

Division 2 State Tournament at UNH...

It was a busy day for Stevens High School swimmers Liam Clark, Brady Small, Prescott Herzog and Bryce Jarvis and head coach Abbey Rouillard at Saturday's Division 2 State Tournament at UNH. Results for Division 2 may be found at: <http://www.nhcaa.org/swim-results/division-2/2019/index.htm> (Courtesy photo).



It was a Cardinal-Cougar split Friday evening at Carr Gymnasium. The JV girls basketball team defeated ConVal in the opener, while the SHS varsity team fell in the closer (Courtesy photo).



SHS Boys Varsity Basketball

12/14/18	Laconia	L 37 - 65
12/18/18	at Lebanon	L 21 - 70
12/21/18	at Oyster River	L 22 - 71
01/02/19	at Fall Mountain	L 52 - 54
01/04/19	Merrimack Valley	L 42 - 63
01/08/19	Hanover	L 55 - 85
01/11/19	Bow	L 32 - 77
01/15/19	at Newport	L 56 - 60
01/18/19	at Hollis-Brookline	L 36 - 72
01/25/19	at Coe-Brown Northwood	L 38 - 55
01/30/19	Fall Mountain	L 61 - 66
02/01/19	Plymouth	L 41 - 65
02/08/19	at ConVal	L 21 - 77
02/11/19	Newport	7:00 PM
02/15/19	at John Stark	6:30 PM
02/19/19	at Kearsarge	6:30 PM
02/26/19	Souhegan	7:00 PM
03/01/19	Kearsarge	7:00 PM

Springfield VT's Wrestlers Making Waves

SPRINGFIELD, VT—The Junior High and High School wrestlers are making great strides and powering through the tournament season. On Jan 26, the team hit the mats at Vergennes HS: Skylar Wallace and Brandon Bennett each nailed the first-place spot, and Donavin Sprano brought home a bronze for third place. The junior high team saw some arms raised in victory that day, including a third-place win by Trenton Rumrill and a champ spot on the podium for newcomer Ayden Smith.



On Feb 2nd, the team descended upon Mt. Mansfield HS in Jericho, VT, for more action: Six varsity wrestlers and six JH wrestlers competed against teams from VT, NH, and NY to bring home several very respectable and hard-won 2nd and 3rd place wins.

The varsity team was slated to head to Fair Haven, VT, on Feb. 9 for a Marble Valley League tournament; updates and live videos available at the team's FaceBook page: <https://www.facebook.com/SpfldVTWrestling/>.

Marshall Simpson moves to pin his opponent at Mt Mansfield HS; Ayden Smith battles it out on the mat behind (Crystal Simpson photo).

SHS Girls Varsity Basketball

12/07/18	at Souhegan	W 62 - 29
12/11/18	Kearsarge	L 24 - 39
12/14/18	at Laconia	L 29 - 44
12/18/18	Lebanon	L 14 - 54
12/21/18	Oyster River	L 45 - 47
01/02/19	at Fall Mountain	L 41 - 50
01/04/19	at Merrimack Valley	L 47 - 51
01/08/19	at Hanover	L 17 - 80
01/11/19	at Bow	L 30 - 45
01/15/19	Newport	W 40 - 29
01/18/19	Hollis-Brookline	L 34 - 53
01/25/19	Coe-Brown Northwood	L 45 - 48
01/30/19	Fall Mountain	W 50 - 47
02/01/19	at Plymouth	L 44 - 54
02/08/19	ConVal	L 26 - 41
02/11/19	at Newport	7:00 PM
02/15/19	Timberlane	7:00 PM
02/19/19	at Kearsarge	5:00 PM

Lebanon-SHS-Mt. Royal Ice Hockey (Boys)

12/12/18	Alvirne-Milford	L 3 - 8
12/15/18	at Somersworth-Coe-Brown	W 4 - 1
12/19/18	Goffstown	L 3 - 6
01/02/19	Kingswood	W 5 - 4
01/05/19	Merrimack	W 5 - 2
01/07/19	John Stark	L 0 - 4
01/12/19	at Kingswood	W 1 - 0
01/19/19	St. Thomas Aquinas	L 4 - 6
01/25/19	at Oyster River	L 4 - 5
01/28/19	at Berlin	W 4 - 3
02/02/19	at Dover	L 0 - 4
02/06/19	Spaulding	W 6 - 1
02/09/19	at Portsmouth-Newmarket	10:45 AM
02/13/19	Berlin	6:00 PM
02/16/19	at Merrimack	4:40 PM
02/20/19	at Keene	8:00 PM
02/23/19	Winnacunnet	5:30 PM

Lebanon-SHS-Kearsarge Ice Hockey (Girls)

12/12/18	at Bedford	W 10 - 4
12/15/18	Oyster River-Portsmouth	L 1 - 9
12/18/18	at ConVal-Conant	W 9 - 0
12/22/18	Concord	L 2 - 4
12/28/18	Berlin-Gorham	L 0 - 2
01/05/19	at Exeter	L 0 - 10
01/10/19	Pinkerton	L 6 - 8
01/12/19	Bishop Guertin	W 9 - 4
01/18/19	Keene-Mon-Fall Mountain	W 5 - 0
01/26/19	at Berlin-Gorham	L 2 - 6
01/27/19	at Bishop Brady-Trinity-West	1:30 PM
02/05/19	Manchester Central	W 7 - 0
02/09/19	at Souhegan	L 2 - 5
02/12/19	Hanover	4:50 PM
02/19/19	Kingswood	5:30 PM
02/20/19	at Keene-Mon-Fall Mountain	3:00 PM
02/23/19	St. Thomas-Winnacunnet	3:10 PM

Cards Fall to Top-Seeded Cougars

The Stevens boys basketball team played just a single game this past week as they traveled to Peterborough to take on the top seeded Cougars of Con Val.

The Cougars showed why they are the top seeded team in Division II as they ran away for a 77-21 victory before their home fans.

Stevens got 7 points and 5 rebounds from Sophomore Owen Taylor. Josh Stithen scored 4 points, while Ethan Johnson and Quentin Bicknell each chipped in with 3 points apiece.

The Junior Cardinals did not fare much better as they dropped a 52-21. Brennan Huntoon and Cooper Moote paced the Cardinals with 5 points. Brady Moote added 3 points and hauled down 10 rebounds.

Both teams are in action Monday night at Frederick Carr Gymnasium as they take on the Tigers of Newport. The JV game begins at 5:30 with the varsity game starting at 7:00 p.m.

Register Now for Spring Hunter Education Classes

CONCORD, NH — If you need to complete a hunter education class, sign up now to reserve space in a class this spring or summer. Whether you want to enroll in a classroom experience or would prefer to learn online, register at www.huntnh.com/hunting/hunter-ed.html. Select "Find a Hunter Education Course," select a traditional or online class, then complete the registration to join. Walk-ins are accepted on a space-available basis, but there are no guarantees; pre-registration is highly recommended.

"Spring and summer are your best bets to be sure of getting into a course," said N.H. Fish and Game Hunter Education Coordinator Josh Mackay.

Hunter education is required in New Hampshire before a new hunter can purchase his or her first hunting license. If you are age 16 or older, a license to hunt is mandatory. To meet this requirement, the New Hampshire Fish and

Game Department offers classes around the state. Participants must be at least 12 years old by the last day of the course to achieve certification in basic Hunter Education.

Hunters who purchased an Apprentice Hunting License last year must take Hunter Education before they can purchase a hunting license. The Apprentice Hunting License allows people to hunt under the guidance of an experienced hunter, without first taking Hunter Education. Learn more at www.huntnh.com/hunting/apprentice.html.

Monarchs Fall One Game Short of Sweep in 7-3 Loss to Swamp Rabbits

MANCHESTER, NH—The Manchester Monarchs fell one game short of the weekend sweep Sunday afternoon, as the Greenville Swamp Rabbits took home a 7-3 win at SNHU Arena.

The Monarchs (26-21-1-1) and the Swamp Rabbits (17-30-3-2) fought evenly for the first two periods, but ultimately the Swamp Rabbits came away with the 7-3 win after scoring four unanswered third period goals.

The Monarchs opened scoring at 2:34 of the first period when Cory Ward scored his 13th goal of the season. After Swamp Rabbits goaltender, Chris Nell, gave up a rebound to the top of the crease, Ward tipped it past Nell, to make the score, 1-0.

The Swamp Rabbits answered at 3:29 of the first period when Jake Bolston scored his ninth goal of the season. After Chris Izmirlian sent a pass to the top of the right circle, Bolston found the puck and wristed it over the shoulder of Monarchs goaltender, Cole Kehler, making the score, 1-1.

The Monarchs scored again at 4:45 of the first period when Spencer Watson scored his 19th of the season. The Swamp Rabbits answered at 6:03 of the first period when Izmirlian scored his 15th of the season.

The Monarchs regained the lead when Watson scored his 20th of the season, second of the game at 17:36 of the first period. The Swamp Rabbits scored the only goal of the second period at 8:18, when Kamerin Nault scored his fifth of the season.

The Swamp Rabbits gained the lead at 2:53 of the third period when Austen Brassard scored his 15th of the season.

The Swamp Rabbits increased their lead at 10:26 of the third when Nault scored his sixth of the season, second of the night. Skating in from the right circle, Nault wristed the puck over the blocker of Kehler, making the score, 5-3.

The Swamp Rabbits would add two more goals by Dylan Vander Esch and Brassard, taking home a 7-3 win over the Monarchs. The Monarchs return to action Wednesday, February 13 at 7 p.m., when they take on the Jacksonville Icemen at Jacksonville Veterans Memorial Arena. For tickets, Season Memberships and group tickets, please contact the Monarchs front office at 603-626-7825.



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Inspiration

Amy

By Priscilla Hull

Perhaps the most intelligent dog I've ever know was a German Shepherd we had 40 plus years ago. She is the reason our family was so involved with dog training. Gary took her to her first obedience class when she was about four months of age. She graduated at the top of the class. She was absolutely perfect, a joy to behold. We started her in match shows at six months and point shows by eight months. The difference in the two kinds of shows is simply that the match shows are for fun. We went to the match shows just to get ourselves and Amy used to performing in a ring with other dogs. Amy excelled and usually won with the highest score. After three shows at the beginning level, Amy was one of the youngest dogs ever to achieve the title of Companion Dog. She was ready for the next level, Companion Dog Excellence. This level requires more complex commands like responding to hand signals only, a down stay with the handler out of sight and such commands. Again, Amy excelled at these things - in class, at home, even with our oldest daughter handling her. We took her to a couple of match shows and she was again, the highest scoring dog in the ring!

Amy was ready to again be the youngest dog in her class. With confidence, we entered her in a point show. This obedience example par excellence astonished us all, by never getting up from the down position, but worming her way out of the ring when Gary left the ring! We tried every solution. I double handled her in match shows and she was perfect, but we couldn't double handle in a point show, so we finally gave up! The youngest, smartest dog couldn't win a show because she was smarter than her handlers!

The kids had a homemade "jungle gym", three eight foot ladders braced together. Amy loved to climb it and walk across the cross piece, then crawl down the opposite ladder. She would walk across a two by four balanced between two oil drums. Amy would shepherd the children. We had a large yard and I could open the door and tell her to get them and she would. She loved playing hide and seek with the kids also.

I had a large garden which Amy really enjoyed. Cherry tomatoes and raspberries were her favorites. She'd pull back her lips and very gently pick only the prime ripe of both! Very frustrating, but we loved her anyway!

Amy was the perfect German Shepherd, beautiful to look at and so gentle and patient with all children and anyone who came into the house - except any one who seemed suspicious to her. When she felt any chance of distrust, she would place herself between the visitor and her family and she would shepherd any of us who she felt was out of her protection. Needless to say we felt very safe with Amy in the house.

Sadly Amy developed ovarian cancer and died very quickly. We were medicating her and one sad say she went out to the garden and just laid down to die! Such a beautiful life she shared with us.

For every wild animal in the forest belongs to me, as well as the cattle that graze on a thousand hills. I keep track of every bird in the hills, and the insects of the field are mine.

Psalm 50:10-11

Priscilla Hull is the Lay Leader of the First United Methodist Church.



Calendar Of Events

CHARLESTOWN PARKS AND RECREATION COMMITTEE RECREATION NEWS

REC VS PD BASKETBALL GAME: Come on out and root for your favorite team in the annual Recreation Dept versus Police Department Basketball Game. Friday, February 22, 6pm. \$2.00 per person or 2 nonperishable food items per person. Food items to be donated to the Food Shelf.

SOFTBALL AND BASEBALL SIGNUPS: Please visit the Town Office at 233 Main Street, Charlestown, during normal business hours, to sign up for softball and baseball season. Evening signups are set for March 7 and 8 from 6-8pm at the Charlestown Rec Office. Saturday hours are March 9 from 10-noon, also at the Rec Office. There is a hard deadline for baseball signups. The CV Cal Ripken Baseball League will not accept **additional sign ups after March 16.**

BASEBALL UMPIRES AND COACHES are needed to ensure all teams are ready on game day. A Coaches Clinic will be available in March. If you can help umpire or coach, please contact the Town Office 603-826-4400. Applicants will be subject to background checks.

POOL DIRECTOR AND POOL GUARDS: Time to start planning for Summer! The CREC is accepting applications for a Pool Director and Life Guards. Training is available in February/March (dates to be determined). Guaranteed hours. Starting wage based upon experience. Applicants subject to background check. Please call or visit Town Office to submit an application.

RISE AND YOGA: by Krystal Boivin. Rise and Yoga will continue. All fitness levels welcome! Bring a friend! Tuesdays 5:30-6:00 AM. At the Charlestown Old Town Hall, 29 Summer St., Charlestown, NH. Suggested

donation \$15. www.krystalboivin.com - Facebook: @boivinkrystal - Instagram: @krystal-boivin.yoga.

RECREATION COMMITTEE MEETING:
Here are the dates for the February & March CREC meetings:
Tuesday, February 19
Tuesday, March 5
Tuesday, March 19
Meetings start at 6:00 pm at the Recreation Committee Office, 216 Main St., Charlestown. The meeting is open to the public.

CHARLESTOWN RECREATION DEPARTMENT FACEBOOK PAGE
Please continue to check the Facebook page for all announcements and upcoming events.

Help Available for Advance Directive Documents

WINDSOR, VT—Thinking about completing an Advance Directive as a loving gift to your family? Advance Directives (AD) are legal documents that allow you to decide what type of medical care you want if you ever become unable to speak for yourself.

Mt. Ascutney Hospital offers free individual sessions for assistance in completing this important document. Our AD Clinics are being held the 2nd and 4th Wednesday of the month in Windsor from 1:00-3:00 p.m. The Clinics are led by Linda Wilson, APRN, DNP. Make an appointment by calling (802) 674-7483.

There is an additional AD Clinic in Woodstock at the Thompson Senior Center every 2nd Monday of the month from 1:00-3:00 p.m. Make an appointment by calling (802) 457-3277.

Woodworking Event with PBS Host Tom McLaughlin

CLAREMONT, NH—Master Woodworker Tom McLaughlin will be in Claremont on February 16th for a 1:00 p.m. workshop at the Claremont MakerSpace, 46 Main St in Claremont. The workshop is organized by the West Claremont Center for Music and the Arts and the Claremont MakerSpace.

Attendees will be able to see McLaughlin speak about woodworking techniques to build stunning furniture, and to ask questions. In this

workshop he will focus on techniques needed to build a Shaker Hall Table designed by McLaughlin, including mortise and tenon joinery, making tapered legs on the tablesaw, hand-cut pocket holes, using a hand plane for polished surfaces, and more.

The lecture style workshop and will discuss techniques and tips for furniture building, and will be followed by a Q & A and reception with McLaughlin.

Tickets should be purchased in advanced, seating is limited. Early Bird tickets are \$30 (\$25 for members of CMS or WCCMA) until February 9, and \$35 after that.

For more information please visit wcc-ma.org or claremontmakerspace.org/events.

Open House at NECA Feb. 13

CLAREMONT, NH—Looking for a unique and rewarding school for your student? New England Classical Academy (NECA) offers small class sizes, an arts-enriched curriculum, character development, and liberal arts education for kindergarten through twelfth grade! Now accepting enrollments for the 2019-20 school year, the school is hosting an Open House on Wednesday, Feb. 13, from 5:00 to 8:00 p.m. The school recently moved to a new location at 59 Old Church Rd. in Claremont, NH.

The Open House will offer an opportunity to meet the faculty and staff, tour the new school, discuss financial aid options and see examples of students' work. Unable to attend the Open House? Schedule a visit at your convenience by calling (603) 543-3400. For more information visit the school website at www.newenglandclassicalacademy.com or their FB page, New England Classical Academy.

Spirit of Johnny Cash Playing at COH

CLAREMONT, NH—Claremont Opera House, WCNL Country 1010, and the Common Man Inn and Restaurant welcome The Spirit of Johnny Cash back to the Claremont Opera House by popular demand Saturday, March 9th, at 8:00 p.m. This is what country music is all about - the music of Johnny Cash. The Nashville music press has hailed this show as a "must see to believe." Harold Ford is incredible as Johnny Cash. He sings and

looks exactly like the man in black - and it comes naturally.

You'll hear many of Cash's great hits, including *Folsom Prison Blues*, *I Walk the Line*, *Ring of Fire*, *Jackson* and many more. The performance also features great songs by The Highwaymen, a project that featured Cash, Waylon Jennings, Willie Nelson and Kris Kristofferson as well as Carter Family tunes. Harold Ford's performance as Johnny Cash has mesmerized many an audience, which you'll realize as you applaud for an encore!

Reserved tickets are \$24, including handling fees and can be purchased online at www.claremontoperahouse.org, in person at 58 Opera House Square in the City Hall complex, or by phone at 603-542-4433.

Overeaters Anonymous Big Book Meetings

CLAREMONT, NH—Overeaters Anonymous Big Book Meetings are held at Valley Regional Healthcare in Claremont on Wednesdays from 3:30-4:30 p.m. in the library. Please use Dunning Street entrance.

Claremont La Leche League

CLAREMONT, NH—Breastfeeding questions? Get answers and meet other breastfeeding mothers. Claremont La Leche League will be meeting on the 3rd Thursday of the month at the TLC Family Resource Center, 109 Pleasant Street: Mornings, from 9:30—11:00 a.m., evenings, 5:30—7:00 p.m. LLL Leaders are trained and accredited through LLLI to offer help to parents, families, and communities to breastfeed, chestfeed, and human milk feed their babies through parent-to-parent support. A leader will be available to answer your questions.

Assistance, information, and support are also available via telephone, email, and the LLLI website. ClaremontLLL@gmail.com, Jess (603) 630-0184, Zariah (603) 306-9892; they may also be found on Facebook.

Caregiver Support Group

SPRINGFIELD, VT--A Caregiver Support Group (formerly Alzheimer's Support Group) is available to help enhance the lives of individuals with Alzheimer's disease and other demen-

tias. Presented by Alzheimer's Association, Vermont Chapter, the Caregivers Support Group meets the third Wednesday of every month, 5:00 - 6:30 p.m. at Springfield Hospital Library, Level D, Springfield.

Join the Boy Scouts

CLAREMONT, NH—If you have a young man going into 6th grade and is 11 years old that you think needs an advantage in life, then have them consider becoming a Boy Scout. Boy Scouts learn valuable skills in leadership, team building and self-reliance. Boy Scouts that earn the rank of Eagle have a high likelihood of becoming successful in life and stay active in their communities. When the school starts, Troop 38 of Claremont, NH, meets every Thursday 6:30-8:00 p.m. at St. Mary's church gymnasium. Join us for a good time and new adventures. Contact Alex Herzog, Scoutmaster of Troop 38, at claremontscout@gmail.com for more info or come and join us at one of our upcoming meetings.

Croydon Ladies Auxiliary Bingo

CLAREMONT, NH--The Croydon Ladies Auxiliary is sponsoring bingo every Thursday. Held at the Claremont Senior Center, 5 Acer Heights off Maple Avenue in Claremont. Doors open at 4:30 p.m. and games start at 6:30 p.m. Food and drinks available. Open to those 18 and older. Call Sandy at 543-7118 for more information.

All paper games.

County Spring Plant Sale

UNITY, NH—Sullivan County Conservation District's 2019 Spring Plant Sale is here! This year's Plant Sale is now underway, featuring a variety of quality plants at good prices. The money raised from the sale supports conservation activities throughout the year, including workshops, programs and projects aimed at promoting and conserving the county's natural resources. All of the plants offered are hardy, healthy, and adapted to our growing conditions. Most are native, and none are invasive. New items this year include an assortment of trees, shrubs, and wildflowers that benefit wildlife as well as bulbs, a hosta, and a few ornamentals. Cover Crop Seed will also be

sold in small quantities for home gardeners to prevent erosion and increase soil health.

Visit <https://www.sccdnh.org/local-agriculture> for more information and to order.

The order deadline is Sunday, March 3rd, 2019.

Plant pick-up will be on Saturday, May 4, 2019 from 9am-11am at the Ahern Building garage, Sullivan County Complex, County Farm Rd. Unity, NH.

If you would like a catalog and order form mailed to you, please contact Dawn Dextraze at 603-542-9511 x269 or ddextraze@sullivan-countynh.gov.

Strength and Balance Exercises in Newport

NEWPORT, NH—Lilyan's Legacy Exercise Class in Newport. Strength and Balance Exercises as taught by Dr. Lilyan Wright. Volunteer-led exercises in the new downstairs activity area of the Newport Senior Citizen Center. Held Tuesdays and Thursdays, 9:30 to 10:30 AM. Spring 12-week session begins January 8. Join us at any time.

No charge for the class, but a voluntary, one-time, donation is made to the Senior Center. Exercises are centered around a chair, utilize weights (provided), and are easily adaptable to personal capability. No registration required.

Questions? Contact Pris, 603-863-7970.

Workshop: Scan N Cut 101

CLAREMONT, NH—Come learn the basic operations of the Brother ScanNCut – an awesome, electronic cutting machine that can scan your design and then precisely cut it from fabric, paper and more. This class will focus on using the machine for paper cutting, as participants use the ScanNCut to create custom Valentines day cards. This class is intended for beginners, and no previous experience with personnel electronic cutting machines required. After completion of Scan N Cut 101, students will have the opportunity to be approved to use this machine independently.

To register for this class, please go here: <https://claremontmakerspace.org/events/#!/event/2019/2/13/scan-n-cut-101>

Date: Wed. Feb 13, 6 PM

Location: Claremont Makerspace, 46 Main St. Claremont NH

Bingo at the Charlestown Memorial VFW Post 8497 Post Hall

CHARLESTOWN, NH--Bingo is held Wednesdays at the Charlestown Memorial VFW Post 8497 Post Hall, 365 Lovers Lane Road in Charlestown, NH. The regular games start at 6:30 p.m. with Early Birds games commencing at 5:00 p.m. Eight regular games, four two-part games, and three special games, including a winner take all with a \$1,000 kicker if won in 50 numbers or less, a carry-over cover-all game also paying off in 50#'s or less or a consolation of \$150, plus the final Jackpot game paying \$150. All regular and special games are now on PAPER. Bingo is the VFW Post 8497's primary fundraiser for its various scholarships and sponsorships. Food and drinks are available.

Newport Historical Society Museum Hours

NEWPORT, NH--Interested in local history? Come visit the Newport Historical Society Museum, 20 Central St., Newport, NH. Located in the 1837 Nettleton House, the museum has two floors of annually changing displays to wander through.

Open Sundays (except holiday weekends), from 10AM to 2PM, and by appointment by calling 603-863-1294. The museum is free, heated, air-conditioned, and handicapped accessible.



Highview Realty
42 Summer Street
Claremont, New Hampshire
03743
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REV. DEC. 13, 2018

MONTHLY FOOT & BLOOD PRESSURE CLINIC SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1st WEEK of the month</p>	<p>BLOOD PRESSURE CLINIC COA, New London 9:45 – 11:15 am Lebanon Senior Center 10:00 am – 12:00 pm</p> <p>FOOT CLINIC Meriden Congregational Church 12:00 – 4:00 pm</p>	<p>BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Newport Senior Center 10:45 am – 12:00 pm</p>	<p>BLOOD PRESSURE CLINIC Newport Rite Aid 11:00 am – 1:00 pm</p> <p>FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm Mascoma Senior Center, Canaan 9:00 am – 12:00 pm</p>	<p>BLOOD PRESSURE CLINIC Claremont Senior Center 10:30 am – 12:00 pm</p> <p>FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm</p>	<p>FOOT CLINIC COA, New London 9:30 am – 1:00 pm</p>
<p>2nd WEEK of the month</p>	<p>BLOOD PRESSURE CLINIC Charlestown Senior Center 11:00 am – 1:00 pm</p> <p>FOOT CLINIC Charlestown Senior Center 9:00 am – 4:00 pm</p>	<p>BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Bourdon Centre, Claremont 10:00 – 11:30 am Grantham Methodist Church 11:15 am – 12:00 pm Sugar River Mills, Claremont 1:00 – 2:00 pm</p> <p>FOOT CLINIC Sugar River Mills, Claremont 12:30 – 2:30 pm</p>	<p>FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm</p>	<p>BLOOD PRESSURE CLINIC CSB Community Center, Claremont 10:30 am – 12:00 pm</p> <p>FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm</p>	<p>FOOT CLINIC COA, New London 9:30 am – 1:00 pm</p>
<p>3rd WEEK of the month</p>	<p>BLOOD PRESSURE CLINIC Lebanon Senior Center 10:00 am – 12:00 pm</p> <p>FOOT CLINIC North Ridge, Warner 9:30 – 11:30 am</p>	<p>BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Danbury Community Center 10:00 am – 12:00 pm Newport Senior Center 11:15 am – 12:15 pm</p> <p>FOOT CLINIC Marion Phillips Apts, Claremont 1:00 – 4:00 pm</p>	<p>BLOOD PRESSURE CLINIC Goshen Parish Hall 10:45 – 11:45 am Newport Rite Aid 11:00 am – 1:00 pm</p> <p>FOOT CLINIC Claremont Senior Center 8:30 am – 3:00 pm</p>	<p>BLOOD PRESSURE CLINIC Bradford Senior Center 11:00 am – 12:00 pm Claremont Senior Center 11:00 am – 12:00 pm Maple Manor Apts, Newport 3:15 – 4:00 pm</p> <p>FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm Lebanon Senior Center 10:00 am – 2:00 pm</p>	<p>FOOT CLINIC Warner Pharmacy 9:30 am – 12:00 pm</p>
<p>4th WEEK of the month</p>	<p>FOOT CLINIC Newport Senior Center 9:00 am – 3:00 pm Lake Sunapee VNA 9:30 am – 1:30 pm</p>	<p>BLOOD PRESSURE CLINIC Lake Sunapee VNA 9:00 am – 12:00 pm Cornish Town Hall 11:15 am – 12:30 pm Marion Phillips Apts, Claremont 1:00 – 2:00 pm</p> <p>FOOT CLINIC Lebanon Senior Center 10:00 am – 2:00 pm</p>	<p>BLOOD PRESSURE CLINIC Warner Senior Center 10:30 am – 12:00 pm</p> <p>FOOT CLINIC Newport Senior Center 8:30 am – 3:00 pm</p>	<p>BLOOD PRESSURE CLINIC Plainfield-location varies 11:30 am – 1:30 pm</p> <p>FOOT CLINIC Lake Sunapee VNA 9:30 am – 1:30 pm</p>	<p>These events take place every month, except on holidays. Foot Clinics are by appointment only and cost \$25. For more information or to verify a date, call 603-526-4077 or visit: LakeSunapeeVNA.org</p>



Join Us For
"Pins for Pets"


Wednesday, Feb 27th
6pm - 10pm
A Night of Bowling, Pizza and Pop
At Claremont Maple Lanes

2 Games of 10-Pin
Shoe Rental
Slice of Pizza & Pop
For Only \$15 Per Person

Tickets
At the Door

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sullivancountyhumanesociety.org

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Claremont Maple Lanes
All Proceeds To Benefit SCHS





Sullivan County Humane Society
would like to serve you
an All-You-Can-Eat
homemade

Spay-ghetti Dinner
Saturday, March 2nd
4pm ~ 7pm



At the Claremont Country Club
Located off of Maple Avenue

Dinner Includes: Your choice of sauce (neutered
or un-neutered), Spaghetti, Bread, Salad And Dessert!
(Drinks not included, can be purchased at bar)



Tickets, \$10 each Kids under 6
eat free with Adult ticket

Sponsored in part by:
Claremont Country Club
All proceeds to benefit SCHS



Tickets can be purchased with these three options:

1. online www.pinnaclestrive.com/index.php?n=schs_spay_ghetti_dinner_2019
2. top at the shelter @ 14 Tremont St
3. at the door, the night of the dinner.

For more info visit us @ sullivancountyhumanesociety.org

Workshop: Make A Silver Ring

CLAREMONT, NH—In this workshop, you'll learn the basics of silver-smithing while you make a simple silver ring! The instructor will guide you through various options for how to embellish your band, the shape of which you will get to choose. You'll try soldering and learn how to polish your finished product into a beautiful ring! No experience necessary. All materials will be provided, and \$5 materials fee is included in the registration cost.

To register, please go here: <https://claremontmakerspace.org/events/#!event/2019/2/15/make-a-silver-ring>

Date: Feb 15th, 5 - 8 PM

Location: Claremont Makerspace, 46 Main Street, Claremont NH

Workshop: Jewelry Studio Training

CLAREMONT, NH—The Jewelry Studio Training is designed to prepare you to work independently in the Claremont MakerSpace's jewelry studio. This is a beginner level training, and suitable for anyone interested in gaining the skills to use the tools in the Jewelry Studio. The goal will be to certify you to use the studio. The focus is on tool skills and studio protocols.

Jewelry Studio Training will cover:

- The CMS Jewelry Studio layout, procedures, and safety protocols
- Correct technique for using all primary tools in the CMS Jewelry Studio
- An overview of metals commonly used in the Jewelry Studio and their characteristics

Following the training, participants will be invited to attend a follow-up practice and "testing" session with the Jewelry Studio Lead, at which time they may be certified to use the Jewelry Studio independently. Successful completion of Jewelry Studio Training and the follow up session are required before certification. Once certified, we ask that your first couple sessions in the studio take place when the shop lead is in the studio.

Note: This is not a finished product oriented class. Though students will be practicing fabrication techniques during this training, creation of a final piece is not the goal. The goal is to prepare students to utilize the CMS Jewelry Studio independently. Additionally, you will learn many fundamental skills of fine metal-

smithing, however this is not designed to be a "learn to be a metalsmith" course.

Experienced Users: If you already have substantial experience with jewelry making/metal-smithing, you may be qualified to test out of portions of Jewelry Studio Training. Please contact the CMS Jewelry Studio Lead at jewelry@claremontmakerspace.org, for more information.

To register, please go here: <https://claremontmakerspace.org/events/#!event/2019/2/16/jewelry-studio-training>

Date: Saturday Feb 16, 11-3 & Sunday Feb 17, 1-3:30

Location: 46 Main St, Claremont NH, Claremont Makerspace

2019 JURIED REGIONAL EXHIBIT at the Library Arts Center featuring works from regional artists from NH & VT in all mediums.

Library Arts Center Gallery
58 N. Main Street

Newport, NH

FEBRUARY 9 - MARCH 21st

Gallery Hours: Tues.-Fri. 11am-4pm, Sat. 10am-2pm

Opening Reception: Fri. Feb. 15th, 5-7pm

2019 JURORS:

Stephanie Kyriazis

Chief of Interpretation, Saint Gaudens National Historic Site

Penny Whitman

Community and Economic Development Field Specialist, UNH Cooperative Extension

Whitman and Kyriazis have been serving on a Sullivan County Cohort to bring Creative Placemaking to the county and region. The function of Creative Placemaking is to bring economic and cultural development to a community through the arts. This work has been funded by a grant from the Americans for the Arts and the National Association of Counties through a two year grant including training and guidance while developing outcomes. The Cohort includes members from different sectors of the community as well as representation from key Arts Organizations in the county. Sixty-two works were chosen to be featured in the exhibit from 168 entries.

The exhibit's opening reception will take place on Friday, Feb. 15th, 5-7pm and is free & open to all. Light refreshments will be

served. To find out more about the exhibit, and to see a list of selected artists, visit: <http://libraryartscenter.org/exhibits/2019juriedregion-alarartists/>

Kids: Winter Wonders Vacation Week Art Camp

Monday, February 25 - Friday, March 1st, 2019, 1:00 pm - 4:00 pm

Library Arts Center Studio

58 N. Main St.

Newport, NH

Price: \$50.00

Winter Wonders Vacation -Week Art Camp Monday through Friday, February 25th - March 1st, 1 - 4pm

Instructors: Christie Scott and Becky Bense

Tuition: \$50, includes all five sessions and all materials.

**10% discount if you sign up before February 15. (If registering online, use code EARLY-BIRD)

The Dynamic Art teacher duo Christie Scott and Becky Bense bring their joy for art and teaching to Winter Wonders Arts and Crafts camp! Designed to engage children ages 7 to 13, each afternoon, campers will have 2 - 3 stations of possible projects and ideas that will inspire them to create their own wonders each day! Campers will have the opportunity to explore various materials and techniques depending on their interests.

The theme is Winter and we have gobs of "cool" wintery ideas like watercolor paintings of snowflakes made with a glue resist, tooth pick sculptures, mixed media collage interpretation of favorite songs, winter landscapes and a fun group project to be displayed in the studio.

Please note: Pre-registration is required.

Coffee with the Chief in Sunapee

SUNAPEE, NH—

The next Coffee with the Chief will be on Wednesday, Feb. 20, from 7:30 to 8:30 a.m. at the Safety Services Building. There are always things to talk about; join us for coffee, good eats and great conversation!





Spaghetti Dinner
at the
Claremont Senior Center
5 Acer Heights Rd.
Claremont NH

Sat. - Feb. 16, 2019
5:00 - 6:30 PM



Adults \$10.00
Under 10 \$ 6.00

Open to public!

CDA Meeting in Claremont

CLAREMONT, NH—Catholic Daughters of the Americas Business Meeting, Tuesday, Feb. 19, 6:30 p.m., St. Joseph Church Hall, Elm St., Claremont, NH.

Workshop: Explore Molecular Gastronomy: Spherification

CLAREMONT, NH—Encapsulate flavors into bubbles that burst in your mouth! We'll turn a variety of liquids into edible pearls. Imagine cranberry juice "fish eggs", green tea "peas," orange juice "egg yolks," and more. Family pairs (adult / child aged 10+) exploring fun flavors together are welcome. Price includes materials fees.

To register, please go here:

<https://claremontmakerspace.org/events/#/event/2019/2/17/explore-molecular-gastronomy-spherification>

Date: Feb 17th, 2 PM

Location: Claremont Makerspace, 46 Main Street, Claremont NH

Kids: Afterschool Art on Fridays!
Friday Afternoons, March 08 - May 31, 2019
3:30 pm - 5:00 pm



Library Arts Center Studio
58 N. Main St.,
Newport, NH

info@libraryartscenter.org

Price: \$35.00 for four weeks *Scholarships & Sibling Discounts available.

Afterschool art fun for kids ages 8-12, themed on different animals. Theme changes monthly. March: Owls, April: Foxes, May: Bears.

To find out more, visit libraryartscenter.org or call the Library Arts Center at 603-863-3040.

Amplified Arts Wins NH Theatre Award; Gears Up for Next Production, *The Country Wife*

CLAREMONT, NH—On January 19th, Amplified Arts of Claremont and cast members from past and present productions of the arts education and performance hub, as well as over 50 other Theatre Arts organizations and companies descended on Downtown Concord for the 17th New Hampshire Theatre Awards produced by The New Hampshire Theatre Alliance. It was a night of celebration for all things NH Theatre and for those that walked away with an award, a little extra bounce in their step.

As most artists will tell you, you don't create art, and theatre is an art, for the awards. You create it to say something, to share a piece of yourself to the world. This year, Amplified Arts both had the chance to create an experience that spoke to many and walk away with a NH Theatre Award for one of its cast members with its production of *The Laramie Project* by the Mosis Kauffman and the Tectonic Players, produced by Amplified Arts Academy Program and Rural Outright, a program of TLC. David Stark for the second year in a row walked away with the Best Male Actor in a Youth Production for his portrayal of several characters in *The Laramie Project*.

Another special moment for the the cast of *The Laramie Project* was the opportunity to perform as part of the evening. Their scene was included with other scenes from award nominated productions from around the state. "It was lovely to see many of our early career artists reunited after a year as they performed such an impactful scene on the stage at the Capitol Center for the Arts, in front of a full house of theatre lovers. It was really special!" said Shelly Hudson, Amplified Arts' Artistic Director and the director of production of *The Laramie Project*. Hudson was nominated for a Best Director in a Community Production Comedy/Drama award and another cast member Matthew Hennig was a top three finalist for Best Supporting Actor in a Youth Production.

What's next for Amplified Arts after the big win in January? Doing what they do best, intimate & immersive theatre. On February 14th, Amp's adult theatre program "The Company" opens their production of *The Country Wife*, a saucy period comedy about bedroom manners by William Wycherley and adapted by Hudson.

The show opens Feb. 14 and runs through Feb. 23. Tickets for general admission are \$12. Because of limited seats, the Amplified Arts Team encourages folks to purchase their tickets in advance. You can do this by visiting their website at www.amplifiedartsnh.com.

For more information about the *The Country Wife*, other programs like Amplified Arts Summer Trunk Theatre Camp for ages 7-12 coming this summer or their art film series coming back this spring, reach out to Amplified Arts at www.amplifiedartsnh.com or email amplifiedartsnh@gmail.com.

"Agape Feast" Community Dinner in Brownsville Feb. 16

BROWNSVILLE, VT—Brownsville Community Church invites the community to the first annual "Agape Feast". Amidst strains from "That's Amore" & "Volare", you can enjoy homemade, traditional spaghetti, meatballs, sweet Italian sausage and all the fixins'. The "love feast" on Saturday, Feb. 16th, will run from 6:00 until 8:00 p.m. in Fellowship Hall at the Brownsville Community Church and all are welcome.

Agape is from the Greek word agápē "love". A traditional Italian dish was chosen in honor of "Saint Valentine of Rome", a Roman saint and priest who ministered to Christians who were persecuted there and who is the reason we celebrate Valentine's Day.

Donations to help offset costs will be accepted and appreciated.

The Brownsville Community Church is located at 66 Brownsville-Hartland Road, between Albert Bridge School and the West Windsor Town Hall. For more information: 802-484-5944, bcchurchvt@gmail.com or www.brownsvilleumc-vt.org.

Next Arrowhead Meeting

CLAREMONT, NH—The next Arrowhead meeting will be Tuesday, Feb. 12, 7:00 p.m. at Arrowhead. Open to all, looking for people to help move arrowhead forward, both organizational and operational wise. Gearing up for the Cardboard Sled Race on Saturday the 16th.

Obituaries May Be Found On Our Website

We post obituaries on our website to make them available in "real time," as they are released by funeral homes. We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.

www.etickernewsclaremont.com

Remembering Loved Ones...

Life Tributes

Leonard C. LeBlanc, 77

Leonard Charles LeBlanc, 77, passed away on February 4, 2019. He was born on July 8, 1941, in Claremont, NH, the son of Leo and Gladys (Marcou) LeBlanc.

He worked as a machinist for most of his life, working at Green Mountain Metals, Sinclair Machine, and Grobet File. He was also a crossing guard at Bluff School and the Claremont Middle School for 12 years.

He loved riding his motorcycle and snowmobile in his younger days. He loved his grandchildren, great grandchildren and all the children that he helped cross the road to and from the school while working as the crossing guard.

His family includes his half-brother, Thomas LeBlanc of Newport, NH; three daughters, Lisa Baker and her husband Dennis of Claremont, Wendy Oliver and her husband Jeff of Canaan, NH, and Pamela Hadcock and her husband Brad of Sharon, VT; grandchildren, Michaela and Mitchell Baker, Casey and Cody Hadcock, Terra Holman and her husband Patrick, Joe and Patrick Oliver; great grandchildren, Kristopher and Isabella Holman, Emma, Bella, Amelia and Lukas Oliver.

He was predeceased by his wife, Bonnie (Woods) LeBlanc; sister, Ethel Rice; and brother, Buster LeBlanc.

Callings hours will be held at Stringer Fu-

neral Home, 146 Broad Street in Claremont on Friday, Feb. 15th, from 4 to 6 pm. A graveside service will be held at the West Claremont Burying Ground on Saturday, Feb. 16th, at 11 am. There will be a pot luck reception following the service at the American Legion on Broad Street in Claremont.

In lieu of flowers, if anyone would like to make a donation to Marley's Doggie Bags at the Service Credit Union, 225 Mechanic Street, Lebanon NH (There is also a branch at DHMC).

John L. Pellerin, 87

John Lewis Pellerin, born on January 25, 1932, the son of Jesse L. Pellerin and Cora E. (Stacy) Pellerin, passed away peacefully on February 3, 2019, at the age of 87.

John graduated from Pinkerton Academy in Derry Village, NH, in 1950. He was a Veteran of the Korean Conflict having served in the United State Army. He retired due to a disability in June of 1989 from Holmes Transportation of Bellow Falls, VT, and Springfield, MA, where

he was a truck driver for 11 years. Previously he worked for H.P. Welch and Maislin Trucking as a truck Driver for 14 years. He was a member of the Charlestown Memorial VFW Post #8497 of Charlestown, NH.

John is survived by his children Carl (Vicki) Pellerin, Hector (Debra) Pellerin, Susan Pellerin-Adams, Karen Rumrill and Stephanie (Jim) Lakin, his sister MaryAnn Pellerin, 10 grandchildren and 14 great-grandchildren. John was predeceased by his parents, his first wife, Ella May (Estay) Pellerin; his second wife, Georgianna (Stark) Pellerin; his third wife, Myrtle (Moore) (Kane) Pellerin; and his youngest daughter, Coral F. Pellerin.

A Graveside Service with Military Honors will be held at the Pine Crest Cemetery in Charlestown, NH, on June 15, 2019, at 11:00 AM. A Celebration of Life will be held at the Charlestown Memorial VFW Post #8497 in Charlestown, NH immediately following the Graveside Service.

In lieu of Flowers, donations can be made to the New Hampshire Veterans Home, 139 Winter Street, Tilton, NH 03287.

“Safety glasses are your friend.”

-Dr. Sam Giveen

All kinds of common eye injuries can be prevented just by wearing safety glasses. That's what Dr. Sam will tell you. Does he sound like your dad?

Sometimes. But your dad had some good advice.

And so does Dr. Sam. See for yourself.

DOCTOR **SAM'S**
EYE CARE



(603) 543-2020

9 Dunning St, Claremont

(we're right there by the hospital)

The Stringer Funeral Home is in charge of arrangements.

Walter I. White, Jr., 77

Walter I. White, Jr, 77, of Claremont, NH, passed away at home with his wife by his side on December 1, 2018.

Walter was born in Middletown, CT, on May 11, 1941 to the late Walter White Sr and Marion Robb White. He was a graduate of Woodrow Wilson High School.

He worked on his grandfather's farm, Pleasant View Dairy, until he graduated and eventually went to work at Thomaso's Construction Co. in Plainville, CT. He was laid off during the winter months every year, which was perfect for him because he liked to ski. He skied at several mountains in New England, his favorite being Okemo Mountain in VT, where he won several medals. He was a ski patrolman at Powder Ridge in CT, Hunter Mountain in NY and at Coronet Peak in New Zealand. Walter also played tennis and racquetball. He was a volunteer Fireman on the Westfield, CT Fire Department.

He loved Nascar and personally knew some of the drivers. He followed local racing, especially the modified class, working in the pits with local drivers. He was a big fan of the Patriots and Red Sox and enjoyed going to Foxwoods and Mohegan Sun Casinos.

Walter was President of the Congress of Claremont Senior Citizens, Treasurer of the local AARP and former Treasurer of the Claremont Senior Center. For a short time, he delivered Meals on Wheels for the Sullivan County Meals Program. He volunteered at the Red Cross Blood Drives in Claremont. He was treasurer and all-around helper of the annual Claremont Senior Center Car Show, helping where ever he was needed.

He worked as a driver trainer and delivery man for a few propane gas companies, retiring after 23 years of service. While employed for the gas companies, he was entered in "truck rodeo's" for District, State and National competitions. He took third place in the National event in Long Beach, CA.

Walter met his wife, Judith Holmes in January of 1977 and they were married in December of 1978 in Springfield, VT, and were blessed with nearly 42 years together. Upon saying "I do", he became Judy's husband, a father and grandfather. He loved his new fami-

ly dearly and always considered the children to be his own.

He was predeceased by his parents, and a daughter, Lynn Morin.

He is survived by wife, Judith; son, Wilfred Morin Jr; four grandsons, Wade (Ana) Morin, Peter (Michelle) Jacob, Joseph Jacob and Kevin Morin; great granddaughter, Kylee Marie Jacob; many nieces and nephews; his brother, Douglas (Donna) White of CT and so many dear friends, each meaning very much to him. We cannot forget the hugs for all the ladies.

Walter was an all-around great guy and special person. Willing to help when and where he was needed no matter the job. To know him, was to love him; he will be greatly missed by all.

Per his wishes, there will be no services.

The Stringer Funeral Home is in charge of arrangements.

Barbara L. McIntire, 72

Barbara L. McIntire (Scales), 72, of Claremont, NH, passed away on Tuesday, February 5, 2019, at home with her loving family. She was born in Grafton, NH, on October 20, 1946, the daughter of Benjamin and Olive Scales.

Barbara was raised in Grafton and later moved to Claremont where she raised her family.

She worked at the Sullivan County Nursing Home for 32 years.

Barbara was predeceased by her father, Benjamin and mother, Olive.

She is survived by her son, Albert Guerin II, daughter, Emily Webster and her husband, Charlie all of Claremont, daughter, Heather Littlefield of San Antonio, TX; two sisters, Donna Mitchell and Pauline Blair. Barbara loved her six grandchildren and six great grandchildren. The family would like to thank Lake Sunapee VNA & Hospice for their care of Barbara.

A celebration of life will be held at the Claremont Senior Center, in the Mozden Room on Saturday, Feb. 23rd, from 11 to 3 PM.

The Stringer Funeral Home is in charge of arrangements.

Zita M. Robar, 76

Zita M. Robar 76, formerly of Claremont, NH, passed away on Monday, February 4, 2019 at the Salisbury Center in Salisbury, NC.

She was born in Halifax, Nova Scotia, on December 13, 1942, the daughter of Marjorie Brownie.

Zita graduated from High School in Halifax, Nova Scotia and moved to Claremont with her husband of 56 years, Norman Gordon Robar. She worked for Joy Manufacturing and Valley Regional Hospital.

Zita was predeceased by her mother, Marjorie, her sister, Nora Villeneuve and her son, Aaron Robar.

She is survived by her husband, Norman Robar of Salisbury, NC; her sons Gordon and Donna of Mooresville, NC and Stephen of Salisbury, NC; two sisters, Linda and Gerry Ouellet of Ottawa, Ontario and Janet Mitchell of Halifax; granddaughters, Jordan and Montana Robar of Charlestown, NH and Taylor Rocke of Springfield, VT; great granddaughter Blakeleigh St. Sauveur of Charlestown, NC; and several nieces and nephews.

A service was held at the Stringer Funeral Home, 146 Broad Street in Claremont on Saturday. Interment followed in Mountain View Cemetery.

Katherine M. Henry, 91

Katherine (Kappy) Mae Henry, 91, of Charlestown, NH, passed away on Sunday, February 3, 2019, at Sullivan County Health Care in Unity, NH.

She was born in Bellows Falls, VT, on January 8, 1928, the daughter of Arthur and Lillie (Gibbs) Moore.

Kappy was a graduate of Charlestown High School in the class of 1946 and from Dean Junior College in 1949

Along with her husband, David, they owned and operated Henry's Pharmacy in Charlestown, NH.

Kappy enjoyed quilting, knitting, sewing and cooking for her family.

She was a lifelong member of The Order of the Eastern Star.

She is survived by her husband, David T. Henry of Charlestown; their son, Steven Henry and his wife, Frances; their daughter, Marcia Henry; granddaughters, Heidi Allen, Heather Kinsey, Stephanie Henderson; grandson, Craig Henry; great grandchildren, Delaney, Piper, Katherine, Charlotte, Anna, Harper, Emery and Lillian.

She was predeceased by her sister, Jean Knapp.

There will be no services at this time. Burial will be held a later date.

The family would like to thank the staff at Sullivan County Health Care for the wonderful care they gave Kappy while she was there.

In lieu of flowers, donations may be made in her memory to the Activities Department at Sullivan County Health Care, 5 Nursing Home Drive, Unity, NH 03743.

The Stringer Funeral Home is in charge of arrangements.

Patricia M. Walter, 78

Patricia M. Walter, 78, of Hanover Street in Claremont, NH, died Monday (January 28, 2019) at Dartmouth Hitchcock Medical Center in Lebanon, NH, following a period of failing health.

She was born in Manchester, NH, on April 22, 1940, the daughter of Raymond and Mary Gauthier. Patricia was a medical specialist in US Army WAC. She enjoyed sewing, quilting, making cakes, yard sales, eating out and spending time at the Claremont Senior Center. She loved her horse "Gill".

Members of her family include her husband, Elmer J. Walter, Claremont, NH; two daughters, Ruth Walters and her husband, John, St. George, UT; Sherry Daignault, Claremont, NH; a son, Elmer J. Walter, II and his wife, Patsy, Largo, FL; grandchildren, Aaron Daignault, Terry "TJ" Daignault, Amy Bailey and her husband, Stephen, Elmer Walter, III, Joseph Walter, Danika Walter, Bama Duncan, Troy Duncan, great grandchildren, Baylee Daignault, Taelor Bailey, three sisters, Ellen Holaway and her husband, Jim, Santee, CA; Maureen Porter, Newport, NH; Beverly Widger and her husband, Bob, Plainfield, NH and several nieces and nephews.

She was predeceased by her parents, a grandson, Patrick Daignault, a sister Deborah Gauthier and a brother, Randall Gauthier.

There will be no visiting hours or services.

You are invited to share a memory of Patricia with the family or leave a message of condolence in the family guest book at www.royfuneralhome.com. Arrangements have been entrusted to the Roy Funeral Home and Cremation Service.

Claremont Fire Dept. Fire Log

Sunday, February 3rd

Claremont Senior Center, Inc.

By Claire Lessard, Executive Director

Thinking of joining the center? Come on over...we have a new program. Sign up for our "One Month Trial Membership" Come enjoy all of our programs and activities. Bring a friend . . . hope you will join us!

A Spaghetti Dinner will be held on Saturday - February 16 (5 - 6:30 PM). Adults \$10 / Under 10 - \$6. We welcome donations of pies or favorite dessert!

AARP is at the center every Friday until April 12 to help with your Tax Prep. Call for an appointment (603) 543-5998.

Meals: Tuesday - February 12...Soup, Sloppy Joes, roll, green beans, chocolate pudding. Thursday...February 14...Valentines Day Celebration...Tossed salad, spaghetti with home-made meatballs, garlic bread, dessert.

Sunday at the Center" - 1:00-4:00 PM for members and bona fide guests! Play pool, work on a puzzle, card games (Hand & Foot card game most popular). Bring a snack to share and your own beverage!

Tai Chi session will be held on Wednesday - February 13 (6:00 - 7:00 PM) in the Mozden Room. Cost is \$5.00 per person.

Foot Clinics held on February 13, 20 (8:30 AM - 4:00 PM). Cost is \$25 per visit. Blood Pressure Clinic on Thursday - Thursday - February 21 (11 AM - 12 Noon) sponsored by Llake Sunapee Region VNA & Hospice. Call (603) 526-4077.

Silver Sneakers every Monday at 1:00 PM in Mozden Room. Cost \$2.00 for members and non-members!

Items still needed on our "Donations List" ... Plastic knives and disinfectant hand wipes. Any monetary donations would greatly help! Thank you so much for your donations! A full list of other needed items is available at the front desk and also found in our monthly Newsletters.

Seniors Bingo for center members 55 years of age and older every Wednesday at 1:00 PM. Sale of cards stops at 12:50 PM. No cards sold after that time!

Bingo every Thursday night run by Croydon Ladies Auxiliary, Inc. Doors open 4:30 PM. Refreshments available. Games start at 6:30 PM. Per NH State law, 18 years of age required for admission!

Give someone a great gift for a birthday, anniversary, any celebration or occasion with a \$5.00 gift certificate for a Tuesday or Thursday lunch at the center. Membership certificates also available for \$20.00.

Purchase a "Memorial Brick" on our Brick Wall for \$100.00 in memory of deceased family members and friends. Bricks in honor of living family members and friends also available.

Fun things to do at the center! Game Night every Tuesday & Thursday - 6:00 PM. Pool (Monday - Friday). - 9:00 AM. Exercise - Tuesday & Thursday - 10:00 AM. Coloring on Mondays 1:00 PM. Members free. Non-members \$1.00. Ping Pong - Monday & Wednesday - 10:00 AM. Bridge on Thursday - 1:00 PM. Mahjonn on Friday - 1:00 PM. Knitters on Friday - 12 Noon. Bring your lunch.

We are still collecting aluminum can tabs!

Rentals available for weddings, hourly, one-day, funeral receptions and our board room has an 8 persons capacity.

Businesses welcome to put a Business Card size ad in our monthly newsletter. Cost is \$200.00 per year (12 inserts).

Membership dues - \$20 per year. Persons 50 years of age or older invited and welcome to become new members or renew your membership!

Reminder that during winter months, center is closed on days of unsafe weather conditions and when schools are closed. Watch WMUR-TV.

We are a "Smoke Free" facility!

The Claremont Senior Center...It's "The Place Where You Want To Be!"...Monday - Friday (9:00 AM - 3:00 PM). Call (603) 543-5998. Visit our Web Site (cnhcs.org.)

0634: Engine 1 Responded to Sullivan Street for a Medical Call

Monday, February 4th

1111: Engine 1 Responded to West Pleasant Street for a Motor Vehicle Accident
 1625: Engine 1 Responded to Pleasant Street for a Fire Alarm Sounding
 1627: Engine 3 Responded to Hanover Street for a Transformer Fire
 1706: Engine 1 Responded to Sullivan Street for a Box Alarm
 2038: Engine 1 Responded to Sullivan Street for a Box Alarm
 2330: Engine 1 Responded to Spofford Street for a Medical Call

Tuesday, February 5th

0748: Ladder 1 Responded to Industrial Boulevard for a Motor Vehicle Accident
 1911: Engine 1 and Engine 3, Responded to Plains Road for a Box Alarm

Wednesday, February 6th

0825: Engine 1 Responded to Old High Bridge Road for a Fuel Leak
 1652: Engine 1 Responded to Myrtle Street for a Stove Fire
 1921: Engine 1 Responded to Main Street for Power Lines Down with Fire
 2153: Engine 1 Responded to Roosevelt Road for a Water Problem

Thursday, February 7th

0307: Engine 1 Responded to School Street for a Fire Alarm Sounding
 0819: Engine 1 Responded to Plains Road for an Industrial Accident
 1148: Engine 1 Responded to Monarch Lane for Wires Down
 1511: Engine 1 Responded to Washington Street for a Fire Alarm Sounding
 2005: Engine 1 Responded to Fern Street for a Furnace Problem

Friday, February 8th

0045: Engine 1 Responded to Sullivan Street for a Medical Call
 0329: Utility 1 Responded to Case Hill Road for a Medical Call
 0658: Engine 1 Responded to Third Street for a Medical Call
 1536: Ladder 2 and Engine 1 Responded to Water Street for a Fire Alarm Sounding
 1703: Ladder 1 and Rescue 1 Responded to Chestnut Street for a Motor Vehicle Rollover

1747: Engine 1 Responded to Mulberry Street for a Motor Vehicle Accident
 1809: Engine 1 Responded to Main Street for a Motor Vehicle Accident
 1822: Engine 1 Responded to Chestnut Street for a Motor Vehicle Accident.
 1900: Engine 1 Responded to Henry Street for a Medical Call
 1912: Utility 1 Responded to Grissom Lane for Wires Down
 1947: Engine 1 Responded to Charlestown Road for a Fire Alarm Sounding

2148: Engine 1 Responded to Old Newport Road for a Medical Call

Saturday, February 9th

1059: Engine 1 Responded to 243 Broad Street for a Medical Call
 1352: Engine 1 Responded to Pleasant Street for an Electrical Issue
 1715: Utility 1 Responded to Camden Avenue for Wires Down
 2033: Engine 1 Responded to Myrtle Street for a Medical Call



Cotton Candy Clouds...

Like a mix of various colored cotton candy, this unique iridescent cloud formation was an unusual treat to see recently. Iridescent clouds are a diffraction phenomenon caused by small water droplets or small ice crystals individually scattering light. If parts of clouds contain small water droplets or ice crystals of similar size, their cumulative effect is seen as colors (Phyllis A. Muzeroll photo).



The Claremont City Council will hold a public meeting on Wednesday, February 13, 2019, at 6:30 p.m. in the Council Chambers of City Hall.

AGENDA (*Second Revision*)

- 6:30 PM 1. PLEDGE OF ALLEGIANCE
- 6:32 PM 2. ROLL CALL
- 6:34 PM 3. AGENDA CHANGES
- 6:35 PM 4. REPORT OF THE SECRETARY
Minutes of January 2, 9, and 23, 2019, City Council Meetings
- 6:37 PM 5. MAYOR'S NOTES
Recognition of Peter Wright's Contributions to Claremont
- 6:47 PM 6. CITY MANAGER'S REPORT
- 6:55 PM 7. APPOINTMENT TO BOARDS AND COMMITTEES
- 7:00 PM 8. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 23))
- 9. OLD BUSINESS
 - 7:10 PM A. Ordinance 564 - Renewable Energy – First Reading
 - 7:25 PM B. City Manager Search Update
 - 7:35 PM C. Energy Policy Discussion
- 10. NEW BUSINESS
 - 7:45 PM A. *Accept and Expend \$15,000 from Mascoma Bank for Library A/C – Public Hearing*
 - 7:55 PM B. *Transfer Funds for City Manager Search and Legal Expenses*
 - BREAK*
 - 8:15 PM C. Resolution 2019-19 Proceeds from First Night Button Sales – Public Hearing
 - 8:30 PM D. Resolution 2019-18 Congestion Mitigation & Air Quality Improvement Program – Public Hearing
 - 8:45 PM E. Ordinance 565 Establish Board of Assessors – First Reading
 - 9:00 PM F. Diversity/Inclusion Policy Discussion
- 9:10 PM 11. COMMITTEE REPORTS
- 9:15 PM 12. FUTURE AGENDA ITEMS AND DIRECTIVES
- 9:30 PM 13. CONSULTATION WITH LEGAL COUNSEL
- 9:35 PM 14. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, February 27, 2019, at 6:30 p.m. in the Council Chambers at City Hall.

**Review:
Don't Breathe**

By Bernadette O'Leary

This 2016 thriller about a home invasion originally opened in theaters at number one in box offices. In the film, three unsuspecting teens break into the home of the wrong victim, a blind, ex-military man with a lot of money... and a dark secret.

My daughter and I wanted to see this movie for quite some time. Now that we had the chance, we sat down to watch it, finding ourselves reaching two completely different conclusions. My daughter, an 18-year-old, enjoyed the movie a great deal, but she would not want to watch it again. With rumors of a sequel in the works, she was not sure she would want to see a sequel. As for my review, it's complicated.

On one hand, it was a very good movie. It was full of action, and it had a great story line. I loved seeing the tables turned on anyone who would carry out a home invasion, but at the same time, prior to the break-in, you come to understand a bit about the characters and why they are doing this. The invaders are humanized a little too well, and I worry this might lead the wrong type of person to feel justified in dangerous, illegal behaviors. This might make it a bit harder to cheer for the homeowner... until you realize the homeowner might not be so innocent himself.

This movie had a great idea going and a lot of potential to be a fantastic story. However, the idea was poorly executed and included some content that could be very hard to watch for some people, especially those who have suffered abuse, rape, or other violent trauma.

I give this movie 3.5 Crosses for the great plot, and 5 Trash Cans for content and a poorly executed plot that could have been much better. *Don't Breathe* is on DVD now, with a sequel reportedly in the works. I do not recommend this movie, but if you are one who enjoys an over-the-top, intense thriller/horror, you might enjoy this one too. That being said, I must repeat my disclaimer from above that this movie has content which could affect someone who was a victim of abuse, rape, or other trauma.

