

e-Ticker News of Claremont

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**Council to Begin Search
for New City Manager;
page A8**

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January 28, 2019

Local Teen Sings at Carnegie Hall with Lauren Daigle's True North Choir

CLAREMONT, NH—How do you get to Carnegie Hall? Practice, practice, practice.... and a good mom who finds you an amazing opportunity!

Not many students get the chance to sing onstage with their favorite vocalist, but for one lucky and talented young seventh grader, Lanie Goodwin got to spend this weekend singing with Lauren Daigle's True North Choir at Carnegie Hall. A 2019 Grammy award nominee, Daigle is a contemporary Christian music artist who has won numerous musical awards and is gaining popularity on the pop scene.

Theresa Norman, Lanie's mother, heard about the opportunity to be part of Daigle's True North Choir in New York City on January 26th. She knew that this was the perfect opportunity for her daughter. She sent in a video of her daughter singing and asked if she could be considered.

Goodwin has been singing since she was two, and she won Southern Vermont Youth Idol two years ago at age 11, singing "Here" by Alessia Cara, "Little Toy Guns" by Carrie Underwood and "Jar of Hearts" by Christina Perry. Her vocal style is a mix of R & B, pop and folk. "I'm constantly learning songs from the radio, but also from other people who share music with me" Goodwin said. One such person was Elizabeth Wilber, Goodwin's headmistress at New England Classical Academy (NECA.) "She (Wilber) shared the song "Trust In You, with me" remembered Goodwin "and I decided to learn it and surprise her with it at our monthly Declamations." Each month, the NECA student body gather to share what they are learning in class, and students are encouraged to share poetry recitations, special presentations and songs. "Miss Wilber was so happy that I sang this for her. It's a

(Continued on page A26)



Lanie Goodwin

Sullivan County Grand Jury Indictments Released

NEWPORT, NH—The Sullivan County Grand Jury released the following indictments on Friday:

Jesse J. Ford, 25, Claremont, NH, indicted for Burglary, Accomplice to Burglary, Aug. 22, 2018; Conspiracy to Commit Burglary, Aug. 22, 2018.

Tyler N. Barry, 27, Newport, NH, indicted for Burglary, Accomplice to Burglary, Aug. 22, 2018.

Mark A. Webb, 54, Sunapee, NH, indicted for Convicted Felon in Possession of Firearm, Jan. 4, 2019, (eight firearms); Convicted Felon

in Possession of Firearm, Jan. 4, 2019 (five firearms).

Steven K. Sida, 23, Claremont, NH, indicted for Reckless Conduct with a Deadly Weapon-Firearm, (Chestnut St., Claremont) Nov. 24, 2018; Reckless Conduct with a Deadly Weapon-Fireman (Chestnut St., Claremont), Nov. 24, 2018.

Daniel J. Carr, 29, Charlestown, NH, indicted for Operating After Certified as Habitual Offender, Nov. 25, 2018.

Willie Taylor, 45, Claremont, NH, indicted for Possession of a Controlled Substance, Nov.

29, 2018; Possession of a Controlled Substance, Sept. 12, 2018.

Loretta A. Doxter, 42, Claremont, NH, indicted for Bail Jumping, Jan. 10, 2019; Willful Concealment 3rd Offense-Committed on Bail, Dec. 7, 2018.

Bruce E. Thurston, 39, Claremont, NH, indicted for Fraudulent Use of a Credit Card, between Oct. 3, 2018 and Oct. 9, 2018.

Erika M. O'Leary, 36, Goshen, NH, indicted for Bail Jumping, Jan. 17, 2019.

Neville Walker, 29, County Farm Rd., Unity, **(Continued on page A2)**

Indictments, from A1

NH, indicted for Theft by Unauthorized Taking (tip jar), Jan. 19, 2019; Theft by Unauthorized Taking, (iPhone), Jan. 19, 2019.

Charlie Mallory, 43, Claremont, NH, indicted for Receiving Stolen Property, Dec. 2, 2018; Bail Jumping, Jan. 10, 2019.

Kerri Yaqoob, 29, Claremont, NH, indicted for Possession of Controlled Drug (Fentanyl), July 11, 2018; Possession of Controlled Drug (Heroin), June 3, 2018; Possession of Controlled Drug (Fentanyl), June 3, 2018; Attempted Escape, Jan. 19, 2019; Escape, Jan. 19, 2019

Dante Parrish, 22, Boscawen, NH, indicted for Forgery, on or between Aug. 2, 2018 and Aug. 7, 2018 (counterfeit fifty dollar bill); Forgery, on or between Aug. 1, 2018 and Aug. 7, 2018, (counterfeit fifty dollar bill).

Geraldo Garcia aka Cheimy Fernandez, 37, County Farm Rd, Unity, NH, indicted for Escape, Dec. 23, 2018.

Brandon Brymer, 32, Williamstown, VT, indicted for Felon In Possession, Dec. 7, 2018;

Felon In Possession, Dec. 7, 2018; Felon in Possession, Dec. 7, 2018.

Robert Corson, 31, Newport, NH, Possession Controlled Drug, Oct. 31, 2018.

James E. Trowbridge, II, 38, Lebanon, NH, indicted for Possession Controlled Drug, Sept. 27, 2018.

Participants Sought for Sexual Health Education Program

CLAREMONT, NH—TLC Family Resource Center is offering free sexual health education through their Sexual Health Information Network and Education (SHINE) program for all youth in middle and high school throughout Sullivan County. Classes are planned to start in February.

SHINE uses the FOCUS program. The curriculum helps youth learn how to build healthy relationships, recognize consent vs. coercion, communicate effectively with a partner, avoid STIs and unplanned pregnancy, and get comprehensive sexual health questions answered. Participants earn \$100 for completing the program and get to eat pizza or subs and lots of snacks.

The programming often happens after school in the Newport, Claremont, and Fall Mountain school districts. Programming can also happen at local libraries, communities of faith, rec centers, or at TLC.

TLC has just brought on two women to continue the SHINE program and fulfill TLC’s contract with the NH Department of Health and Human Services — Kerry Rochford Hague and Beverly Jordan.

Rochford Hague will be presenting the sexual health instruction using the FOCUS curriculum. She is known in the community and the

schools for her work with Turning Points Network in violence prevention education.

Jordan will be doing the promotion and scheduling of SHINE programs. She is new to the Plainfield community and has a background in coordinating and promoting programs within the military.

Register online at tlcfamilyrc.org/shine.html. Questions about the program can be sent to SHINE@tlcfamilyrc.org.

Workshop: Make A Weekender Bag

CLAREMONT, NH—During this workshop, participants will complete a two-color, lined, twill bag 15” x 5” x 16”. No previous experience necessary, although some familiarity with a sewing machine is preferred. Basic skills of sewing a seam, pressing, and top-stitching will be reviewed and used. All necessary components for completion of bag will be provided.

To Register: <https://claremontmakerspace.org/events/#/event/2019/2/2/make-a-weekender-bag>.

Date: Saturday, Feb 2nd, 1 - 3 PM
Claremont Makerspace, 46 Main Street, Claremont, NH

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NH Lottery Numbers

01/26/2019

NH PowerBall

8 12 20 21 32 10

NH Mega Millions 01/25/2019

8 16 30 38 61 10

Tristate Megabucks 01/26/2019

6 19 21 34 40 6

For more lottery numbers,

<https://www.nhlottery.com/>

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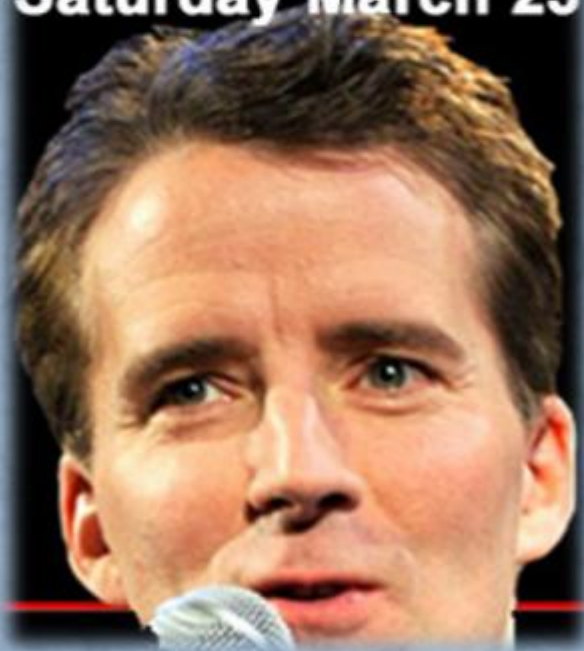
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JOHNNY
CASH**



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**8 pm SHOW
Comedian
Juston McKinney
Saturday March 23**



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Commentary

NH House Happenings

By Rep. John Cloutier

Being a Committee Chair



While being a chair of a standing committee of New Hampshire's House of Representatives is a great honor, it is also a major responsibility.

I'm quickly learning this fact as I conclude my first five weeks of serving as the new House Public Works & Highways Committee Chair, a position to which I was officially appointed on Dec. 20, 2018, by House Speaker Stephen Shurtleff. I'm very appreciative that Speaker Shurtleff appointed me and privately informed me weeks before his Dec. 20 public announcement of all House committee chairs that he would appoint me. Finally, I am pleased that the Speaker told me that I was his first and only choice. But frankly this kind of support from him is not only flattering, but also humbling.

For readers' information, being chair of any House standing committee involves more than just presiding over committee hearings, executive sessions, and other meetings. It also includes scheduling of the dates, times, and approximate time duration of public hearings for each piece of legislation assigned to a committee. Depending on the type of legislation, some hearings can take as little as 15 minutes, especially if the measure is simple or non-controversial. But other hearings can take hours, especially if legislation is complex or controversial. Also thanks to a new rule passed by the full House on Jan. 2, all committee chairs are now obliged to have citizens testify on legislation before lobbyists, unless there the chair has a valid to have lobbyists testify first. From my experience on the Public Works Committee, including my last two weeks as chair, attempting to predict the exact amount of time a hearing will take is often a difficult task. Allowing too little time, especially if there other hearings or other committee business scheduled afterwards, often results in delays for the later business. Sometimes hearings even extend into the lunch hour, reducing the amount of time committee members can take a break before often returning for afternoon meetings. But scheduling too much time for hearings sometimes results in committee members with nothing to do, and sometimes even an excuse to wander away, miss part of the next hearing, or even leave early for the day, from my experience.

After public hearings on legislation, committees have specific deadlines for only so long to vote on one of four recommendations to the full House for the 2019 Session. These four recommendations include approval of the legislation as introduced by its sponsors, approval with amendments, rejection that is officially known in the New Hampshire Legislature as Inexpedient to Legislate or "ITL" for short, or retaining the legislation for further study until a predetermined deadline this fall, when the committee must vote on a final recommendation. Also some legislation, depending on the language, have earlier deadlines for

committee recommendations than others under House Rules. These so-called, "early bills," must be given a committee recommendation by Feb. 21 under this year's rules, in order to give them time to be reviewed by a second standing committee, if the first committee or the full House gives a positive recommendation to such legislation. Deadlines of which I've quickly become mindful.

As of today, Public Works is examining a total of 16 measures, with three of them being "early bills." Sixteen appears to be a relatively light workload in comparison to some committees like House Education, which I've heard has 84 pieces of legislation to review for 2019. But readers must remember that the committee must also take up Gov. Christopher Sununu's proposed 2019 Biennial Capital Budget, which would bond money for various construction projects and heavy equipment between July 1, 2019-June 30, 2021. A proposed budget, along with his proposed operating budget, that Gov. Sununu is not scheduled to publicly disclose until he makes his Budget Address to both the House and New Hampshire Senate on Feb. 14. After the Governor makes this disclosure, then my committee will spend most of its time in late Feb. and March taking testimony and holding work sessions on the proposal, on which under House rules, we must vote a recommendation by April 4. This omnibus proposal, which has traditionally been assigned the number of "House Bill 25," from past experience, is the equivalent of at least 30-40 separate House bills, according to my information. I have already been preparing the committee for its upcoming work on the capital budget with briefings.

Being a committee chair also requires an extra time commitment because you must attend more meetings, and even come earlier than other representatives or even additional days. For example, there are regular meetings with Speaker and the rest of your fellow chairs and vice chairs to discuss committee procedures or upcoming full House meetings. Additionally, meetings with fellow legislators who are sponsoring legislation being heard in committees, state agency and department heads, ordinary citizens, and even lobbyists. Also meetings with the committee vice chair, and ranking Republican representative on the committee, to plan for hearings, executive sessions, as well as floor fights, if there is a division within the committee on a specific piece of legislation, or objections from fellow representatives outside the committee, who may disagree with a committee recommendation. Finally, I am asked from time for recommendations from the Speaker's or House Democratic Leader's Office for appointments of Public Works & Highways Committee members to various study committees, commissions, and party leadership positions.

Nevertheless, I do get a few perks for being a committee chair. This includes my own office in the Legislative Office Building or "LOB" for short, a parking space attached to the LOB, which saves me a few extra minutes of walking from my previous parking space in Concord's Storrs Street Garage. Finally, an aisle seat in the House Chamber near the Chamber's well. This allows me less time to get up and respond, if I need to make a speech or answer questions. But unlike many state legislatures, the pay for being a committee chair is still \$100 per year. Only the Speaker and Senate President receive higher annual salaries-\$25 more per year. **Email: jocloutier@comcast.net**

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Letter to the Editor

Business-Education Partnerships Renew Community Energy

To The Editor:

The recent donation of Chef's jackets to SRVRTC culinary class by the Taverne On The Square is an example of how the business community in the area can support the education of future workers who are desperately needed to fill the area's needs for skilled personnel. With a dwindling support for local school budgets coming in from the state, the School Board is faced with increasing fixed costs and is hard pressed to expand much needed STEM and other career based programs that would help students graduate with job skills that would help them succeed. Many of these SRVRTC programs would benefit from a partnership with other local employers who could help support the SRVRTC through donations of equipment or expertise. It is these kind of partnerships that give renewed energy to a community and is important to the success of the community. Hopefully the donation by The Taverne On The Square will spark other businesses and individuals to find ways to support the continued success of SRVRTC and invest in the future of students of Claremont.

Many thanks to Michael and Christine Charest for their support for these students.

Tom Rock, Ward 2
Claremont, NH

Shaheen, Hassan Move to Protect New Hampshire Small Businesses from Online Sales Tax Collection Requirement

WASHINGTON, DC— U.S. Senators Jeanne Shaheen (D-NH) and Maggie Hassan (D-NH) have reintroduced the Stop Taxing Our Potential (STOP) Act with Senator Jon Tester (D-MT), legislation that would overturn the recent Supreme Court ruling in South Dakota v. Wayfair, Inc. This Supreme Court ruling overturned a previous precedent, and will allow states to collect sales tax from out-of-state businesses. This new burden will hurt small businesses, which do not have the resources to navigate collecting sales taxes for more than 10,000 taxing jurisdictions across the country.

“Imposing this requirement will force Granite State small businesses to navigate a new, complex tax collection system – this is both a financial and logistical nightmare for our businesses that already face enough obstacles,” said Shaheen. “We need to make it easier for our entrepreneurs to succeed and grow, not more difficult. I’ll continue to oppose an internet sales tax collection requirement and work across the aisle to advance efforts that stop this burdensome regulation.”

“New Hampshire’s small businesses are at risk of mountains of new red tape because of a Supreme Court decision that could force them to collect sales taxes for other states,” said Hassan. “In the Granite State, our economy is structured around not having a sales or income tax, and I’ll keep doing everything I can to protect our competitive advantage and the small businesses that drive our economy.”

Shaheen successfully led efforts to stop the Marketplace Fairness Act, which was first introduced in 2011 to impose these internet sales tax collection requirements. Shaheen, a member of the Senate Small Business and Entrepreneurship Committee, introduced legislation with Hassan and Senators Ron Wyden (D-OR) and Jeff Merkley (D-OR) last year, the Online Sales Simplicity and Small Business Relief Act, to shield small businesses from the onerous internet sales tax collection requirement. Shaheen and Hassan previously worked with a bipartisan, bicameral group of members of Congress to file an amicus brief in the South Dakota v. Wayfair, Inc. case, in opposition to South Dakota’s argument. The Supreme Court’s dissenting opinion cites a Government Accountability Office report that was requested by Senator Shaheen detailing the burdens that a sales tax collection requirement will place on small businesses.

Wall of Snow Damages Claremont House

By Phyllis A. Muzeroll
e-Ticker News

CLAREMONT, NH—The Claremont Fire Department was requested to respond on Thursday, Jan. 24, at 1:44 p.m. to 259 Chestnut Street, a single-family residence for a significant snow event that the fire chief described as an “avalanche”. The house is owned by James Desilets, who was home at the time of the incident. According to Claremont Fire Chief Bryan Burr, “First due fire units on arrival determined that an approximate 800-foot-long by 150-foot-wide section of a snow mass on a sloped field had released. A wall of snow traveled until it impacted both the residence and a parked pickup truck. The residence sustained moderate damage to the exterior siding, basement windows and ground level deck. Snow had entered in through the broken windows, filling the basement with a significant amount of snow and water. The basement sustained damage to its contents due to the snow and water. The pickup was swept down the driveway, approximately 80 feet from its original parked location.”

Burr said that “The owner was home at the time and witnessed the event. There were no injuries reported. Fire crews attempted to relieve some of the water from continuing to enter the basement by digging trenches and ditches in the packed snow.

“It is believed the cause was due to a combination of torrential rains, deep frost in the ground causing the water from the rain to reduce the surface tension between the snow pack and the ground to the point the heavily-weighted snow released.”

Burr added, “This is an event that this department had never seen in recent history. It is believed with the drop in overnight temperatures that a similar event is likely not to occur any time soon.”

The area had seen significant

rain throughout the day, combined with higher than normal temperatures, resulting in localized flooding. The department responded to several flooded basements. A river watch was instituted overnight to monitor the Sugar River, a river that flows through the City Center. The National Weather Service in Gray, ME, had issued a Flood Advisory for Rapid Rises for an ice jam in west central Sullivan County Thursday evening until 2:45 a.m. Friday. This was to ensure that the public was not in danger of flood water from the river impacting the lower village of the City, said Burr.

With temps going from the 50s to falling below freezing Thursday night, area residents were greeted with icy roads Friday morning, and DPW and road crews were busy sanding and salting roads to try to keep up with the rapidly changing weather conditions.

Workshop: Messin Round With Object Oriented Programming

CLAREMONT, NH—In this broad level, casual introduction to computer programming,

we will find out what object oriented programming is and how it's used to build apps. In this class we'll tell a computer to do simple tasks and watch it run code line by line to have a better understanding of how a program operates. We'll also learn how code is linked to a user interface and apply what we learned by building a simple web app. A basic understanding of computers is needed, but not a familiarity with coding. Intermediate computer skills suggested.

Feel free to bring your own Windows/Linux/Mac Laptop or follow along on the laptops at CMS.

To register for this class, please go here: <https://claremontmakerspace.org/events/#/event/2019/1/29/messin-apos-around-with-object-oriented-programming>.

Date: Tuesday Jan 29, 6 - 7:30 PM
Location: Claremont Makerspace, 46 Main Street, Claremont NH

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- Undescended Testicles
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- Vasectomy
- Vasectomy Reversals

½ Way to Spring

INDOOR
YARD
SALE

Saturday, February 9th
9:00 am – 2:00 pm

Claremont Elks Lodge
54 Summer Street

Over 20 Multiple Sales Displays And a Food Concession

So stop in with your friends and family to see what treasures you might find!!

Interested in a yard sale spot, call the Lodge 542-9802 between 2:00 – 9:00 pm

Council to Begin Search for New City Manager

By Phyllis A. Muzeroll
e-Ticker News

CLAREMONT, NH—The City Council took action at its Wednesday night meeting to begin the process of searching for a new city manager. While councilors agreed that they would like as wide a net cast as possible to find applicants, various options were raised by Mayor Charlene Lovett: Hiring from within or hiring externally using one of three routes: where the administration is entirely responsible for conducting the search, using a “hybrid” method that combines internal and outside resources and hiring a firm to conduct the search.

Councilor Nick Koloski said that while he did not agree with the firing, he wanted to “cast as wide a net as possible going with a firm that has a long arm to reach.” Councilor Jeremy Zullo said he was not for hiring an outside firm, saying he didn’t think the City needed “to spend the resource dollars on it.” He favored the administration approach or the hybrid method that would result in a lesser cost. Councilor Scott Pope suggested doing a Request for Qualifications (RFQ) for search firms to determine what their costs might be. During the last search for a city manager, quotes came in ranging from \$14,000 to \$27,500.

Councilor Claire Lessard, who was the other member of the council to vote against firing Ryan McNutt, said it was her feeling that McNutt should be rehired, an action that would “save the City a lot of grief and aggravation and a lot of money.”

The council agreed to start with the RFQ, with councilors liking the idea of the hybrid approach. There was no discussion by councilors as to whether they supported a search committee that included community members to interview applicants with recommendations to the council as was done during the last search process.

Prior to the discussion, several residents again addressed McNutt’s termination during Citizen’s Forum, including Meg Hurley, a strong critic of McNutt’s firing and who accused councilors of interfering in the manager doing his job, as well as Jack Hurley, David Putnam and Andre Lafreniere, all of whom said they remained troubled by McNutt’s termination and urged the council to rehire him. Joe

Osgood, who regularly attends council meetings, often speaking during Citizen’s Forum and in regards to agenda items and frequently questions City decisions, said that he “wanted to reassure you that I think you made the right decision in terminating Ryan McNutt.”

The council also voted Wednesday night to

extend the contract to keep interim City Manager John MacLean through March; it was due to expire Feb. 4th.

The previous search attracted 37 candidates, from 18 states and one from an Air Force Base in the UK.

Live Chocolate Auction to be Held on Feb. 10

HARTLAND, VT—Chocolate Extravaganza! This Live Chocolate Auction takes place before Valentine’s Day, so prepare to purchase your loved one a gift of chocolate. The 11th Annual Live Chocolate Auction, which features homemade desserts, as well as local establishments’ creations, will be held on Sunday, Feb. 10. Children will also have an opportunity to bid on items set aside for them only. Along with the auction there will be a \$100 gift certificate raffled off for the Skunk Hollow Tavern located in Hartland, VT.

The viewing of the chocolate items takes place at 11:00 am and the bidding will start promptly at 11:15 am. There will be 40-50 items put up to bid. This takes place at the First Universalist Society of Hartland located at Hartland Four Corners, VT, on the corner of Brownsville Road and Route 12. For more information, please contact Nancy Walker at 603-863-0066.



The advertisement features a woman in the bottom left corner, looking thoughtfully to the side. The background is dark with a subtle moon and star pattern. The text and jewelry are highlighted in gold and white.

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Instagram and Facebook icons are also present.

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CLAREMONT— Large 3 bedroom home nestled in the middle of a dead end street. There is a large wrap-around deck that gives way to huge fenced in yard, perfect for entertaining or just relaxing after a busy day. Convenient 2-car garage is located beneath the home. Close to ATV and snowmobile trails and within close proximity to the shopping centers! \$120,000 (MLS#4697278)



CLAREMONT—This very well maintained Duplex with detached 2-car garage features 2 bedrooms in each apartment, front and rear porches, large utility rooms for washer and dryer, and formal dining rooms. Nice level fenced yard ideal for the children. Very close to Disnard Elementary School, Valley Regional Hospital, parks, and downtown. \$149,900 (MLS#4712799)



CLAREMONT— Magnificent Victorian located on an avenue of classic estate-like homes featuring 3 full levels of elegant living. 8 bedrooms, 2 fireplaced living rooms, unique round enclosed porch, modern kitchen, and formal dining room. Attached oversized garage with apartment above for the in-laws, above ground pool, and lovely gardens. Hardwood floors and natural woodwork throughout, stained glass windows, and 3rd floor balcony with mountain views. \$449,900 (MLS#4719375)



CLAREMONT— An adorable doll house! So very many updates make this the perfect home for a "first time owner", single person, retirement home, 2nd home...and the list goes on. The lot is level and larger than it seems, great for children, pets or gardens. Garage with auto-open, and a wonderful front porch. This home has been lovingly cared for, and is turn-key ready. \$119,900 (MLS#4720020)



CHARLESTOWN— Renovations to this large multi-family dwelling have been completed for the new owner. New electrical, plumbing, heating, hot water, vinyl siding, and windows. The upstairs houses an occupied 2-bedroom and 1 room studio. The downstairs 2 bedroom apartment are also rented. Spacious, level yard and a 3-story barn for possible makeover into more apartments or storage. \$139,900 (MLS#4720170)



LEMPSTER—This property offers a foundation, underground electric, drilled well, and a 2-bedroom septic all in place. There is a nice sized shed as well for your storage or guest house and comes complete with a woodstove. Seller is a local builder and will build on foundation to suit you if you wish. \$86,000 (MLS#4724384)



HAVERTHILL— This home offers one level living at its best. Open L-shaped living/dining/kitchen, two nicely sized bedrooms, 1 and 1/2 baths, plenty of storage, a mudroom from the oversized carport, and an enclosed porch that offers views to the Connecticut River and the hillside beyond. \$90,000 (MLS#4729667)



SPRINGFIELD— Room to roam! This Ranch home in the Kearsarge School District has a standing seam roof and is sited on 9 acres on a quiet country road. Bring your imagination and customize some finishes to give it your personal touch. Open living/kitchen with a bedroom on each end. Offers easy access to I-89, the Upper Valley area or Concord. \$119,000 (MLS#4732105)



CLAREMONT— This prime residential neighborhood features 2 adjacent building lots totaling 1.35 +/- acres. Great spot to build your dream home with views to the back of the lots. Located on a quiet cul-de-sac with city water and sewer. Can't beat the amenities! \$50,000 (MLS#4733484)



CLAREMONT— Affordable living just off Rt 121 Home has been freshened up with new laminate flooring, carpet, a large enclosed patio, a covered carport, plus a covered area for your grill and shed storage. Even a roomy yard that is fenced in. Easy access to the Interstate for the Upper Valley or south to Walpole, Keene, etc. \$15,900 (MLS#4734002)



CLAREMONT— American Foursquare home with hardwood floors throughout, in a lovely neighborhood! Large covered front porch, open foyer with built-in bench, living room, dining room, family room, kitchen, 1/2 bath with laundry hookups, plus an enclosed rear porch/mudroom will all be found on the first floor. Upstairs you will find 4 nicely sized bedrooms and a full bath. There is a large covered patio area in the back yard leading into the woods. \$63,000 (MLS#4734138)



NEWPORT— Beautiful 1.62 acre lot located in a fabulous neighborhood of newer single family homes. Very nicely situated, level, cleared, and ready for your new home. There are 20 common acres with rolling hills, ponds and brooks for your enjoyment. \$29,900 (MLS#4731296)

Classified Ads

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Ann's Property Of The Week

14 Pleasant Valley Rd.
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Ann Jacques

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annjacques1@comcast.net



Tammy Bergeron
Owner/Broker



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Ashley Bergeron
Agent



New to the Market—3 bedroom ranch with a one car attached garage. Paved driveway, nice patio in the back with a nice level in town lot. **\$99,000**

Classified Ads

Fugitive of the Week

CASSANDRA GREER

DOB: 10/26/1976

LKA: 136
Main Street
Apt. #3,
Claremont,
NH

Description:
White female,
height: 5'01",
weight: 125,
eyes: blue,
hair: blonde



Reason: Fail-
ure to appear
Original
charge: Deliv-
ery of articles
prohibited (to a
correctional facility).

On June 20, 2018, Greer was indicted by the Sullivan County Grand Jury on one count of delivery of articles prohibited, a Class B Felony.

On July 17, 2018, Greer plead not guilty in Sullivan County Superior Court.

On January 17, 2019, Greer failed to appear in Sullivan County Superior Court for a plea and sentencing hearing.

On January 17, 2019, the Sullivan County Superior Court issued a warrant for Greer's arrest for failure to appear.

This information is provided by Sheriff John Simonds of the Sullivan County Sheriff's Department. If anyone has information regarding this individual, they are asked to contact the sheriff's department or their local police department.

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CORNISH, NH—1 Story Ranch 3 Bed 1 Bath. 3.7 acre lot. Hardwood floors and eat-in kitchen and dining.
MLS # 4720157 \$234,900



CHARLESTOWN, NH —LAND - 26+ acres. Great potential for mixed usage. Upper level offers some views.
MLS # 4663269 \$115,000



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TUESDAY, JANUARY 29

The Upper Valley Disaster Animal Response Team seeks volunteers!

Are you prepared for disaster? Do you have a plan for your pets? Have you thought about helping locally? The Upper Valley Disaster Animal Response Team is looking for volunteers of all sorts! UVDART provides temporary assistance to animals in need of services as the result of a natural or man-made disaster in the Upper Valley region of VT and NH. Please visit our parent website at <http://vermontdart.org/> to learn more about us and complete a volunteer application. We'd love to have you at our next general meeting on Tuesday, Jan. 29th, at 6:00 pm at Mount Ascutney Hospital & Health Center in Windsor, VT (downstairs in conference room 2).

Newport Superintendent to Host Coffee Conversations about the Budget

NEWPORT, NH—The Newport School District Deliberative Session is Saturday, Feb. 2, at 9:00 a.m. in the Newport High School Gymnasium. The deliberative session is the first session of the SB2 voting process. At this session, each warrant article is presented for discussion, debate and possible amendments.

The Newport School Board presented an operating budget of \$18,963,855. This budget will require approximately \$500,000 in reductions from the original proposed budget. “There is very little room in which to make this type of cut that doesn't require a reduction in personnel,” said Superintendent Cindy Gallagher. “We are seeking public input into the ways in which the reductions may be addressed.

“The Board has proposed additional warrant articles. These include a new teachers' con-

tract, funding for additional services and associated needs in the autism program at the elementary school, a design phase for the renovations of the Sugar River Valley Regional Technical Center, and repair of a fire alarm panel in the Tech Center.”

The Superintendent and School Board are hosting coffee hours to meet with community members to talk about the budget and warrant articles. “We hope that community members attend one of these sessions as a way to be prepared for the deliberative session,” said Gallagher.

The coffee sessions will be held in the Professional Development Room in Towle School,

86 N. Main Street, Newport. The times and dates are:

- January 28, 2019 at 5:30 - 6:30 pm
- January 29, 2019 at 9:00 – 10:00 am or 4:00 – 5:00 pm
- January 30, 2019 at 11:00 am – Noon or 5:30 – 6:30 pm
- January 31, 2019 at 1:00 – 2:00 pm or 7:00 - 8:00 pm
- February 1, 2019 at noon – 1:00 pm or 4:00 – 5:00 pm

Please contact the SAU Office at (603) 865-9500 if you have any questions.

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Recreation Roundup



Bacon and ... Legs? Pigskin 5K Is Its Own Morning Treat

Volunteers are the heart, soul and helping hands of all the activities that the Parks & Recreation Department runs throughout the year.

“Run” will be the actual keyword when the Crown Point Pigskin 5K Road Race threads through the streets of Claremont on Sunday. Now in its sixth year, the race benefits the Claremont Savings Bank Community Center (CSBCC).

The race wouldn't happen without the help of the Greater Claremont community. So we're giving a big shout out to the organizers, volunteers, sponsors and corporate donors who support this event.

“We're passionate about the Crown Point race,” say key volunteers Judy and Tony DiPadova. “We bonded with the other members of Treadsetters, taking part in several Reach the Beach events a few years ago. A group of us wanted to do something to help the Community Center. We started the Pigskin 5K and thank all our friends who have helped bring this race along.”

Tony and Judy's commitment, time and energy are spent in the weeks before the race, from gathering volunteers to help on the race course to collecting raffle items and sponsorships. What's more, Tony designed this course, which is certified through USATF (USA Track & Field). “Runners like to take part in official, certi-

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fied races,” he says, “no matter the weather.” On average, 150 to 200 racers take part.

Annual donations from Crown Point Cabinetry have secured that company's role as the naming rights sponsor ever since the first race. More than a dozen other local businesses have become sponsors, many on a yearly basis. (See box.)

What would a race be without awards? Runners are grouped in 10-year age brackets. The top three finishers in each bracket get trophies. Top overall men's and women's finishers in past years have also taken home Brady and Gronk jerseys. One of this year's may be an Edelman.

The Pigskin 5K is always held on the morning of Super Bowl Sunday. Who's playing is a factor in how many racers register. We see a huge spike in pre-registration after the championship playoff games. Of course, we're lucky that over the past years the New England Patriots have played in most of the Super Bowls. “Racers tap into Super Bowl excitement,” says Tony DiPadova. “What better way to burn calo-

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Maple Lanes
Napa Auto Parts
T Bird Citgo Mini Mart
Tremont House of Pizza
Tumble Inn Diner

ries before sitting down and enjoying the big game?”

The race is definitely a family event. A half-mile Kids Fun Run starts at 10:30 AM; no registration, no fee — just show up and take part. Strollers and friendly dogs on leashes are welcome during the race.

After the trophies are awarded, there's a raffle. Every racer is eligible; their bib numbers are drawn at random. North Country Smokehouse's bacon prizes — all 50lbs of them — are an annual favorite. Donations from other businesses include gift cards, pizzas, movie theater tickets and jewelry. (See box.)

There are two ways to register for the Pigskin 5K:
Online through 5 PM Feb. 1 at runreg.com/crown-point-pigskin-5k-road-race
On race day from 8 to 10:45 AM at the CSBCC, 152 South St., Claremont

Fast Facts:

A “snow or shine” event, Sunday, Feb. 3.
Race starts and ends at the CSBCC. (See map.) Start time is 11 AM.

Kids Fun Run starts at 10:30 AM.

Awards ceremony is held inside the CSBCC following the race.

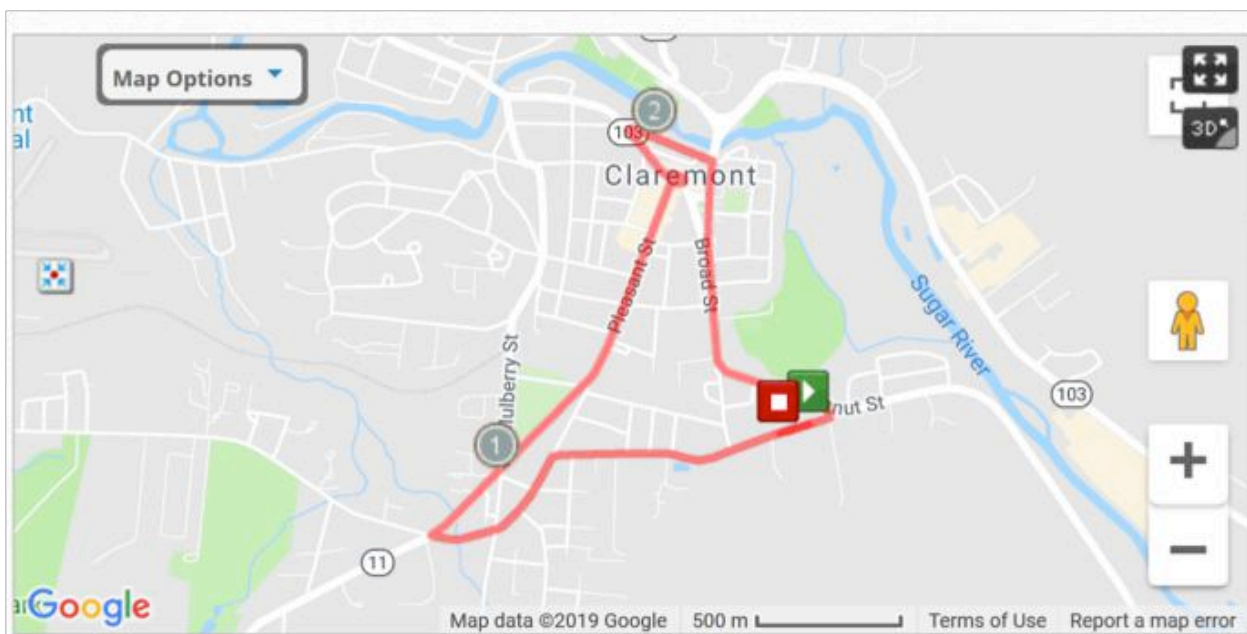
A timer on hand will let each racer view their race time.

And remember, if you're not racing, show up to cheer on our runners. They always appreciate the applause and shouts of encouragement along the way.

Mark Brislin, director, Parks & Recreation

— 603-542-7019 —

mbrislin@claremontnh.com



Source: runreg.com

Sullivan County Conservation District Annual Meeting and Awards Dinner

UNITY, NH—The 72nd Annual Meeting of the Sullivan County Conservation District takes place on Friday, Feb. 8th, at the Cornish Town Hall. The event celebrates work done by volunteers, program participants, individuals, partner organizations and staff to conserve natural resources, support local agriculture and promote place-based education in Sullivan County. Starting at 6 pm, the evening includes dinner, reports of ongoing conservation projects and 3 award presentations. Tickets are \$15.

Each year, the Sullivan County Conservation District recognizes significant conservation activities by farms, organizations and individuals at its annual meeting. This year's award winners are Frederick William "Bill" Lipfert of Cornish, Jenny Wright and Stan McCumber of Unity, and Norman Sanville and Sue Palmer of Claremont.

Bill Lipfert owns and manages 775 acres of land in Cornish and Claremont. Beginning in 1999, Bill has gradually added to his land to build one unbroken tract. He is committed to keeping his land healthy and enjoys doing much of the work himself. Over the years, Bill has installed waterbars and culverts, seeded log landings, converted cornfield to hayfield, released apple trees, created snag trees, controlled a variety of invasive trees and shrubs, planted native shrubs along the Connecticut River for wildlife and soil stabilization, and built a 16-mile trail network which he keeps open to the public for hiking, horseback riding and skiing.

This year's Educators of the Year award recipients, Jenny Wright and Stan McCumber, are accomplished orchardists, naturalists and homesteaders. For nearly 50 years, they have pruned and picked fruit trees and shrubs in orchards throughout New Hampshire, Vermont, Maine and Massachusetts. Avid teachers, Stan and Jenny share their knowledge of fruit tree management through workshops and demonstrations on pruning, grafting and varietal tastings. Jenny is also the author and illustrator of apple pruning manuals that she shares freely on the Conservation District's website. Other topics Stan and Jenny have taught include bird identification, building orchard ladders, felting, spinning, knitting, potato printing and wooden utensil carving.

Also to be presented at the event, Sue Palmer and Norm Sanville will receive the Sullivan County Community Service Partner Award for their outstanding management of the Sullivan County Community Garden in Unity. Starting in 2016, Norm and Sue have grown the Sullivan County Community Garden from just an idea to a thriving center with 12 growers. In that time, in addition to supporting the growers, they have personally built the Garden's infrastructure, which now includes a parking area, welcome sign, outdoor classroom, public flower garden, compost bins, bird and bee houses, and community toolshed.

The dinner features apple glazed pork loin or vegetable quinoa casserole, roasted root vegetables, mixed green salad, homemade rolls and chocolate cheese cake for dessert. Gluten free options are available. Most of the meal's ingredients will be locally-sourced. The evening's schedule and dinner menu can be found at <https://www.sccdnh.org/programs>.



Sue Palmer and Norman Sanville's work at the Sullivan County Community Garden will be recognized at the awards dinner (Courtesy photo).

Reservations are required. Please contact Dawn Dextraze by February 1st, 2019 to attend: 504-1004, or ddextraze@sullivancountyn.gov.

Claremont Savings Bank TIPS



IDENTITY PROTECTION

Don't take the bait.

Scam artists love to "phish," which means they catch victims by pretending to be trustworthy sources like banks, stores, government agencies and so on. Most phishing occurs over the phone and through emails, but it does also occur through regular mail. Legitimate companies don't typically request information in this way, so don't be afraid to ask questions when a business calls, and never give out your personal information over the phone or email.

Check back next week for another tip!

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e-Ticker Business News

SMCS Announces Leadership Team

SPRINGFIELD, VT—Springfield Medical Care Systems, Inc.'s board of directors has approved three interim leadership appointments.

Michael J. Halstead, MBA, has been appointed interim chief executive officer for Springfield Hospital. With more than 40 years of health-care leadership experience, Halstead has guided dozens of hospitals through periods of significant challenge while working collaboratively with employees, physicians and other stakeholders to improve financial performance and maintain a strong focus on quality and satisfaction.



Halstead, who is employed by Quorum Health Resources (QHR), recently served as vice president of the company's East Division where he provided strategic and operational guidance to nearly 50 hospitals and health systems throughout the eastern United States. Previously, Halstead served as regional vice president of QHR where he was responsible for 11 not-for-profit hospitals throughout the Northeast and Mid-Atlantic regions and president and CEO of Carlisle Hospital & Health Services, which included a 200-bed acute care hospital, a rural health center and several physician practices.

"Mr. Halstead brings a strong background in strategic planning and finance, familiarity with Vermont and New Hampshire, and deep healthcare knowledge at regional and national levels," commented George Lamb, chairman of the board for Springfield Medical Care Systems, adding, "His training and expertise are well-suited to the critical financial challenges we face."

Halstead holds a master's of business administration from University of Southern Maine School of Business in Portland, and is a certified fellow of the Healthcare Financial Management Association and a member of the American College of Healthcare Executives.

Joshua R. Dufresne, MBA, has been appointed acting chief executive officer for Springfield Medical Care Systems, Inc. (SMCS). Formerly chief operating officer and HRSA project director for SMCS, Dufresne will lead operations of the community health center network, which serves more than 35,000 patients annually.



Dufresne brings deep knowledge and experience with SMCS' community health center operations. Throughout his 14 years with SMCS, he has served as director of practice operations, director of Rockingham Health Center, and director of patient financial services. In his most recent role, he was responsible for the network's overall service line operations; the integration of behavioral health, dental, vision services; and the addition of school-based care and lifestyle medicine programs.

Dufresne holds a master's of business administration from Franklin Pierce University in Rindge, New Hampshire, and currently serves on the board of Black River Innovation Campus (BRIC) and Vermont AHEC, both in Springfield. He is a current member of the Vermont Rotary and the American College of Healthcare Executives; and a past member of Edgar May Health & Recreation Center, Springfield Boys & Girls Club and Bryant Federal Credit Union boards.

Wayne A. Scholz, MBA, has been appointed interim chief financial officer for Springfield Medical Care Systems, Inc. Scholz, who is employed by QHR, most recently served as

interim revenue cycle director at Holy Cross Hospital in Taos, New Mexico. As regional associate vice president of QHR, he has provided managerial and financial support to more than 24 non-profit and governmental hospitals around the country during his nearly 30 years with Quorum. Earlier in his career, he served as division controller for American Healthcare Management, Inc. and chief financial officer for HCA hospitals in San Antonio, Houston, and Uvalde, TX. Scholz holds a masters of business administration from University of Texas in San Antonio and serves on the board of the Lone Star Chapter of the Healthcare Financial Management Association in Dallas.

"We are pleased to welcome these accomplished leaders to our interim administrative team. Each brings extensive leadership experience and knowledge in their respective areas, which will be pivotal to our success as we navigate our current financial challenges and work to define a new path forward for SMCS and Springfield Hospital," said Lamb.



Dartmouth-Hitchcock Health, GraniteOne Health Announce Intention to Combine Systems

LEBANON & MANCHESTER, NH—Dartmouth-Hitchcock Health (D-HH) and GraniteOne Health (GOH) have announced that they have signed a letter of intent (LOI) to combine their two organizations to better serve the health care needs of New Hampshire residents and communities. The combined non-profit health care system, Dartmouth-Hitchcock Health GraniteOne, will "build on years of successful community engagement and clinical collaboration in order to meet the growing demand for seamlessly integrated primary, spe-

(Continued on page A16)

e-Ticker Business News

D-H, from A15

cialty, ambulatory and inpatient care, offering patients a high-quality, lower-cost, New Hampshire-based alternative choice to out-of-state providers," said a spokesperson in a written statement.

The non-binding LOI is the first step in a well-defined and lengthy process that involves further due diligence, opportunities for public input, negotiation of final terms, approval by each organization's Board of Trustees and the Bishop of Manchester, and review by federal and state regulators. As a combined system, Dartmouth-Hitchcock Health GraniteOne will seek to:

- Expand access to high-quality care for individuals and families throughout New Hampshire
- Respond to growing demand for inpatient, specialty and sub-specialty services, particularly in southern New Hampshire
- Extend and reinforce health care services in rural communities
- Coordinate and strengthen efforts to address behavioral health and substance use disorder
- Improve the health of populations suffering from chronic conditions such as diabetes, asthma, and obesity, leading to better long term health and lowering long term healthcare costs
- Address social determinants of health such as nutrition and food security, access to preventative care, and educational opportunity

"As the health care landscape continues to evolve, it is important for health care systems to evaluate how we can best serve our patients and communities, and prepare for the future so we can continue to provide the high level of care that people expect," said Joanne M. Conroy, MD, CEO and President of Dartmouth-Hitchcock Health. "By combining these two top health care organizations, we would create a patient-focused, unique and unparalleled option for New Hampshire that is responsive to community needs and patients' desire for cost-effective, high-quality care."

www.etickernewsoclaremont.com

VRH Names TLC Outstanding Nonprofit Partner

CLAREMONT, NH—Valley Regional Healthcare (VRH) honored TLC Family Resource Center with an award for outstanding nonprofit partner at their annual meeting on Tuesday, Jan. 22.

VRH's CEO Peter Wright presented executive direction Maggie Monroe-Cassel the award.

"The team at TLC is always willing to come to the table and find solutions for our patients and the community at large. Their creative problem solving is an asset to our community. TLC has provided critical support to our emergency department staff, even sitting down to discuss strategic changes to care that can benefit our patients and staff. They get involved in new initiatives and work diligently to address the emerging needs of our community," he said.

Monroe-Cassel has been grateful for the role VRH has played in the history of TLC and their
(Continued on page A17)

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e-Ticker Business News

TLC, from A16



VRH's CEO Peter Wright, left, stands with TLC Family Resource Center's executive director Maggie Monroe-Cassel, right, after presenting her with an award for the outstanding nonprofit partner of the year (Neil Allen photo).

ongoing collaborations.

"VRH has been a strong partner for TLC dating back to our beginning as a volunteer program located in the hospital," she said. "In the last year, our organizations have worked with others in the community to find a solution to the need for recovery services.

"More recently, our staff is training emergency department staff on how to help patients with recovery issues and in the pediatric department sharing information about our services," Monroe-Cassel continued. "I will miss Peter when he leaves, but look forward to continuing a strong relationship with VRH and their new leadership."

TLC Family Resource Center supports and strengthens all families, children, and youth of Sullivan and Lower Grafton counties with a wide range of free programs, support groups,

education, and events. For more information about SHINE and the agency, please visit www.tlcfamilyrc.org.

NH Joins Other States in Settlement Regarding Hip Implant Devices

CONCORD, NH —Attorney General Gordon J. MacDonald announced that New Hampshire and 45 other Attorneys General reached a \$120 million Consent Judgment with Johnson & Johnson and DePuy to resolve allegations that DePuy unlawfully promoted its metal-on-metal hip implant devices, the ASR XL and the Pinnacle Ultamet. Under the settlement, New Hampshire will receive \$1,409,957.77.

The Attorneys General allege that DePuy engaged in unfair and deceptive practices in its promotion of the ASR XL and Pinnacle Ultamet hip implant devices by making misleading claims as to the longevity, also known as survivorship, of metal-on-metal hip implants. DePuy advertised that the ASR XL hip implant had a survivorship of 99.2% at three years when the National Joint Registry of England and Wales reported a 7% revision rate at three years. Similarly, DePuy promoted the Pinnacle Ultamet as having a survivorship of both 99.8% and 99.9% at five years when the National Joint Registry of England and Wales reported a 2.2% 3-year-revision rate in 2009 increasing to a 4.28% 5-year-revision rate in 2012. Simply stated: DePuy was advertising that its' hip implants had higher


longevity rates for patients than surveys show they actually did.

Some patients who required hip implant revision surgery to replace a failed ASR XL or Pinnacle Ultamet implant experienced persistent groin pain, allergic reactions, tissue necrosis, as well as a build-up of metal ions in the blood. The ASR XL was recalled from the market in 2010. DePuy discontinued its sale of the Pinnacle Ultamet in 2013.

Got Business News?

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CITY-WIDE METER UPGRADE PROJECT

The Claremont Water Department is currently working in neighborhoods around the entire City replacing aging water meters. Most meters are installed inside your home, typically in the basement area. The new meters are lead-free and also feature radio read technology, which means we will now be able to read your meter from the street.

There is NO cost to you for this replacement.

Technicians may knock on your door for access to the meter or leave a gold-colored tag with the office contact information to schedule an appointment. The men will be carrying an ID Badge and driving City DPW marked pickup trucks.

Appointments typically take approximately 20 minutes to remove the old meter and replace the new one. We will take the old meter away for you.

Now through March, the Water Department has expanded appointment hours:

Monday, Tuesday, Thursday, Friday: 7:15 a.m. to 2:00 p.m.*

Wednesday: 6:00 a.m. to 4:30 p.m.*

* Weather Permitting (may be required to reschedule in the event of a major snowstorm)

Please note, some homes may show signs of aging plumbing or risk of failure around the meter installation area. The technician will not replace the meter until the homeowner has made the appropriate repairs to the plumbing.

Claremont City Code Section 20-173:

The meter belongs to the City and, as a condition of receiving City water, the homeowner must provide access to the meter by Water Division employees. ... The property owner shall provide a suitably protected, accessible and secure location and plumbing to accept the meter. The meter shall remain the property of the City.

Should you like to contact the Water Department for more information or schedule an appointment, please call

504-0356

Thank you



This project is a component of: OPERATION GET THE LEAD OUT

What Can Investors Learn From “Big Game” Teams?

In February, TV stations the world over will broadcast the most-watched U.S. football game of the year. But sports fans aren't the only ones viewing this “big game,” held in Atlanta this year. The two teams competing are watched closely by the teams that didn't qualify. That's because these teams can learn a lot from the contenders. In fact, “big game” teams can teach some valuable lessons to many groups and individuals – including investors.

What investment insights can you gain from observing these teams? Here are a few to consider:

A good “offense” is important. “Big game” teams usually have the ability to score a lot of points. They can run the ball, pass the ball and move up the field quickly. As an investor, you also need to constantly seek gains – in other words, you need an “offense” in the form of an investment portfolio capable of producing long-term growth. Consequently, you will need a reasonable percentage of growth-oriented vehicles, such as stocks and stock-based mutual funds, in your holdings. Yes, these types of investments carry risk, including the potential loss of principal. But you can help reduce your risk level by holding investments for the long term – giving them time to possibly overcome the short-term drops that will inevitably occur – and by diversifying your overall portfolio with other types of investments, such as bonds and government securities, that will likely not fluctuate in value as much as stocks.

A strong “defense” is essential. In addition to having good offenses, “big game” teams are also typically strong on defense. They may give up yardage, and going against a strong offense, they will also give up points, but they still often stop their opponents from making the big, game-breaking plays. As someone with financial goals, such as protecting your family's lifestyle and helping send your children to college, you, too, have much to defend – and one of the best defensive moves you can make is to maintain adequate life insurance. Also, to protect your own financial independence – and to defend against the possibility of becoming a burden to your adult children – you may want to explore some type of long-term care insurance, which can help pay for the extraordinarily high costs of an extended nursing home stay.

The ability to adjust a strategy is essential. If a “big game” team is trailing, it very well might decide to switch its game strategy – perhaps they tried to keep the ball on the ground but fell behind, requiring them to throw more passes to catch up. You also will need to evaluate your progress toward your goals to determine if you may need to adjust your strategy. To illustrate: If your current portfolio is not providing you with the returns you need to retire comfortably, you may well need to adjust your investment mix to provide more growth potential, but within the context of your risk tolerance and time horizon.

The “big game” is the culmination of a season of hard work by two teams that have achieved the highest level of success. And by applying the lessons you've learned from these teams, you can help contribute to your own success.

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This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.



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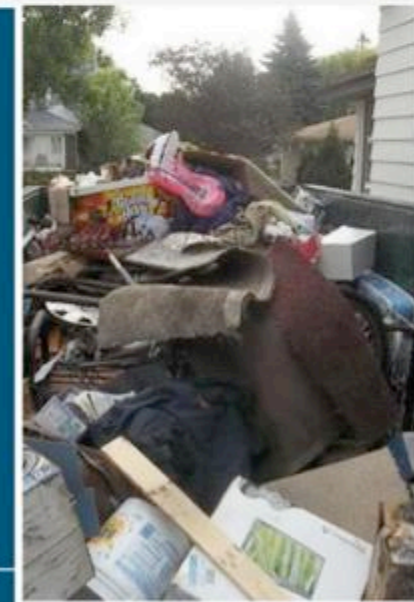
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WorkReadyNH Program Begins Feb. 4 in Claremont

CLAREMONT, NH—Confidence! That's the number one thing that almost 500 RVCC WorkReadyNH grads have gotten from the program. If you want to build skills, build confidence and build your career by improving your resume and interviewing skills, upgrading soft skills of communication, problem solving, conflict resolution, and more, as well as increase math, reading, and graphic literacy skills,

join the tuition-free WorkReadyNH program that will be held at River Valley Community College in Claremont, Feb. 4th - 25th, Mon. - Fri., from 9:00 a.m. - 3:00 p.m.

Simply email workreadyrvcc@ccsnh.edu or call 603-543-4585 to register; see more information at www.rivervally.edu. The program is open to New Hampshire residents 18+ years old.



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It's About Food By Johnny Navillus



Playing

When I shop for meals, I start in the meat section. I look for reduced prices and Managers Specials. The best time to find these seems to be mid to late afternoon. They need to move these items and they don't like throwing them away. These items still have about a week's time left for the fridge, or I freeze many of them. If I can save a couple of dollars, I'm a happy camper.

One time, I saw something tucked away in the far corner of the meat case. There were a number of Petite Pork Shoulder Roasts already seasoned and ready to cook. What caught my eye was that they were labeled for the slow cooker. I picked one up that was labeled "Marinated Mushroom and Onion. Now, I'm all about mushrooms and onions. I took a good look at this lovely roast. It was dry rubbed and ready for cooking.

Looking at the ingredients, I realized that I could do this myself. Nothing exotic and I could pronounce all the ingredients. Salt (first item), sugar, spices, dehydrated onion and garlic, corn starch, dehydrated mushrooms, caramel color, hydrolyzed corn protein and yeast extract. Except for the last three, I had everything in my kitchen. The mushrooms were in a can. Big deal.

The instructions said to cook it for four hours on high with an inch of water in the bottom. Remove, let stand for a couple of minutes and separated with two forks. Fancy pulled pork. The price was the deterrent: \$7.90 for four servings. Actually, not a bad price considering all the work was done for you. But how much work is there?

Salt, sugar, some spices, onion powder, garlic powder and mushrooms.

Mix the salt, sugar (that will caramelize), corn starch, onion powder and garlic powder and a can of mushrooms. Mix the dry ingredients together and rub on a \$4.00 roast, put in the slow cooker cover with the mushrooms and cook.

Excellent result.

Pork shoulder is a fairly tough cut but very tasty when cooked long enough. Someone at the company found a use for small shoulder roasts that had a nice markup. There were other flavors as well, but the mushroom and onion caught my eye and seemed easy. I wonder if the folks in the test kitchen got a bonus for this. Test Kitchen, what a great job for a dedicated foodie. I wonder what they have for dinner at the end of the day? Do they just feel like a sandwich? Or maybe a hot dog? I can't imagine them wanting anything elaborate. Do they cook at home on the weekends? Do they cook at home at all?

Moving on, the point here is, read labels. Use the store to get ideas. You can do a lot at home and save some money doing it.

You've heard this over and over but it bears repeating: Don't shop when you are hungry. Have a doughnut or a couple of cookies or something to take the edge off. My wife does errands on Saturday and then goes grocery shopping. Because she's hungry. When she gets home my kitchen is the Carb Capitol of Sullivan County. Several loaves of breads of various kinds, cookies, pastries, donuts, boxes of brownie mix. Three or four kinds of ribs, a couple of roasts, trays of chicken breasts and whatever else catches her eye. The Queen of Overbuying. At least one of the cookie packages or donut packages has been opened. "For the ride home." We live four miles from the store! I would rather she stop and get a coffee and a donut or two. Or take me with her, but that may lead to a scene in the store. A grown woman begging and crying for a cookie would not be cool at all.

Play with your food. It's cheaper.

Write to Johnny at etickernews@gmail.com.



A Controversial Decision

Rarely do employers make decisions that receive unanimous support. The public's response to the Council's decision to terminate Mr. McNutt's contract as Claremont's city manager has been mixed. Some citizens have applauded the decision. Others have asked the Council to reconsider. This is understandable given people's opinions are often based on their own experiences with the former city manager, their analysis of his accomplishments, and a genuine concern of how the decision will impact the city.

While these are all factors that the Council considered when making this decision, other dynamics entered into the decision making process. In a City Council/City Manager form of government, the city manager is the employee of the Council. The evaluation of the city manager is based on a number of areas to include technical expertise, personnel management, communication skills and decision-making. People's perspective on a manager's ability to perform in these areas is dependent upon their viewpoint. Are they viewing this as a member of the public, as a member of the staff or as a member of the council?

When the council evaluates the city manager, it is normal procedure to enter into a non-public session for personnel reasons. This can be done as often as the council deems necessary. If the council determines that all is going well, these sessions may be limited to once a year in order to complete the annual evaluation. If the council believes that periodic reviews are necessary, sessions may be more frequent.

These non-public sessions enable the Council to freely discuss the strengths and weaknesses of the manager, and provide feedback. The council can choose to invite the city manager in at the beginning or once the council has consolidated its thoughts. However, there are times when the council may call a non-public session for personnel, but not invite the city manager. This occurs when the council is

considering other actions beyond an evaluation.

Because these discussions involve personnel issues, the content is confidential and the minutes are usually sealed. However, if a vote is taken in non-public, it must be repeated once the council goes back into public session. When the council voted to terminate Mr. McNutt's contract, the vote was 7-2 for the following reasons: (1) Failure to keep the City Council informed as to matters affecting the City; (2) Failure to provide the City Council with advance notice of issues that are or that are likely to be of concern to the public; (3) Failure to communicate with the public and with members of the City Council in a respectful and courteous manner; (4) Failure to demonstrate improvement in these areas, despite having been given the guidance, time and opportunity to do so; (5) Failure to demonstrate a commitment to improvement in these areas; (6) These deficiencies have caused the City Council to lose confidence in the City Manager's ability to work collaboratively with the City Council in furtherance of the best interests of the City.

Beyond the above reasons, the Council cannot elaborate as it is a personnel matter. While some may believe that they do not warrant dismissal, I would offer this for consideration. The Council did not make this decision easily. It conducted periodic performance reviews, identified mentoring opportunities, and hired a third party to evaluate the situation and offer solutions. The result of those efforts did not achieve the desired outcome, and the Council made the difficult decision to terminate.

Charlene Lovett is the Mayor of Claremont and welcomes your feedback.

Please email questions, comments or concerns to her at clovett.ccc@gmail.com.

Workshop: Make An LED Heart

CLAREMONT, NH—Why buy chocolates when you can make an LED heart that will last forever. This kit provides plenty of soldering practice and the result is a cute battery-powered LED that pulses or twinkles. You control the pulsing lights via a mounted knob. Family pairs (adult / child aged 10+) or couples assembling a heart together are welcome. Adult couples, please register for two if you'd both like to make a heart. (Note that we will be working with a hot soldering iron.) Price includes materials fees.

To register for this class, please go here: <https://claremontmakerspace.org/events/#!event/2019/2/3/make-an-led-heart>

Date: Sunday, Feb 3rd, 4 - 7 PM
Location: Claremont Makerspace, 46 Main Street, Claremont NH

EXTREME COLD WEATHER RESOURCES

In the event of extreme cold temperatures outside we want to remind residents that they can use the common areas located inside the Claremont Savings Bank Community Center (membership not required) or the Fiske Free Library as a warming shelter



HOURS OF OPERATION:

CSBCC:

Mon - Thurs: 5:30 am to 9 pm

Friday: 5:30 am to 7 pm

Sat & Sun: 8 am to 6 pm

Fiske Free Library:

Mon, Tues & Thurs: 9 am -7 pm

Wednesday & Friday: 11 am-5 pm

Saturday: 9 am-1 pm

FOR EMERGENCY SITUATIONS, PLEASE CALL 911.

Additional Resources:

- Southwestern Community Services (SCS) has a short-term emergency shelter to assist families and individuals who are having a housing crisis - (603) 542-9528
- Sullivan County Housing Coalition, Claremont, NH 03743 (603) 542-2448
- Springfield Family Center, Springfield, VT 05156 (802) 885-3646
- Upper Valley Haven, 713 Hartford Ave., White River Junction, VT (802) 295-6500

The Tradition Continues: The 63rd Apple Blossom Cotillion is Underway

SPRINGFIELD, VT— The 63rd Apple Blossom Cotillion is almost four months away, but the hard work for its participants began on Sunday, January 6th, at Riverside Gymnasium in Springfield and will continue every Sunday until the big night on May 4th.



2019 Apple Blossom contestants at rehearsal (Courtesy photo).

Thirteen high school senior girls and their chosen escorts will be joined by 21 elementary school couples at this year's Cotillion.

The musical theme for this year's production is inspired by the television show "Glee" and will feature songs that were performed on that show.

The high school senior girls who will be competing for the title of Apple Blossom Queen are: Emily Barr, Brooke Bennett, Bailie Carey, Paige Congdon, Hannah Crosby, Morgan Fontaine, Saby Hernandez, Cierra Howe, Mykahla Jasinski, Morgan Naumann, Meghan Power, Ashley Quelch, and Haley St. Louis.

Pam Church and Carrie Jewell return as the directors of the Cotillion. They will be assisted by Tracy Austin, Robin Keefe, and Kyla White. Larry Kraft will be the event's master of ceremonies for the 19th consecutive year.

The Apple Blossom Cotillion is a fundraiser for Springfield Hospital. The proceeds from this popular evening of community entertainment provide support for the Dr. E. Sherburne Lovell Health Career Award and the services of the Hospital.

www.facebook.com/etickernews

VFW Announces Winners of Annual Essay Competition

CHARLESTOWN, NH—Charlestown Memorial VFW Post 8497 announced the winner of the VFW's annual Patriot's Pen youth essay competition.

Taylor Porter, a 7th grade student at the Vilas School in Alstead, was declared the winner of the Post competition. Her entry was forwarded to District 5 judging where her entry was judged against students from Keene,

Hinsdale, Winchester, Jaffrey, and Milford. Once again she came out on top and was advanced to the state level. On Saturday Jan. 19th, the Department (State) of NH's Scholastic Awards Banquet was held at the Bektash Shriners in Concord, NH. where the top finishers were announced. Congratulations to Taylor for finishing third in the state. Great job! In attendance were Taylor's parents, Tony and Jenansys as well as her siblings, Rylie and Joe.

Middle school students in grades 6-8 in this area have the opportunity to compete and win thousands of dollars in national awards. Next year's theme will be announced this summer with a deadline for submissions to your local Post by Oct. 31, 2019. The Charlestown Post serves as the "local" Post for all of the Fall Mountain Regional School District and encourage all schools in the district to encourage their students to participate.

The VFW enacted the Patriot's Pen competition in 1995 to encourage young minds to examine America's history, along with their own experiences in modern American society by composing a 300- to 400-word patriotic-themed essay. The theme for the 2019 compe-



Taylor Porter and her parents, Tony and Jenansys (Courtesy photo).

tion was "Why I Honor the American Flag."

Students begin by competing at the local Post level. Post winners advance to District competition with District winners advancing to the state competition. State first-place winners compete for their share of thousands of dollars in awards, and the national first-place winner is awarded \$5,000 and an all-expense-paid trip to Washington, D.C.

Each year, more than 125,000 students participate nationwide. Deadline for student entries is October 31, and interested students and teachers should contact local VFW Post 8497 by phone at 603-826-5186 or email the Post at vfwpost8497@gmail.com for more information.

For details, visit <http://www.vfw.org/Patriots-Pen>.

Workshop: Intro to 3D Printing

CLAREMONT, NH—Intro to 3D Printing will provide an overview of 3D printers and the printing process – covering everything from the way 3D printers are built through the ways we use them to create objects. In this beginner level class, we will discuss different methods of 3D printing and cover the fundamental steps for designing and printing models. Participants will get to know how the MakerSpace's printers – the LulzBot Taz 6 and Lulzbot Mini – work, and how to use them safely. Following the workshop, participants will have the opportunity to sign-up for certification sessions on these machines, so that they can use them on their own at the CMS.

Note: Individuals with no prior 3D printing experience are required to take this workshop before getting certified to use the CMS's 3D printers. If you already have experience with 3D printers, you may be eligible to test out of this training.

For more information, please contact electronics@claremontmakerspace.org

To Register for this class, please go here: <https://claremontmakerspace.org/events/#/event/2019/1/30/intro-to-3d-printing>

Date: Wed, Jan 30th, 6:30 - 8:30 PM

Location: Claremont Makerspace, 46 Main St Claremont NH

SNO-GA IN CORNISH

Cancelled until further notice due to trail conditions.

PUBLIC INPUT SESSIONS

Your Opinion Counts!

You're Invited!



Let's Rethink Pleasant Street!

To keep Pleasant Street relevant and vibrant, we are assessing function, aesthetics and infrastructure needs based upon extensive input from members of the community and business owners.

We want your opinion!

Please attend and help us create the vision and the plan for the future of Pleasant Street.



Public Input Sessions

When? January 30, 2019

Session #1

12pm to 2pm
Claremont City Hall
(Council Chambers)
58 Opera House Square

Session #2

6:00pm to 8:00pm
Claremont Savings Bank
145 Broad Street

Why? We want your input on the future of Pleasant Street



For more information visit:

Website: RethinkPleasantStreet.com
(Coming Soon)

Or Contact:

Nancy Merrill
Director, Planning &
Economic Development
nmerrill@claremont.com
(603) 504-0340



Pictures from the Bluff School Spelling Bee held on Tuesday, Jan. 22. Twelve students from the fourth and fifth grades competed against each other to be able to represent Bluff School at the statewide spelling bee to be held in Concord in a few weeks. This year Kaeden Ryan will be Bluff’s representative at the States in Concord. Left: Front row, L to R: Jayden Herrell, Kaeden Ryan, Zaiden Daniels, Tegan Heath, Justin McGuire, Jayden Hunt. Back row: Caitlin Marshall, Olivia Sohngen, Lily Eagan, Nicole Bouchard, Maddie Jervis, Davin Boehle. Right: Kaeden Ryan and Bluff Principal Dale Chenette (Bill Binder photos).

New England Classical Academy in Claremont recently held a Read-A-Thon. The project raised over \$1,500, and the students read over a total of 16,000 minutes in a two-week period. They have earned an ice cream party as well as other perks such as dress down days and lunch with the headmaster. On Friday, the school had its first Cabin Fever Potluck and Improv night and in addition to amazingly delicious chowders, soups and sides, the kids performed hilarious improv that had everyone laughing. The school hopes to offer a similar event in the spring, said NECA Development Director Heidi Fagan (Courtesy photos).





Winter Beauty...

Local photographer Ken Coulombe came across this beautiful winter scene in Goshen after the last big storm.

Sings, from A1

very moving song and it said a lot of things that I was feeling.” Her solo performance impressed her classmates as well. Fellow seventh grader Ella Cottrill said, “When she sang, I could feel her energy go right through me.”

Besides singing in school, Goodwin participates in open mic nights such as Acworth’s Coffeehouse, Mole Hill Theater in Alstead and anywhere else she can share her gifts. “Lane has a unique ability to connect with a song, and bring that connection to her listeners,” shared her mom.

When she heard they had accepted her into the mainly adult choir, Goodwin was ecstatic. “Lauren Daigle is my favorite artist; I love her

words, the notes, the way she sings. I listen to her in the car when I’m coming to school, when I’m at school, any chance I get. I’m a little nervous...I mean, she’s pretty much one of the biggest singers on the radio right now and it’s Carnegie Hall, a once in a lifetime opportunity.” Goodwin said prior to the event.

In New York, Goodwin rehearsed for two days in preparation for the two-and-a-half hour long concert. The choir was sent 15 songs in the fall to prepare in advance, and Goodwin has been rehearsing on her own around her school schedule, rehearsals for drama club and chores. Both she and her parents, Theresa (who teaches third and fourth grade at NECA) and David Goodwin, headed to New York this past week to get ready for the week-

end concert. NECA’s school community was excited for her as well, and looked forward to hearing about this remarkable experience when she returned.

“It’s been a busy week as we started National School Choice celebrations, which I run, and trying to submit grades, but we’re ready to go. This is a fantastic chance for her and I’m so excited to see her up on the stage at Carnegie Hall!” says Norman.

Following the concert, the choir was slated to enjoy a Celebration Dinner Cruise on the Hudson River with the singer. What’s after that for Goodwin? “More singing. I just want to have a nice little career singing,” Goodwin shared shyly.