

e-Ticker News of Claremont

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page B3**

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February 25, 2019

Sullivan County Grand Jury Indictments Released

NEWPORT, NH—The Sullivan County Grand Jury released the following indictments on Wednesday:

Alexis S. Banks, 23, Claremont, NH, indicted for Possession of Heroin, Intent to Sell, Subsequent Offense, Jan. 10, 2019; Possession of alpha-PHP/alpha-PVP (bath salts), Subsequent Offense, Jan. 10, 2019; Possession of Fentanyl, Subsequent Offense, Jan. 10, 2019.

Vincent S. Cormier, 46, Newport, NH, indicted for Unauthorized Use of Propelled Vehicle, Jan. 22, 2019; Operating After Certified as Habitual Offender, Jan. 22, 2019.

Nieko T. Clow, 26, Acworth, NH, indicted for 2nd Degree Assault, Domestic Violence, Sept. 10, 2018.

Nathan Giguere, 28, Claremont, NH, indicted for Domestic Violence-Simple Assault-On Bail, Feb. 4, 2019; Domestic Violence-False Imprisonment-On Bail, Feb. 4, 2019.

Jennifer Graham, 38, Mount Holly, VT, indicted for Conspiracy to Commit Robbery, Aug. 27, 2018.

Stephen Hill, 41, Claremont, NH, indicted for Bail Jumping, Jan. 10, 2019.

Nikki Zenner, 29, Claremont, NH, indicted for Bail Jumping, Feb. 14, 2019; Habitual Offender, Jan. 21, 2019.

Sean Baker, 32, County Farm Rd., Unity, NH, indicted for Bail Jumping, Aug. 6, 2018.

Kristian Kainu, County Farm Rd., Unity, NH, indicted for Aggravated DWI/Serious Bodily Injury, Dec. 17, 2018; Aggravated DWI/Serious Bodily Injury, Dec. 17, 2018; Theft by Unauthorized Taking, Dec. 17, 2018; Receiving Stolen Property, Dec. 17, 2018.

(Continued on page A2)

SAU 6 Interim Superintendent Placed On Paid Administrative Leave

By Phyllis A. Muzeroll
e-Ticker News

CLAREMONT, NH—The Claremont Police Dept. released details Friday afternoon regarding an incident at the Dow Building on Feb. 13 during which a panic alarm was activated. According to the unredacted police report, officers were told that the panic button was pressed because a member of Human Resources requested that interim Superintendent Keith Pfeifer leave the building but he refused to do so. The report said that there had been an “issue with Pfeifer” earlier in the day and that the member of HR wanted him removed from the building. The police said they would remove him but only if someone with authority requested it, i.e., a chairperson of the board.

According to a police narrative by Sgt. Jereme Burdick, “On 02/13/2019 at approximately 1510 hours, police units were dispatched to the SAU building on Broad Street for a panic alarm...Ofc. Barry informed me that the panic button was pressed because a member of Human Resources requested Pfeifer to leave the building but he refused to. I then went to speak to the member of HR who was identified as Nathan Lavanway. Lavanway informed me that there was an issue with Pfeifer earlier in the day and that he wanted him removed from the building.” The report goes on to say that Burdick asked Lavanway about who had authority to remove Pfeifer since he was the superintendent; Lavanway said he would have to contact a chairman of the board. Lavanway was told that the police would remove the superintendent but only if someone with the authority to do so requested it. Several calls were made and contact was established with Marjorie Erickson, chair of the SAU 6 board, who was asked by Lt. Stanley Andrewski if she had authority to make the request. Stating that she was unsure, she said that the attorney for the SAU should be contacted. The attorney was contacted and the call was placed on speaker for the involved parties to hear. According to Andrewski’s report, “The attorney advised that Dr. Pfeifer was being suspended and he was to leave the building. I requested that the attorney tell Dr. Pfeifer directly. I brought the phone to Dr. Pfeifer and placed the phone on speaker. The attorney explained to Dr. Pfeifer that he was being placed on administrative leave with pay. She also explained that he was to leave the building and not to be involved in a school meeting that was occurring later on in the evening in



Dr. Keith Pfeifer

(Continued on page A24)

Indictments, from A1

Eduardo Alberto Osorio-Samperio aka Eduardo Anzario aka Eduardo Osorio, 23, Claremont, NH, indicated for Reckless Conduct (Deadly Weapon, Dodge Charger motor vehicle), Sept. 16, 2018.

Randy A. Hoisington, 57, Newport, NH, indicted Aggravated Driving While Intoxicated, Aug. 4, 2017; Aggravated Driving While Intoxicated, Aug. 4, 2017; Aggravated Driving While Intoxicated, Aug. 4, 2017.

Darcy Johnson, 47, Newport, NH, indicated for Prohibited Acts (obtaining food stamp benefits and cash assistance to which she was not entitled), between July 9, 2015, and Sept. 30, 2015; Prohibited Acts (obtaining food stamp benefits and cash assistance to which she was not entitled), between or about Dec. 1, 2014, and June 1, 2015.

Ralph W. Schofield, 46, Claremont, NH, indicted for domestic violence, Feb. 6, 2019; domestic violence, Feb. 6, 2019.

Gabriel P. Croft, 32, Claremont, NH, indicted for Interference with Custody, between July 29, 2018, and Aug. 15, 2018.

Tanis Reynard, 25, Lempster, NH, indicted for Aggravated Felonious Sexual Assault, between Feb. 14, 2014, and Feb. 8, 2019; Aggravated Felonious Sexual Assault, between Feb. 14, 2014, and Feb. 8, 2019.

Bruce S. Young, 58, Claremont, NH, indicted for Aggravated Felonious Sexual Assault, Jan. 27, 2019; Aggravated Felonious Sexual Assault, Jan. 27, 2019; Aggravated Felonious Sexual Assault, Jan. 27, 2019; Aggravated Felonious Sexual Assault, Jan. 27, 2019.

Arrest Made in Investigation of Dec. Grantham Store, Bank Burglaries

On Thursday, Feb. 21, Nicholas Currier, 40, of Springfield, NH, was arrested as the result of a joint investigation by the Grantham Police Dept. and the NH State Police concerning two burglaries that had occurred in Grantham on Dec. 31, 2018. The investigation was aided by information gathered by the Lebanon Police Dept.

According to the Grantham Police Dept., Currier was charged with two counts of Burglary and lodged at the Sullivan County House of Corrections in lieu of bail. He was scheduled to appear in Sullivan County Superior Court on Feb. 22.

On Dec. 31st, 2018, at approximately 5:30 a.m., NHSP Troop C responded to a reported burglary at the Circle K located on Route 10 South in Grantham. Arriving troopers found that the front glass door to the business had been smashed and that items had been taken from the store. And later, at approximately 8:00 a.m., Grantham Police were notified that the inner glass door at Bar Harbor Bank had been shattered. This was reported by an individual who had attempted to use the ATM, located in the foyer

of the bank, said the police at the time.

On January 5, at approximately 12:52 a.m., Lebanon Police Sergeant Michael Wright encountered a male subject on High Street after investigating a suspicious vehicle he had observed. According to the Lebanon Police Dept., the male, during the encounter, "became resistive and subsequently fought with the officer." Several Lebanon patrol officers responded to assist and the male, identified as Currier, was eventually taken into custody after a prolonged struggle.

According to the Lebanon Police Dept., the investigation allegedly revealed that Currier was in possession of Methamphetamine as well as a syringe and glass pipe. He was charged with Possession of a Narcotic Drug, A Class B Felony, along with Resisting Arrest and Simple Assault on a Police Officer, both Class A Misdemeanors. He was also charged with Driving While Intoxicated, a Class B Misdemeanor. Currier was processed and released on Personal Recognizance bail and was arraigned before the Grafton County Superior Court on January 21.

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NH Lottery Numbers

02/23/2019

NH PowerBall

4 6 14 20 32 13

NH Mega Millions 02/22/2019

18 24 31 34 55 4

Tristate Megabucks 02/23/2019

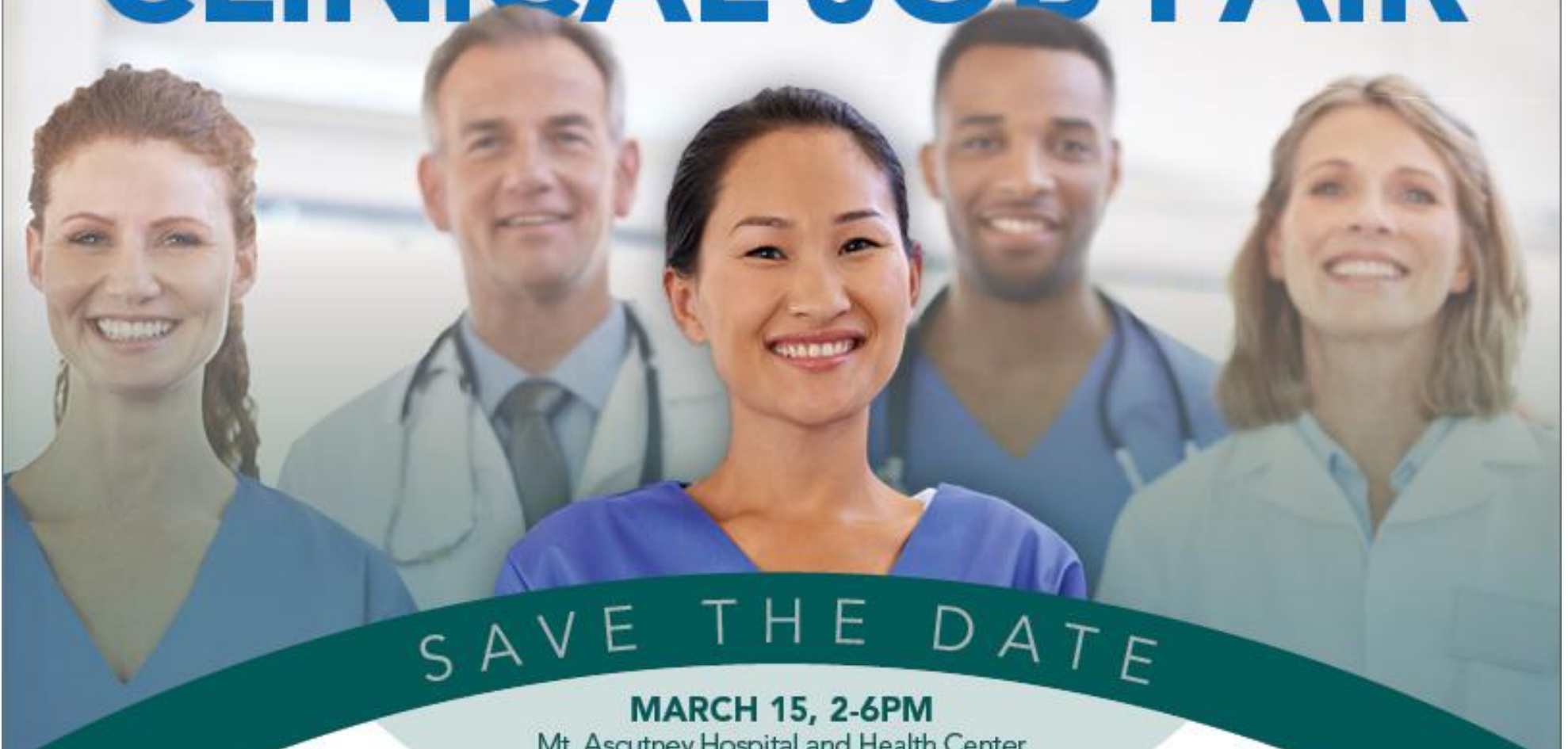
13 16 27 34 36 4

For more lottery numbers,

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Commentary

NH House Happenings

By Rep. John Cloutier



Property Tax Relief?

Hope for property taxpayers may be on the way because of recent actions by New Hampshire's House of Representatives.

These actions include preliminary passage of property tax relief legislation by the full House within the last few weeks, and a recommendation to approve similar legislation by various House committees. Legislation, if it becomes law, could reduce high property taxes in property-poor communities such as Claremont. Specifically, much of this legislation would be aimed at cutting local property taxes that pay for Grades K-12 Public Education by increasing state educational aid. Therefore, if some or all the three individual bills about which I write become law, then local school boards and school district voters would then be encouraged to pass along the savings to property tax owners.

The first piece of property tax relief legislation given preliminary passage by the full House on Feb. 14 was House Bill 497. The bill was adopted by a 256-120 roll call vote after some debate on the House floor, and following an OTP (Ought To Pass) recommendation by the House Executive Departments & Administration Committee to which it had been referred. More specifically, House Bill 497 would require our state to pay 15 percent of public employee retirement contributions to all counties, municipalities, and school districts so that these political subdivisions could be helped in paying for the pensions and other related retirement costs of their public employees.

Presently, New Hampshire pays zero percent to all its political subdivisions for the retirement costs of their employees, a situation that has been in effect since 2012 when the then Republican-controlled legislature eliminated the previous subsidy paid to the subdivisions for many previous years as part of its draconian state budget cuts. Elimination of the subsidy had followed its steep reduction by a Democratically-controlled legislature in 2010 also as a result of budget cuts, a subsidy that was as high as 35 percent in 2008. Consequently, because of the subsidy's reduction and then elimination, practically all municipalities, including Claremont, have experienced hikes in their property taxes in order to pay their employees' retirement costs. According to House Bill 497's fiscal note, the measure is estimated to cost the state an extra \$85.1 million over the next two fiscal years.

House Bill 497 now goes to the House Finance Committee for further review of its financial impact on the state's budget. If given another positive recommendation by the Finance Committee, it would return to the full House for a second vote likely by the end of March. The bill is sponsored by a bipartisan group of 13 Democratic legislators led by Hampton Rep. Robert Cushing and including myself. Readers may remember from last year that a similar measure sponsored by Rep. Cushing, nearly passed the Republican-controlled House last year, losing by only one vote.

An amended version of House Bill 686, is the second piece of property tax relief legislation which is expected to be voted on by the full House on either Feb. 27 or Feb. 28. This follows its recommendation of preliminary approval by a majority of the House Ways & Means Committee on Feb. 12. First, in regard to reducing school property taxes, the bill's amended version would, among other provisions, increase per pupil education adequacy grants by approximately \$1,000 from \$3,500 to \$4,500 per year as well as increasing smaller targeted grants for special education students and students learning English as a second language. Additionally, the SWEPT (Statewide Education Property Tax) Rate would be decreased by 25 percent, and all cuts to education stabilization grants would be fully reversed. Finally, the amended measure would create a study commission to develop a long-term resolution to education funding issues.

Furthermore, House Bill 686's amended version helps pay for the increased state aid to public schools by extending the current five Interest & Dividends Tax to capital gains as well. But the amended version also makes the Interest & Dividends Tax, actually an income tax on unearned income, fairer by tripling personal exemptions from the tax for senior citizens over age 65, and doubling all other personal exemptions from the tax. Also the capital gains from the sale of primary homes, and capital gains earned within IRAs and 401(k) Retirement Accounts, would be exempted. Even with the higher personal exemptions, the Interest & Dividends Tax, expanded so as to include capital gains, would likely result in at least \$150-180 million in extra revenue for New Hampshire, with the 83 percent of the new revenue coming from taxpayers with adjusted gross incomes of \$200,000 or more annually. These figures are according to Jaffrey Rep. Richard Ames, who is the prime sponsor of House Bill 686, and crafted the amended version as the Ways & Means Committee Vice Chair. Nine other fellow Democratic legislators are co-sponsors of the bill, including myself. If given preliminary approval by the full House later this week, the bill would be referred to the Finance Committee for more examination, and a possible second vote by the full House again by late March.

A third and final piece of property tax relief legislation is an amended version of House Bill 177, which is also scheduled to be considered by the full House on Feb. 27 or 28. House Bill 177's amended version is recommended for preliminary approval by the House Education Committee. The bill's original version would have just stopped the continued reduction of education funding stabilization grants. A policy begun in 2017 as a result of a new state law, which authorized the reduction of such grants at a gradual rate of four percent per year for 25 years. But the amended version would restore the stabilization grants back to 2016 levels. The bill is sponsored by a group of eight Republican legislators led by Haverhill Rep. Rick Ladd, and including Charlestown Rep. Steven Smith.

In summary, the three described bills are just a few of several pieces of legislation filed in 2019 to deal with education funding and property tax relief. I don't have enough space this week to write about some of the other pieces. But I will attempt to update readers in future columns this year about how all such legislation is faring in Concord.

Email: jocloutier@comcast.net

Letters to the Editor

February is Black History Month

To The Editor:

February is Black History month. We need to study Black History to be sure we have the facts to move forward for racial healing.

Our history as a nation regarding people of color is built on a legacy of racism. Our country has a 400-year slave history of kidnap, murder, imprisonment, torture and rape. By 1860 fully 10% of the slave population was of mixed race, a legacy of rape. If we are to move forward, a move away from the lynching of a Claremont boy, a move away from ignoring blatant racism that caused an elected Vermont State Representative to resign due to fear for her and her family's lives, then we need to be proactive and educate ourselves not to hate. How is this accomplished? Education is the key. Education is searching for answers.

- Read a book on Black History. Mike Grace and Colin Sanborn have set up a book display at the Fiske Free Library in Claremont with a selection of books. Check them out.

- Research a Black History topic. Through Wayne McElreavy of the Claremont Historical Society, Bev Janelle and Colin Sanborn, I learned of a famous social worker from Claremont. Her name is Vivian Edwards Washington. She was born in Claremont in 1914 and graduated from Stevens High School in 1932 where she excelled both scholastically and athletically. She went on to Howard University to earn an A.B. in Social Work. Ask Wayne or Colin about other Black families and research them.

- Explore current authors such as: Ta-Nehisi Coates, Michelle Alexander or Angie Thomas.

- Join the Racial Healing Working Group to help organize against hate. In September 2018 I wrote a letter to the editor openly inviting people to join our group. Out of 13,000 Claremont residents I received zero ("0") replies.

In Vivian Washington's book, *Mount Ascutney*, she asks her mother as a 3-year-old in 1917, "Why am I Black?" The answer she gives at the end of her book is, "I am not white because God created me as he wished me to be. I have work to do. There is no room for strife or bitterness. As long as there is faith, there is strength, and people are helped." At the book's end, Vivian says as she looks up at Ascutney Mountain on a trip back to Claremont, "I humbly thank you, Father. I have been blessed."

As a Disciple of Jesus Christ, I know His words, "Love your neighbor". Any question about that?

James M. Contois
Claremont, NH

Why I am Running for Selectman in Charlestown

To The Editor:

My name is John Streeter, and I am running for Selectman in the town of Charlestown. We are blessed this year with having four quality candidates to choose from. The choice isn't easy. I wish to make my pitch as to why I believe I am the best person for the job.

The hot issue on the table this year are the articles on the town and school ballot to start and fund a withdrawal under New Hampshire law, RSA 195:25. Whether or not you support the ballot questions, when it is over you are going to want to have a selectman who has a good working relationship with the school board. Since I was most recently on the school board, I believe that I already have the best relationship with the school administration of anyone running. During my last year on the board I worked with several other members to cut the budget at the 11th hour by \$300,000 and it did not impact student learning at all. It was the right decision, for fiscal responsibility and for Charlestown.

However, the withdrawal study doesn't get to the bottom question facing all of us. What can we do to change the fact that Charlestown is the 5th poorest town in NH (property value per capita) and pays the highest school property tax? This issue has not been confronted on a single point. I believe that I can be effective in helping to negotiate a change to the school funding formula to be fairer to Charlestown. I believe too that I have good working relationships with many house members, our senator and executive councilor in Concord. I can make sure that our issues are heard as we look toward the state to help address our school funding issues.

And finally, I have a third set of issues that I want to address if elected. We know intuitively that as our property values falter, we have higher and higher tax rates and lower and lower property values. It is time that we consider some external evaluations as to our soundness as a town. This would include an impartial evaluation of our zoning and planning rules and regulations as well as fiscal soundness. We need to figure out how to stop the decline in property values and make Charlestown a place that folks want to locate to. We also need to know how close we are to a fiscal melt-down. Several times this year I have heard how our condition is unsustainable. At the deliberative session I heard the words "municipal bankruptcy". If this is true, then we need it documented. We need to know our condition before we can make intelligent decisions on capital expenses moving forward.

I have a vision for Charlestown. It includes affordable housing, and not forcing our elderly to either sell or suffer to pay their taxes. It includes the best education for our kids that we can afford. It includes finding the balance between business and the environment. I believe that we are at a crossroads. Is Charlestown living or dying? If we are living, vote for me. I can help lead us to prosperity.

John Streeter
Charlestown, NH

Council to Consider Motions Related to Questions, Comments Concerning Councilors' Conduct

CLAREMONT, NH—The agenda for the City Council's Feb. 27 meeting is lengthy and includes several items related to questions and comments that have arisen in recent months, both by residents and councilors, concerning conduct by members of the council. They include consideration of "David Putnam's Proposed Motion", "Consideration of Councilor Kier's Motion to Censure Councilor" and "Consideration of Councilor Stone's Motion to Conduct Third Party Investigation". At previous council meetings, several residents, during Citizens Forum, have called for former City Manager McNutt to be rehired, and have alleged interference by councilors and the mayor concerning his work. No evidence backing up those allegations has been presented thus far by those making the charges. Other residents have spoken during Citizens Forum supporting McNutt's termination. In addition, Councilor Abigail Kier, at the last meeting, called for a public censure of Councilor Jonathan Stone in reference to online interactions with a resident whose opinions he did not agree with and widespread criticism he received for social media posts he wrote regarding the resident and his wife. "How can we stand for anything if we can't stand for our citizens?" asked Kier. An angry Stone responded to Kier's recommendation, in part calling for the council to discuss having an independent investigation look into Mayor Charlene Lovett and whether she violated the City Charter by allegedly interfering with McNutt's duties—McNutt was fired in early January—"since that's been brought up numerous times," said Stone. McNutt, at the time of his termination, accused the council, and Lovett in particular, of micromanaging him.

The discourse, which has gone on for weeks, regarding these issues prompted resident Dave Putnam to address the council at the Feb. 13 meeting during Citizens Forum.

"Think of the different scenarios that have been unfolding the last six months or a year," he said thoughtfully. "I wish to make a recommendation that the City Council make a motion and votes to affirm their responsibility and commitment to follow exactly and accurately the City Charter and Rules of Procedure. Now, I'm not trying to put anyone up against the wall, but there is a message you could send to the whole community by reaffirming your commitment to the City Charter and the Rules of Procedure to help do some healing so that the community has faith in what you are doing and the role that you are playing is leadership in the community. There are people now who are concerned about how members of the council are conducting themselves and how it reflects on the whole City..."

Putnam followed up his comments by handing a copy of his recommendation to Council members for their consideration; several thanked him; his recommendation was added to this week's agenda as a proposed motion. (See full agenda on page B15).

—Phyllis A. Muzeroll

SATURDAY, MARCH 2

Predators in the Park

Forest Center, Marsh-Billings-Rockefeller National Historical Park
9am - 10:30am

Many kinds of predators rely on the park for shelter and food. From the relatively large (eastern coyote) to the small (short-tailed shrew), all play their part in the park's - and your backyard's - ecosystem. Join us for this 1.5-hour workshop to learn how predators hunt to survive the cold winter months, and conversely, how their prey have adapted to survive. NPS Science Communication Specialist Ed Sharron will lead an indoor discussion followed by an outdoor snow shoe exploration. Event open to all ages.

Please dress appropriately for outdoor activity, and bring a water bottle and snowshoes if possible. Adult and children's snowshoes are available if needed. Event will continue snow or shine! Co-sponsored by Vermont Coverts and the Vermont Woodlands Association.

To register, please call (802) 457-3368 x 222 or e-mail us at ana_mejia@partner.nps.gov.

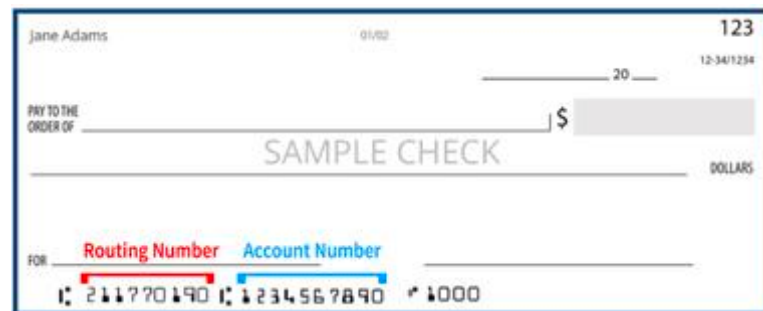
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Check back next week for another tip!

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OUR TURN Fight, Flight, or Freeze

When it comes to the brain and trauma, we often automatically assume physical injury via some sort of sport related or vehicular accident. However, trauma to the brain can also be the result of a person, a place, or a situation. Specifically, it can be the result of abuse.

What exactly defines trauma? Trauma is a normal response to an abnormal situation out of our control.

Many of us have experienced trauma in one form or another, and all of us have a stress reaction to trauma. For survivors, trauma can include physical abuse, emotional abuse, sexual abuse, assault, or even neglect, and it can invoke a “fight, flight, or freeze” response.

Most of us are familiar with the fight or flight concept, yet “freeze” is less well known. In fight or flight, the brain triggers the nervous system, signaling the senses to either adopt a defensive response, or to take “flight”. However, in many sexual assault situations, the brain’s reaction is to disassociate itself during flight mode, or “detach from reality,” often referred to as freezing. This is because the emotions are too overwhelming to deal with in the moment. Some describe this as mentally leaving your body while your body endures the trauma.

Continually experiencing traumatic events or reliving them through memories over time means the brain is constantly having a stress reaction, causing a buildup of the stress hormone, Cortisol. Cortisol in abundance activates the amygdala, the area of the brain responsible for emotions, emotional behavior, and motivation. With continued trauma, Cortisol is triggering the amygdala, which is triggering emotions, which is triggering more Cortisol. This cycle in survivors can often cause extreme reactions varying from aggression to over-sensitivity to complete withdrawal or fear.

“It is a self-perpetuating cycle that leaves survivors with heightened sympathetic arousal (fight or flight or freeze response)” – Kimberley Shilson, Psychological Association

We know trauma can affect the brain in various ways, and the impact differs from individual to individual. Survivors may experience

flashbacks, depression, numbness, nightmares, stress, feeling sick, shame or guilt, and have problems with social isolation, hypervigilance, or feeling overwhelmed all the time. Some even turn to alcohol and substance abuse in an attempt to block out the trauma and it’s impact.

For those on the outside looking in, it can be difficult to understand a survivor’s actions or reactions, which underlines the importance of understanding how trauma impacts the brain. Studies show that trauma actually rewires the brain, and the cumulative effects of trauma can put survivors in a constant state of overreaction or withdrawal, which can be hard for those around them to understand. Researchers are now referring to this as PTSD (Post Traumatic Stress Disorder.)

Healing from a traumatic experience takes time. Everyone heals at their own pace, and it is important to recognize when to seek professional help. For those in a survivor’s circle, it is equally important to educate oneself about

trauma, to better understand how to support the survivor through their healing.

Turning Points Network has been helping survivors of trauma for over 40 years. If you or someone you know has survived a traumatic experience, and is still struggling at work or at home, or continues to suffer fear, anxiety, depression, or any of the symptoms discussed, TPN has a 24-hour crisis and support line, and the staff are committed to helping survivors find their way again while maintaining a healthy and safe life.

OUR TURN is a public service series by Turning Points Network (TPN) serving all of Sullivan County with offices in Claremont and Newport. For information contact 1.800.639.3130 or www.turningpointsnetwork.org or find us on Facebook.

TPN Crisis and Support Line: 800-639-3130; National Domestic Violence Hotline: 800-799-7233; National Sexual Assault Hotline: 800-656-4673.

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Investigation into Fatal Logging Skidder Accident Announced

SPRINGFIELD, VT—The Springfield, VT, Police Dept. announced an investigation Saturday regarding a fatal skidder accident. On the evening of February 22, the Springfield Fire Department, the Chester Fire Department and the Springfield Police Department responded to Brook Road, Springfield, VT, for the report of an overturned logging skidder in the woods. The skidder had been found by some snowmobilers who were passing by. According to the statement released by the police department, the snowmobilers checked on the skidder and found the sole occupant, Guy Arthur Lariviere Sr., 80, deceased.

According to the report, "Upon initial investigation Lariviere seemed to have been thrown from the skidder, and when it overturned, it pinned Lariviere under the roll cage, in a stream." The police said that an investigation is ongoing as to the cause of death, and to determine if there was a mechanical issue with the skidder or if there were other contributing factors which caused the skidder to overturn. The Springfield Police Department is awaiting an autopsy report, to help with the investigation, said officials.

Lebanon Police Department Introduces Voluntary Special Needs Registry

LEBANON, NH—The Lebanon Police Department and the Special Needs Support Center (SNSC) have announced the launch of a new Special Needs Registry, a program to help emergency responders identify and respond to vulnerable residents with special needs.

This is a voluntary program in which special needs community members of any age, or their family members, submit information such as triggers, special accommodations, emergency contacts and a photograph. The information is entered into a database in which Lebanon Police Officers and Dispatch Team have access. The registry is an expansion of an existing database which identifies community members who have Alzheimer's disease and dementia.

"SNSC is proud to be assisting with the Special Needs Registry," said Laura Perez, SNSC Executive Director. "In addition to the challenges facing any parent, parents with children with disabilities have additional concerns such as impaired communication, wandering, tendency to avoid eye contact, or other behaviors that can appear suspicious without prior knowledge. Our vision for this project is to support positive relationship development and improved interactions between emergency responders and community members with disabilities."

"This project helps us achieve our mission to protect life and to assist the public-at-large in a manner consistent with the rights and dignity of all persons," said Police Chief Richard Mello. "The Special Needs Registry will help us rapidly and safely respond in the event that a citizen with special needs requires assistance."

To register for the Lebanon Special Needs Registry:

Call the Lebanon Police Department at 603-448-1212 and request an officer be dispatched to your residence to assist you in completing the form; or

Call the Special Needs Support Center at 603-448-6311 and a team member will help you complete the form over the phone or in the office.

Have You ever Seen a Pig Fly?

NEWPORT, NH—Getting a pig to fly is an exciting part of the first STEaMpunk challenge in Sullivan County.

Youth ages 8 to 18 and an accompanying adult are encouraged to attend a workshop on Thursday, March 7th, from 6:00 p.m. to 8:00 p.m. at the Sugar River Valley Regional Technical Center in Newport.

The STEaMpunk Invention Challenge is a celebration of STEaM (Science, Technology, Engineering, arts and Math) and human creativity, where teams design and create a crazy invention to complete a simple task. The STEaMpunk Invention Challenge encourages creativity, design thinking, art and engineering by challenging youth to come up with complex inventions to complete a simple task. These fun inventions link together simple machines and quirky uses of common items in a chain reaction to complete a simple task. Imagine lots of levers, pulleys, rolling balls, falling dominos, etc. This workshop will introduce youth and adults interested in coaching to



simple machines, energy transfer, and the world of chain reaction machines with some design work and time to build your own mini STEaMpunk Machine.

For more information or to register e-mail laura.Paquin@unh.edu or call (603)-863-9200 or visit <https://unh.box.com/v/SullivanCounty4HSTEaMpunkTrng>.

Workshop: Intro to Woodturning

CLAREMONT, NH—In this introductory woodturning class, participants will learn fundamental turning techniques while creating a custom wooden bowl. Participants will be taught how to operate the CMS's lathe and will become familiar with an array of common turning tools. This class consists of two sessions: In the first session, participants will be introduced to the primary tools, safety protocol and various processes necessary to start turning a bowl. In Session Two, students will fine tune and finish their bowls, and will leaving with a completed piece.

Note:

First session is Monday, Feb 25th 5:30 - 8 PM
Second session is Thursday, Feb 28th, 5:30 - 8 PM

To register, please go here:
<https://claremontmakerspace.org/events/#/event/2019/2/25/intro-to-woodturning>
Location: Claremont Makerspace, 46 Main Street, Claremont, NH

Classified Ads

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 (800) 269-2414



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CLAREMONT— This centrally located home offers two levels of living space, vinyl siding, standing seam roof, mostly all vinyl windows, updated wiring, and recent furnace. This is a great spacious home offering enough room for some of the largest of families \$79,900 (MLS#4726750)



CLAREMONT—This beautiful Ranch is located just outside the hustle and bustle of the city. Wonderfully redone kitchen with tile backsplash and oak cabinets, updated bathroom, metal roof, Harvey replacement windows, and a Buderus furnace. Living room has a picture window with views of Mount Ascutney. Above ground pool, French doors leading to patio, and an enclosed porch off of the front of the house to relax. The back yard is large enough for gardens and entertaining. \$145,000 (MLS#4730130)



CHARLESTOWN—A stunning 2-level multi-use building featuring 11+ offices and conference rooms, kitchen, and a great location right off Main Street. Once a single family house, it has had a huge addition and most recently was used as corporate offices. Live in the former house area and run your business in the addition or possibly convert to a multi-family building. It requires a subdivision and comes with many parking spaces. \$199,000 (MLS#4730921)



WASHINGTON— Seller is motivated!!! Perc test completed with multiple suitable septic sites found. Lake Ashuelot Estates beckons with great community amenities such as access to the 440 acre lake, club house, beach, boat storage and launch, as well as tennis courts for you and your guests. \$8,250 (MLS#4734915)



WEST WINDSOR, VT— Looking for privacy? This 4 bedroom, 2 bath home is located on 10.89 acres. This property has a large deck with nice views of the mountain, field-stone fireplace, and garage. This move-in ready home is being sold fully furnished with the exception of a few personal items. \$230,000 (MLS#4735171)



LEMPSTER— Great country home, especially if you are searching for a property with workshops. Lots of very nice woodworking touches around this home. Very clean, neat, and private house on 5+ acres! \$109,000 (MLS#4735683)



CHARLESTOWN— Great in-town location with a country flair! Three bedrooms and 1 and 3/4 baths. Nice layout that is mostly open concept. Laundry on the first floor. Lots of updates make this house easy to live in. Enjoy the coming summer on the big front deck. \$139,400 (MLS#4736700)



SPRINGFIELD— Room to roam! This Ranch home in the Kearsarge School District has a standing seam roof and is sited on 9 acres on a quiet country road. Bring your imagination and customize some finishes to give it your personal touch. Open living/kitchen with a bedroom on each end. Offers easy access to I-89, the Upper Valley area or Concord. \$119,000 (MLS#4732105)



CLAREMONT— This prime residential neighborhood features 2 adjacent building lots totaling 1.35 +/- acres. Great spot to build your dream home with views to the back of the lots. Located on a quiet cul-de-sac with city water and sewer. Can't beat the amenities! \$50,000 (MLS#4733484)



CLAREMONT— Affordable living just off Rt 12! Home has been freshened up with new laminate flooring, carpet, a large enclosed patio, a covered carport, plus a covered area for your grill and shed storage. Even a roomy yard that is fenced in. Easy access to the Interstate for the Upper Valley or south to Walpole, Keene, etc. \$15,900 (MLS#4734002)



CHARLESTOWN— Nearly in-town, but such a private location on 8+ acres! This antique home is sited down a long level driveway with great privacy from the street. Bring your tools and imagination and restore this farmhouse to your taste. \$64,900 (MLS#4737432)



NEWPORT— Beautiful 1.62 acre lot located in a fabulous neighborhood of newer single family homes. Very nicely situated, level, cleared, and ready for your new home. There are 20 common acres with rolling hills, ponds and brooks for your enjoyment. \$29,900 (MLS#4731296)

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NEW TO THE MARKET



Alstead, NH - Raised ranch on 1.33 acres with remodeled kitchen & bath. A spacious master bedroom, large front deck, 3 season sunroom off kitchen, enclosed basement workshop, generator hookup. Located near the Alstead/Acworth line. See MLS# 4736031 for more info and photos. \$159,000



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Ann's Property Of The Week

1103 Blood Hill Rd.
West Windsor, VT



Century 21/Highview Realty,
42 Summer Street, Claremont, NH
03743

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Move In Ready!

Looking for privacy? This 4 bedroom 2 bath home is located on 10.89 acres. Make this your 2nd home or year round home. This property has a large deck with nice views of the mountain, field-stone fireplace and garage. Privacy, but still close enough to all amenities. Move in Ready! This home is being sold fully furnished, with the exception of few personal items.

MLS # 4735171 \$230,000

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Ashley Bergeron
Agent



UNITY, NH

Priced to sell this post and beam home! Sits on 12 acres of land with a two-car garage, 2 bedrooms, large enclosed porch, partially finished walk-out basement. Needs some TLC. \$139,900

Classified Ads

Workshop: Intro to Genetic Engineering

CLAREMONT, NH—Curious about all the talk of gene editing and CRISPR? We will cover the biology basics needed to understand genetic engineering and how it is done (with a focus on CRISPR). We will also discuss current uses of genetic engineering as well as future possibilities. Though ethics will be touched on, the main content will be the science. Some of the equipment used for genetic engineering will be on hand for demonstrations.

This event is presented by The New Hampshire Academy of Science, Inc. (NHAS) who's mission is to support the scientific research of New Hampshire high school and middle school students and sponsor their attendance at the annual symposium of the largest scientific organization in the world, the AAAS.
<https://www.nhacadsci.org/>

To register, please go here:

<https://claremontmakerspace.org/events/#/event/2019/3/2/intro-to-genetic-engineering>

Date: Saturday, March 2nd, 3 - 5 PM

Location: Claremont Makerspace, 46 Main Street, Claremont, NH

PUBLIC NOTICE

PLANNING BOARD HEARING

Monday, February 25, 2019 7:00 p.m.

Council Chambers, City Hall

Notice is hereby given that public hearings will be held concerning the following application:

(PL 2019-00002) Todd & Angela Osgood, 16 Fielding Place: Application for subdivision approval for creation of a 1.62-acre lot from the 14.72-acre lot at 168 Bible Hill Road. Tax Map 166, Lot 33. Zoning Districts: R1, RR2 & AR
 Interested parties may review the application at the City of Claremont's Planning and Development Department, 14 North Street during normal business hours. Comments may be submitted in person at the hearing, or in writing at 14 North Street, Claremont NH 03743, or by email at city-planner@claremontnh.com.

Richard Wahrlich, Chair

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Comedian Juston McKinney Returns to COH

CLAREMONT, NH—New England's Juston McKinney returns to the Claremont Opera House Saturday, March 23, 8:00 p.m., with lots of new material.

It's been a busy year for McKinney, having just filmed a Showtime Special with Rob Gronkowski, "Unsportsmanlike Comedy", performed at the TD Garden with Denis Leary and Jimmy Fallon as part of "Comics Come Home",

and having shot his new special "Parentally Challenged". McKinney is consistently selling out theaters, has two Comedy Central Specials, a one-hour and half-hour,



Juston McKinney

multiple appearances on the *Tonight Show*, and on Conan O'Brien, but there's no place like home.

When *NH Magazine* named him "Best of NH", they wrote, "The Granite State may have more famous comedians than you can shake a stick at (Seth Meyers, Sarah Silverman and Adam Sandler to name a few), but no one really "gets" New England humor like Juston McKinney."

His Youtube/facebook channels have millions of views, which include NH favorites such as "Clark's Trading Post", "Live Free or Die" and "Live Freeze then Die!".

McKinney was born in Portsmouth and he currently lives in New Hampshire with his wife, two children and two dogs.

Tickets can be purchased online at www.claremontoperhouse.org, where you have the option to print at home; by phone, at 603-542-4433; or in person at the Opera House Box office in City Hall Complex at 58 Opera House Square, Claremont, NH.

www.facebook.com/etickernews

FORECLOSURE SALE AT PUBLIC AUCTION

**FRIDAY, MARCH 8, 2019 AT 11:00 AM
153 MICA MINE ROAD, UNITY, NH**



**Mobile Home w/addition and full basement, 3 bedrooms,
2 1/2 baths, family room on 3.16 acres of mostly open land.**

Directions: From Claremont take the 2nd NH Turnpike to Unity. Take a left at the Unity store. Go approximately 1/2 mile. Property is on the left just before intersection of Lemere Road.

Terms: \$5,000 in the form of cash or certified check, or bank check or other check satisfactory to Mortgagee at time and place of Auction. Balance due at closing within 30 days of sale.

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PUBLIC NOTICE

Claremont Development Authority

Full Board Meeting

Thursday, February 28, 2019 7:30 AM

Visitor Center, 14 North Street

Claremont, NH

HISTORIC DISTRICT COMMISSION

PUBLIC HEARINGS

Thursday, February 28, 2019 6:00 PM

Council Chambers, City Hall

PUBLIC NOTICE

The Historic District Commission will be conducting public hearings to consider the following Certificate of Appropriateness applications:

HDC 2019-00001 Errol Letman, 4 Block Avenue – for replacement signage at 37 Pleasant Street. Tax map 120, Lot 73. Zone: MU.

HDC 2019-00002 Joanne Knowlton, 10 Dexter Hill Road – for exterior changes to the building at 35 Crescent Street. Tax map 120, Lot 27. Zone: MU.

Interested persons may review these applications at the City of Claremont Planning and Development Department, 14 North Street, during normal business hours.

Comments may be submitted in writing to the Historic District Commission at 14 North Street, Claremont NH 03743 or at the public hearing.

David Messier, Chairperson

PUBLIC NOTICE

The City of Claremont, Zoning Board of Adjustment will meet on

Monday, March 4, 2019

Council Chambers, City Hall at 7:00 p.m.

Notice is hereby given that public hearings will be held concerning the following applications:

A. (ZO 2019-00001) Mark Limoges, 296 Elm Street – Application for a variance to construct a 3-car garage within the rear setback at 37 Park Avenue. Tax Map 131, Lot 11. Zoning District: CR1.

B. (ZO 2019-00002) Mark Limoges, 296 Elm Street – Application for a variance to construct a 2-car garage within the rear setback at 19 Royce

Always read the fine print on your tax refund. LET'S CHAT.

Cindy Haynes

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Street. Tax Map 107, Lot 195. Zoning District: CR2.

C. (ZO 2019-00003) Michael Lemieux, 519 Jarvis Hill Road – Application for a variance to construct a storage building within the front setback on Plains Road. Tax Map 117, Lot 3. Zoning District: I-1.

D. (ZO 2019-00004) Michael Lemieux, 519 Jarvis Hill Road – Application for a variance to build a warehouse within the side setback at 8 Park Avenue. Tax Map 131, Lot 89. Zoning District: CB2.

Interested parties may review these applications at the City of Claremont's Planning and Development Department, 14 North Street during normal business hours.

City Transfers Funds to Cover City Manager-Related Expenses

CLAREMONT, NH—At the last City Council meeting, councilors voted to transfer funds to cover expenses associated with the last city manager and new expenses for the search and costs associated with hiring a new manager. Expenses for former City Manager Ryan McNutt, including wages, retirement payment per contract, severance and vacation, came to some \$98,438. Budgeted City manager funds for FY19 will cover all but \$19,300 of those costs. However, the City needs to fund costs for the new City manager's wages and benefits as well as those for the interim city manager, legal counsel and search costs for a new city manager; those combined come to a figure of "total anticipated costs" of around \$179,278. The council voted at the Feb. 13 meeting to transfer \$83,600 in *Encumbered Funds - Police* to Legal (\$50,000) and Consulting Services (\$33,600).

Cone Automatic Machine Charitable Foundation Scholarship Program Announced

CLAREMONT, NH—The Cone Automatic Machine Company Charitable Foundation scholarship program will continue for the coming school year 2019-2020. This scholarship is available to the children or grandchildren of former employees of Cone-Blanchard Machine Company having a minimum of five years of continuous service with Cone-Blanchard Machine Company who meet the eligibility requirements.

Eligibility Requirements, Terms of Award Payments, and Applications may be obtained by writing to Cone Automatic Machine Company Charitable Foundation, PO Box 65, Claremont NH 03743.

Completed applications must be postmarked no later than May 10, 2019. Scholarship awards will be announced in June 2019.

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2019 School Board Candidate Forum, Claremont School District

Tuesday, March 5, 2019 at 6:00pm

Sugar River Valley Regional Technical Center



Please join us for an evening with the candidates for the Claremont School Board. All candidates have been invited to attend.

In addition to a panel style Q & A session, there will also be small breakouts to allow for more in-depth conversations on topics of interest.

Email Courtney Porter for more information

cporter@sau6.org

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e-Ticker Business News

Leesa Taft Primary Care at Mt. Ascutney Hospital

WINDSOR, VT – Mt. Ascutney Hospital and Health Center (MAHHC) has announced that Leesa Taft, Doctor of Nursing Practice (DNP), Advanced Registered Nurse Practitioner (ARNP), and Family Nurse Practitioner Certification (FNP-BC) has been appointed to the newly created position of Director of Clinical Operations in Primary Care.

In this role, Taft has overall responsibility for primary care clinical operations at the Windsor campus, and Ottauquechee Health Center in Woodstock. She will lead ongoing improvement efforts related to quality and patient safety consistent with MAHHC's designation as an NCQA Level III Patient-Centered Medical Home and its participation in the OneCare Vermont Accountable Care Organization.

According to Dr. Joseph Perras, President, CEO, and Chief Medical Officer of MAHHC, Taft will work closely with leadership at MAHHC and OHC. "As an institution, we have multiple partners at the local, state, and federal level," he explained, "and our clinics have become more complex in regard to reporting of quality and patient satisfaction metrics. Moving forward, some of the reimbursement we receive for the services we provide will be tied to these metrics. As Director of Clinical Operations, Leesa will be instrumental in helping us focus on maximizing the value of everything we do, enhancing quality while containing costs. As someone who grew up in this community, she understands this value in terms of how it can improve the lives of those we serve."

Taft recently earned her Doctorate of Nursing Practice (DNP) from the University of New Hampshire (UNH). The DNP degree focuses on evidence-based practice, quali-

ty improvement and systems leadership.

Before assuming her new role, Taft had served as Associate Medical Director at MAHHC, overseeing clinical practice for nurse practition-



Leesa Taft, DNP

ers and physician assistants in the Windsor office while serving as an ARNP in the primary care clinic. Prior to that, she served as Assistant Medical Director. She received her master of science in nursing (MSN) in 2005 from UNH, graduating summa cum laude, and the same year became board certified as an ARNP. Before that, Taft worked as a pediatric nurse at Dartmouth-Hitchcock Medical Center as well as a Nursing Supervisor at MAHHC. She is a veteran of the United States Air Force, where she achieved the rank of Sargent and became an Operations Management Specialist. Taft is a 1986 graduate of Windsor High School.

A resident of Windsor, VT, where she lives with her husband and four children, Taft has been a member of the MAHHC team since 2003.

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- Peyronie's Disease
- Prostate Cancer
- Prostatitis
- Reflux
- Testicular Cancer
- Testosterone Deficiency
- Urethral/Penile Cancer
- Urinary Tract Infection
- Undescended Testicles
- Varicocele
- Vasectomy
- Vasectomy Reversals

e-Ticker Business News

Upper Valley Habitat Accepting Applications for Lebanon Home

WHITE RIVER JCT., VT – Upper Valley Habitat for Humanity (UVHFH) is now accepting applications for homeownership of an existing house in Lebanon, NH.

Ideal for a family of 3 to 5, this single-level home situated on 3 acres was built in 2006. The finished main floor is 1024 square feet and has 3 bedrooms, a full bathroom, an open-floor concept living space and eat-in kitchen (with pantry), as well as a separate mudroom. There is a full basement with a large unfinished bedroom that meets egress requirements.

There is a wooden deck on the southern side of the house and an 80 square foot shed on the property.

The house is 10 minutes from Alice Peck Day Memorial Hospital, just over 4 miles to I-89, and about a 5-minute drive from Colburn Park (or the Lebanon Green). The driveway is shared with two other neighboring Habitat homes.

The selected Habitat partner family will be required to contribute 500 hours of “sweat equity” before purchasing this house in spring of 2020. Most of these hours will be conducted at a new home construction project in Lebanon, but a portion will be devoted to minor renovations of this home before they move into it.

Applications are due Friday, March 15, 2019. For eligibility guidelines and an application, please visit <https://www.uppervalleyhabitat.org/homeownership/>.

For questions or further information, please contact Eva Loomis at (802) 295-1854 or office@uppervalleyhabitat.org. Upper Valley Habitat for Humanity is a 501(c)3 nonprofit.

Time to Sign up for Claremont Farmers' Market

CLAREMONT, NH—The Claremont Farmers' Market is now accepting applications for vendors and is looking for entertainment for the 2019 season.

Some new changes to the market have been announced: The market will now be at Broad Street Park, highlighted with the trees, grass, covered gazebo, and power found there. The market will run from 10:00 a.m. - 1:00 p.m., Saturdays, May 25th, through September 14th.

Please email Debbie Tardiff, Coordinator for the Claremont Farmers' Market at ClaremontFarmersMarketnh@gmail.com or call 603-504-0288 for more information. You may also visit [http://www.claremontnh.com/residents/departments/parks-and-recreation/farm-](http://www.claremontnh.com/residents/departments/parks-and-recreation/farm-ers-market.aspx)



[ers-market.aspx](http://www.claremontnh.com/residents/departments/parks-and-recreation/farm-ers-market.aspx) for more details and/or visit their Facebook page at ClaremontFarmers-Marketnh.

The market will include local farms, food, and crafts and feature fresh farm products, delicious prepared foods and beverages, and unique homemade crafts. Enjoy weekly live music, POP Club kids activities, and more. The POP (Power of Produce) children's program is an eight-week program during market hours, with activities for children geared toward ages 5-12, but all are welcome. Activities will include taste testings, scavenger hunts, questions to ask farmers, etc., to help kids learn about healthy eating. They will 'earn' POP bucks for completing the activities with which they can then purchase fresh fruits and vegetables.



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Claremont Confidential

By Les St.Pierre



Loss Of a Virtue

Boy! Have we ever gone off the deep end. By we, I mean all of us.

"Who's to blame?" you ask.

No one, in particular. Just life in general. Today's society, if you will.

What I am referring to is the loss of one of our most coveted virtues...patience.

We've all heard that oft spoken phrase, "Patience is a virtue." Indeed, it is. Or was.

It's safe to say patience no longer exists in our society. At least, for the most part. Every once in a while you may come across someone who exhibits that saintly trait and when you do, that quality stands out above all else making you take notice. Whistles blow, bells ring, horns toot, and chimes clink, signaling there is one among us deserving of a red carpet greeting.

I suppose to get to the bottom of this tragic loss we must first learn what a virtue actually is and, in turn, what exactly patience is, as well.

Virtue, by definition, is simply behavior showing moral standards. That is, virtue is a quality considered morally good in a person. Patience, by definition, is the ability to tolerate delay implying self control and forbearance.

No one knows where the phrase, "Patience is a virtue," originated, but by going back into the third or fourth century and studying the works of one Cato the Elder, we find him writing, "Of human virtues, patience is most great."

Here we are now in the 21st century and, as is often the case, all good things that have en-

dured the passage of time suffer a timely death, come to an expected termination. Yes, all good things must come to an end.

Believe me, there is very little patience in the world we live in today. We need not go any further than right here in the City of Claremont. Take, for instance, driving down Broad Street toward the middle school and try to turn left onto Chestnut Street. Traffic heading in the other direction, toward the high school, Post Office, or the City Hall, will, undoubtedly, force you to come to a standstill before making that turn. Get ready for what lies behind you. Those in the rear are not about to sit behind you for the seconds or minute, perhaps two, it usually takes for the path to clear for the left turn. Vehicles behind you start their veer to the right as soon as your left rear blinker starts shining, sometimes as far back as the location



A lack of patience is often seen on our roadways (Les St.Pierre photo).

of the former Moose home. It is not off base to tell you there are tire tracks in the snowbanks aligning Broad Street where the offices of lawyers William H. Dunn and Buckley and Zopf sit.

Vehicular traffic certainly brings out the impatience in all of us. Another prime example would be the Washington Street traffic heading east toward Newport. Those autos in the so-called fast track lane, the passing lane, have to come to a screeching halt when coming upon those who want to turn left into Dunkin' Donuts or Hannaford's, for example, and then sit there until the lane becomes clear. A nesting place for the emergence of road rage, to be sure. Patience takes a back seat while those in the slower lane happily pass by.

But our lack of impatience is not limited to our modes of transportation. How about standing in line at the supermarket or at the post office? It is not uncommon to see or hear the drumming of fingers or the rolling of the eyes or other antsy mannerisms by those of us who just want to get our business done and go. Someone with 20 items gets into the "12 items or less" express line because they just can't wait in their allotted space and those waiting in line with little or no patience begin to lose their

cool. Everyone is in a hurry these days. In a hurry to go nowhere, as the saying goes. In a recent article in the *Eagle-Times*, it was reported that former Claremont City Manger Guy Santagate, in that position for 15 years, claimed patience, along with courage and enthusiasm, was essential for getting things done.

Patience, indeed, truly is a vital necessity in today's world. A virtue unlike any other. And now it is gone. A loss to be mourned greatly. Patience gives us time to stop and smell the roses, to take in all the beauty around us, to provide us rest and comfort in the hustle-bustle of our daily grind. The loss of this great virtue calls for sadness...but we will survive to live another day.

That is, if we don't get a heart attack in the meantime!

Goldman Sachs 10,000 Small Businesses Overview

CLAREMONT, NH—Join us to learn about the Goldman Sachs 10,000 Small Business Program and network with other small businesses. Harvey Horn with the Community College System of New Hampshire will be joining us to speak about the Goldman Sachs 10,000 Small Business program.

The Goldman Sachs 10,000 Small Businesses program provides you with the tools and support to take your small business to new heights. Through convenient online learning and in-person sessions, you will learn from some of the brightest minds in business, learn about access to financial capital, and build a powerful network of professional support. Together with other entrepreneurs, you'll make strong connections that will have an immediate impact on your business. If accepted, the program tuition will be at no cost to you. And that's just the first example of how we'll be there to help your business succeed every step of the way.

This event is open to the public, especially local start-ups and small business owners. Light Refreshments will be served.

To register, please go here: <https://claremontmakerspace.org/events/#/event/2019/2/26/goldman-sachs-10-000-small-businesses-overview>

Date: 2/26/19, 6 - 8 PM

Location; Claremont Makerspace, 46 Main St, Claremont, NH

Women May Need to Make Extra Financial Moves

International Women's Day will be observed on March 8. Around the world, special events will celebrate the cultural, social, political and economic achievements of women. However, this last area – economic progress – is one that still causes concern, and rightfully so, because women still face gender-related challenges. How can you deal with them?

To begin with, you need to recognize the nature of these challenges. While many factors are actually responsible for women facing more economic pressure than men, two stand out in particular:

Gender wage gap – It's still around, despite some progress toward equality. The U.S. Census Bureau has found that full-time, year-round working women earn about 80% of what their male counterparts earn. Other studies show a slightly smaller gap.

Caregiving responsibilities – Women typically take more time away from the workforce than men, both to raise children and then, later in life, to take care of aging parents. These absences can result in lost wages, lower Social Security benefits and fewer contributions to 401(k) and similar retirement plans.

So, given these realities, what can you do to improve your own financial outlook? Here are a few suggestions:

Increase your contributions to your retirement plan. Every time your salary goes up, increase the amount you contribute to your 401(k) or similar retirement plan. At a minimum, put in enough to earn your employer's match, if one is offered. These plans offer potential tax-deferred earnings, and since your contributions are typically made with pre-tax dollars, the more you put in, the lower your taxable income.

Invest for growth. Some studies show that men may invest more aggressively than women – though not necessarily more successfully. However, while you do need to invest wisely, you can't ignore the need for growth. Consequently, you should consider including a reasonable percentage of growth-oriented investments in your retirement and other investment accounts, with the precise amount depending on your individual goals, risk tolerance and time horizon.

Look for income even while serving as caregiver. Of course, you may never become the primary caregiver for your elderly parents – but even if you do, it doesn't necessarily follow that you must forego all earned income. If it's possible, you could seek to go part-time at your current job, or request some type of telecommuting arrangement. And as long as you have some earned income, from somewhere, you can still contribute to an IRA.

Manage retirement plan withdrawals carefully. Once you're retired, possibly to become a full-time caregiver, you can take penalty-free – though still taxable – withdrawals from your 401(k) as early as age 55, provided you meet certain conditions. Once you're 59-1/2, you can take penalty-free withdrawals from a traditional IRA, though the money will be taxable. While you can withdraw contributions you made to a Roth IRA at any time, tax- and penalty-free, you'll have to wait until 59-1/2 to take out your earnings free of taxes and penalties. And you'll need to find a sustainable withdrawal rate so you can reduce the risk of depleting these accounts too early.

As a society, we are still working toward equality for all people – including economic equality. As a woman, however, you can't afford to wait until that day arrives, so you need to be proactive in seeking and maintaining your financial security.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.



Leaving Your Employer?

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At Edward Jones, we can explain options for your 401(k), including leaving the money in your former employer's plan, moving it to your new employer's plan, rolling it over to an Individual Retirement Account (IRA) or cashing out the account subject to tax consequences.

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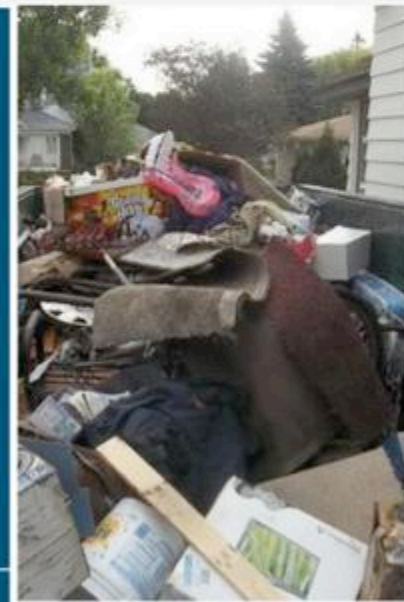
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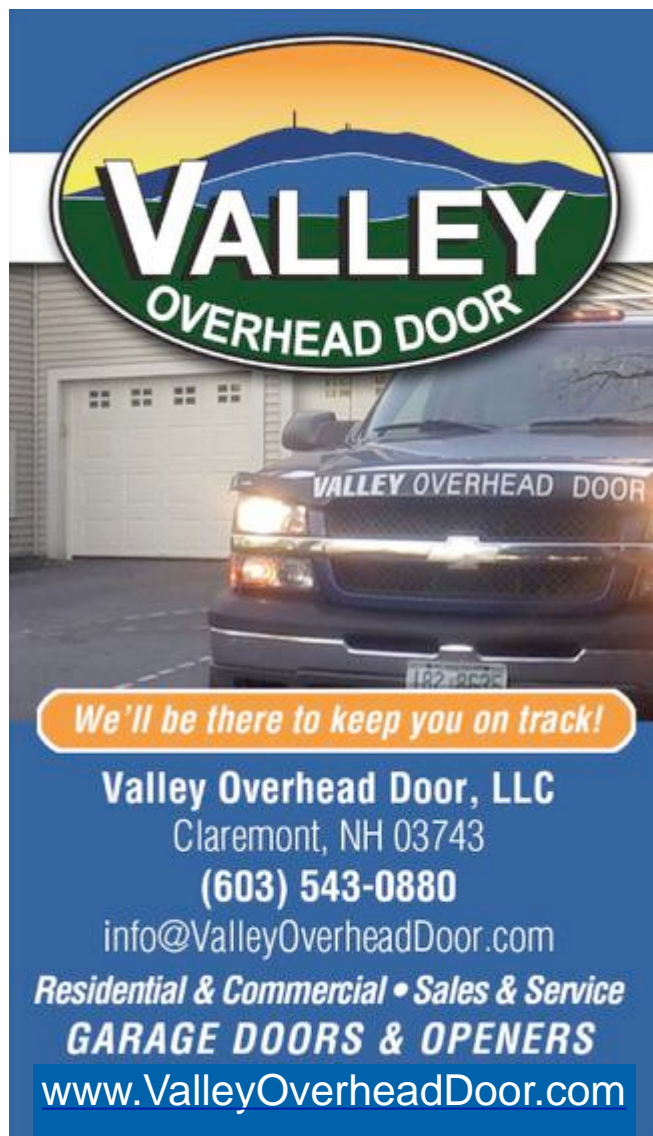
WEDNESDAY, FEBRUARY 27**Land Conservation in Cornish, 7 pm
Public Talk at the Cornish Town Offices**

Join Megan Chapman, MSES, Conservation Project Manager at Upper Valley Land Trust to learn about past conservation projects in Cornish and opportunities and options available for protecting additional natural resources and lands in our community.

Hosted by the Cornish Conservation Commission. For more information of questions, please email: conservationcommission@cornishnh.net.

SATURDAY, MARCH 2**Blow-Me-Down Farm Stroll (or snowshoe, depending on weather) @ Saint-Gaudens 10:00AM - 11:30AM**

Enjoy a casual walk (or snowshoe) around the Blow-Me-Down Farm, part of Saint-Gaudens National Historic Site, discovering the history of some of the first folks in the Cornish Colony. Location: Meet at the Blow-Me-Down Farm off of 12-A, about 1/3 of a mile north of the Blow-Me-Down Mill. Free. For questions, call 603-675-2175 x. 100.



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It's About Food

By Johnny Navillus



Get Ready

It's too early to get the lawn mower out and too early to put the snow blower away. If you do, then you know, deep in your heart, that you will be personally responsible for THE GREAT BLIZZARD OF 2019. So, don't do it.

The next Saturday you want to do something and there's no new snow to move and no lawn to cut, retreat to the kitchen. Sand down those wooden cutting boards. Especially those cuts that are starting to turn black.

Sharpen those knives you are starting to struggle with. Get your grilling utensils cleaned and ready. Clean the grills. You guys that use gas, check the Venturi valve for spiders and re-check before the first use.

Go to your spice cabinet and take everything out. If you haven't used it in five years or more, throw it out. If it rattles when you shake it and it should be a powder, throw it out. If you can't remember why you have it in the first place, throw it out. If you bought it to use in something around your kid's First Birthday and now your kid is 5, throw it out. Besides, now you can buy all those things in small quantities right here in town.

Check your maple syrup inventory. You should be almost out by now. The new crop will be coming out soon. Save the squeeze bottles that honey comes in. They make great maple syrup dispensers.

I used to put my slow cooker away in the Spring. Then I realized that they don't give off enough heat to heat up the kitchen like the oven does. Now I use mine all year round.

Speaking of slow cooking:

Fruited Pot Roast

- 1 pkg(7 ounces) mixed dried fruit
- 1 large onion cut into wedges
- 1 can (5 1/2 ounces) unsweetened apple juice
- 1 boneless beef chuck roast (about 2 lbs.)
- 1/2 teaspoon salt
- 1/4 teaspoon ground allspice
- 1/4 teaspoon pepper

Place fruit and onion in the slow cooker. Add apple juice. Top with the roast. Sprinkle with the mixed seasonings.

Cook on low for 6 to 8 hours. Serve with the fruit mixture. Serve with egg noodles. Try plum wine with this.

This is a nice variation from the traditional vegetable version. Perfect for the warmer months.

When buying a slow cooker, many single people or even couples buy a small cooker. They regret it later. It turns out that they want to use it to cook for company but the small version isn't big enough. Don't worry, the large ones handle smaller meals well. If it really bothers you, buy two.

Play with your food. It's about time.

Write to Johnny at etickernews@gmail.com

Meriden Fire Department Wild Game Dinner



**Saturday
March 23, 2019
5-7 PM @ KUA**

**KUA Dining Hall
Rt. 120 – Meriden, NH**

Menu Includes:

Wide selection of Wild Game - Bear - Boar - Elk - Venison - Turkey - Ham - Fish Chowder - Venison Chili along with homemade beans, potatoes and much more!

Try our Anadama bread made right at the Meriden Deli Mart and top off the evening with an ICE CREAM SUNDAE

Adult \$20 at door (**\$18 advance sale**)

Youth (4-10) \$10 at door (**\$8 advance sale**)

Toddler (under 4): \$4

MERIDEN VOLUNTEER FIRE DEPT

Advance tickets are recommended – **CALL 603-469-3090 for tickets**

Tickets on sale at the door, Meriden Deli Mart and Anne's Country Store



VOLUNTEER OPPORTUNITIES

JOIN A COMMITTEE

Auction Gala Committee
1st Wednesday, 8:00-9:00am

Events Committee
2nd Tuesday, 5:30-7:00pm

Marketing & Membership Committee
1st Tuesday, 9:00-10:00am

Scholarship Committee
4th Tuesday, 4:00-5:00pm

EVENT, PROJECT & OFFICE VOLUNTEERS

This is an excellent option for those who are unable to commit to regular monthly meetings. We welcome your participation whether it be once for a specific event, over a few weeks, a few months or longer.

For Full Committee Descriptions & More Information:

(603) 543-1296

director@greaterclaremonthn.org

www.greaterclaremonthn.org

Pfeifer, from A1

the Town of Unity.” Following a brief conversation with Assistant Superintendent Cory LeClair to brief her on the Unity meeting, Pfeifer, who was described in the report as being cooperative and professional, left the building voluntarily.

The status report in the released documentation reads “No Crime Involved”.

On Saturday SAU6 Board Chair Majorie Erickson confirmed in an email to the *e-Ticker News* that “Dr. Pfeifer is still employed by SAU 6. He did not attend Board meetings this week. I do not have the details of his compensation package in front of me and I’m not sure what I can tell you about that in any event. I will have to check with our attorney.” The Claremont School Board held a regular meeting on Wednesday, and the SAU board met on

Thursday. The SAU board also held a non-public emergency meeting on Tuesday. Because it is a personnel matter, details of the original “issue” as to why there was a request for Pfeifer to leave the building have not been made public per state law regarding personnel matters. Assistant Cory LeClair confirmed in an email to the *e-Ticker News* on Friday that she is serving as acting superintendent at this time.

The SAU 6 Board approved Pfeifer in July of last year as interim superintendent. He replaced Superintendent Middleton McGoodwin who was terminated in May of 2018 after the board decided to “go in a different direction.” He began the position in mid-August and was described as having extensive experience as a superintendent in Massachusetts, Pennsylvania, Maine and New Hampshire. He has served for 45 years in public education, having

started as a teacher in Philadelphia and has worked as a superintendent or an interim superintendent in a number of locations, including Grantham, Mascoma and Littleton.

RIVER VALLEY ANIMAL PROTECTION LEAGUE
Saturday, 3/23/19 5:30pm
Potluck Dinner Fundraiser

RAFFLES! DOOR PRIZES! CAKE AUCTION!
 What: Everyone welcome - please join us and help support the animals
 Where: Charlestown VFW, Lovers Lane, Charlestown, NH

For more info, please visit www.rivervalleyapl.wordpress.com or call 603-826-3837.

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- *Experience working on municipal budgets while on the school board*
- *Good working relationships with state elected officials including our senator, and executive councilor*
- *Good working relationship with members of the school board and the SAU60 administration.*
- *Committed to establishing the towns fiscal stability, including zoning and planning rules and regulations in order to shape a positive future for growth in Charlestown.*

JOHN
STREETER

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SAU 6 Superintendent Search Update Released

CLAREMONT, NH—SAU 6 released an update this Monday morning regarding its search for a new, permanent superintendent. The details are as follows:

The SAU 6 Superintendent Search Committee has been meeting since November 1, 2018 and engaged in a very rigorous process to:

1. Develop a list of measurable SAU 6-specific superintendent success factors/competencies that included input from the community through a widely distributed survey.
2. Screen the 15 candidates application and narrow the pool of those qualified to the best five.
3. Conduct a two-hour interview to assess the five against the success factors and reduce the number to the three most qualified.
4. Conduct an intensive three-hour interview of the three to identify two finalists for the position of SAU 6 superintendent.

The search committee has extended invitations to the two finalists to spend one entire day, March 4, 2019 in the district.

The two candidates will tour the schools in SAU 6 from 8:00 AM – 4:00 PM to briefly meet staff and students as they see our facilities. That evening, each candidate will spend an hour from 6:00-7:00 PM and 7:00 – 8:00 PM at a “meet and greet” social with light refreshments in the Teal Room of the Sugar River Valley Regional Tech Center, 116 South Street, Claremont, NH.

Each candidate will have the opportunity to introduce themselves, during their hour, to the community, school board, and staff who would like to hear more and be able to interact informally with each candidate. People who attend the “Meet and Greet” will be able to offer their feedback and impressions of the finalists for the SAU 6 Superintendent Search Committee to compile their final deliberations on March 5, 2019. The committee will complete its work that evening and make a single recommendation to the SAU 6 School Board for their consideration at their meeting on March 7, 2019.

The two finalists are Cory LeClair of Claremont, NH, and Michael Tempesta of Worcester, MA. A brief biography follows.

Cory LeClair

Cory LeClair is presently the Assistant Superintendent of Schools for SAU 6 in Claremont, NH.

LeClair has previously held positions as School Improvement Coordinator (Claremont), Response to Intervention Coordinator and Classroom Teacher (Attica, NY), YMCA Youth Director (Warsaw, NY), and Caseworker Children’s Home of Jefferson (NY) County.

LeClair completed her Bachelor of Arts from Wellesley (MA) College, her Master of Education from the State University of New York at Geneseo, and a Certificate of Advanced Graduate Studies from the Massachusetts College of Liberal Arts.

Michael Tempesta

Michael Tempesta is presently the Executive Director of the Central Massachusetts Special Education Collaborative in Worcester, MA.

Tempesta has previously held positions as the Superintendent of Schools in Saugus, MA, and Principal at Milford (MA) High School and Ashland (MA) High School, and Assistant Principal at Sharon (MA) High School. He began

his educational career a High School English teacher at Ashland High School.

Tempesta completed his Bachelor of Arts from Plymouth State (NH) University, his Master of Education from Framingham (MA) State College, and is presently working on his PhD (all but dissertation) from Lesley (MA) University.

The SAU 6 Superintendent Search Committee looks forward to our finalists getting to meet the wonderful people in our Claremont and Unity communities. Please plan to join us on the evening of March 4, 2019 to get to know our finalists.

The Search Committee included: Marjorie Erickson, Unity Board Member Prudence McCormick, Unity Board Member Chip Baldwin, Principal Unity Elementary Ben Nester, Special Ed. Director SAU 6 Carolyn Towle, Claremont Board Member Rebeca Zullo, Claremont Board Member Patricia Barry, Principal SHS

TUESDAY, FEBRUARY 26

The Upper Valley Disaster Animal Response Team seeks volunteers!

Are you prepared for disaster? Do you have a plan for your pets? Have you thought about helping locally?

The Upper Valley Disaster Animal Response Team is always looking for volunteers to help in all capacities. UVDART provides temporary assistance to animals in need of services as the result of a natural or man-made disaster in the Upper Valley region of VT and NH.

Please visit our parent website at <http://vermontdart.org/> to learn more about us and complete a volunteer application. We'd love to have you at our next general meeting on Tuesday, Feb. 26th, at 6:00 p.m. at Mt. Ascutney Hospital and Health Center, Windsor, VT (downstairs in conference room 2).

SATURDAY, MARCH 9

SULLIVAN COUNTY CONSERVATION DISTRICT 2019 NATURALIST SERIES TREES & TRACKS

with Lynn Levine -

1:00 - 4:00pm,

Discover the winter world. \$20 for registration - includes Lynn's Pocket Guide: Mammals Tracks & Scat (\$15 value).

Become a better naturalist and land steward by learning the ecology and natural history of the Upper Valley. Workshops and field courses are added throughout the year as funding and staffing allows. All programs meet at the Ahern Building at the Sullivan County Complex on County Farm Rd. in Unity, NH unless otherwise stated. Make sure to Register as space is limited. Let us know which program and how many people you are signing up.

Starting in 2019, we will be charging a nominal fee of \$5/person or \$10/family for these programs (unless otherwise specified). You can pay by cash or check. Please talk to us if you would like to attend, but can't afford the fee. Visit <https://www.sccdnh.org/programs>.