e-Ticker News Sports

Annual Tournament Finishes First Week With Exciting Match-Ups

The bleachers at the Claremont Savings Bank Community Center and Stevens High School gym were filled to capacity over the past seven days. Family, friends, schoolmates and fans of youth basketball cheered on the teams playing in the Twin State Valley Basketball Tournament. Players from as far away as Hopkinton passed, dribbled, shot and scored in games against Claremont ... and practically every town on between.

Girls and boys in six divisions are striving to emerge as this season's champions. Regular games will be played at 5, 6 and 7pm today and March 11-13. Championship games are scheduled for this Saturday, starting at 9am. Admission \$1, 5 and under free.

For more information, call the Claremont Parks & Recreation Department at 603-542-7019.

Text and photos

by Eric Zengota









SHS Boys Basketball Season Concludes

The Stevens boys basketball team completed their season this past week, traveling to Souhegan and Kearsarge.

On Tuesday at Souhegan, the Sabres ran away early and rolled to a 64-28 victory. Clayton Wadsworth led the Cardinals with 10 points on the evening. Owen Taylor had 6 points, and Matt Jones chipped in with 5 points.

On Thursday night at Kearsarge, the Cardinals hung with the Cougars for a good portion of the game but the home crowd went home happy with an 82-52 victory. Senior Alex Taylor put on quite a show in his final game in the Red and Black

as the effort he put out all game was relentless on both sides of the ball. His work was rewarded. He scored a career high 20 points, and



hauled down 14 rebounds! His brother Owen scored 11 points and grabbed 8 rebounds.

Stevens concluded the season with a 3-15 record.

The junior Cardinals played well at Souhegan but dropped a 52-46 decision. Trystan Lane had a big night as the freshman scored a career high 22 points. Brennan Huntoon and Zach Bundy both tossed in 7 points.

At Kearsarge on Thursday it was another close game but Kearsarge held on for a 45-40 win. Tucker Derosier scored 13 points. Zach

St. Joseph's Sports Night March 18

CLAREMONT, NH—The 64th Annual St. Joseph's Sports Night will take place on March 18 at 6:00 p.m. The event will be held at the Claremont Senior Center; tickets are available at Marro Home Center and Stevens High School.

Bundy had 11 points, and Trystan Lane grabbed 7 rebounds.

The junior Cardinals finished their season with a 4-13 record.

St. Joseph's Sports Night Winners

Sam Sweet

- -Member of the unified basketball and unified track teams
- -Stevens High School Student Council
- -National Honor Society Member
- -National Honor Music Society
- -Member of the Claremont Community Theater Repertory Theater Group
- -Member of the SALT (Student Athletic Leadership Team)
- -Amplified Arts Member

Clara Avery

- -4 year member of the Stevens High School Field Hockey, Swimming and Tennis programs
- -National Honor Society
- -Member of the Art Club
- -Key Club Memeber
- -Member of Youth & Government
- -Member of the Claremont Community Theater Repertory Theater Group
- -Member of the SALT (Student Athletic Leadership Team)
- -Amplified Arts Member
- -4H Member

Ellee Grenier

- -4 year member of the Stevens High School Girls Soccer, Girls Basketball and Softball programs
- -National Honor Society
- -Student Council Member
- -Key Club Member
- -Member of the SALT (Student Athletic Leadership Team)
- -Winner of the Fredrick Douglass & Susan B. Anthony Award

Alex Taylor

- -4 year member of the Stevens High School Football, Boys Basketball and Baseball programs
- -National Honor Society
- -Youth & Government Member
- -Key Club Member
- -Member of the SALT (Student Athletic Leadership Team)

Use Extreme Caution on the Ice as Spring Approaches

CONCORD, NH – With record-breaking March warmth forecasted for much of the Granite State, New Hampshire Fish and Game Department officials urge outdoor enthusiasts to exercise extreme caution when enjoying late-winter activities on or near the ice. Ice anglers are advised to plan ahead for bobhouse removal; all bobhouses must be removed from waterbodies and private property by April 1.

"Caution is in order for those going out onto any ice, especially following today's extremely warm weather," said Fish and Game Col. Kevin Jordan. "With erratic temperatures, some areas of ice may look safe, but may not be. We are urging people to check the ice thickness before going out onto any frozen waterbody.

Because of changeable ice conditions, it is never advisable to drive vehicles onto the ice, Jordan said. Those on foot should carefully assess ice safety before venturing out by using an ice chisel or auger to determine ice thickness and condition. Continue to do this as you get further out onto the ice because the thickness of the ice will not be uniform over the entire waterbody. Snow-covered ice can be deceiving and should always be inspected.

Though all ice is potentially dangerous, the U.S. Army Cold Regions Research & Engineering Laboratory in Hanover, N.H., offers this advice on ice thickness: There should be a minimum of 6 inches of hard ice before individual foot travel, and 8–10 inches of hard ice for snow machine or OHRV travel.

If you do break through the ice, stay calm. Move or swim back to where you fell in, where you know the ice was solid. Lay both arms on the unbroken ice and kick hard. This will help lift your body onto the ice. A set of ice picks can help you pull yourself out; wear them around your neck or put them in an easily accessible pocket. Once out of the water, roll away from the hole until you reach solid ice.

If someone you are with breaks through the ice, don't rush over to the hole—keep yourself safe. Look for something to throw or to use to reach out to the person such as a rope, tree branch, or ice spud. Lie down flat and reach out with your tool. After securing the person, do not stand—wiggle backwards on the solid ice pulling the person with you.



Thank you for your support in helping Michael Snide reach his fundraising goal in support of the Children's Hospital at Dartmouth-Hitchcock!

Michael is a **seven**-year participant in the Battle of the Badges Hockey Championship game. Michael is a full time firefighter with the City of Claremont and will be playing again this year for Team Fire. Michael is working hard to be top game fundraiser for a second year in a row!

You can help support this worthwhile effort by donating an item to be used in one of Michael's raffle events or by making a cash donation to CHaD on behalf of Michael's game participation.

For more information on the Children's Hospital at Dartmouth-Hitchcock (CHaD) please visit: www.chadkids.org

Michael can be reached at 603-369-9789 directly for more information on donations and game tickets.

To donate directly to Michael's personal page please visit: www.chadhockey.org

Follow the links:

Select 'Donate' > Team Fire Player > Search Michael Snide > Select Michael's page > Then select 'Donate Now' on Michael's personal page

CHaD's Tax ID is: IRS (EIN#26-4812335)

Inspiration

Fear Not

By Priscilla Hull

The most reasonable commentary that I've seen about COVID-19, the greatly feared Corona Virus, came to me from two friends. One works in healthcare and the other doesn't. The fact is that they both saw the value in the commentary and took the effort to pass it on. When I was working in healthcare with this lady, we entered home situations which might present equal risk, or more to the now dreaded Corona Virus. Yet, we practiced good hand washing and when soap and water weren't available, we used sanitizers. I don't remember becoming sick from any of the situations.

The commentary is written by an infectious disease doctor. He has worked with infectious diseases for twenty years and has not become sick because he practices good hand washing regularly. He advised, in the article, to be alert to the danger, but don't let fear overcome common sense. Take time to wash before and after public contact. There are simple ways to do this. A couple of weeks ago I flew across the country. When we got settled in our seats, we wiped down the tray table, the seat in front, the armrests. Interesting, before I got my wipes out, the lady sitting next to me offered wipes to me. We avoided hand rails, opened bathroom doors, after washing hands, with the paper towel and sanitized our hands when getting back to the seat.



These are good things to practice anyway, but despite these things, there is a possibility that we can "catch" a bug anyway. If that happens we should take care and if there is malaise, a fever, chills and other signs of viral infection visit a doctor. Chances are that we won't get the virus, but common sense should prevail.

One thing that Dr. Sharkway said and which I agree with is that we should not panic, thereby causing children to panic. We know for sure that these small people have enough worry and fear in their lives. They are to be protected for sure. They don't need another overwhelming fear affecting their young lives. Teach good hand washing, avoid touching (keep your hands to yourself) wash fruits and vegetables, don't share food or drink. Don't panic because they need to be children. To that I'll add what I'd be doing had I small people at home. I'd send them outside to play, especially on sunny days like we've had lately. In fact, I'd go outside and play with them. Resurrect the joy of running outside, breathing fresh air, feeling the sun on your face.

One final thing: we are washing hands more frequently, so use hand lotion. All those little cracks are open paths for things to get in, drink plenty of water to keep lips from drying. Smile a lot! Enjoy life. Keep positive and we'll all be fine!

"Sprinkle me with water and I will be pure; wash me and I will be whiter than snow."

Psalm 51:7

Priscilla Hull is the Lay Leader of the First United Methodist Church in Claremont, NH.

Calendar Of Events

arship awards will be announced in June 2020.

SATURDAY, MARCH 14 - DATE CHANGE Winter Wildlife Tracking at Saint-Gaudens

Working Woodlands Workshop

10am-12pm

Location: Saint-Gaudens National Historical

Learn about how to identify the tracks and signs of the many critters that share your backyard and national parks. We'll start with a

Woods Tea Company to Play at COH

CLAREMONT, NH—On Saturday, March 14, 8pm, the acclaimed Vermont based music group Woods Tea Co. is coming to the Claremont Opera House. Wooden of Woods Tea Co. says the show will be based on a St. Patrick's Day / Spring theme. Expect a healthy tonic of Celtic songs & tunes along with some musical hints of Spring to help us all weather the next phase of New England winter.

Anyone who joins the COH 2020 membership at the \$100 or \$250 level receives two free tickets to Woods Tea Co. concert. Check out the website, www.claremontoperahouse.org, for many more benefits to becoming a member today.

Tickets are \$25 and can be purchased online at www.claremontoperahouse.org, by phone at 603-542-4433 or in person at the Opera House Box office in City Hall Complex at 58 Opera House Square, Claremont, NH.

Cone Automatic Machine Company Charitable Foundation Scholarship Program **Now Accepting Applications**

CLAREMONT, NH—The Cone Automatic Machine Company Charitable Foundation scholarship program will continue for the coming school year 2020-2021. This scholarship is available to the children or grandchildren of former employees of Cone-Blanchard Machine Company having a minimum of five years of continuous service with Cone-Blanchard Machine Company who meet the eligibility requirements.

Eligibility Requirements, Terms of Award Payments, and applications may be obtained by writing to Cone Automatic Machine Company Charitable Foundation (mailing address) P.O. Box 65 Claremont, NH 03743.

Completed applications must be postmarked no later than May 11, 2020. Schol-





CYBSA Baseball/Softball Evaluations Youth Softball League 2020

Youth Baseball League 2020

Open to Boys & Girls Age cutoff date is April 30th, 2020

> T-Ball: Ages 5-6 Rookies: Ages 7-8 Minors: Ages 9-10 Majors: Ages 11-12

Open to Girls Age cutoff date is December 31st, 2019

> 8U Softball: Ages 7-8 10U Softball: Ages 9-10 12U Softball: Ages 11-12

Youth Softball League Evaluations

Youth Baseball League Evaluations

T-Ball (Ages 5-6): No Evaluation Rookies (Ages 7-8): Mon. Mar. 16 5:30 PM Minors (Ages 9-10): Wed. Mar. 18 5:30 PM Majors (Ages 11-12): Thurs. Mar. 195:30 PM

8U Softball (Ages 7-8): Sat. Mar. 21 8:30 AM 10U Softball (Ages 9-10): Tues. Mar. 17 5:30 PM 12U Softball (Ages 11-12): Sat. Mar. 21 9:45 AM



Register for Baseball/Softball until March 21

(A late registration fee of \$10 will be applied to payments made after March 21) Cost: \$45.00 Residents; \$55.00 Non-Residents

Register Now Online @ www.claremontparks.com

one hour indoor presentation exploring tracks animal movements, then head out into the park for another hour to explore.

Please dress appropriately for outdoor activity, and bring a water bottle, snack and snowshoes if possible. Adult and children's snowshoes are available if needed. Event will continue snow or shine! Co-sponsored by Vermont Coverts and the Vermont Woodlands Association.

Please pre-register as space is limited. To register or learn more call (802) 457-3368 x 226, or email us at leah_marshall@partner.nps.gov. Be sure to tell us how many are coming.

SATURDAY, MARCH 21 Maple Sugar Shack Open House 10am-2pm

Location: The King Farm (128 King Farm Rd, Woodstock, VT)

Are you curious how Vermont's famous maple syrup is made? Come find out at our sugar shack open house!

On March 21st from 10am-2pm, we will be boiling sap at the King Farm and you are welcome to join. See how tree sap is transformed into sweet amber syrup and even sample some as it cooks!

To register or learn more call (802) 457-3368 x222 or email us at emma_beck@part-ner.nps.gov.

COH Welcomes Beatlemania



CLAREMONT, NH—Claremont Opera House welcomes Beatlemania Again, the World's premier Beatles stage show, on Saturday, March 28, 8pm.

It was one of the greatest moments in the history of show business. It was 1:20PM, on February 7th, 1964, when Pan Am Yankee

Clipper Flight number 101 carrying four British musicians landed at New York's Idlewild Airport. Within 48 hours the Beatles were performing on the Ed Sullivan Show capturing 73 million viewers.

"BEATLEMANIA AGAIN", relives the Music, the Magic and the Mania of the Beatles live on stage. The show chronologically traces The Beatles career from their debut on the Ed Sullivan Show in 1964, to their psychedelic era and the release of the mind blowing Sgt. Pepper album, to their last -ever live concert on the rooftop of Apple records in 1969.

BEATLEMANIA AGAIN takes audiences on a musical journey back in time featuring over 30 of The Beatles greatest hits performed live on stage. In addition, the show features 3 amazing costume changes throughout the performance as well. To add to the authenticity, "BEATLEMANIA AGAIN" uses the same musical instruments that the Beatles used in the 1960s such as Hofner Bass Guitars, Rickenbacker Guitars, Gretsch Guitars, Vox Amplifiers and Black Oyster Pearl Ludwig Drums.

The show has excited audiences throughout the United States and Canada, and has shared the stage with highly talented artists such as BJ Thomas, The Grass Roots, The Lovin Spoonful, Chubby Checker, The Turtles, Max Weinberg and many more!

Act I: The Ed Sullivan Years captures the energy and excitement of the Beatles live performances with the original sounds of the albums. Act one's authenticity is showcased by actual instruments and amplifiers used by the Beatles. The look is astonishing with the fine tailored black velvet suits.

Act II: The Sgt. Pepper Era, suddenly becomes psychedelic and flower power is busting out all over. The production wardrobe features vibrant Sgt. Pepper silk costumes, authentic makeup and facial accessories.

Act III: The artistic versions of the four lads begin to change. Their songs are the hippie's anthems. Performing hits from 1968 to 1970, Beatlemania Again, brings to the stage the charisma and emotion that was hidden behind the walls of Apple and Abbey Roads studios. Relive "Beatlemania" with the National Touring Beatles Stage Show "BEATLEMANIA AGAIN"

Tickets to this nostalgic trip can be purchased online at www.claremontoperhouse.org, by phone at 603-542-4433 or in person at the Claremont Opera House Box office in City Hall Complex at 58 Opera House Square, Claremont, NH.

Program on 'River Bugs' to Include Lab Stations, Other Fun

SPRINGFIELD, VT—The Black River Action Team invites everyone to stop in at the Springfield, VT, High School on Saturday, March 21st, between 9 AM and 1 PM for an informal introduction to the wonderful, wet, and wild world of "river bugs."

Free and open to the public, this event will feature not only a fun open house for everyone, introducing you to the little critters that inhabit our stream beds, but also several lab stations set up for folks who would like to do a little citizen science and sort samples of preserved river bugs from some of the BRAT's water quality monitoring sites around the Black River watershed.

For details on the bug hunt and open house, contact BRAT Director Kelly Stettner at black-rivercleanup@gmail.com or leave a message at (802) 591-0101 and she'll get back to you.

Croydon Ladies Auxiliary Bingo

CLAREMONT, NH—Croydon Ladies Auxiliary Inc. Bingo, every Thursday night. Doors open at 4:30 p.m. and games start at 6:30 p.m.

Kitchen open for supper and snacks.

Pink Diamond and 6 Spot Bingo tickets for chances to win lots of jackpot money. Three raffles each week to win scratch tickets, free plays and gifts.

The winner take all pays out between \$600 and \$900 each week.

Held at the Claremont Senior Center at 5 Acer Heights Road in Claremont.

Questions? Call Sandy at 603-543-7118.

Kinship Raising Support Group

NEWPORT, NH—A support group in Newport for kinship raising family member's kids is meeting 10:00 a.m. to noon every other Friday. Meetings held at the old Towle School, 86 North Main Street. Learn more at New Hampshire Grandparents raising Grandchildren on Facebook; check the page for updates or call Stacey Hammerlind at 802-478-0844.

Got News? Send to etickernews@gmail.com

Newport Historical Society Museum Hours

NEWPORT, NH--Interested in local history? Come visit the Newport Historical Society Museum, 20 Central St., Newport, NH. Located in the 1837 Nettleton House, the museum has two floors of annually changing displays to wander through. Open Sundays (except holiday weekends), from 10AM to 2PM, and by appointment by calling 603-863-1294. The museum is free, heated, air-conditioned, and handicapped accessible.

SATURDAY, MARCH 28 ALL YOU CAN EAT SPAGHETTI DINNER

Let someone else do the cooking on Saturday March 28 from 4pm-7pm at the Claremont Country Club. Join Sullivan County Humane Society for our All-You-Can-Eat Spay-ghetti Dinner with your choice of neutered (vegetarian) or unneutered (meatball) sauce. Dinner will also include salad, bread, and dessert! \$10/person, children under 6 are free with the purchase of an adult meal. Tickets can be purchased ahead of time at the humane society, Kit N Kaboodle, or that evening at the door.

For more information, please call 603-542-3277 or visit our website: http://www.sullivancountyhumanesociety.org/.

SATURDAY, APRIL 11

REV. NOV 25, 2019r

COMMUNITY LOW COST RABIES CLINIC & MICROCHIPPING, 9-11 a.m.

Meriden Fire Station. Cost is just \$15.00 for each procedure. Sponsored by the Upper Valley Humane Society.



Highview Realty
42 Summer Street
Claremont, New Hampshire 03743
Office (603) 542-7766 Ext. 204
Toll Free (800) 269-2414
Cell (603) 543-7720
Fax (603) 543-0163

Lake Sunapee Region VNA & HOSPICE 603.526.4077

nev. NOV 25, 20191	BAORITHI	Y FOOT & BLOO	D DDESCUDE C	LINIC CCHEDIU	E
	MONTHL	ruui a bluu	D PRESSURE C	LIMIC SCHEDUL	
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Ist WEEK of the month	BLOOD PRESSURE CLINIC COA, New London 9:45 – 11:15 am Lebanon Senior Center 10:00 am – 12:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 — 11:00 am Newport Senior Center 10:45 am — 12:00 pm	FOOT CLINIC Mascoma Senior Center, Canaan 9:00 am – 12:00 pm Plainfield Libray 12:00 – 4:00 pm	BLOOD PRESSURE CLINIC Claremont Senior Center 10:30 am - 12:00 pm FOOT CLINIC Claremont Senior Center 8:30 am - 3:00 pm Lake Sunapee VNA 9:30 am - 1:30 pm	FOOT CLINIC COA, New London 9:30 am — 1:00 pm
2nd WEEK of the month		BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 – 11:00 am Bourdon Centre, Claremont 10:00 – 11:00 am Grantham Methodist Church 11:15 am – 12:00 pm (Apr-Dec) Sugar River Mills, Claremont 1:00 – 2:00 pm FOOT CLINIC Bourdon Centre, Claremont 8:00 am – 12:00 pm Sugar River Mills, Claremont 12:30 – 2:00 pm	FOOT CLINIC Claremont Senior Center 8:30 am — 3:00 pm	BLOOD PRESSURE CLINIC Charlestown Senior Center 11:00 am — 1:00 pm FOOT CLINIC Charlestown Senior Center 9:00 am — 4:00 pm Lake Sunapee VNA 9:30 am — 1:30 pm	FOOT CLINIC COA, New London 9:30 am — 1:00 pm
3rd WEEK of the month	BLOOD PRESSURE CLINIC Lebanon Senior Center 10:00 am — 12:00 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 – 11:00 am Bradford Senior Center 11:00 am – 12:00 pm Newport Senior Center 11:00 am – 12:30 pm Marion Phillips Apts, Claremont 1:00 – 2:00 pm FOOT CLINIC North Ridge, Warner 9:30 – 11:30 am Marion Phillips Apts, Claremont 1:00 – 4:00 pm	FOOT CLINIC Claremont Senior Center 8:30 am — 3:00 pm	BLOOD PRESSURE CLINIC Claremont Senior Center 11:00 am – 12:00 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	
4th WEEK of the month	FOOT CLINIC Newport Senior Center 9:00 am — 3:00 pm Lake Sunapee VNA 9:30 am — 1:30 pm	BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 – 11:00 am Cornish Town Hall 11:15 am – 12:30 pm FOOT CLINIC Lebanon Senior Center 10:00 am – 2:00 pm	FOOT CLINIC Newport Senior Center 8:30 am — 3:00 pm	BLOOD PRESSURE CLINIC CSB Community Center, Claremont 9:30 – 11:00 am Plainfield-location varies 11:30 am – 1:30 pm FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm	These events take place every month, except on holidays. Foot Clinics are by appointment only and cost \$25. For more information or to verify a date, call 603-526-4077 or visit: LakeSunapeeVNA.org

RVAPL Potluck Dinner Fundraiser

CHARLESTOWN, NH-River Valley Animal Protection League Potluck Dinner Fundraiser is planned for Saturday, March 21. Please come out and support the shelter at this fun event that includes raffles, cake auction, door prizes and games.

When: Sat March 21, 5:30pm.

Where: Held at the VFW on Lovers Lane in

Charlestown NH. Everyone welcome!

Call for more info:603-826-3061

Overeaters Anonymous Big Book Meetings

CLAREMONT, NH—Overeaters Anonymous Big Book Meetings are held at Valley Regional Healthcare in Claremont on Wednesdays from 3:30-4:30 p.m. in the library. Please use Main Entrance on Elm Street.

Claremont La Leche League

CLAREMONT, NH-Breastfeeding questions? Get answers and meet other breastfeeding mothers. Claremont La Leche League Claremont La Leche League will be meeting on the 3rd Thursday of the month at the TLC Family Resource Center, 109 Pleasant Street: Mornings, from 9:30-11:00 a.m., evenings, 5:30-7:00 p.m. LLL Leaders are trained and accredited through LLLI to offer help to par ents, families, and communities to breastfeed, chestfeed, and human milk feed their babies through parent-to-parent support. A leader will be available to answer your questions.

Assistance, information, and support are also available via telephone, email, and the LLLI website. ClaremontLLL@gmail.com, Jess (603) 630-0184, Zadiah (603) 306-9892; they may also be found on Facebook.

Caregiver Support Group

SPRINGFIELD, VT—A Caregiver Support Group (formerly Alzheimer's Support Group) is available to help enhance the lives of individuals with Alzheimer's disease and other dementias. Presented by Alzheimer's Association, Vermont Chapter, the Caregivers Support Group meets the third Wednesday of every

month, 5:00 - 6:30 p.m. at Springfield Hospital Library, Level D, Springfield.

Join the Boy Scouts

CLAREMONT, NH—If you have a young man going into 6th grade and is 11 years old

that you think needs an advantage in life, then have them consider becoming a Boy Scout. Boy Scouts learn valuable skills in leadership, team building and self-reliance. Boy Scouts that earn the rank of Eagle have a high likelihood of becoming successful in life and stay active in their communities. When the school

Sullivan County Humane Society would like to serve you an all-you can eat, homemade



Spay-Ghetti Dinner SATURDAY MARCH 28 | 4-7 PM

Claremont Country Club

SPONSORED IN PART BY CLAREMONT COUNTRY CLUB

ALL PROCEEDS BENEFIT SULLIVAN COUNTY HUMANE SOCIETY



starts, Troop 38 of Claremont, NH, meets every Thursday 6:30-8:00 p.m. at St. Mary's church gymnasium. Join us for a good time and new adventures.

Contact Alex Herzog, Scoutmaster of Troop 38, at claremontscout@gmail.-com.

WEDNESDAY, TUESDAY, MARCH 24 Welcome to Medicare!

Do you have questions about Medicare?
We can help!

Medicare can be confusing. Becky Rostron, the SHIP (State Health Insurance Assistance Program) Counselor at Sullivan County ServiceLink Aging and Disability Resource Center (ADRC), can help you understand your Medicare options.

"Welcome to Medicare" workshops are designed to help new Medicare enrollees make more informed choices about their Medicare benefits. The remaining current workshop date Tuesday, March 24th. The workshop is scheduled from 1:30 PM to 4:30 PM.

All workshops are held at 224 Elm Street, Claremont, NH.

Rostron will cover: Part A Hospital insurance, Part B Medical insurance, prescription drug coverage, Medicare Supplement plans, and strategies on how to protect yourself from Medicare fraud, errors, and abuse.

There is no charge, but registration is required. Please contact Sullivan County ServiceLink Aging and Disability Resource Center at 603-542-5177 or 1-866-634-9412.

SATURDAY, APRIL 4 EASTER BUNNY COMES TO CLAREMONT

The Easter Bunny is hopping into Claremont! He will be at Big Lots on Saturday April 4 from 10-2. Kids, pets, and families welcome to get your picture with the Easter Bunny! 4x6 for \$5, 5x7 for \$7, and e-mailed image for \$7. Pictures printed while you wait. Questions? Please call 542-3277.

AARP Meeting March 12

CLAREMONT, NH—The Claremont Area AARP Chapter will meet Thursday,

March 12 at the Earl Bourdon Centre at 12:30 P.M. for a pot luck luncheon with entertainment following. Marie Allen will provide a St. Patrick's theme show. Members who did not

sign up to bring a dish should call Kathy at 603-542-5500 to RSVP. Non-perishable food for the weekend backpack program in the schools will be collected.



Sullivan County Humane Society



Photos with the

Easter Bunny!

Saturday, April 4th 2020

10-2

at

Big Lots!

216 Washington St, Claremont

Kids
Pets &
Families
Welcome!



dent Com he

Photos Available:

F--- Con 65

Emailed copy for \$7

Photos by Priority Pets Photography







The Sweetest 'War' You've Ever Seen

Cupcake Battle Benefits Rural Outright

CLAREMONT, NH—When 30 bakers bake their best, 75 friends taste their treats.

On Saturday, Rural Outright and the Greater Claremont Chamber of Commerce co-sponsored Cupcake Wars, featuring the creations of local kids, home bakers and businesses who designed, baked and decorated several tables' worth of goodies.

Dozens of visitors sampled dozens of flavors ranging from lemon to cocoa, from pistachio to coconut, from peanut butter to raspberry & hibiscus butter cream. Many of the cupcakes seemed too pretty to bite into. But the visitors bit — and bought. Three judges had made the rounds and awarded points based on presentation, taste and creativity. After the winners were announced, an auction was held for the dozens made by each baker. Any remaining individual cupcakes were purchased separately.

The Wars' proceeds will benefit Rural Outright, a program of TLC Family Resource Center. Its mission is to offer free programs, education and support groups for the LGBTQIA (lesbian, gay, bisexual, transgender, queer, intersex and asexual) community in Sullivan and lower Grafton counties.

Committee chairman Matt Mooshian announced that this year's third Rural Pride gathering will be held June 19-21 in partnership with LGBTQ+ & Allies of Windsor, VT. Events on the "cross state" weekend will include music, food, vendors, games and a pool party.

For more information on Rural Outright and Rural Pride 2020, contact Mooshian at mooshian.m@gmail.com or visit tlcfamilyrc.org/ruralpride.html.

Topping the Competition

William Clark (13 and under category) (top center)
Kelly Robinson (Home Baker) (top right)
Concept Carpentry (Business/Organization), Berkley Heath and Jonathan Nelson (bottom right)
Sarah Powell (People's Choice) (top left)





Text and photos

Eric Zengota

Remembering Loved Ones...

Life Tributes



Obituaries May Be Found On Our Website

We post obituaries on our website to make them available in "real time," as they are released by funeral homes. We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

www.etickernewsofclaremont.com

Herbert L. Deline, 100

Herbert Leonard Deline, 100, passed away at home, surrounded by family, February 28, 2020. He has resided for the past 7+ years with his daughter and son-in-law at Grapevine Circle, Virginia Beach, VA. He was originally from Spofford Street, Claremont, NH.

His activities consisted of membership in the Senior Resource Center on Princess Ann Road, Virginia Beach, VA, where he played cards, enjoyed parties and was spoiled by all his friends there with great foods, care and so much love. He made friends wherever he would go and was especially close to one neighbor. Working in his wood shop was always one of his greatest passions and he continued to do so until a few weeks before passing.

His family included a daughter, Diana Bloch, son-in-law, James Bloch, grandchildren and great grandchildren as well as many nieces and nephews.

He chose to donate his body to the Virginia State Anatomical Program. His ashes along with his wife's will be scattered at a chosen place in Claremont, N.H, where they resided for most of their lives and always considered home.

In accordance with his wishes there will be no funeral services.

The Stringer Funeral Home is in charge of arrangements.

Pearl W. Cota, 82

Pearl Warren Cota, 82, of Claremont, NH, joined his wife of 45 years, Janet Cassie, in heaven on March 3, 2020.

He was born August 24, 1937, in Fairfax, VT, and was the son of Pearl Edmond and Myrle Leona Cota. P.W., as he preferred to be called, worked as a meat cutter for various large grocery stores, Shaws Supermarket being the last employer when he retired at age 80. He was devoted to serving the Lord through his local church and was the church bus driver, picking up children to take them to Sunday school for many years. One of his favorite things in life was being a grandfather and earning the title of Papa as he was known by his grandchildren. P.W. was a living example of God's transformative power and grace. He will be greatly missed.

Left to cherish his memory are his children Larry Cota, Steve Cota, Mike Cota, Susie Cota, stepchildren Debbie Yeske, Floyd Devenbeck, Jeanette Devenbeck, Mary Joyce Moodie, Shane Moodie who he thought of as a son. He also has three sisters, Cynthia Day,

Carol Hopper, Linda Dumas, and one brother, Wayne Cota, many grandchildren, great grandchildren, sister, other relatives, friends.

He was predeceased by his parents.

Funeral services were held at Monday, March 9th, at Stringer Funeral Home Clare-

Burial will be in the spring at Hope Hill Cemetery in Charlestown, NH.

Beverly E. Domey, 82

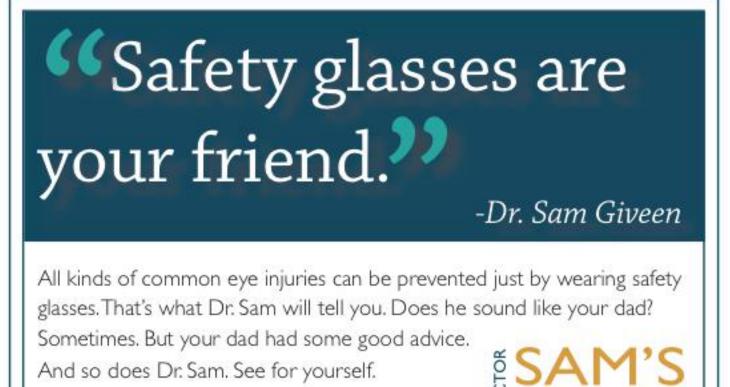
Beverly Elaine (Jarvis) Domey, 82, of Charlestown, NH, passed away on March 2, 2020 at Dartmouth Hitchcock Medical Center.

She was born on December 31, 1937, in Claremont, NH, the daughter of George and Lena (Greenwood) Jarvis.

Raised and a resident of Weathersfield, VT, for almost 60 years.

She was a graduate of Stevens High School in the class of 1957.

Beverly married Kenneth A. Domey on June 28, 1969, celebrating their 50th anniversary. She had worked at Vermont Research Corp. in N. Springfield for over 20 years as an inspec-



(603) 543-2020 9 Dunning St, Claremont (we're right there by the hospital) tor, then at Split Ballbearing in Lebanon, NH, before retiring.

She enjoyed spending time with family and friends, traveling, country music, square dancing, sewing, horseback riding and camping.

Predeceased by one brother, Ronald L. Jarvis in 2007 and one son, Dale R. Porter in 2017.

She is survived by her husband, Kenneth Domey of Charlestown; a brother, Frederick Jarvis of Chester, VT; a daughter, Donna Willets of Charlestown; a son, Duane Jarvis of Hartland, VT; seven grandchildren and nine great grandchildren.

Beverly will be laid to rest in the Ascutneyville Cemetery in the spring.

The Stringer Funeral Home is in charge of arrangements.

Trudy J. VonAhnen, 79

Trudy Jane (Guimond) VonAhnen, 79, passed away peacefully on Saturday, February 29, 2020, at Valley Regional Hospital. She was born on March 13, 1940, to George and Virginia (Russell) Guimond in Warner, NH. She graduated from Simonds High School in 1958.

She worked at Peterson Plastics then went on to work at Tambrands for 30+ years. In 1959, she gave birth to her son, Johnny. He was the center of her universe, never missing a game or event- always sacrificing and putting his needs first. In Johnny's words, "She was the best mom in the world."

In 1983, she met and married the most wonderful man, Bud VonAhnen. He was the twinkle in her eyes, the father Johnny never had and her steady loving rock through all of her life's challenges. Easily the best thing that ever happened to them both.

Trudy was not only blessed to bring Bud into her life but also to become a second mother to his children, Perry, Michael, Tammy, Todd and Robert. She loved them like her own.

Hearts also touched by Trudy include nieces, Tammy and Teresa and a group of Johnny's friends. Whom she referred to as "her boys", Brian, Vic, Woody, Bobby, Shawn, Jojo, Chewy, Steve and Jeff; all of which she loved unconditionally.

Her favorite past time was touching the hearts of those that she met. If you knew Trudy, you loved her. She was kind and compassionate.

Talking to Trudy you wouldn't know she had

Claremont Senior Center, Inc.

WASH YOUR HANDS! We at the Center are wiping and cleaning and wiping. We know you have probably heard this before, but just using common sense it a good rule. Wash your hands with warm water and soap or use hand sanitizer. Stay away from those who may be ill and, if you are ill, please stay home. Common sense is the best defense. Above all, don't panic.

When Irish eyes are smilin'...and they will when they see our Authentic Irish Dinner complete with Irish Desserts on Tuesday, March 17th, at 11:45 AM. On the menu will be Corned Beef and Cabbage with all the fixings, Traditional Irish Desserts, Chocolate Biscuits or Lemon Pudding. This feast is open to the public. Cost \$10.

It that wasn't enough, and we're sure it will be, you can attend our next Turkey Dinner on Saturday, March 21st at 5PM-7PM. This will be a complete Turkey Dinner freshly prepared by Ken and his great volunteers. Roast Turkey, Mashed Potato, Gravy, Vegetable, Cranberry Sauce and of course, our Members wonderful Pies. Open to the Public. Adults-\$10, children 10 and under-\$6. Take-outs available. Call (603) 543-5998.

Whew! We are getting full. But wait! We have more. Here is the Tuesday and Thursday Menu.

Tuesday, March 10th -Fresh Cut Salad, American Chop Suey, Garlic Bread, Green Beans, Raspberry Filled Cookie. Thursday, March 12th -Soup, Baked Haddock, Steak Fries, Carrots, Blueberry Cobbler. Open to the public. Served at 11:45 AM. Members-\$4, Non members-\$5.

OK. We're full for a while. Not quite. On Monday, March 16th, we will again be having our Cookie Decorating Class. If you haven't signed up, please do so. You will NOT regret it.)our group had so many laughs and happy mistakes at the last class, it was worth the time and the \$5 fee. Time will be 1PM.

The Spring Fling Craft Fair is filling up. We have received applications from several wonderful crafters. Just wait until you see the wares they are offering. If you are thinking about showing your handmade items, please get your application in. Call the Center for more information. We treat our crafters special.

We are busy bagging tickets, cataloging donations, checking the menu, gathering volunteers and getting anxious. We want everything to be perfect for our wonderful, great, fabulous Penny Sale on May 3rd at 1PM. We still have room for donations of new or lightly used items, gift cards, and gift certificates. Just bring them to the reception desk at the Center and we will gladly gently place them on the shelf. Thank you all for supporting your Center.

Quick Takes: foot Clinics-March11th and March 18th. Blood Pressure-Mar. 19th -11AM-Noon.

Thought of the week: Wherever there is a human, there is the opportunity for kindness.

Have a good week everyone. Keep watch for the next season-Mud Season.

Laughter and lively conversation always welcome here.

Claremont Senior Center, 5 Acer Heights, Claremont, NH. (603)543-5998. Smoke free. Open Daily: 9-3, also Tuesdays and Thursdays-6-9 and Sunday-1-4.

battled cancer, multiple surgeries as well as numerous other health issues. When asked how she was, even on the tough days, she would always say "I'm fine honey, how are you doing?"

She leaves behind her husband of 37 years, Bud VonAhnen of Charlestown; her son, John Slade and his wife, Jerilyn of Claremont; her sister, Gloria Mock and her husband, Allie of Warner; three stepsons of NY, Perry VonAhnen and his wife, Tracy, Michael VonAhnen and his wife, Andrea and Robert VonAhnen; stepdaughter, Tammy Dougherty and her husband, Mike of NY; sister-in-law, Nancy Brundage of NY; sister-in-law, Carol Artist and Brian Rosscup of NY; 12 grandchildren; nine great grandchildren and many nieces and nephews.

She was predeceased by her parents, stepson, Todd and nephew, RJ.

A special thank you to caregivers, Deb Monroe and Roxanne Bailey and the VRH Inpatient Service Staff.

In lieu of flowers, donations may be made in Trudy's memory to VRH Inpatient Rehab, 234 Elm Street, Claremont, NH 03743.

The Stringer Funeral Home is in charge of arrangements.

Claremont Fire Dept. Log

Sunday 3/1:

6:07 PM: Engine 1 responded to Hanover St.

Monday 3/2:

9:34 AM: Engine 1 responded to Pleasant St. for a report of a detector sounding 10:02 AM: The Claremont Fire Department was dispatched to Maple Ave. for a Box Alarm but was cancelled prior to response.

5:08 PM: Engine 1 and Ladder2 responded to the area of Highland Ave. and South St. for a chimney fire.

7:46 PM: Engine 1 responded to Lincoln Heights for an alarm sounding.

9:09 PM: Engine 1 responded to East St. for a report of an alarm sounding.

Tuesday 3/3:

10:10 AM: Engine 1 responded to Mulberry St. for a medical call.

2:31 PM: Engine 1 responded to Walnut St. for a fire alarm sounding.

Wednesday 3/4:

4:04 PM: Engine 1 responded to Sullivan St. for a medical call.

5:58 PM: Engine 1 responded to Bowker St. for an odor of propane in the building.

Thursday 3/5:

11:22 AM: Engine 1 responded to

North St. for a medical call.

12:09 PM: Engine 1 responded to

Summer St. for a medical call.

3:04 PM: Engine 1 responded to Monadnock Park for a report of a small brush fire.

5:57 PM: Engine 1 responded to Walnut St. for a medical call.

7:19 PM: Engine 1 responded to Chase St. for smoke alarms sounding.

Friday 3/6:

10:17 AM: Engine 1 responded to Main St. for a medical call.

Saturday 3/7:

2:16 AM: Engine 1 responded to Elm St. for a medical call.

8:37 AM: Engine 1 responded to Box Alarm 0146.

9:27 AM: Engine 1 responded to Oakwood for a public assist.

CLAREMONT

The Claremont City Council will hold a public meeting on <u>Wednesday, March 11, 2020</u>, at 6:30 p.m. in the Council Chambers of City Hall.

AGENDA

6:30 PM	1.	PLEDGE OF ALLEGIANCE
6 0 0 D 1 6	_	DOLL GILL

6:32 PM 2. ROLL CALL

6:34 PM 3. AGENDA CHANGES

4. REPORT OF THE SECRETARY
Minutes of January 22, February 12 and 26, 2020, City Council Meetings

6:40 PM 5. MAYOR'S NOTES

6:45 PM 6. CITY MANAGER'S REPORT

7:00 PM 7. APPOINTMENT TO BOARDS AND COMMITTEES

7:05 PM 8. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 23))

9. OLD BUSINESS

7:15 PM A. Legislative Updates

10. NEW BUSINESS

7:20 PM A. City Fee Schedule – Public Hearing (City Manager)

7:35 PM B. Ordinance 573 Planning Board Creation – First Reading (City Manager)

7:50 PM C. Comcast Cable Franchise Renewal Agreement (City Manager)

BREAK

6:35 PM

8:15 PM D. Water and Wastewater Rates Update (Council/City Manager)

8:30 PM E. Policy Committee Alternate Member (Councilor Koloski)

8:45 PM F. Council Expenditures Eligible for Reimbursement (Council)

8:55 PM G. Discussion re: Municipal Ordinances Pertaining to Drug Related Activity (Councilor Koloski/Mayor Lovett/City Manager Morris)

9:10 PM 11. COMMITTEE REPORTS

9:15 PM 12. FUTURE AGENDA ITEMS AND DIRECTIVES

9:30 PM 13. CONSULTATION WITH LEGAL COUNSEL

9:35 PM 14. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, March 25, 2020, at 6:30 p.m. in the Council Chambers at City Hall.