

e-Ticker News of Claremont

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**3 Honored by Council
for Volunteer Work;
page A5**

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February 17, 2020

Cardboard Sled Race Results, page A23



The pirate king and queen of Legoland, aka David and Julie van Inwagen of Claremont, crossed the finish line in true swashbuckling style (Eric Zengota photo).

It's All Downhill From Here

Cardboard Sled Racers Face Up to Arrowhead's Slippery Slopes

By Eric Zengota
e-Ticker News

CLAREMONT, NH—A brilliantly sunny, cold — 19F — and not-too-windy Saturday afternoon made for perfect conditions at the 13th Cardboard Sled Race. This year the annual event, held for the benefit of Arrowhead Recreation Area, featured 32 registrants in two categories, adult/
(Continued on page A6)

Deer Stranded on Ice Stirs up Big Concern Last Week

CLAREMONT, NH—A deer stranded on the ice in the Sugar River last Monday stirred up a lot of interest and concern amongst area residents. Photos posted on social media led to many demanding authorities “do something” while others said they would go rescue the animal themselves. At one point, NH Fish and Game asked that people stop approaching the area to take photos of the animal, since the activity was scaring the deer. Due to the difficulty of where the animal was located, authorities decided to monitor the situation, hoping it would make its way to land on its own, reminding people that deer are generally good swimmers. It was not clear as to how the animal ended up on the ice in the first place, although authorities speculated that it had been chased, perhaps by coyotes. Tuesday morning, NH Fish and Game reported to the local animal control officer that they saw a single set of prints leading away from the ice and onto the bank and that they could no longer see the animal in the area.

—Phyllis A. Muzeroll



A deer resting on the ice on Monday in Claremont (Photo courtesy of Larry Kennett).

Tip Leads to Drug Arrests

LEBANON, NH—On February 11, the Lebanon Police Department received a tip regarding drug activity occurring at the Dartmouth Coach bus station. According to the LPD, the information was that “an individual arriving on a bus was to meet with two other subjects for a drug delivery.”

At approximately 8:02 p.m., Lebanon Offi-

cers conducted a motor vehicle stop on the matching vehicle and parties as they exited the Dartmouth Coach station. One of the vehicle occupants allegedly was found to have heroin and \$651 cash on his person. During a search of the vehicle, Officers located two plastic wrapped bags containing suspected Crack Cocaine.

Aaron Lambert, 41, of Johnson, VT, was charged with Driving After Suspension, a Violation level offense, and Possession of Drug Paraphernalia, an Ordinance Violation. Lambert was released on a summons to appear in 2nd Circuit Court on April 20.

Kareem Anderson, 33, of Brooklyn, NY, was charged with Possession of a Controlled Drug with Intent to Distribute, a Class A Felony. Cherie Salls, age 42, of Johnson, VT, was charged with Conspiracy to Commit Sale of a Controlled Drug, a Class B Felony.

Anderson and Salls were released on personal recognizance bail with a Grafton County Superior Court date of February 24.

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The opinions expressed in articles, Letters to the Editor or columns are those of the writers and do not necessarily reflect the opinion of the e-Ticker News

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NH Lottery Numbers

02/15/2020

NH PowerBall

16 32 35 36 46 3

NH Mega Millions 02/14/2020

10 32 48 54 55 18

Tristate Megabucks 02/15/2020

14 15 17 19 35 5

For more lottery numbers,

<https://www.nhlottery.com/>

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Located in the Brown Block.

Claremont Primary Election Draws 51% Voter Turnout

CLAREMONT, NH—Primary Day in Claremont drew a voter turnout rate of 51% on Tuesday. On the Democratic side, Bernie Sanders collected 674 votes, with Pete Buttigieg finishing a strong second with 516 votes. Elizabeth Warren garnered 161 votes, Joe Biden 158; as she did statewide, Amy Klobuchar did better than predicted, getting 260 votes locally. Tom Steyer earned 69 votes while Tulsi Gabbard got 68 votes. On the Republican ballot, Donald Trump received 1001 votes in Claremont, while Joe Walsh garnered 64. A handful of unknowns on both ballots received a smattering of votes. **Right: Several of the Democratic candidates showed up in Claremont on Primary Day, at least as cardboard cutouts (Courtesy photo).**



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NH Delegation Announces More Than \$641K in Federal Funding to Dartmouth in Support of Breast Cancer Research

WASHINGTON, DC—U.S. Senator Jeanne Shaheen (D-NH), a senior member of the Senate Appropriations Committee, and U.S. Senator Maggie Hassan (D-NH) and Representatives Annie Kuster (NH-02) and Chris Pappas (NH-01) have announced the award of \$641,864 in federal funding to Dartmouth College in support of research efforts to improve the detection and diagnosis of breast cancer. Specifically, the grant will be used to develop and evaluate a new breast imaging system that will improve detection rates for breast cancer. This funding is distributed from the National Cancer Institute’s (NCI) Cancer Detection and Diagnosis Research grant program. NCI is housed under the National Institutes of Health (NIH), which is a part of the U.S. Department of Health and Human Services (HHS).

“Cancer research is a vital part of our fight for a cure, so I’m very encouraged to see this federal investment in Dartmouth’s ongoing efforts,” said Senator Shaheen. “These federal dollars will empower scientists and researchers with the resources they need to develop innovative and effective technology to improve detection and hopefully save more lives. Increasing the availability – and improving the effectiveness – of preventative and diagnostic screenings will continue to be a top priority for me so doctors can catch and treat cancer early.”

“This federal grant will help researchers at Dartmouth College test a new and innovative technology to improve the accuracy of breast cancer diagnoses and help save lives,” Senator Hassan said. “I will continue working with the rest of the New Hampshire delegation to fight for critical funding for New Hampshire’s talented scientists and researchers, and help them stay on the cutting edge of medical advancements.”

“Breast cancer is one of the most commonly diagnosed cancers among American women, and we have to pull out all the stops to prevent and fight back against this disease,” said Congresswoman Kuster. “This funding will help support and develop a cutting edge breast imaging platform at Dartmouth College that could lead to earlier and more accurate diagnoses of breast cancer. I’m encouraged by this development and I will continue working to secure funding and resources for programs that invest in the health of Granite Staters and people across the country.”

Hassan on President Trump’s Proposal to Eliminate Northern Border Regional Commission in Fiscal Year 2021 Budget

WASHINGTON, DC—Senator Maggie Hassan issued the following statement in response to the President’s budget proposal for Fiscal Year 2021 that would eliminate the Northern Border Regional Commission. The Northern Border Regional Commission provides grants that help spur community and economic development for communities in rural areas of the state; Claremont and Newport have both benefited from NBRC funding.

“Once again, the Trump Administration proposed a budget that eliminates the Northern Border Regional Commission, which helps spur economic development efforts that can bring new jobs to northern New Hampshire and other rural areas of the state,” Hassan said. “These grants have funded projects that help improve efforts to combat the opioid epidemic, strengthen aging infrastructure, and promote workforce development. I will fight to defeat these misguided proposed cuts and ensure that the Northern Border Regional Commission receives the funding it needs to support rural communities in our state.”

Hassan has consistently worked to support the Northern Border Regional Commission, said her office. In the government funding bill for Fiscal Year 2020 – which is now law – Hassan supported a \$5 million increase for the Northern Border Regional Commission, bringing its total funding up to \$25 million, the highest level ever. Last year, when the Trump Administration proposed eliminating the program, Hassan joined the rest of the New Hampshire delegation in strongly opposing the President’s proposal. Additionally, the bipartisan Farm Bill that passed in 2018 included a provision that Hassan cosponsored to reauthorize the Northern Border Regional Commission for five years and expand the program to Cheshire and Belknap counties.

Three Honorees Recognized for More Than 100 Years of Volunteer Service

CLAREMONT, NH—An overflow gathering of family, friends and colleagues filled the Claremont City Council Chambers on Feb. 12 to congratulate three men who together have spent more than a century volunteering their time, knowledge and skills for the benefit of the Claremont community. Certificates were presented by Mayor Charlene Lovett:

Top photo—Daniel and Tracy Decker. In 1994, Daniel Decker, who teaches social studies at Stevens High School, took over the Key Club, which is mentored by the Kiwanis Club of Claremont. Over the past 25 years under Decker's leadership, the club has achieved a 50% participation rate. He leads anywhere from 60 to 90 students every year in fundraising projects that directly benefit local charities and provide scholarships to public high schools in Sullivan County.

Bottom right photo—Bob and Marcie Landry. Bob Landry has been a member of the Kiwanis Club of Claremont for more than half a century. In 1969, he began the Decem-

ber Bell Ringing fundraiser. His own bell ringing over the past 50 years has raised more than \$100,000, all of which supports local charities and programs that benefit children. Landry has also been involved with the Kiwanis' annual April auction and the Christmastime Kiwanis Cares gift program.

Bottom left photo—Michael and Brandi Stringer. Michael Stringer joined the Claremont Fire Department's call force in 1992, and in 2007 became call company captain. Over the last 28 years he has responded to fires and other emergencies, earned many certifications in firefighting skills, and held the distinction as a Nationally Registered EMT. Stringer, the treasurer of the



Claremont Firefighter's Association, chairs or co-chairs the annual Golf Tournament, which raises funds for a scholarship for a graduating Stevens High School senior, and the Parade Committee.

Photos by Eric Zengota



Race, from A1

family/organization (6 teams) and youth (26 teams).

The rules were simple yet daunting. Sleds could be constructed of cardboard and tape, nothing more. Given those guidelines, amazing creations like a space shuttle, the Batmobile and a fleet of oversized Legos were first displayed for judges to choose winners of, among other prizes, Most Creative Design. Then, starting at 2pm, each team had to push, tote or carry their sled up alongside Arrowhead's tubing lanes.

From the top of the slope, two teams at a time slid, soared, tumbled, crashed, slowed, stopped and sped down the lanes toward the pink-stained finish line. Their speed was objectively recorded, and their style subjectively judged in categories like Well That Didn't Go As Planned and Most Spectacular Crash. Friends and families cheered every team, chanting and applauding the racers across the finish line.

Many local businesses, including McDonald's, Meyer Maple Lanes and Ramunto's, donated gift certificates for winners and participants. Kids re-energized with complimentary

Whoopie pies. The fastest racers in the adult and youth categories will have their names engraved on the badge that accompanies the home-made Arrowhead Cup trophies.




The sun dipped behind the trees. Shivering set in among the crowd. Families and clubs and organizations — newly bonded, wiped out, chilled to the bone but laughing all the way — headed to the parking lot ... and home.

Top: When the Constitution came back down the hill, its crew finished first with a time of 20 seconds. Middle: For the Skinners of Claremont, the race was a family affair. Lilly, 9, and Mallory, 6, rode The Switch, while dad Jeremy provided the ballast for extra speed. Mom Danielle helped design and build the sled. Bottom left: Evan White, of Hancock, successfully piloted his Skyhawk across the finish line. Bottom right: What's a race without at least one mishap? The riders still managed some smiles.




Photos by Eric Zengota

claremontoperahouse.org




COMEDY NIGHT


As seen on:
LATE SHOW
with David Letterman
FOX abc



TOM HAYES



ROB STEEN



JODY SLOANE

Tickets: 603-542-4433 / Showtime: 8pm / Cash Bar Available

How Cool Is That?

Claremont Firefighter Continues Fundraising for CHaD

By Eric Zengota
e-Ticker News

CLAREMONT, NH—Michael Snide's two CHaD buddies, Hannah and John, got to wear his hockey jerseys at a fundraiser held at the Claremont County Club on Feb. 7.

Snide — who will play in his eighth Battle of the Badges hockey game on Friday, March 13, at the SNHU arena in Manchester — has been raising money that will support activities and programs benefiting patients at Children's Hospital at Dartmouth.

John and Hannah will be at the game to cheer on their hero as he plays for Team Fire against traditional rivals, Team Police.

The evening at the country club saw many family, friends and colleagues write checks, buy raffle tickets for prizes donated by local businesses, take chances on a 50/50 raffle, and bid on premium auction items including jewelry and Red Sox tickets. All of the proceeds went to CHaD.

You can help Snide's fundraising initiative by donating to CHaD in his name at https://secure3.convio.net/dhmc/site/TR/CHaD/CHaD-Hockey?px=1022723&pg=personal&fr_id=1430.

You can also contact him at 603-369-9789 for more information on donations and game tickets.

NAMI-NH Offers Free Class in Newport Area

Family-to-Family Addresses Mental Illness Over 8 Weeks, Beginning March 4

When someone in a family has mental illness, the entire family is affected.

The more we learn about mental illness -- depression, bipolar disorder, anxiety, schizophrenia, OCD and PTSD as well as other mood and anxiety disorders, the better we can cope with the difficulties that arise when one family member's reality is very different than everyone else's.

NAMI (National Alliance on Mental Illness) NH Chapter is presenting Family-to-Family in



Michael Snide with his CHaD buddies, Hannah and John (Eric Zengota photo).

Newport, Wednesday evenings 6:00 to 8:30 PM beginning March 4. This free, 8-week course is designed for the families and friends of adults who have mental illness and addresses diagnoses, symptoms and behaviors, medication and treatment, communication, boundary-setting, advocacy and most important of all – care for the caregivers.

Through weekly presentations, discussions and role-playing, Family-to-Family helps family members (and friends) of the individual with mental illness to understand the illness, cope better, worry less and be more productive in their interactions. Participants receive new handouts at each class which they are able to keep for future reference.

For more information or to register for this free, 8-week class, led by NAMI-trained family members, call Pat Whitney at 603-763-5054 or Kelly Burch at 603-454-8449.

SATURDAY, FEBRUARY 29
Upcoming WCCMA Event
HopStop Family Show: Kids' Dance Party
3:00 PM to 4:00 PM at Claremont Savings Bank Community Center,

152 South St, Claremont, NH
Free

HopStop Family Show: Kids' Dance Party: Shake and boogie with Hop favorite, DJ (and dad!) Sean/LivemixKings Held one Saturday a month in both Hanover and Claremont, NH, HopStops offer young children and their caregivers free performances that entertain and introduce dance, music, theater and storytelling. These performances are participatory, so come ready to sing, dance and clap along. Bring the whole family!

For more information, please visit <http://www.wcc-ma.org/>.

Coffee Hour at St. Joseph Church

CLAREMONT, NH—On Sunday, Feb. 23rd, coffee and donuts will be served in the Parish Hall following the 9:00 Mass at St. Joseph Church, 58 Elm Street, Claremont. This will be the last coffee hour until after Easter Sunday. The following Wednesday, Feb. 26th, will be Ash Wednesday, marking the beginning of the Lenten Season.

Twin State Innovation

CLAREMONT, NH—Twin State Innovation is a monthly, entrepreneur-focused event designed to connect entrepreneurs with each other and their community. The event is free and open, everyone is welcome to attend, regardless of background or experience.

Entrepreneurs and small businesses often feel disconnected from each other and their communities. Twin State Innovation is about to tackle this challenge. The goal is to help spur a vibrant entrepreneurial ecosystem by connecting entrepreneurs – both established and aspiring – to each other and their local communities so they can receive support, develop their ideas, and collaboratively solve the problems they face.

During this event, two entrepreneurs will present for six minutes, followed by 15-20 minutes of questions from the audience. Everyone is welcome to attend regardless of their background or experience. The more community involvement and the greater the diversity of ideas the better!

For more information or to register, visit Claremont MakerSpace at: <https://claremontmakerspace.org/events/#/event/2020/2/11/twin-state-innovation>.

Yoga in the Gallery

Saturday mornings, through March 7
8:30 am - 9:30 am

Library Arts Center Gallery
58 N. Main St., Newport, NH

Price: \$12.00 to \$50.00 — \$50 for full session. \$12 drop-in per week

Saturday Morning Yoga in the Gallery
Five-Week Session

Saturday Mornings, 8:30-9:30 am

All Levels Welcome | Instructor: Brianna Renner

\$50 for the five-class series, or \$12 drop-in

This class is designed for any student looking to practice yoga. Find out more and register at libraryartscenter.org/yoga

Join 4-H for a Discussion on Homelessness

Featured Speaker: Courtney Porter, MSW, M.Ed

Social Worker - Claremont School District SAU6 and

McKinney-Vento Homeless Liaison @SAU6

Date: Thursday, Feb. 20

Time: 6pm-8pm

Location: 4-H Extension Office, 24 Main Street, Newport

The Sullivan County 4-H Youth Leadership Team is sponsoring this event as part of their "Helping Heal Homelessness & Hunger" effort.

Please RSVP - Participants do not need to be in 4-H to participate.

For further information / questions, please contact Robin Robicheau, YLT Parent Advisor: first_robin@msn.com or 603-359-6190.

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Classified Ads

NEW TO THE MARKET



TWIN VALLEY ESTATES, CHARLESTOWN— Attractive mobile home, 2 bedrooms, eat in kitchen plus a dining area. Attached covered porch, shed, landscaped lot. **See MLS# 4793053 for more info and photos. \$38,000.**



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Plainfield NH— This spacious ranch sits on 7 acres. Master suite, newly remodeled kitchen with stainless steel appliances open to the dining area with sliders to the deck overlooking your pond and beautiful sunsets. Walk-out family room with patio and hot tub. **\$414,900**

EXTREME COLD WEATHER RESOURCES

In the event of extreme cold temperatures outside we want to remind residents that they can use the common areas located inside the Claremont Savings Bank Community Center (membership not required) or the Fiske Free Library as a warming shelter during open hours



HOURS OF OPERATION:

CSBCC:

Mon - Thurs: 5:30 am to 9 pm

Friday: 5:30 am to 7 pm

Sat & Sun: 8 am to 6 pm

Fiske Free Library:

Mon, Tues & Thurs: 9 am -7 pm

Wednesday & Friday: 11 am-5 pm

Saturday: 9 am-1 pm

Valley Regional Hospital Dunning Street ER Waiting Room is also available

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Classified Ads

APARTMENT FOR RENT

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One bedroom apartment

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Call 603-359-8960, or 603-995-6692; or, email drchike@comcast.net for more info.

HELP WANTED

Legal Assistant/Paralegal Position

The law firm of Leahy, Denault, Connair & Hodgman seeking a full-time (35 hours) Legal Assistant/Paralegal (Probate experience preferred, but not required). Strong organizational, word processing and interpersonal skills required. Ability to multi-task a must.

Please submit your resume and cover letter to: Office Manager, c/o PO 829, Claremont, NH, 03743; or by email to dmelcher@leahydenault.com. All inquiries will be held in strict confidence.

PUBLIC NOTICE

PLANNING BOARD HEARING

Monday February 24, 2020 7:00 PM

Council Chambers, City Hall

Notice is hereby given that a public hearing will be held concerning the following application:

A. (PL 2020-00001) GBRB Investments, 210 Washington Street – Application for a conditional use permit for the conversion of an existing duplex to a multi-family dwelling at 11 Bond Street. Tax Map 132, Lot 15. Zoning District: CR2

Interested parties may review the applications at the City of Claremont's Planning and Development Department, 14 North Street during normal business hours. Comments may be submitted in person at the hearing, or in writing at 14 North Street, Claremont NH 03743, or by email at cityplanner@claremontnh.com.

Richard Wahrlich, Chair

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2 Story Condo 2 Bed 2 Bath

- * Spacious living and sleeping spaces
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MLS # 4792089 \$169,900



CLAREMONT, NH

2 Story New Englander 3 Bed 2 Bath

- Great bones and lots of character
- * Attached old barn with 2.56 acres

MLS # 4793126 \$105,000



CLAREMONT, NH

2 Story New Englander **Bluff Area**

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MLS # 4785754 \$139,000



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Art Exhibit: Selections

Exhibit Dates: Through March 27, 2020

Hours:

Saturdays, 10:00 am - 2:00 pm, Tuesdays-Fridays, 11:00 am - 4:00 pm

Library Arts Center Gallery

58 N. Main St., Newport, NH

Price: Free

SELECTIONS 2020—Selected Winners from the 2019 Juried Regional

Artemis Student Challenge: NASA Selects University Teams to Build Technologies for the Moon's Darkest Areas

Dartmouth Selected as One of 8 Teams to Participate in Project

Almost a quarter of a million miles away from home, the Moon's permanently shadowed regions are the closest extraterrestrial water source. These craters have remained dark for billions of years, but student-developed technologies can help shine light on all they have to offer.

Through the competitive Breakthrough, Innovative and Game-changing (BIG) Idea Challenge and the Space Grant project, NASA has awarded nearly \$1 million to eight university teams to build sample lunar payloads and demonstrate innovative ways to study the Moon's darkest areas.

"It's an exciting time for NASA and students across the country," said Drew Hope, Game Changing Development program manager at NASA's Langley Research Center in Hampton, Virginia. "Thanks to our partnership with the Office of STEM Engagement, this is the most money NASA has awarded in a student challenge directly connected to Artemis. I look forward to seeing the inventive designs come to life as well as how they can advance our exploration capabilities in permanently shadowed craters on the Moon."

The selected teams will develop ways to collect data in and around permanently shadowed regions, generate wireless power for future infrastructure, enable autonomous mobility even in the most extreme environments, and more. Such systems could benefit NASA's Artemis program and be used to study the Moon ahead of a human landing in 2024 or help establish a sustained presence by 2028.

The award values vary and are based on each team's proposed concept and budget. The 2020 BIG Idea Challenge awardees are:

Arizona State University in Tempe – \$84,333

Ball-shaped probes and a spring catapult capable of launching them from a lunar lander to different locations in and around a crater. The probes can collect and send data directly to the lander for several hours. Being able to quickly learn about a region on the Moon can



Illustration of power, lighting and roving concepts operating in a lunar crater (Credit: NASA).

help inform the potential for future human exploration as well as small rover deployments.

Colorado School of Mines in Golden with the University of Arizona in Tucson – \$114,000

Working in permanently shadowed regions on the Moon and extracting water believed to be there will require a power source for lights and machinery. This wireless energy demonstration uses lasers to power small stationary receivers. To prove the concept of laser power beaming, several two-inch cubes covered in solar panels deploy from a lander to the surface and measure the amount of light received from a lander-mounted laser.

Dartmouth College in Hanover, New Hampshire – \$83,000

Small and lightweight robot explorers that travel and work independently or as a group. Multiple rovers can connect to distribute power and form a tram-like system to navigate soft lunar terrain. The four-wheeled rover scouts

can transport instruments to different locations near the Moon's poles.

Massachusetts Institute of Technology in Cambridge – \$163,900

A lightweight tower that extends approximately 100 feet from a lunar lander. The top of the tower serves as a payload platform for a variety of instruments. The tower could enhance lunar activities, serving as a communications relay between payloads inside a deep crater and a lander as well as imaging the lunar surface at a higher resolution than spacecraft in orbit around the Moon.

Michigan Technological University in Houghton – \$161,074

A small rover to lay lightweight, superconducting cable that tethers to a lander as it traverses craters in permanently shadowed regions. Once in its final destination, the rover acts as a recharging hub and communication

(Continued on page A13)

NASA, from A12

relay for other robots working in the area, providing continuous power without requiring direct sunlight.

Northeastern University in Boston – \$90,889

This two-part system makes use of a small, legged rover (SCOUT) and support module (DOGHOUSE). At the crater's rim, SCOUT will drop off DOGHOUSE and then autonomously navigate inside the permanently shadowed region to explore the terrain. DOGHOUSE acts as a charging station and a communication relay hub. This technology could be used to survey a site ahead of other robotic, or even human, operations.

Pennsylvania State University in State College – \$145,933

An instrument to measure the composition of lunar soil in permanently shadowed regions. The technology uses a laser to determine the location and concentration of resources, such as water ice. This in-situ resource utilization prospecting work is needed to establish a sustained human presence on the Moon under Artemis.

University of Virginia in Charlottesville – \$123,596

A high-power laser attached to a lander that is located on the rim of a crater. The laser beams energy to a rover inside the crater, remotely delivering power. This technology could energize systems operating in the dark for extended periods of time, without requiring rovers to leave the region to recharge.

The grants will be used to develop and test the technologies in simulated environments over the next 10 months, demonstrating their readiness for a potential lunar mission as early as 2023. The teams will present the results of their research and development to a panel of NASA and industry experts at a face-to-face design review in November 2020.

“One of the most exciting things about this challenge is that several of the concepts, if proven to be viable as a result of these awards, could eventually be integrated and operated together on the surface of the Moon,” said Chad Rowe, acting Space Grant project manager at NASA Headquarters in Washington. “These students are part of the Artemis generation and they are helping fulfill NASA's

mission needs today, while developing relevant hands-on experience that will prepare them for aerospace careers after graduation.”

The Game Changing Development program within NASA's Space Technology Mission Directorate partnered with the Office of STEM Engagement's Space Grant project to fund unique concepts that address near-term capability requirements to support exploration of permanently shadowed regions in-and-near the Moon's polar regions. The additional funds contributed for the first time by the Office of STEM Engagement allow for larger awards, more opportunities for high-fidelity concept development, and enriched student participation in NASA's missions by leveraging the vast network of institutions comprising the Space Grant consortia spanning every state, Puerto Rico and D.C.



meet your wife for the first time when you stopped to help a motorist on a rainy evening on a lonely road? Tells us about it.

If you would like to tell a story, please e-mail Henry Homeyer, who is organizing the event (henry.homeyer@comcast.net). But we need listeners, too. So feel free to come just for the enjoyment of the evening. We hope some of you will bring cookies or other snacks to make this a memorable event.

SATURDAY, FEBRUARY 29 GAME NIGHT at Cornish Store. 6-8 pm.

Adults and children welcome.

We will have an assortment of games - feel free to bring your own favorite game. Snacks and water will be available or bring your own.

Space will be limited to 30 people so sign up early at ajacquier@tds.net.

Call Audrey at 469-3245 with any questions. Come have some fun and meet new folks!

PUBLIC NOTICE

Conservation Commission
MEETING

Thursday, February 20, 2020 6:00 PM
Council Chambers, City Hall
Gary Dickerman, Chair

PUBLIC NOTICE

Claremont Development Authority
Full Board Meeting
Thursday, February 27, 2020 7:30 AM
Visitor Center, 14 North Street
Claremont, NH

www.etickernewsoclaremont.com

REQUEST FOR PROPOSAL - PROFESSIONAL MUNICIPAL AUDITING SERVICES

The City of Claremont, NH (hereinafter called the “City”) invites qualified independent licensed municipal auditors (hereinafter called “auditor”) having sufficient governmental and auditing experience in performing an audit in accordance with the specifications outlined in the Request for Proposal (RFP) to submit a proposal. There is no express or implied obligation for the City to reimburse auditor for any expenses incurred in preparing proposals in response to this request. Proposals must be prepared in accordance with the specifications and submitted in a sealed envelope, plainly marked “Municipal Auditing Services” and addressed to: Claremont City Hall, City Manager’s Office, 58 Opera House Square, Claremont, NH 03743. All proposals/bids must be received by March 25, 2020 at 2:00 p.m. EST at which time they will be publicly opened and read aloud at the Claremont City Hall.

Sullivan County Fugitive of the Week

KYLE MEADE
DOB: 09/12/1994

LKA: 43 Sunapee Street, Newport, NH



Description: White male, height: 5'8", weight: 135 lbs., eyes: hazel, hair: brown

Reason: Failure to Appear
Original Charge: Forgery, Class B Felony

On January 28, 2020, Kyle Meade was arrested by a member of the NH State Police for allegedly committing the offense of forgery. Meade was released on pPersonal Recognizance Bail and ordered to appear in Sullivan County Superior Court on February 6, 2020.

On February 6, 2020 Meade failed to appear in Sullivan County Superior Court for his arraignment and as a result the court issued a warrant for his arrest.

The Fugitive of the Week is provided by Sheriff John P. Simonds of the Sullivan County Sheriff's Office. If you have any information regarding the whereabouts of this fugitive, please contact either the Sheriff's Office at 603-863-4200 or your local police department.

Sullivan County Republican 'Leap Into Victory' Dinner

When: Saturday, February 29th 6:00 pm
Where: Claremont Senior Center

Please join us for our "Leap Into Victory" Kickoff Dinner to the 2020 Election Cycle with Guest Speaker Hon. Kelly Ayotte and many other surprise guests. Cost is \$50 per person. In keeping with the identity of Sullivan County, you'll be treated to simple fare prepared well. Enjoy hot appetizers and socialize before the dinner that includes locally smoked meats, corn bread, and comfort foods provided by Kirby's Q of Alstead, NH.

Please email sullivanconhgop@gmail.com to RSVP or purchase tickets online at <https://scgop-leap-into-victory-dinner.eventbrite.com>.

FREE - Diabetes Prevention Program Informational Meeting

Tuesday, March 17 at 12-1 PM
Newport Health Center, Community Room

FREE Connect Suicide Prevention & Intervention Training

March 17, 2020, 1-4 PM
New London Hospital, Helm Conference Room

Call Today! 603 443-3747 603 863-0451

SUNDAY, FEBRUARY 23

**Living A Sustainable Lifestyle: Tea & Talk
3-4:30 pm at the Cornish Store**

Explore some of the major challenges facing our global environment and how you can take action to help on a local level. Bring a healthy snack to share and a passage from a favorite environmental book to share and discuss, then share your strategies for how to live more sustainably and encourage others. Topics could include environmental philosophies, clean soil, water, air, and food initiatives, reducing single use plastics, sustainable cleaning products, pollinator gardens, buying local, clean compost, and zero waste practices.

Bring your favorite mug and a short reading to share.

Tea will be provided.

Facilitators: Pat McGovern & Cindy Heath, with support from the Plainfield & Cornish Energy Committees and the Plainfield & Cornish Conservation Commissions.

Come to one or all four events: Feb. 9, 16, 23, and March 1.

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e-Ticker Business News

Frontline Management Training: River Valley Community College

To be successful, front-line managers must master a diverse set of technical, human relations and conceptual skills. Challenges include addressing increasingly diverse workforce, empowering employees, encouraging teamwork, enhancing employee performance, ensuring health and safety and improving productivity and quality. Successful completion of this management program will help new managers develop skills and confidence, as well as provide experienced managers with valuable tools to enrich their career path.

This class is geared towards anyone looking to become a better manager for their organization, whether they are new to the role or long term supervisors. Register online for the Frontline Management Series at River Valley Community College in Lebanon, NH. Join this five-week workshop which covers topics including:

- Defining The Role : Buddy-to-Boss; Understanding Values and Behaviors; Developing a Management Style; Power and Influence; Line and Staff roles
- Leadership: Alignment and Motivation: Human Factors in relationships; Building trust; Training and Coaching Techniques; Distinguishing Management from Leadership; Culture
- Human Resources: Employment law and practices; Recruiting, Training and Evaluating; Documentation
- Communications & Motivation: Written and Verbal Communications; Listening skills; Goal setting; Formal and Informal Reward Systems
- Personal & Career Management: Planning and organizing; Time management; Building your "Brand"; Assessment and Development; Mentoring

This class starts March 24 and runs every Tuesday for five weeks from 1:00 - 4:00 p.m.

For more information and to register, please visit:

<https://www.rivervalley.edu/class/frontline-management-program/>.

Instructors:

Ki Ferland

Ferland brings over 18 years of diverse Management Training experience, supporting a wide range of clients to meet their personal and organizational goals. She is currently a WorkReadyNH Soft Skills Instructor for River Valley Community College. She specializes in professional and leadership development, effective communication strategies, critical thinking, problem solving, conflict resolution, sexual harassment/ prevention awareness, and diversity and sensitivity trainings. Ki is also a Vermont State endorsed QDDP, offering service coordination for the developmentally disabled including pre and in-service trainings for their staff. Ki earned a B.S. in Human Development from the University of Vermont.

Fred King

King spent 26 years in divisions of Fortune 100 companies equally divided between leading business units and managing human resource departments. Fred's career began on the factory floor in industrial engineering, factory scheduling and managing production departments and went on to include executive level positions in retail service and wholesale distribution. After "dropping out" of the corporate world, Fred came to NHTI, Concord's Community College, as a professor in the Business Department where his course portfolio includes Introduction to Business, Principles of Sales and Small Business Management. Fred also serves as the college's liaison to their Business Training Center where he develops, and presents, programs in Management, Selling, Customer Service and Human Resources.

**Send us your
Business News**

Caitlin Harmon Named Chief Clinical Officer at Lake Sunapee VNA

NEW LONDON, NH – Caitlin Harmon, RN, BSN, has been named Chief Clinical Officer at Lake Sunapee Region VNA & Hospice (LSRVNA). Harmon's nursing career began in home health care after earning her bachelor's degree in nursing from the University of New Hampshire. Since joining LSRVNA in 2010,



Caitlin Harmon

(Continued on page A16)



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e-Ticker Business News

Harmon, from A15

she has held several positions including RN Case Manager for both home health care and hospice clients, Preceptor for new clinical field staff, and Quality Assurance Director. As Chief Clinical Officer, Harmon is responsible for oversight of clinical operations and program processes, including home care, quality assurance, intake, scheduling, medical records and performance improvement.

"Caitlin has made substantial contributions to our organization in the ten years she has been with us, and we know that she will provide strong leadership in this new position moving forward," said Jim Culhane, President & CEO.

LSRVNA serves 32 towns in Sullivan, Grafton and Merrimack counties.

For more information, call 603-526-4077 or visit lakesunapeevna.org.

Vital Communities Seeks New Leader

Tom Roberts Departing After Five Years of Strong Leadership

WHITE RIVER JUNCTION, VT—Vital Communities Executive Director Tom Roberts has decided to leave his position after five years of service, effective June 30, 2020.

"We are sorry to see Tom go. We will miss his leadership," said Vital Communities board chair Ron Shaiko, senior fellow and associate director of the Nelson A. Rockefeller Center for Public Policy and the Social Sciences at Dartmouth College. "He will leave Vital Communities in great shape, and we are grateful that he will stay until the end of June to help with the transition to the new executive director."

During Roberts's tenure, the organization grew in status and stature, from an annual budget of \$800,000 to \$1.3 million, while achieving financial stability. Vital Communities recently completed a successful fundraising campaign, raising more than \$112,000 for a Fund for the Future to support new initiatives. As it celebrated its 25th anniversary last year, Vital Communities refreshed its branding.

Its core programs continue to flourish—Energy, Food & Farm, Transportation, Local First, Valley Quest, Leadership Upper Valley, Discussion Lists, Corporate Council and Municipal Leaders Group. Several new programs have come on board in the last five years, notably Workforce Housing, Climate Adaptation, and a merger of the Sustainable Energy Resource Group (SERG) with the Energy program. Vital Communities is midway through its five-year strategic plan, one key element of which is reaching out to the "Route 11 Corridor" in the southern third of its 69 town area to engage more fully there.

The Board of Directors has created a search committee that will begin work immediately to find Roberts's successor. Hypertherm Vice President of People, Community and Environment Jenny Levy will chair the committee. "Tom leaves a strong legacy and big shoes to fill. We are ready to find the next leader to take the baton," Levy noted. "We ask our many partners, volunteers and donors in the community to identify and encourage strong candidates to apply."

After 30 years of public service, Roberts plans to take six months to a year off before taking on new work. "We have accomplished a lot here together over the last five years. It has been a privilege to work with our dedicated staff and board, together with this incredible Upper Valley community. Vital Communities is strong and will continue to flourish. During my time off, I plan to travel, spend time outdoors, hiking, reading and writing, volunteering and working on hobbies and projects at home and at my community at Cobb Hill Co-Housing. The beauty of taking a break will be seeing what unfolds."

First Foundry for American Biotechnology Launched in New Hampshire

CONCORD, NH – Last week, the U.S. Department of Health and Human Services announced that the nation's first Foundry for American Biotechnology will be launched in Manchester, NH, and will be led by Dean Kamen's Advanced Regenerative Manufacturing

Institute (ARMI). The Foundry is a public-private partnership with the HHS Office of the Assistant Secretary for Preparedness and Response intended to respond to, and protect against, health security threats; enhance daily medical care; and add to the U.S. bioeconomy.

"New Hampshire has served as a hub for innovation when it comes to advanced regenerative manufacturing and biotech research," said Governor Chris Sununu. "I am thrilled that the nation's first Foundry for American Biotechnology will be housed in Manchester in partnership with Dean Kamen's Advanced Regenerative Manufacturing Institute. The selection of Manchester to host the Foundry, a first-of-its-kind initiative, is a major vote of confidence in the world-class research and development being done right here in the Granite State."

"As the outbreak of the novel coronavirus reminds us, protecting the health and security of the American people requires constantly investing in biotechnology innovation and partnering with the private sector," said HHS Secretary Alex Azar. "The creation of the first Foundry for American Biotechnology in New Hampshire is a milestone achievement in the innovative work that ASPR has done to support America's development and manufacturing of medical countermeasures."

"ARMI is excited to announce the HHS ASPR Next Foundry for American Biotechnology (NextFAB) to produce innovations to enhance health security and foster the U.S. bioeconomy" said Dean Kamen. "An initial focus of NextFAB is the automated, on demand, and distributed manufacturing of medical therapies. ARMI's NextFab builds on the successes of ARMI's BioFabUSA program to advance the scalable, consistent, and cost effective manufacturing of replacement human tissues and organs."

The Foundry will engage regional experts and offer an idea lab, dry and wet labs, manufacturing space, and a learning zone with access to DEKA's industrial design capabilities and the company's modeling and simulation technology. The Foundry also will create and manage a commercialization program that engages private-sector partners to accelerate the adoption of the technologies.

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“Welcome to Medicare” Workshops

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- Medical Insurance
- Rx Drug Coverage
- Medicare Supplements
- Medicare Advantage
- Preventing Fraud & Abuse

**Wednesday, February 26th
1:30 PM – 4:30 PM**

**Tuesday, March 24th
1:30 PM – 4:30 PM**

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This information is provided through a partnership between the NH Department of Health and Human Services and ServiceLink. Funding is provided by the U.S. Administration for Community Living (State Health Insurance Assistance Program (SHIP) grant# 90SAPG0011 and the Senior Medicare Patrol (SMP) grant# 90MPPG0003).



Pass the Syrup, Please

Going Back for Seconds — and Thirds — at Arrowhead Pancake Breakfast

About 40 hungry diners arrived at the Teal Lantern room on Saturday morning to enjoy a pancake breakfast benefiting Arrowhead Recreation Area. Culinary arts students from the Sugar River Valley Regional Technical Center, home of the Teal Lantern, prepared and served the buffet meal, which included sausage, bacon, and a choice of coffee, tea and orange juice. This is the seventh year the fundraising breakfast started off a day of activities at Arrowhead. Left: Four friends catch up over breakfast—from left, Sharon and Stephen Wood, and Ed and Nancy Miville. Right: Charlotte Crossman brought her parents, Stephen and Elyse, to the early-morning feast. The 15-month-old started off with her favorite item, bacon, before polishing off a container of grapes she'd packed at home (Eric Zengota photos).

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Can You Improve Your Relationship with Money?

In your life, you will have all sorts of relationships – with your family, your friends, your co-workers, and even with civic groups and charitable organizations you support. But have you ever considered another key relationship – the one you have with money?

Of course, this type of relationship has several aspects, such as saving, spending and investing. And your fellow Americans clearly face some challenges in these areas. For example, in a recent survey by financial services firm Edward Jones, only 21% of respondents reported that they feel happy when thinking about saving money, while 92% said they see room for improvement in their financial health. Yet only one in four plan to improve their spending habits. Furthermore, just 26% said retirement was a top savings priority.

If you share some of these concerns, what should you do? Here are a few suggestions:

- *Identify your money-related emotions.* Try to recognize the emotions you feel in connection with saving and investing. Do you get nervous about spending? Does putting away money for the future give you satisfaction or not? Do you worry that you don't know how much you should be investing, or whether you're investing in the right way? Clearly, these types of questions can cause some anxiety – and, even more importantly, they may lead you to make poor decisions. Emotions are obviously closely tied to money – but they really should not play a big role in your spending, saving and investing choices.

- *Develop a financial strategy.* By developing a sound financial strategy, you can reduce money-related stress and help yourself feel empowered as you look to the future. A comprehensive strategy can help you identify your goals – a down payment on a new home, college for your children, a comfortable retirement, and so on – and identify a path toward reaching them. Your financial strategy should incorporate a variety of factors, including your age, risk tolerance, income level, family situation and more. Here's the key point: By creating a long-term strategy and sticking to it, you'll be far less likely to overreact to events such as market downturns and less inclined to give in to impulses such as "spur of the moment" costly purchases. And without such a strategy, you will almost certainly have less chance of achieving your important goals.

- *Get an "accountability partner."* Your relationship with money doesn't have to be monogamous – you can get help from an "accountability partner." Too many people keep their financial concerns and plans to themselves, not even sharing them with their partners or other family members. But by being open about your finances to your loved ones, you can not only avoid misplaced expectations but also enlist the help of someone who may be able to help keep you on track toward your short- and long-term goals. But you may also benefit from the help of a financial professional – someone with the perspective, experience and skills necessary to help you make the right moves.

Like all successful relationships, the one you have with money requires work. But you'll find it's worth the effort.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.



IRA? Don't wait to contribute.



Martha Maki, AAMS®

Financial Advisor

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MAKING SENSE OF INVESTING

Sunapee Food Pantry Seeks Items

SUNAPEE, NH—The Sunapee Food Pantry is seeking the following goods: gluten free foods canned meats, canned chicken & tuna, canned fruit – individual & family size, family size juice, bread mix, small, individual boxes of cereal, mayo, Saltines, potatoes, chili, pasta sauce, peanut butter & jelly, snacks, Spaghetti-o's.

In addition to food items, they could also use shampoo, conditioner, soap, laundry detergent, softener and household cleaners.

For more information, contact Laura Trow, Welfare Administrator Town of Sunapee, 603)763-2212.

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Join us – February 18th

Sponsored by



Who: 4th-12th grade youth with an adult

When: 3rd Tuesday of the Month through May
5:30-7:00PM

Where: 169 Main Street, Claremont, NH
(use Spring Street ramp entrance, follow signs inside building)

Direct your Questions and RSVP to: RogueRobotsof4H@gmail.com

RSVP appreciated but not required

Project Julia: A Legacy of Comfort & Healing

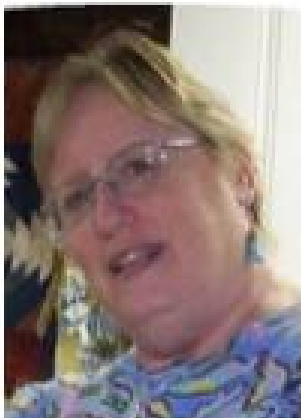
By Jennifer Ucci

There is power in a quilt – especially when stitched together with love, sympathy, hope and caring. No one understands this more than Deb Homer, the founder of Project Julia.

Located in the heart of Sunapee, NH, in a little-known studio tucked away lakeside is a quilter's paradise. There are rows of thread in every color, nooks and shelves lined with yard after yard of fabric in every hue and design imaginable. Ongoing projects, hi-tech machines and quilt patterns stacked high adorn the workstations where each quilt is crafted with precision and care. It is here that Deb Homer and friends design and craft quilts for survivors of violence and others in need.

"The story really begins with Julia" said Homer, seated at a sewing table, fingers deftly sorting through colorful bits of fabric as she speaks. "She loved people. If she knew you, she would always hug you. She also loved quilting. All of this, is because of her."

The "Julia" Homer is referring to the late Julia Philipson of Andover, NH. Julia, an avid quilter, was well known and loved in the community. Born in Illinois, Julia graduated from the Parsons School of Design before relocating to Andover where she then worked for almost 30 years at Peter Christian's Tavern in New London as a pastry chef. It was here that she co-authored two cookbooks. She also worked for The Constant Quilter in Andover, NH. In later years, her entrepreneurial spirit shone as she became a partner in several local businesses such as Ruby and Petunia, a stained-glass business, Moose Country Gourmet, a specialty food company, and last but certainly not least, Piecing Harmony, where she became known for her quilting patterns. Over the years, Julia collected fabrics, filling her home studio with bolt after bolt, amassing a treasure trove of fabrics and prints that would keep any quilter busy for a lifetime.



Julia Philipson

In 2010, Julia was diagnosed with Glioblastoma, a rare form of brain cancer. For the next year and a half, surrounded by her friends, Julia battled for her health until December of 2011. In her will, she left her studio full of fabric to her good friend Paula Higgins.

"It took several months before we were ready to go into Julia's studio" said Homer. "Paula took the largest cuts for her home studio in Vermont, but it didn't make even a dent in the fabric collection."

It was right around this time that Deb Homer learned of Turning Points Network through another friend of Julia's, Deb Coffin. "I had learned a young mother in the shelter who had been abused during her pregnancy had given birth. I gave Deb one of the quilts to give to her for the baby. It was then that it really hit home to me—pregnant women are abused. I knew I wanted to help." In that moment, Project Julia was born. "We had to use the material in the studio, and this was a perfect cause."

"In the beginning it was me, Deb Coffin and Linda Barnes at The Constant Quilter donating her long-arming services. Over the years, we have built a network of quilters across Vermont and New Hampshire - some who do entire quilts, some who do certain parts. Together we make all kinds of quilts – throw quilts, cuddlers, swaddle sizes, lap quilts and more" said Homer.

The quilts are a welcome gift. Turning Points Network, with offices located in Claremont and Newport, NH, is the Sullivan County crisis and support center for survivors of domestic and sexual violence. Since its inception in May of 2012, Project Julia has donated 453 quilts to the nonprofit. Quilts are given to survivors and their children. Especially for young children who often have to leave their home with nothing, the quilts provide comfort, warmth and security – all invaluable elements in healing.

The kids will say "This is mine. I don't have anything else that is mine" said Homer. "To know there are children anxious from the aftermath of leaving their home – it touches your heart."

As Project Julia continues to grow, so too does the creativity; "We make bins, bags, etc., we even have a quilter who makes dog beds and has donated them to the Upper Valley Humane Society and Franklin Animal Hospital. We continue to expand, and we waste very



little. Even the scraps are used to create quilting kits which we then distribute." The studio has also grown, equipped with the latest in computerized stitching with a recently acquired computerized long arm machine which gives the team access to 500 designs, all at 1200 stitches per minute, allowing greater creativity and speed when crafting their designs.

Project Julia holds one fundraiser a year to help with the cost of batting to sandwich the quilts, at the Wilmot Community Association Holiday Fair, always the 1st Saturday in December.

"The generosity of Deb Coffin - she created this space and bought this beautiful machine – she really helped make all of this possible, she and Julia" said Deb Homer. "We have very little overhead, we have so much fabric donated – bins and bins of material people have brought to us to deconstruct and reuse, from fabric pieces to antique quilt tops, we get so much and it's fun to see what comes in."

"If we can give back to the community with our various talents in quilting, there is the reward."

For more information on Project Julia or to get involved, please contact Deb Homer directly at debbiedoo45@gmail.com.

SHS Alumni Meeting Feb. 19

CLAREMONT, NH—The next Stevens Alumni meeting is scheduled for Wednesday, Feb. 19th, at 5:30 p.m. at the office on W. Pleasant St. If anyone has any news they want in the annual newsletter, now's the time to get it in, especially class news.

Cardboard Sled Race Results

Youth Creativity and construction scores. Lego sleds were all built the same, accounting for the same score.

Sled No.	Sled Name	Score
108	Sky Hawk	49
104	#8 Speeder	45
110-122	Lego sleds 1-13	45
102	Rocket Man	44
103	Wise Choice	43

Youth top speeds, time is in seconds

Sled No.	Sled Name	Time
124	Candy Crushers	25
119	Lego 10	32.7
126	Arctic Blast	40.3
104	#8 Speeder	41
112	Lego 3	42
110	Lego 1	43
118	Lego 9	45
109	American Truck	46
103	Wise Choice	47
125	Gemini Slippery Slope	48.7

Adult and Family Creativity and construction scores.

Sled No.	Sled Name	Score
305	Constitution	55
301	Bat Mobile	52
306	Sweet Dreams	43
304	Lite Switch	38
302	Hot Sleboggan	36
303	The Switch	36

Adult and Family top speeds, time is in seconds

Sled No.	Sled Name	Time
305	Constitution	20
302	Hot Sleboggan	23.5
301	Bat Mobile	33.9
306	Sweet Dreams	51

Arrowhead Cup - Best overall Sleds
 Youth – Sled number 108 Sky Hawk;
 Adult and Family – Sled number 305 Constitution



SATURDAY, FEBRUARY 29
'Cool' Snow Sculptures for Families

10am-12pm

Location: Saint-Gaudens National Historical Park

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