking advantage of the situation to try to defraud people. How can you guard against these virus-related scams?

For starters, be aware of three common scams connected to the coronavirus:

- **Websites claiming to help and track the pandemic** – Look out for websites that claim to help you work remotely or provide financial resources to the afflicted. These sites may try to trick you into giving up personal information, donate money or load malware onto your computer. Don't trust information technology (IT) "helpdesk" agents you don't know. And check out any obscure organization claiming to help virus victims. You can easily find many legitimate groups that actually work to alleviate suffering, and that deserve your support. To find these reputable organizations, go to an online clearinghouse, such as charitynavigator.org, which rates thousands of groups on their financial health, accountability and transparency.

- **Products claiming to prevent or cure the disease** – When there's a real treatment or vaccination for COVID-19, it will be big news, and you will hear about it. Until then, ignore any claims for pills, potions, prescriptions or other products that promise "miracle" cures. Not only will they waste your money, but, if you click on attachments from "phishing" emails advertising these fake treatments, you could end up supplying crooks with sensitive data, such as your online account logins, passwords, and credit card and bank account details. You can find a great deal of health information on the virus at the Center for Disease Control website (www.cdc.gov), of course, but if you or your loved ones are feeling ill, please contact a physician.

- **"Risk-free" or "guaranteed" investments** – The coronavirus has caused two separate, but related, areas of stress. The first is the health concern, and the second is the financial/investment component. The enormous volatility of the financial markets has caused much concern among investors, and scammers are seizing the opportunity to offer "risk-free" or "guaranteed" investments "perfect" for this particular time. Again, responding to these types of offers can bring you nothing but trouble. All investments carry risk of one type or another, and they typically don't come with guarantees, although some do offer significant protection of principal. In these turbulent times, your best move is to stick with a long-term investment strategy based on your goals, risk tolerance and time horizon.

Here's one more suggestion: Warn your elderly relatives about the increased potential for scams. The elderly are always the most susceptible to fraud, and now, when they may be more isolated than before, they may well be even more vulnerable. So, make sure you're talking to these loved ones, and urge them not to make any sudden, out-of-the-ordinary financial moves.

Even in normal times, it's regrettable that we have to be on the alert for scam artists – and it's even more unfortunate during a period of national crisis. However, by being reasonably vigilant, and by taking the proper precautions, you can avoid taking on the "collateral damage" that can occur in this environment.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

Edward Jones. Member SIPC.



Martha Maki, AAMS®
Financial Advisor

54 Opera House Sq
Claremont, NH 03743
603-542-7667

edwardjones.com

Edward Jones®
MAKING SENSE OF INVESTING



WE BUY ESTATES, ANTIQUES, SILVER AND GOLD
ESTATE SALES 10% COMMISSION ONLY

EWAN RICHARDS (603) 417-0185 | erichards334@gmail.com
 STEWART RICHARDS (603) 233-9944 | stewartjrichards5@gmail.com



AA Sewer & Drain and Maintenance LLC
 Call Sandy to schedule your job today
 603-543-7118

Corey Beard 15+ years experience
Ralph Beard Jr 25+ year experience builder
 aaseweranddrain@yahoo.com

22 West Court Road
 Sunapee, NH 03782
 603-454-4850

Like us on Facebook

Dumpster Rentals

15 yard roll off dumpster

Starting at \$299

7 Day Rental
 Trucking and disposal of 1 Ton of debris

Book Today (603) 542-8050

The right size dumpster delivered by a smaller sized truck, with 4X4 capability to reduce the risk of damage to your property



www.decamptrucking.com

Sports

NHIAA Awards Tournament Plaques following Shortened Season

By unanimous vote, the NHIAA Executive Council has enacted a resolution in order to fulfill its duties with regard to the awarding of State Champion and Runner-Up plaques and medals to teams participating in tournaments cut short by the COVID-19 pandemic. Co-Champions will be awarded to the highest seeded team remaining on each side of the NHIAA Tournament bracket. All other teams remaining in the tournament will be awarded Runner-Up plaques and medals.

While most wish the tournaments could have been concluded in their normal fashion, this compromise solution takes into account the regular season and a team's progress through the tournament prior to the suspension of play. We hope that this solution will bring some closure to the NHIAA winter season. Congratulations to the following teams:

Ice Hockey

Girls Ice Hockey

Champions - Concord and Berlin-Gorham

Division I Boys Ice Hockey

Champions - Concord and Bedford

Division II Boys Ice Hockey

Champions - Keene and St. Thomas

Division III Boys Ice Hockey

Champions - Berlin-Gorham and Kennett

Boys Basketball

Division I Boys Basketball

Champions - Exeter and Portsmouth
Runner-Up - Nashua South, Salem, Keene, Alvirne, Nashua North, Merrimack

Division II Boys Basketball

Champions - ConVal and Bow
Runner-Up - Oyster River, Hollis Brookline, Hanover, Kennett, Pelham, Lebanon

Division III Boys Basketball

Champions - Gilford and Mascenic

Division IV Boys Basketball

Champions - Littleton and Newmarket

Girls Basketball

Division I Girls Basketball

Champions - Bishop Guertin and Goffstown
Runner-Up - Bedford and Londonderry

Division II Girls Basketball

Champions - Lebanon and Spaulding

Unified Basketball

Champions - Berlin and Exeter
Runner-Up - Londonderry and Dover

Winter Spirit

Division I Spirit

Champion - Pinkerton
Runner-Up - Dover

Division II Spirit

Champion - Pembroke
Runner-Up - Pelham

Division III Spirit

Champion - Littleton
Runner-Up - Mascenic

Many Waters Now Open for Fishing in the Granite State

CONCORD, NH – Anglers get ready, many of New Hampshire's waterbodies are already open for fishing with more opportunity arriving in April. "Right now, New Hampshire has many lakes and rivers that can already be legally fished," noted Jason Smith, Inland Fisheries Division Chief. "Most rivers and streams opened on January 1 and many lakes and ponds are open all year for fishing, either on open waters or through the ice."

Larger lakes that are managed for lake trout or salmon, such as Lake Winnepesaukee, Squam Lake, Newfound Lake, Sunapee Lake, and several other waterbodies, have a defined ice fishing season that runs from January 1 through March 31—these lakes cannot be fished from shore or from a boat until April 1.

"Beginning on the fourth Saturday in April,



(B. Carboneau photo)

which is April 25 this year, all designated trout ponds open. It's an exciting time of the year, and anglers have a lot to look forward to in the next month," continued Smith.

For a comprehensive list of designated trout ponds and species of fish to be found in individual waterbodies, visit the New Hampshire Fish and Game Department's Freshwater Fishing Digest online at <http://www.eregulations.com/newhampshire/fishing/freshwater/>.

For physical and mental health, fresh air and engagement with nature are encouraged during the state's current public health emergency; however, people should still practice social distancing and all rules and regulations applicable to fishing in New Hampshire remain in effect and will be enforced. People over the age of 16 must purchase a fishing license. Licenses can be easily purchased online at <https://www.nhfishandgame.com/>.

Trout stocking will begin this week in waterbodies that are mostly free of ice. Hatchery staff will initiate pond stocking in waters that are currently open to fishing.

Inspiration

Live in Quiet

By Priscilla Hull

Unusual times call for unusual solutions. During this time of crisis in the world, we need to do something just for ourselves. Each one needs to take time to re-center, to put our own needs first. No matter how essential your job is, hospital worker, food service worker, first responder of any kind, grocery worker, eating well, sleeping well, exercise are all important to your care. There is one more thing that is important but often overlooked. That is care for your mind.

Years ago, I had my first yoga class and the teacher was excellent in guided meditation. The results for me were amazing. Meditation is an excellent way to reconnect with who you are and what your life goals are.

Here are the things I found most helpful and which I continue to use, somewhat altered over the years, but still good. Adapt these to yourself, we are after all, all quite different. Flexibility of the mind is as important (some say more) as flexibility of the body.

Assume a comfortable position. Close your eyes;

Deep breath in. As you breathe in fill you lungs with clean air devoid of darkness.

Breathe out. As you breath out expel the darkness that lurks within.

Can you see it? Can you feel it?

Continue with this deep breathing for a few more breaths as you cleanse the lungs and mind and body of anything that impedes goodness.

As you feel your body and mind responding, help yourself resume normal breathing. Give yourself the freedom now to find a place within yourself that you will return to again and again.

(For me this is a cabin on the west side of a small lake where, as the sun rises over the horizon, I will awaken to the first rays of the new day.)

Now, go to that place and open your mind to the will of the universe.

Relax, even lay back on the floor and with your eyes gently closed see the possibilities that lie before you for the day. Relax there with nothing on your mind but good possibilities as long as you want (as long as reasonable). Then arise and face all the possibilities of the day with a clear mind and a strong body.

You will return to this place again and again, as you learn to focus and empty yourself of the dark things of life and find the good things.

This is, of course, an abbreviated version of deep meditation, but it is an introduction. We need to take time for ourselves, whoever we are so that we can do our best for the rest of the world. No one is an entity of their own but all are connected by the sanctity of our lives, by the goodness of our world.

Peace be with you.

May the Lord bless you and keep you.

May he cause his face to shine upon you and be gracious unto you.

May he lift the glorious light of his countenance upon you and bring you peace.

Numbers 6:24-26

Priscilla Hull is the Lay Leader of the First United Methodist Church in Claremont, NH.



Calendar Of Events

Five Colleges Book Sale Shifts to Online Sales

LEBANON, NH—In response to the COVID-19 situation, the Executive Committee of the Five Colleges Book Sale has determined that for the health and safety of our volunteers and patrons, this year's sale will shift to an online book sale format for the 2020 season. The physical sale scheduled for April 18 and 19 at Lebanon High School has been cancelled.

"We will be selling books online at www.five-collegesbooksale.org in the near future. Please check back frequently for updates," said a spokesperson in a press release.

Patrons of the sale may also make a tax deductible monetary donation in support of our annual scholarship fund by visiting our website, www.five-collegesbooksale.org and clicking 'Donations' on the menu. Net profits from online sales and monetary donations will provide financial aid to students from New Hampshire and Vermont to attend Mt. Holyoke, Simmons, Smith, Vassar, and Wellesley.

"We will continue following the most updated guidance and precautions from health officials with attention to the cleanliness of our sorting site.

"We will continue to ask volunteers and the general public to follow public health officials' guidance of frequent hand washing and to stay home if you are feeling ill.

"Again, the health and well-being of our volunteers, patrons, and the communities where we live, work, and play is of utmost importance. We thank everyone for their understanding during this unprecedented time.

"We look forward to resuming the Fives Colleges Book Sale in 2021 as we enter our milestone 60th year."

Questions may be directed to Priscilla Dube, 603-428-3311, priscilla2nh@gmail.com.

Five College Book Sale - used, antiquarian, out-of-print, hardbacks, paperbacks, fiction, biography, history, religion, science fiction, ephemera, music, cookery, travel
Five-Colleges Book Sale--largest in northern

New England annually offers about 35,000 used and antiquarian books on all subjects, in good condition, modestly priced. Also old cds, records and tapes; five-collegesbooksale.org

Cone Automatic Machine Company Charitable Foundation Scholarship Program Now Accepting Applications

CLAREMONT, NH—The Cone Automatic Machine Company Charitable Foundation scholarship program will continue for the coming school year 2020-2021. This scholarship is available to the children or grandchildren of former employees of Cone-Blanchard Machine Company having a minimum of five years of continuous service with Cone-Blanchard Machine Company who meet the eligibility requirements.

Eligibility Requirements, Terms of Award Payments, and applications may be obtained by writing to Cone Automatic Machine Company Charitable Foundation (mailing address) P.O. Box 65 Claremont, NH 03743.

Completed applications must be postmarked no later than May 11, 2020. Scholarship awards will be announced in June 2020.

Kinship Raising Support Group

NEWPORT, NH—A support group in Newport for kinship raising family member's kids is meeting 10:00 a.m. to noon every other Friday. Meetings held at the old Towle School, 86 North Main Street. Learn more at New Hampshire Grandparents raising Grandchildren on Facebook; check the page for updates or call Stacey Hammerlind at 802-478-0844.

RVAPL Potluck Dinner Fundraiser

CHARLESTOWN, NH—River Valley Animal Protection League Potluck Dinner Fundraiser is planned for Saturday, March 21. Please come out and support the shelter at this fun event that includes raffles, cake auction, door prizes and games.

When: **POSTPONED, NEW DATE TO BE ANNOUNCED**

Where: Held at the VFW on Lovers Lane in Charlestown NH. Everyone welcome! Call for

more info:603-826-3061

Paint Nite! Unleash your Inner Artist

Support the River Valley Animal Protection League by joining us at the Sumner House Restaurant in Charlestown NH.

When: **POSTPONED, NEW DATE TO BE ANNOUNCED**

When you buy a \$45 ticket, \$15 will be donated to the shelter!

Arrive at 5:15pm to order food and drinks before the event, painting starts at 6:30pm. No previous painting experience necessary!

Register at <https://www.yaymaker.com/events/10163512>

Claremont La Leche League

CLAREMONT, NH—Breastfeeding questions? Get answers and meet other breastfeeding mothers. Claremont La Leche League Claremont La Leche League will be meeting on the 3rd Thursday of the month at the TLC Family Resource Center, 109 Pleasant Street: Mornings, from 9:30—11:00 a.m., evenings, 5:30—7:00 p.m. LLL Leaders are trained and accredited through LLLI to offer help to parents, families, and communities to breastfeed, chestfeed, and human milk feed their babies through parent-to-parent support. A leader will be available to answer your questions.

Assistance, information, and support are also available via telephone, email, and the LLLI website. ClaremontLLL@gmail.com, Jess (603) 630-0184, Zariah (603) 306-9892; they may also be found on Facebook.

Newport Historical Society Museum Hours

NEWPORT, NH--Interested in local history? Come visit the Newport Historical Society Museum, 20 Central St., Newport, NH. Located in the 1837 Nettleton House, the museum has two floors of annually changing displays to wander through. Open Sundays (except holiday weekends), from 10AM to 2PM, and by appointment by calling 603-863-1294. The museum is free, heated, air-conditioned, and handicapped accessible.

Overeaters Anonymous Big Book Meetings

CLAREMONT, NH—Overeaters Anonymous Big Book Meetings are held at Valley Regional Healthcare in Claremont on Wednesdays from 3:30-4:30 p.m. in the library. Please use Main Entrance on Elm Street.

Area Grocery Store Hours reserved for at high risk population

HANNAFORDS 6 AM - 7 AM TUES, WED,
THURS Claremont & Lebanon

MARKET BASKET 5:30 AM - 7 AM TUES,
WED, THURS Claremont

CO-OP FOOD STORES 7AM - 8 AM EVERY-
DAY WRJCT, Lebanon & Hanover

PRICE CHOPPER 6AM - 7AM EVERYDAY-
Windsor & West Lebanon

SHAWS 7AM - 9AM TUES & THURS West
Lebanon

WALMART 6 AM - 7 AM TUESDAYS ONLY-
Claremont & West Lebanon

PLAINFIELD COUNTRY STORE Call ahead
with curbside pickup 709-7055 Prepared
Meals, Grocery Items

MERIDEN DELI Call ahead with curbside
pickup 469-3222 Prepared Meals, Grocery
Items

Live Stream Services from Brownsville Community Church Are Viewed by Hundreds

BROWNSVILLE, VT—Brownsville Community Church's pews cannot accommodate 1,794 visitors but that's how many people viewed the streaming church service on Sunday, March 22.

People from near and far are accessing the Brownsville Community Church Sunday services via the church's Facebook page where the services are posted live at <https://www.facebook.com/brownsvillecommunitychurch/> and its website, www.brownsvilleumc-vt.org, where there's a link to join the service on the church's Nest Cam live video. To join the Nest Cam live stream directly, go to <https://>

video.nest.com/live/ygDY2xPmrz and use the password: Godshouse1.

Brownsville Community Church pastor, Rev. Christian Huebner stated, "While we are saddened that we are not able to meet together in person, we know that the church has weathered storms throughout its history. This one is no different. It challenges us to find new ways to connect and to be the hands and feet of Christ to our community."

The weekly Sunday services that start at 9:30 a.m. will continue to be available live online for the foreseeable future. For those who would like to view past services, they can be viewed on the church's Facebook page. There are also podcasts of past services on the church website going back to January 2019.

"During this time of unique circumstances, I will be offering you the chance for a midweek connection and worship opportunity. Every Wednesday at 7PM, I will lead a livestream Compline and Holy Communion service from my home. A little before 7, the live stream will be there for you to watch. If you do not have Facebook, you could join in with someone else who does."

"Compline is a short liturgy which has its roots in the 4th century. Originally a part of the monastic routine, it was prayed as the very last prayers before resting for the night. It seeks to lead us in thanking God for the day, confessing our sin from the day and asking God's peace and presence throughout the night. It's my hope that during this time of changed routine, we would use the opportunity to establish new and healthier spiritual routines including beginning and ending our days with prayer. This is one way we can do this," offers Pastor Christian.

To access the weekly Wednesday service, please log onto your Facebook account and search for the church's Facebook page <https://www.facebook.com/brownsvillecommunity-church/>

"It is uncertain if we will be able to meet during the Easter Holy week, however, if we are not, where ever possible I will continue to offer services online."

On Thursday, April 9th at 6:30 p.m. there will be a Maundy Thursday Service.

On Friday, April 10th, at 2:30 there will be a brief Stations of the Cross service.

Easter Sunday celebrations on April 12th will start with an outdoor Sunrise Service at 7:30 a.m. on the hill above Albert Bridge School or in the sanctuary. The Easter Sunday service will be at 9:30.

Other gatherings the Brownsville Community Church is planning to hold if possible are a rain-or-shine Easter Egg Hunt in Tribute Park on Saturday, April 11th at 11:00. Easter Sunday from 8 a.m. until 9, it is hoped that there will be the traditional community Easter Breakfast. Again, check the website to determine if these activities will take place. Interested parties may also contact the church's Administrative Assistant, Bill Ley, at 802-484-3200 or ParishHill@comcast.net.

The Brownsville Community Church is located at 66 Brownsville-Hartland Road, between Albert Bridge School and the Brownsville Town Hall. The mailing address is P. O. Box 176, Brownsville, VT 05037. The Church phone number is 802-484-5944, the email address is bcchurchvt@gmail.com.

Demand Rises at Claremont Soup Kitchen

CLAREMONT, NH—Activity is rising at the Claremont Soup Kitchen during this time of crisis and donations are needed to meet the increase.

"Just this month we have had 30 new families for our food pantry. The evening meals increased to the 75 range a week early and absolutely we are in need of donations of protein-rich non-perishable items like mac and cheese, soup and juice," Executive Director Cindy Stevens told the *e-Ticker News*. "Other than that we are hanging in there and hoping to assist as many families and individuals that we can."

Priscilla Hull added, in a post on Facebook, "In the face of the restrictions in place because of Covid-19, we are not only open, we are providing RECORD NUMBERS OF MEALS. The current situation is clearly driving an increase in food insecurity."

"We are serving three meals a day, available to anyone for takeout." (The dining room is closed but meals can be picked up in front of the building).

Hours:

Breakfast 9:30 - 10:30 Monday - Friday

Lunch 12:00 - 1:00 Monday - Friday

Dinner 4:00 - 5:00 Every Day of the Week

—Phyllis A. Muzeroll

Remembering Loved Ones...

Life Tributes

Obituaries May Be Found On Our Website

We post obituaries on our website to make them available in "real time," as they are released by funeral homes. We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

www.etickernewsoclaremont.com

Yvonne J. McNeil, 68

Yvonne J. McNeil, 68, of Springfield, VT, passed away peacefully on March 21, 2020, at Cheshire Medical Center in Keene, NH. She was born on August 20, 1951 in Springfield, VT, the daughter of Harold and Marion Grout. She graduated from Springfield High School in 1969, she married Roger McNeil in the fall of that year and then went on to start their family which was her greatest joy. She worked many years for Ascutney Mountain Resort in Brownsville, VT. Yvonne lived her life to the fullest and always had a great time. You never had to guess what she was thinking, she wore her heart on her sleeve. She had a way of making everyone feel welcome, her friends and family were her top priority, especially her sons, grandchildren and her best friend and sister, Brenda. Yvonne loved music of all kinds and wasn't afraid to break out in a song.

She is survived by her sons, Jeffrey and his wife, Sarah of Chelsea, VT, and Jason and his wife, Polly of Charlestown, NH; granddaughters, Jessica Adeniyi and her husband, Jeremiah of Tacoma, WA, and Jaylin McNeil of Charlestown, NH; grandson, Brady McNeil and his fiancé, Marlene of Montpelier, VT; great grandchildren, Julianna and Jakoby of Tacoma, WA; sisters, Beverly Clark and her husband, John of Perkinsville, VT, and Brenda Waysville and her husband, Mike of Grafton, VT; as well as many nieces and

nephews.

She was predeceased by her husband, Roger, her father, Harold and her mother, Marion.

A graveside service at the Ascutneyville Cemetery in Ascutney, VT, followed by a celebration of her life will be announced later this summer.

The Stringer Funeral Home is in charge of arrangements.

Rose P. Maley, 97

Rose P. Maley, a longtime resident of Claremont, NH, passed away on March 18, 2020, at the age of 97. She was one of seven children, born in Claremont on June 21, 1922, to the parents of Gregory and Anna Pesarik. Formally of W. Lafayette St. in Claremont. Rose married her beloved husband on June 5, 1954; they enjoyed 55 years of marriage before his passing in 2008.

Rose was a Stevens High graduate, class of 1941. She continued her education over the years attending University of New Hampshire, University of Nebraska, and finishing her edu-

cation at Plymouth State College where she received a master's degree in Elementary Education in 1982.

She worked for the US Government, the Department of Selective Services, in Concord for over 20 years while earning her undergraduate degree. She taught Russian in Berlin and Concord NH and also taught Russian full time as an associate professor prior to retiring.

Rose, along with her husband, retired in Claremont where they continued to enjoy life, family, and travel. Rose loved and enjoyed her family tremendously. A day didn't go by without phone calls being made, letters written or greeting cards mailed for those special occasions. She also remembered loved ones who had passed away by planting flowers on their graves every Memorial Day; this was very important to her each year.

Rose is survived by her sister, Ruth P Thompson, of Claremont and by several nieces and nephews living throughout the states as well as those living in Russia. She will be truly missed and fondly remembered by her entire family and all her friends she made over the years.

“Eye doctors shouldn't have fine print.”

-Dr. Sam Given

At Doctor Sam's Eye Care, everything is right up front. From eye exams to glasses to contact lenses to whatever treatment you need, our prices are as comfortable as our chair-side manner. Visit Doctor Sam's and see for yourself.

DOCTOR **SAM'S**
EYE CARE

(603) 543-2020
9 Dunning St, Claremont
(we're right there by the hospital)



A small, private family service was held at Stringer Funeral Home on Thursday March 26. At a later date, a Memorial Service and Celebration of Life will be held for all extended family and friends. Per her request for those interested. In lieu of flowers, donations can be made to The American Cancer Society.

1209 E2 responded Mutual Aid to Cornish for a brush fire.
 2102 E1 responded to a medical call on Royce St.
Saturday, March 28
 0623 E1 responded to Washington St for a box alarm.

1550 E1 responded to a medical call on First St.
 1751 L2 responded to Sullivan St for kids on a roof.
 2141 E1 responded to a medical call on Pleasant St.
 2209 E1 responded to a medical call on Eric Pl.

Claremont Fire Dept. Log

Sunday, March 22

1255 Brush 1 responded to White-water Brook Rd for a brush fire.
 1627 E1 responded to Maple and W. Pleasant St for a motor vehicle accident.

Monday, March 23

0403 E1 responded to a medical call on Ridge Ave.
 0541 E1 responded to a medical call on Hanover St.
 0859 E1 responded to Washington St for a motor vehicle accident.

1031 E1 responded to assist the ambulance on W. Pleasant St.
 2243 E1 responded to Leslie Ave for a low hanging wire.

Tuesday, March 24

0942 E1 responded to a medical call on Belding St.
 1039 E1 responded to Sugar River Dr for a motor vehicle accident.
 1217 E1 responded to a medical call on Andersen St.
 1641 E1 responded to a medical call on Winter St.

1942 E1 responded to Washington St for a motor vehicle accident.
 1948 E1 responded to a well-being check on Prospect St.
 2045 E1 responded to a medical call on Beauregard St.

Wednesday, March 25

0854 E1, E3 responded to Lane Ridge Rd for a propane truck on fire.
 0909 E1 responded to assist the ambulance on Myrtle St.
 1029 E1, L2 responded to Elm St for a box alarm.
 1051 E1 responded to a well-being check on Main St.

Thursday, March 26

0523 E1 responded to Jarvis Hill Rd for a brush fire.

Friday, March 27

1206 E1 responded to Main St for an illegal burn.



The Claremont City Council will hold a public meeting on Wednesday, April 8, 2020, at 6:30 p.m. in the Council Chambers of City Hall.

AGENDA (Revised)

- 6:30 PM 1. PLEDGE OF ALLEGIANCE
- 6:32 PM 2. ROLL CALL
- 6:34 PM 3. AGENDA CHANGES
- 6:35 PM 4. REPORT OF THE SECRETARY
 Minutes of March 5, 11, 16 and 25, 2020, City Council Meetings
- 6:37 PM 5. MAYOR’S NOTES
- 6:42 PM 6. CITY MANAGER’S REPORT
- 6:55 PM 7. APPOINTMENT TO BOARDS AND COMMITTEES
- 7:00 PM 8. CITIZEN’S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 23))
- 7:10 PM 9. NEW BUSINESS
 A. Resolution 2020-20 Airport Apron Project Grant – Public Hearing (City Manager)
- 7:25 PM 10. FUTURE AGENDA ITEMS AND DIRECTIVES
- 7:30 PM 11. CONSULTATION WITH LEGAL COUNSEL
- 7:35 PM 12. ADJOURNMENT

PLEASE NOTE: Claremont City Council’s next scheduled meeting will be on Wednesday, April 22, 2020, at 6:30 p.m. in the Council Chambers at City Hall.

**Due to the COVID-19 Pandemic, the City is suggesting citizens participate in this meeting by conference phone. Please dial 1-800-875-3456 and request City Council Meeting.*