

# e-Ticker News of Claremont

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**Southwestern Community  
Services Expands  
Transportation Services;  
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January 11, 2021

## Four File Applications for Open Council Seat

By Phyllis A. Muzeroll  
e-Ticker News

CLAREMONT, NH—Four Claremont residents have applied for the open council seat created when Abigail Kier submitted her resignation on Dec. 9; she said that her family was moving to the DC area due to a new job that her husband was taking. The resignation was effective Jan. 3. The individual selected for the seat will serve out the remainder of Kier's term which expires on December 31, 2021.

According to Mayor Charlene Lovett, "The Council will hold interviews on Wednesday, January 13, at 5:30pm. Those interviews will be conducted via Zoom. However, if an applicant prefers to go to the Council Chambers for the interview, accommodations will be made for the applicant. Once the interviews are completed, the Council will vote that evening. The applicant with the greatest number of votes will then be sworn in and take his/her seat at that evening's Council meeting. If for any reason the application/interview process needs to be extended, the Council will still have time before the January 27 deadline to fill the seat."

The deadline to file was Jan. 4.

Those who applied include the following:

### **Dale Girard:**

"I applied for the open council seat with interest in continuing to move the city forward. I believe that many people have concerns, see issues or problems but for various personal reasons are unable to step up. I have the time to devote to the seat. I want to ensure my constituents that if appointed, I will be accessible and interested in hearing from them.

"My interest would be working with the City  
(Continued on page 6)

## Testing, Testing

### Keady Family Practice Reaches Out to Community



**Dr. Cecilia Keady, DNP (Doctor of Nursing Practice) delivers the "rapid results" of anti-gen testing to a waiting individual only 15 minutes after the test is taken. She is a clinical adjunct at the Geisel School of Medicine at Dartmouth College and also a part-time professor of the DNP program at UMass Amherst (Eric Zengota photo).**

By Eric Zengota  
e-Ticker News

CLAREMONT, NH—This past Saturday, Keady Family Practice in Claremont provided no-cost, drive-through COVID-19 antigen testing to 80 Claremont residents.

"We wanted to provide this testing to the community as a preventive measure," explained  
(Continued on page 2)

**Testing, from page 1**

Andrew Keady, CEO of Keady Medical Group. "We're the largest testing site in Sullivan County, and have been testing individuals as well as employees of corporate clients. We've seen a steady increase in positive cases, which now average 15 percent."

The group received no State or other funding for the Saturday testing. "We did this on our own behalf," said Keady. "Even our staff donated their hours."

Individuals made appointments directly online, with no need of a doctor visit or referral. What's more, there was no payment or insurance required. One of the goals, Keady pointed out, was to encourage uninsured individuals to be tested. "As it turns out," he noted, "many of today's individuals were uninsured. Some were unemployed, others worked for small businesses that could not afford to offer health coverage to their employees."

On Saturday, people stayed in their vehicles for the testing, which used nasal swabs. They then parked in front of the building and received their results in 15 minutes. (Antigen, as

well as molecular and PCR tests, are all "rapid response" types.) Keady said that, unlike many other testing sites, an individual who tests positive at Keady's is "not sent away with no idea of what to do next." Instead, he or she is immediately given a medical visit, which involves consultation on what steps to take next, and can include prescriptions.

For more information on COVID-19 and testing options: Keady Family Practice, 214 Washington St., Claremont; 603-863-7777; [kfpmc.com](http://kfpmc.com).

**Hand Building Pottery With CMS**

Working with clay is both fun and easy. Students in this virtual series will create simple and functional ceramic pieces using tools that are found around the home.

This Claremont MakerSpace class is open to ages 12 and older.

Needed supplies: The minimum supplies are 10lbs of cone 6 clay and a wire tool. If you have questions about supplies, please contact [info@twinstatemakerspaces.org](mailto:info@twinstatemakerspaces.org). If the student has access to a community kiln, they should purchase cone 5/6 clay and one pint of cone 5/6 glaze. (Note: For students living in Claremont, NH, the instructor is willing to allow access to his kiln for an added fee.)

Dates and times: January 14, 21, 28. 6:00. To register, please visit: <https://claremontmakerspace.org/events/#/event/2021/1/14/hand-building-pottery>

This class will be presented free via Zoom. Connection information will be sent out after registration.

**Virtual Instructors Wanted**

CLAREMONT, NH—Claremont MakerSpace is looking for people with a passion for STEAM (science, technology, engineering, art and math) subjects to offer virtual learning classes to its enthusiastic community of makers, including adults, students and children. "We have offered a large variety in the past and look to continue and expand these. Pay is \$36 per class hour. If interested, please contact Brendan at [brendan@claremontmakerspace.org](mailto:brendan@claremontmakerspace.org) to learn more."

To learn about their current class offerings, check their website, here: <https://claremontmakerspace.org/events/#/event-list>.

**Correction**

In last week's article regarding the closing of the Lumber Barn, it was reported that Dennis Lumber had operated for nearly 35 years. Ernie Dennis established Dennis Lumber, LLC, in 1986 and ran the business for nearly 20 years.

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**NH Lottery Numbers**

**01/09/2021**

**NH PowerBall**

**14 26 38 45 46 13**

**NH Mega Millions 01/08/2021**

**3 6 16 18 58 11**

**Tristate Megabucks 01/09/2021**

**8 21 26 28 39 3**

**For more lottery numbers,**  
<https://www.nhlottery.com/>

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# INVESTMENT TIPS

## Investing for the Future

**When building a retirement nest egg, focus on preservation as well as growth.**

For years, you've diligently invested in your retirement portfolio, accumulating wealth that you hope will sustain you throughout your Golden Years. To help see that your assets are sufficient to help you support your lifestyle standards, there are important steps that you can take. We offer an overview below:

### PERFORM REGULAR ASSESSMENTS

While you may have performed calculations about your anticipated retirement needs years ago, it's helpful to re-crunch those numbers regularly, to guard against changes in your expectations as well as financial markets.

Calculate your Social Security income, any pension moneys, accumulated savings, and personal investments, and determine whether collectively they can cover your estimated living expenses, which should incorporate swings in the financial markets. If you find that your assets

are lacking, you may find it helpful to consult a financial professional to help reconfigure your portfolio.

### GUARD AGAINST THE BIG I

Most people approaching retirement will want to protect their portfolio from market swings and the dreaded I: inflation. That doesn't mean replacing all of your investments with less risky assets; rather, that means considering a gradual move of some stock investments into bonds and cash while retaining sufficient growth-oriented investments that help manage inflation risk.

### PRESERVING YOUR ASSETS FOR FUTURE GENERATIONS

Integral to a strong financial plan is a well-constructed estate plan that preserves your assets for your heirs. In this regard, you may benefit from consulting with an attorney who can help you draft trust and various types of insurance tools to help protect your assets from estate taxes. Additionally, revisit your financial plan and goals with a financial professional regularly, addressing any potential problems before they impact your savings.



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- Retirement Planning
- Financial Planning
- Life Insurance
- Legacy and Estate Planning
- Cash Management Services
- Small Business Strategies

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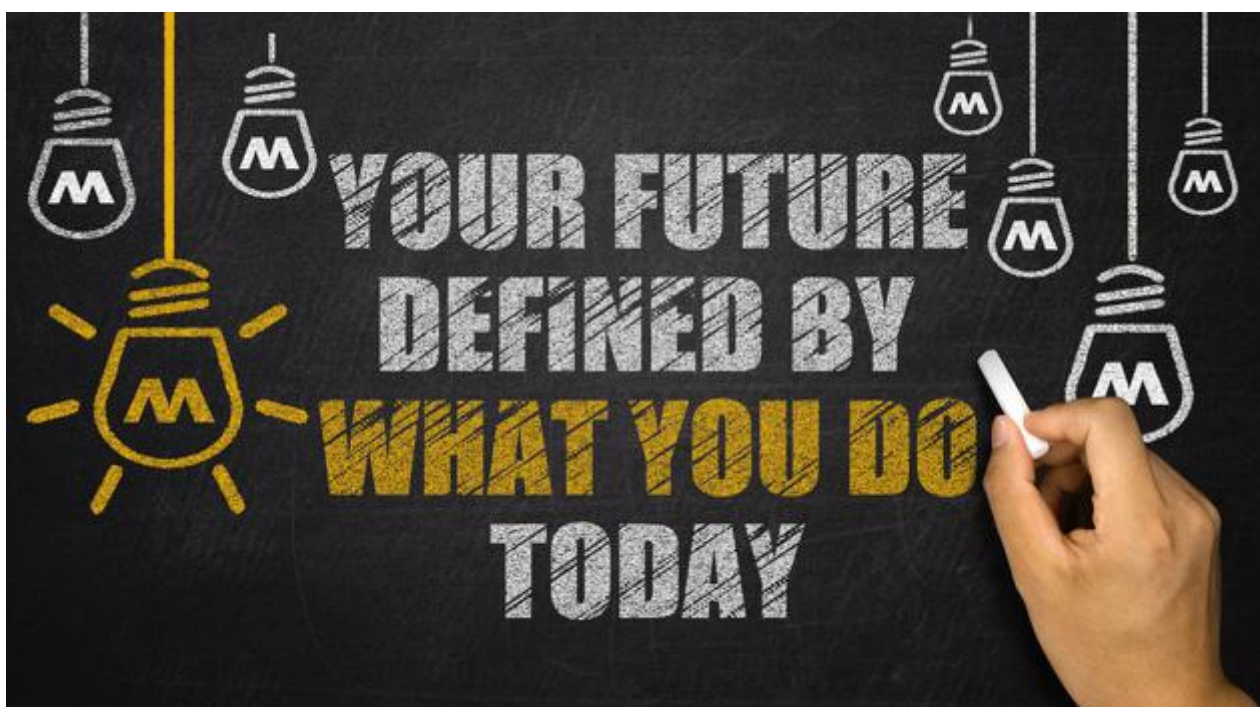


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*This material was prepared by LPL Financial, LLC*

# Commentary

## NH House Happenings

By Rep. John Cloutier



### NH House Meets Drive-In Style

Even though the calendar now indicates winter, rather than summer, New Hampshire's House of Representatives held its first meeting of 2021 outside in a drive-in theater format, rather than inside or remotely.

The Jan. 6 drive-in gathering was held in a huge parking lot on the Durham Campus of UNH (University of New Hampshire) under mostly sunny skies and 30 degree temperatures. I did attend this meeting, which lasted approximately five hours, and was joined by over 350 of my fellow representatives. We were directed by UNH and House Staff to park in every other space so as to allow for proper social distancing of at least six feet as a precaution against being exposed to the COVID-19 virus. We were also required to wear masks at all times per UNH and Durham rules when stepping outside our vehicles to either speak with fellow representatives, House Staff, or to take restroom breaks at the portable toilets placed at designated areas of the same parking lot. Just before entering the lot, which took longer than originally anticipated, resulting in an approximate one hour delay for this unusual meeting, we rolled down our vehicle windows, and were handed important items by staff, such as proposed rule changes on which we would be voting, our individual remote clickers, permitting us to cast any necessary division or roll call votes, as well as bottled water and a box lunch. Voice votes were for this meeting, not by shouting "yea," or "nay," but by either beeping our vehicle horns or flashing lights.

Once representatives all parked, and the meeting began shortly after 11 am, we were instructed to tune in our vehicle radios to a special UNH radio station that broadcast the entire proceedings, if we didn't use a specially-designed app on our cellphones to listen to the broadcast. Also, there was a smaller-than-average Jumbotron with a screen that transmitted a picture of the temporary House podium where the presiding officers like the House Speaker and Clerk spoke from during the meeting. But I do want to note that I actually parked close enough to the Jumbotron so as to see its pictures with help of binoculars and even listen to the proceedings, if I rolled my driver's side window down.

Now the decision to hold our Jan. 6 meeting in the drive-in format was made by House Republican Leadership led by Acting House Speaker Sherman Packard, a decision that I believe was made as a compromise between two major groups of representatives, who wanted to meet in two different ways. The first group of representatives, mainly Republicans, wanted to meet in-person, either in the House Chamber at the State House, or inside a larger room such as UNH's Whittemore Arena, where three previous House meetings had been held in 2020 when the House was controlled by Democrats. The second group of representatives, mostly Democrats, wanted to either meet remotely via

telephone or virtual digital platforms like Zoom, or in a hybrid style that would permit either remote or in-person attendance at House meetings.

This drive-in compromise for the Jan. 6 meeting occurred in the aftermath of the House's first organizational meeting of the new 2020-2022 Term on Dec. 2 held outdoors at UNH's Wildcat Stadium in Durham. The meeting was skipped by over 130 representatives, including myself, over concerns of being unduly exposed to COVID-19, after we had learned from media reports that at least five representatives had tested positive for the virus. Instead, most of us skippers were sworn in Dec. 3 via telephone by Gov. Christopher Sununu and the Executive Council at a special Council meeting. The compromise occurred in the aftermath of the sudden Dec. 9 death of House Speaker Richard Hinch from complications caused by COVID-19. He died exactly one week after he had been elected Speaker.

Nevertheless, the drive-in compromise was not well-liked by all my House colleagues, especially my fellow Democratic representatives. Many of my fellow Democrats complained that the Jan. 6 drive-in meeting would force many of us to continually run our vehicle engines and batteries so as to keep warm and listen to the proceedings on the specially-designated radio station. Such operation could result in dead batteries as well as unhealthy pollutants spewing forth into the air from vehicles' exhaust, unless we owned electric or hybrid vehicles. Others complained that some representatives would be unable to sit in their vehicles for several hours in a row because of physical disabilities that require them to stand up and walk frequently. Yet others were concerned about being unduly exposed to COVID-19, either interacting with their colleagues or using the portable toilets. Finally, many were upset that House Republican Leadership wouldn't set a good example for all inconvenienced New Hampshire citizens in the midst of the global COVID-19 pandemic now ravaging our state by either meeting remotely or at least giving all representatives the option of meeting in-person or remotely. They emphasized such a good example is now possible after the New Hampshire Supreme Court in a Nov. 17, 2020 advisory opinion stated that remote House meetings do not violate our state's constitution under certain conditions.

However, Acting Speaker Packard declared on Dec. 31, 2020 that he believes that the House would still have to adopt "a rule which allows it to meet remotely, either wholly or in part, and until such time as the members adopt such a rule, we are obligated to meet in-person."

The first order of business at the drive-in meeting was to elect a new Speaker to replace the late Richard Hinch. Acting Speaker Packard, a Londonderry Republican, was elected as our new Speaker by 202-150 paper ballot vote, defeating House Democratic Leader Robert "Renny" Cushing, who is from Hampton, with a scattering of five votes for other candidates. Among those nominating Rep. Packard was Charlestown Rep. Steven Smith, a fellow Republican, who has served with the new Speaker on the House Transportation Committee. Rep. Smith declared in his nominating speech that he has known the Speaker as an honest, hardworking legislator, who "doesn't hold grudges" even with those with whom he may disagree.

Other business conducted Jan. 6 included adoption of amended or

**(Continued on page 5)**



## House of Representatives – Claremont

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### **Rep. Cloutier, from page 4**

new House rules that will regulate how we do our work during the 2020-2022 Term. Most of the rules that had bipartisan or mostly Republican support by the House Rules Committee were approved. But new and amended that had only Democratic support failed by division or roll call votes. Among the defeated changes was an amendment to House Rule 67 which would specifically permit remote House meetings. This change was rejected by a 187-149 roll call vote after brief debate. Walpole Rep. Lucy Weber, a Democrat, claimed that the amendment was the rules change that Speaker Packard had declared on Dec. 31 was needed to allow remote meetings. Rep. Weber added that the New Hampshire Senate is now meeting remotely without any changes to Senate Rules. But approved on the same day was another bipartisan amendment to Rule 67 that would permit public access to all remote hearings of legislation to be considered by House committees this term. This amendment passed by an overwhelming 322-7 roll call vote.

In other business, the House heard an official report from New Hampshire Deputy Secretary of State David Scanlan on the Official Nov. 3 Election Results for Governor and the five Executive Council seats. The report required the House to meet on Jan. 6 because Part 2, Article 3 of our state’s constitution declares that the Legislature must meet on the first Wed. after the first Tues. in January to hear the report. The report highlighted Republican Gov. Christopher Sununu’s landslide victory over Concord Democratic Sen. Dan Feltes as well as four out of five victories by the Republican candidates for the Council.

Finally, the House, by an overwhelming 236-35 roll call vote, went on record as condemning the violent attack on our nation’s Capitol Building in Washington, DC, also on Jan. 6 by some extreme supporters of outgoing President Donald Trump who attempted to intimidate the United States Congress into overturning the Electoral College victory of former Vice President Joseph Biden over President Trump in the White House battle. I joined most of my colleagues in condemning this despicable attack, partly encouraged by the outgoing President. I also voted for Rep. Cushing as the new Speaker. Obviously, I was disappointed this outstanding legislator was defeated. But I’ve known Speaker Packard for a long time as a fellow representative, and believe he will treat all us representatives fairly. Finally, I voted for the rules amendment permitting remote meetings. Again I was disappointed that it was rejected, but I hope that our Speaker will eventually come around to the idea of remote or at least hybrid meetings. Frankly, while I survived last week’s drive-in format, I don’t believe it’s best for the House to again meet via drive-in, especially in the next few cold winter months. **Email: [jocloutier@comcast.net](mailto:jocloutier@comcast.net).**

### **With Russian Hackers’ Confirmed Access to Microsoft’s Source Code, Shaheen Calls on Admin. to Immediately Implement Her Cybersecurity Provision Signed into Law**

WASHINGTON,, DC—U.S. Senator Jeanne Shaheen (D-NH), a senior member of the Senate Armed Services and Foreign Relations Committees, called on the Trump administration to immediately implement Section 1655 of the Fiscal Year 2019 National Defense Authorization Act, containing her provision signed into law that requires IT companies working with the Department of Defense (DOD) to disclose instances where they have been asked to share their source code with any country that poses a cybersecurity threat to the United States, including Russia. Shaheen’s call follows reports that Kremlin hackers were able to access and view Microsoft’s source code during the unprecedented cyberattack that Trump has failed to address.

“Time and again, President Trump and his administration have shown they are unwilling or unable to address national security threats from the Kremlin,” said Shaheen. “The administration’s failure to implement this provision, two years from the date it was signed into law, is an unacceptable dereliction of duty that’s compromising our cyberinfrastructure and national defense. I drafted this provision immediately upon hearing of Russia and other countries’ attempts to access the source code of software used on government computers, and it is meant to prevent the very types of large-scale cyberattacks that we just experienced with the SolarWinds hack. I look forward to working with the Biden administration to tackle all threats from Russia and other adversaries and hope that President Trump uses his remaining time in office to prioritize the implementation of laws, like this one, that will protect our systems for the long term.”

## Council, from page 1

Manager and Department heads on visioning and planning for the City.”

Girard, president of Golden Cross, is currently a member of the Airport Advisory Board and Planning Board.

### Heather Whitney:

“I have always been interested in public service and have found my short time on the school board extraordinarily satisfying. My term expires in March and I do intend to seek another term.

“I believe I could be an asset to the City Council and by extension an asset to my community. I have an even temper and an open communication style. I am comfortable in collaborative decision making settings. I consider myself a pragmatist and feel that governing bodies, at all levels, could benefit from more folks like me.

“If I have the privilege of serving in both capacities, I am confident in my ability to give each my best.

“Many public servants juggle multiple personal and professional obligations and I will not be exceptional in that regard. I am a person that is most happy when I am productive and engaged in meaningful work.

“The success of our community and school system is inexorably intertwined. The city of Claremont has an image and resource deficit. We have a tax base that is incapable of supporting its infrastructure and a school system that struggles to support its student body.

“To move Claremont forward, we must attract families that can bolster the tax rolls and fill our shrinking classrooms. This is not something that can happen overnight. It can be achieved with strategic, methodical, goal based community planning. For the city that means focusing on improving infrastructure, eradicating areas of urban blight and promoting strategic growth. For the school district it means a continued focus on improving reading and math skills and aggressively supporting teachers financially and professionally. Additionally we have to acknowledge that our traditional students have been underserved and work to rectify that disparity.”

### Matt Mooshian:

A community leader, he was the 2018 GCCC Young Professional of the Year.

“I want to serve on the Claremont City Council because I want to be part of writing the next

chapter for Claremont -- a chapter of revitalization, prosperity, and equity. Claremont already has so much to offer, and there are so many new and exciting things on the horizon. This is only the beginning.”

With Mooshian’s interest centering on community collaboration to keep Claremont moving forward, he emphasized his priorities of “fostering a forward thinking, leading community; advocating for the wellness of our community; and increasing the transparency & accessibility of our local government.

“I moved to Claremont in 2016 after co-founding a nonprofit program aimed at building community for rural LGBTQ+ folks. After the program launched, I hit the ground running -- collaborating with local entrepreneurs and business owners, and harnessing the collective power of area agencies to best serve populations often left in the margins. Along the way I’ve met some amazing people, the folks who work to keep our community moving forward. Claremont is where I have laid down my roots and invested in my community, and I’m ready to bring that to City Hall. That’s why I applied for the open City Council seat.

“I believe that our community holds the power to write our own story, and I believe that Claremont holds endless potential. I want to serve on the City Council because I want to harness that potential and be part of writing the next chapter for Claremont -- a chapter of revitalization, prosperity, and equity. That’s why my priorities center on community collaboration to keep Claremont moving forward.”

### Mike Sanborn:

“I have been a resident and property owner in Claremont for 40 years, since I got out of the Army. I grew up mostly in Charlestown. Both daughters and one granddaughter have graduated and a grandson still attends Stevens High School. We are all college educated. One daughter and I have multiple college degrees. My granddaughter attends my alma mater, Saint Michael’s College. My wife and eldest daughter are long-time nurses at Valley Regional Hospital. My younger daughter is a special education teacher in Newport.

“I have retired with 28 years working for the city as a Claremont police officer, Claremont public works (water and sewer), county corrections officer and case manager, and a science teacher. I am a veteran (artillery captain). I have worked for local nonprofits serving the community. I continue to teach with the Virtual Learning Academy Charter School (VLACS).

Many years ago, I was on the board for Community Youth Advocates (CYA).

“Though I do not have a personal agenda for the position, I am keenly interested in what is best for our community. I feel that I need to be brought up to date on city projects and plans. I know from my working in public works that there are many things in the planning stage that are not readied for the public. I have always been concerned about the City’s infrastructure and have in-depth knowledge from my six years with public works. I am also concerned about the police and community relations. I do not need to remind you that we had a police officer go to jail. I published a book: *A Cop in a Small City: Examining Mission and Integrity.*”

“I believe that I can assist with Council and School Board relations with my many years working in both professions.

“I have a You Tube channel with two presentations on police work and an educational one on COVID-19.

“I have always been readily available to anyone who wishes to contact me. I respond the same day.”



## Seeking Board Members

The Claremont Policy Committee has a seat available for Claremont Residents who may be interested. The Policy Committee reviews all of the City’s ordinances. Citizen members of this committee are appointed by the City Council. The term for this seat will end on 12/31/2021. For further information, please contact Resource Coordinator, deForest Bearse at [dbearse@claremontnh.com](mailto:dbearse@claremontnh.com) or at 504-0341.

Applications are available at <https://www.claremontnh.com/boards-and-commissions>





## NH DHHS COVID-19 Update—January 10, 2021

CONCORD, NH—On Sunday, January 10, 2021, DHHS announced 797 new positive test results for COVID-19, for a current PCR test positivity rate of 7.5%. Today’s results include 672 people who tested positive by PCR test and 125 who tested positive by antigen test. There are now 6,454 current COVID-19 cases diagnosed in New Hampshire. Of the results reported today:

- 12/31: 5 new cases today, for an updated total of 1,062 cases
- 1/1: 33 new cases today, for an updated total of 688 cases
- 1/3: 2 new cases today, for an updated total of 460 cases
- 1/8: 687 new cases today, for an updated total of 1,010 cases
- 1/9: 70 new cases

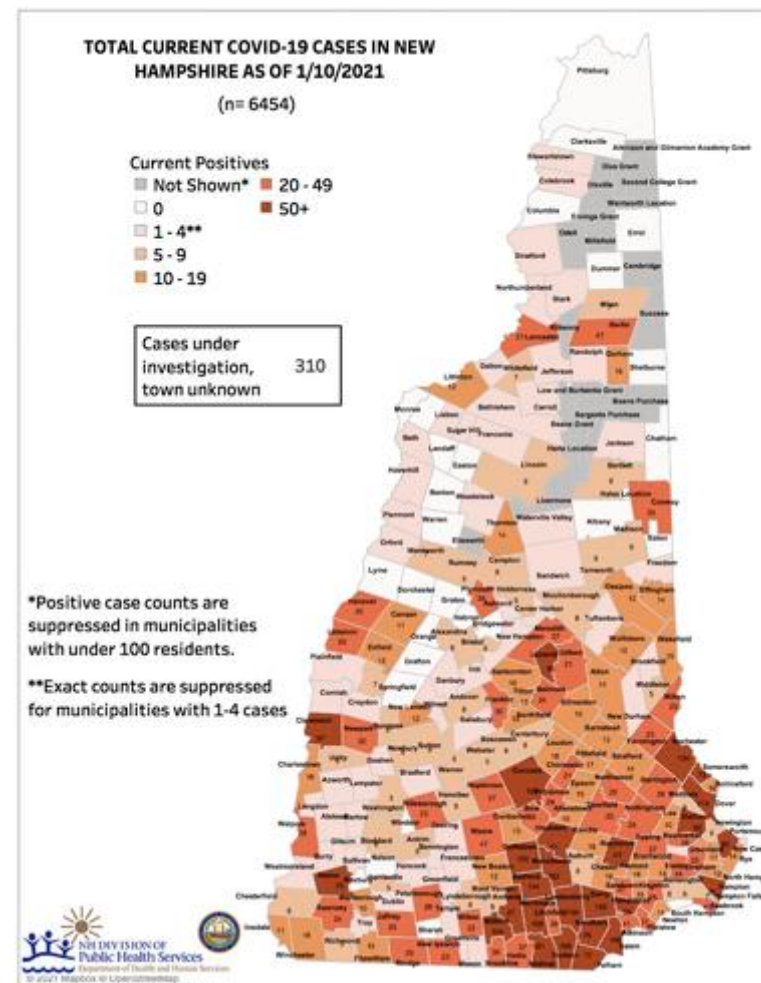
Test results for previous days are still being processed and the total number of new positives for those days are not yet complete. Updated case counts for prior days will be reflected on the COVID-19 interactive dashboard.

Several cases are still under investigation. Additional information from ongoing investigations will be incorporated into future COVID-19 updates. Of those with complete information, there are one hundred and thirty-eight individuals under the age of 18 and the rest are adults with 53% being female and 47% being male.

The new cases reside in Rockingham (154), Hillsborough County other than Manchester and Nashua (127), Strafford (84), Cheshire (80), Merrimack (74), Sullivan (30), Belknap (24), Grafton (22), Carroll (18), and Coos (8) counties, and in the cities of Manchester (83) and Nashua (58). The county of residence is being determined for thirty-five new cases.

Currently there are 97 positively identified cases in Claremont and 183 in Sullivan County.

Community-based transmission continues to occur in the State and has been identified



fied in all counties. Of those with complete risk information, most of the cases are either associated with an outbreak setting or have had close contact with a person with a confirmed COVID-19 diagnosis.

DHHS has also announced seven additional deaths related to COVID-19. We offer our sympathies to the family and friends:

- 1 female resident of Belknap County, 60 years of age and older
- 2 female residents of Hillsborough County, 60 years of age and older
- 1 male resident of Merrimack County, 60 years of age and older
- 2 female residents of Rockingham County, 60 years of age and older
- 1 male resident of Coos County, 60 years of age and older

There are currently 262 individuals hospitalized with COVID-19. In New Hampshire since the start of the pandemic, there have been a total of 51,600 cases of COVID-19 diagnosed.

### COVID-19 Hotline

211NH has been mobilized to handle all COVID-19 related calls from New Hampshire residents. All residents with questions or concerns regarding COVID-19 can call 2-1-1.

Geographic Distribution* of COVID-19		Infections		Hospitalizations		Deaths	
		Persons	% of Total	Persons	% of Total	Persons	% of Total
Belknap	Total	2,229	4.3%	27	2.9%	69	7.9%
Carroll	Total	1,057	2.0%	19	2.0%	4	0.5%
Cheshire	Total	1,589	3.1%	14	1.5%	7	0.8%
Coos	Total	812	1.6%	5	0.5%	18	2.1%
Grafton	Total	1,368	2.7%	12	1.3%	9	1.0%
Hillsborough	Manchester	7,496	14.5%	240	25.8%	176	20.3%
	Nashua	4,606	8.9%	114	12.3%	60	6.9%
	Outside Manchester and Nashua	8,478	16.4%	169	18.2%	243	28.0%
	Total	20,580	39.9%	523	56.2%	479	55.1%
Merrimack	Total	5,509	10.7%	76	8.2%	81	9.3%
Rockingham	Total	12,565	24.4%	215	23.1%	158	18.2%
Strafford	Total	4,271	8.3%	33	3.5%	38	4.4%
Sullivan	Total	632	1.2%	6	0.6%	6	0.7%
Unknown	Total	988	1.9%	0	0.0%	0	0.0%
<b>Grand Total</b>		<b>51,600</b>	<b>100.0%</b>	<b>930</b>	<b>100.0%</b>	<b>869</b>	<b>100.0%</b>

Data as of: 1/10/2021



# As COVID-19 Surges in the County and Claremont, So Does Its Impact

By Phyllis A. Muzeroll  
e-Ticker News

Just as COVID-19 numbers are surging across the country, the same thing is happening in Sullivan County, an area that had done relatively well in holding the numbers down since the start of the pandemic some ten months ago. The same can no longer be said.

Last week, much of the news emerging about the area was daunting: Sullivan County Health Care reported on Jan. 7 that the week's testing conducted on 1/5/21 had yielded 4 staff members testing positive; all have worked on Sterns 3. Later on the 8th, test results for residents tested on the 5th showed a total of 7 residents having tested positive, isolated at this time to Sterns 3. The administration said it had "required the use of N95 masks, including surgical masks, gowns, and goggles or face shields to enter Sterns 3 and were providing resident care precautions on all floors." As of the 8th, all residents were asymptomatic.

Woodlawn announced on Jan. 4 that "We had one staff member test positive for COVID outside of our testing program. The staff member has been out of work for over a week and there is no known exposure at Woodlawn." On Jan. 7, they announced that "We were notified today of a visitor testing asymptomatic positive for COVID on 1/5/20. The visit took place on Sunday 1/3/20. Visiting protocols including masks and 6 foot distance were maintained and would not be considered an exposure."

As of Sunday, Claremont had 97 current cases positively identified; Sullivan County, 183.

Claremont City manager Ed Morris announced that "Late last week we were made aware of active cases of COVID-19 at the Earl Bourdon Centre. Fire Chief Bryan Burr, the City's Emergency Management Coordinator, has been working closely with the Bourdon Centre administration since we received this news. Together with the help of Valley Regional Hospital, they were able to provide onsite testing for the residents."

As of last week, 21 residents at the Centre had tested positive for COVID-19. Meanwhile, City staff were continuing to work closely with the State of New Hampshire to assist with the distribution of the COVID-19 vaccine. The State is currently distributing vaccinations to

health care workers and first responders.

Also, Valley Regional Healthcare announced that "We have begun vaccinating high risk medical workers according to the State of NH distribution guidelines. Valley eagerly awaits the opportunity to begin vaccinating the public, and will be working with the State to develop those distribution plans. Under the State's guidance, we will provide instructions to all of our providers, as well as release our plan via our website and social media."

Temperature screenings are now required for entry to the Claremont Savings Bank Community Center, and CSB branch lobbies will be closed until further notice, with drive-ups remaining open. Lobby access can be made by appointment. The main office is now offering a new walk-up window on the Broad St. side. Since mid-November, Bank of NH offices have operated via drive-thru only with access to the lobby by appointment only; Mascoma Bank also has similar policies, as does One Credit Union.

## School District Goes to Remote Learning

The impact of the rising COVID cases is being especially felt by school districts, including Claremont's. Wednesday night, the board approved a recommendation by the administration to switch learning to remote, effective last Friday due to the increasing number of COVID cases. In a message to families, the district said, "Due to the recent spike in COVID-19 cases in the Claremont area and the impact of quarantines and absences on school operations, the Claremont School Board voted last night to move to remote learning for students in all schools in our district for the next six school days beginning tomorrow, January 8, 2021 and ending Friday, January 15, 2021. Students who are currently in-person, AB cohort students, are expected to return to school after the Martin Luther King Day Holiday on Tuesday, January 19, 2021."



**Round 1 of the COVID-19 vaccine for staff and residents began at SCHC Jan. 6. Administrator, Ted Purdy and Director of Nursing, April Bartley, kicked off the immunizations (Courtesy photos).**

A positive case at SHS was announced Jan. 6, but since the infected person had not been in the building, no contact tracing was needed. Also on the 6th, the district confirmed a case at CMS.

The vote to pivot to remote was 5-2, with board members Heather Whitney and Jason Benware voting no. Both have been strong proponents of maintaining in-person learning and have cited studies saying that students have less exposure to the virus in schools than being out in the community. However, Asst. Superintendent Donna Magoon said that "based on today" (Wednesday), approximately 13 staff members were out on quarantine for 10 days and there were 26 students and 3 staff just from "today" that were sent home. Overall, she said, there were over 50 students out, being quarantined throughout the district. With the number of staff out, principals, guidance counselors and others have been trying to fill in for the absent teachers, taking them away from other responsibilities. Board chair Frank Sprague concurred with the administration's recommendation to go to remote, saying that he believed he has "seen the evidence that things are deteriorating."

When asked what would happen after the 15th if numbers were still high, Superintendent Mike Tempesta said, "You're in this as long as you need to be."



## Mayoral Notes by Charlene Lovett



### Southwestern Community Services Expands Transportation Services

In October of 2021, Southwestern Community Services (SCS) will complete its 4th year of providing public transportation to the Claremont area. Since that time, SCS has made numerous improvements and expansions to its transportation services, ultimately rebranding these offerings last summer as Sullivan County Transportation (SCT). With the onset of COVID-19, the organization adapted yet again, implementing safety protocols that ensure the continuation of public transportation during the pandemic.

Funded by a combination of fares, grants and matching funds from three municipalities and Sullivan County, SCT manages both a volunteer driver program and a public bus transportation system with a Dial-A-Ride component. At this time, the Dial-A-Ride component is only available in Claremont. The volunteer driver program offers Sullivan County residents, 60 years or older or individuals with disabilities, door-to-door auto transportation for essential trips (i.e. medical appointments, groceries). Individuals are asked to schedule a ride 24 hours in advance. Volunteer drivers have taken riders to a variety of places, including Concord and as far away as Boston.

Because of the growing demand for the volunteer driver program, SCT recently hired two new drivers and more are needed. All volunteer drivers receive training and professional development to ensure delivery of quality service. Drivers are reimbursed 58 cents a mile. Most recently, SCT purchased two new vans, each wheelchair accessible. The addition of these vehicles will expand the ability of drivers to provide transportation to groups of people and/or those with disabilities.

The public bus transportation system connects Charlestown, Claremont and Newport. For the last few years, SCS has been working closely with regional partners to expand this service to Lebanon via Route 120. Plans for

this route are finalized, and SCT anticipates starting this service in February if the number of COVID-19 cases stabilizes. In addition to the two new vans, SCT is also purchasing two new buses, one of which will be dedicated to the Lebanon route.

In 2020, SCS temporarily suspended bus fares as many riders were experiencing financial hardships due to the pandemic. However, it is anticipated that fares will resume this spring if the number of COVID-19 cases declines. As a normal practice, individuals who are eligible and approved for contracted Medicaid and Title III transportation services may qualify for reduced or no fare rides. Additionally, no fares are charged for children aged 5 and under when accompanied by an adult; however, there is a limit of three children per fare-paying passenger.

People who do not reside along bus routes may request a pick-up or drop-off route deviation if it is within a quarter mile of the route. SCT asks that such requests be made 24 hours in advance by calling 603-542-9609. Bus passengers may take as many parcels as can be carried onto the bus in one boarding and must secure them under the seat or on their laps. Pets can also ride the bus as long

as they are under the control of their owners. Service animals are always permitted.

Passengers can be assured that SCT has taken all necessary precautions to operate safely in a pandemic environment. To assist in contact tracing if needed, drivers maintain manifests, recording the rider's name, location and time of pick-up and drop-off. Drivers are required to wear masks and driver barriers are included in the newest buses and vans. In accordance with the Governor's mandate and CDC guidelines, riders are also required to wear masks. If a rider does not have a mask, the driver is able to provide one. Vehicles are sanitized daily. Each night buses are sanitized with a fogger and hospital grade sanitizer. Volunteer drivers can also opt to have their cars sanitized in this manner.

If you would like more information on SCS or SCT, please visit their website at [scshelps.org](http://scshelps.org) or call 603-542-9609. Both SCS and SCT have a facebook page and update these pages with changes to times, routes, etc.

*Charlene Lovett is the Mayor of Claremont and welcomes your feedback. Please email questions, comments or concerns to her at [clovett.ccc@gmail.com](mailto:clovett.ccc@gmail.com)*

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## Public Notice

**The Claremont School Board will be holding a Public Hearing on the FY '22 Budget on Wednesday, January 13, 2021, at 6:30pm, with a Claremont Regular Board Meeting to immediately follow. This meeting will be in person, audio broadcast, hybrid and streaming.**

**Location Sugar River Valley Regional Technical Center, 111 South Street, Claremont, NH.**

**Open to the Public (in person) - limited seating**

Due to Covid-19 and the health and safety of our residents, only a limited number of citizens are allowed to attend. Those in attendance will need to adhere to safety rules which include: temperature check, hand sanitizer, wearing a face mask, social distancing, and others deemed necessary. To reserve your seat, please call Melissa Small at 603-543-4200 ext. 6009

**Audio Broadcasted** on CCTV Channel 8 - Citizens without access to CCTV 8 may call in to listen by dialing 1 -929-436-2866 ID 997 1641 7652 Passcode 483 221

**Streaming** by using this link: <https://zoom.us/j/99716417652?pwd=WUwyVU12N-W9iY1BGSytdEQ2aVNmZz09#success>

Please visit our website: [www.sau6.org](http://www.sau6.org) under School Boards to review agenda.



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# e-Ticker Business News

## Director of Community Health Receives Award from Turning Point of Springfield, VT

WINDSOR, VT – For her work to create systemic improvements in care for people with Substance Use Disorders, Jill Lord, Mt. Ascutney Hospital and Health Center's (MAHHC) Director of Community Health, was awarded a Certificate of Excellence at Turning Point Recovery Center of Springfield, Vermont's first annual Recovery Gala. The gala was held virtually in September of 2020 to celebrate peers in the professional community. Affiliated with the Vermont Recovery Center as a 501(c)(3) non-profit organization, Turning Point is a peer-based network of support for people affected by any kind of Substance Use Disorder.



**Jill Lord**

Turning Point of Springfield Executive Director Michael Johnson said, "Among many other things, Lord and her colleagues at Mt. Ascutney Hospital and Health Center have been champions for prevention, treatment, and recovery from Substance Use Disorder."

According to Johnson, MAHHC was the first hospital that welcomed Turning Point Recovery Center Recovery Coaches in the Emergency Department (ED) program, where peer Recovery Coaches meet and follow up with any ED patient experiencing substance-related issues. He said, "Jill, specifically, was a driving force in getting this project off the ground and provided ongoing support to ensure its success."

Johnson added that Lord leads the Community Health Improvement Plan, which supports several workgroups that attempt to improve community health needs. One of these is the Substance Misuse workgroup. Lord also leads

the Prevent Opiate Overdose Deaths initiative, which is facilitating cross sector partnerships with novel approaches to overdose prevention, response, treatment, and recovery. "Through these and other approaches," he said, "Jill has demonstrated her sincere caring and also her tenacious resolve to make a positive impact. We are grateful to Jill and MAHHC for their steadfast commitment to the health and well-being of our community."

As Director of Community Health, Lord is responsible for fostering population and community health using the Community Health Needs Assessment, ACO, and other Quality measures to identify needs and benchmark progress. She holds an MS in Human Services Administration from New Hampshire College in Manchester, New Hampshire, and received a BSN from the University of Vermont in Burlington, Vermont. Lord has been a nurse for over 40 years and was Chief Nursing Officer and Director of Patient Care Services for the Hospital for nearly 25 years prior to her current position. In September 2011, she was appointed to the Governor's Blue Ribbon Commission on Nursing; and in 2014, named the Vermont Medical Society Citizen of the Year. In 2018, Lord was also honored by Vital Communities with the Heroes and Leaders Award for the Region.

Dr. Joseph Perras, CEO and Chief Medical Officer at MAHHC, congratulated Lord on her accomplishment, saying, "Having recovery coaches in the Emergency Department, ready to provide peer-based understanding and resources, can be transformative for people who experience Substance Use Disorder. Thanks to Jill for her efforts to make this program, and so many others, work for local people in need. Because of her, and her gift for fostering collaboration, our area is safer and healthier."

## Claremont Savings Bank Announces Employee Promotions

CLAREMONT, NH— Claremont Savings Bank has announced the following promotions:

- Brenda Cox to Vice President, Commercial Credit Administration
- Melissa Wooddell to Vice President, Loan Operations
- Julie Martin to Vice President, Business Services

"Brenda's strong analytical skills and focus on identifying and quantifying risks serve her and the Bank well in her role as Commercial Credit Department Manager," said Jim Lynch, Senior Vice President Commercial Banking. "Her patient and diligent approach to completing tasks and solving problems has earned her the respect of her team members and co-workers throughout the organization," continued Lynch.

"Melissa's approachable nature and strong  
(Continued on page 13)



**Brenda Cox**

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# e-Ticker Business News

## Promotions, from page 12

knowledge of lending are just a few of the traits that make her a tremendous asset to the Claremont Savings Bank Lending and Management Teams," said Carol Vivian, Senior Vice President Retail Banking. "Melissa has been with CSB since 2006 working on expanding her lending knowledge working in a variety of positions within the Bank," she added. "Her experience throughout several areas of the Bank has provided her with insight that makes her a great problem solver."



**Melissa Wooddell**

"Julie manages our Business Services Department and she is determined to always provide the highest level of customer service possible,"



**Julie Martin**

said Lynch. "She leads by example and her positive energy and desire to help customers, co-workers and our communities makes her a valuable member of Claremont Savings Bank and our Commercial Banking Team," he said.

## Local Primary Care Practitioner Earns Board Certification in Lifestyle Medicine

CHARLESTOWN, NH—Charlestown Health Center has announced the board certification of Nurse Practitioner (APRN) Grace St. Pierre in the specialty of Lifestyle Medicine. St. Pierre earned her Masters of Science in Nursing from Simmons College Boston in 2017 and Family

Nurse Practitioner Certification from the American Academy of Nurse Practitioners (FNP-C) in 2016. Her recent board certification in Lifestyle Medicine strengthens the field of primary care and enhances the services provided to area residents.

Medical practitioners with advanced training in Lifestyle Medicine apply their knowledge of nutrition, sleep hygiene, exercise physiology, and stress management techniques to help patients develop healthful lifestyle habits that serve to prevent, treat, and in some cases reverse, lifestyle-related chronic diseases such as type 2 diabetes, cardiovascular disease, obesity, and depression.

"As patients, our primary care practitioner is our first line of defense to staying healthy and well," said the practice. "They help prevent and manage common chronic conditions such as high blood pressure, high cholesterol, and many others. Primary care providers are our first contact for most non-emergency health care needs. Lifestyle Medicine practitioners work in collaboration with primary care providers. In other instances, primary care practitioners, such as Grace St. Pierre, are board certified in Lifestyle Medicine."

Studies have shown that 80 percent of chronic diseases are prevented by adhering to four healthy lifestyle factors: never smoking, maintaining normal body weight, a physically active lifestyle, and adhering to a healthy diet consisting in large part of fruits, vegetables, and whole grains. Numerous peer-reviewed studies show the efficacy of the Lifestyle Medicine approach.

Charlestown Health Center, a federally qualified health center and part of a network of health centers throughout southeast Vermont and New Hampshire, provides primary care services to tens of thousands of area residents each year. "Expanding primary care services to include Lifestyle Medicine provides area residents with an additional effective approach to disease prevention."

A virtual information session regarding the Lifestyle Medicine approach will be held on January 19th at 2:30. Free and open to the public. Registration is required.

Please call the Charlestown Health Center at 603-826-5711 to attend.

**Grace St. Pierre**



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# 'An Honor and a Pleasure'

## Claremont Police Officer Retires After More Than a Quarter-Century

By Eric Zengota  
e-Ticker News

CLAREMONT, NH—"I chose law enforcement as a career," says Stan Andrews, "because it gave me a lot of exciting opportunities to help people and my community."

Andrews, a captain in the Claremont Police Department, will don his uniform for the last time this Wednesday. He had three years of experience with the U.S. Marshalls Service, New Hampshire District, in Concord, and with the Webster police force. He's served 25 years in Claremont. Throughout, he's focused on protecting City residents and doing what he can to help improve their lives.

At various times he's been part of the department's SWAT team, head of plainclothes narcotics investigations, and detective commander. For the past several years, he's been the lead firearms instructor, especially training new recruits.

Andrews is most proud of bringing two particularly dark, challenging situations to successful conclusions. "I was able to remove a very young girl from an abusive domestic situation, have her placed in State care and see that she was eventually adopted by a caring family." He was also instrumental in shutting down a crack house. "We arrested the occupants, who were passing out this poison to kids. We seized and sold the home, with profits shared between the department and the City."

What will he miss most come Thursday? "There is such camaraderie among all the men and women of this fine department. I'll miss them and all the City employees that I've gotten to know."

Retirement plans include travel with his wife "as soon as the world opens up again. We'd like to tour Europe, especially Ireland, Poland and Italy. And I want to go back to South Africa."

Police chief Mark Chase said that Andrews has been a valuable asset for the City since day one. "Stan represents what we hope to obtain when we hire someone who doesn't live in Claremont. He didn't just come into work and go home. He learned Claremont's culture,

made connections and cultivated roots here. He developed what I call ownership of the community. He truly wants to see Claremont prosper."

In summing up his career, Andrews said, "It's been an honor and a pleasure serving this community and the people in it. I'm leaving with a lot of good memories, and I wish everybody the best."

*The Claremont City Council will present a proclamation to Andrews at its meeting this Wednesday. He will be attending via Zoom. For those interested in watching, note that the proclamation is scheduled for 7:37pm.*

### The Lightness of Painting with Jamie Townsend

CLAREMONT, NH—Join artist Jamie Townsend as he shares his process of painting layers and color in this free Claremont MakerSpace virtual class. Townsend will demonstrate his craft while talking about his technique and answering questions from the virtual audience.



**Stan Andrews (center) organized two record-breaking police department food drives in 2020. All donations benefited the Claremont Soup Kitchen. "I'd like the food drives to be my legacy," he said, adding that he'll come back to Claremont twice a year to organize future drives (File photo).**

This class is presented free and a link to the Zoom connection information will be sent after registration: <https://claremontmakerspace.org/events/#!event/2021/1/12/the-lightness-of-painting-with-jamie-townsend>. Tuesday, Jan. 12, 2:00 p.m.



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## Exercise Caution on the Ice

CONCORD, NH – New Hampshire Fish and Game Department officials urge outdoor enthusiasts to exercise caution when enjoying winter activities near the ice, especially after this season's fluctuating temperatures. Parents are also urged to educate themselves about ice safety and share this knowledge with their children to help prevent accidents.

"Caution is in order for those going out onto any ice, especially following the record rainfall recorded on Christmas day," said Fish and Game Col. Kevin Jordan. "With erratic temperatures, some areas of ice may look safe, but may not be. We are urging people to check the ice thickness before going out onto any frozen waterbody."

Because of changeable ice conditions, it is never advisable to drive vehicles onto the ice. Those on foot should carefully assess ice safety before venturing out by using an ice chisel or auger to determine the thickness and composition of the ice. Continue to do this as you get further out onto the ice because the thickness of the ice will not be uniform over the entire waterbody. Snow-covered ice can be deceiving and should always be inspected carefully.

Though all ice is potentially dangerous, the U.S. Army Cold Regions Research & Engineering Laboratory in Hanover, NH, offers this advice on ice thickness: There should be a minimum of 6 inches of hard ice before individual foot travel and 8–10 inches of hard ice for snow machine or off-highway recreational vehicle travel.

Keep in mind that thick ice does not always mean safe ice. It is possible for ice to be thick, but not strong, because of varying weather conditions. Weak ice forms when warming trends break down the ice, then the surface refreezes. Be especially careful of areas with current, such as inlets, outlets, and spring holes, where the ice can be dangerously thin.

Tips for staying safe on the ice include:

- Don't venture onto any ice during thaws.
- Stay off the ice along the shoreline if it is cracked or squishy. Docks, rocks, and downed trees absorb the sun's heat and can cause the ice around them to be thin.
- Watch out for thin, clear, or honeycombed ice. Dark snow and ice may also indicate weak spots.
- Small bodies of water tend to freeze

thicker. Rivers and lakes are more prone to wind, currents, and wave action that weaken ice.

- Never gather in large groups on less than 8–10 inches of hard ice.
- Always bring along a rescue rope, ice picks, and a personal flotation device such as a float coat or life preserver.
- If you do break through the ice, stay calm.

Move or swim back to where you fell in, where you know the ice was solid. Lay both arms on the unbroken ice and kick hard. This will help lift your body onto the ice.

- If someone you are with breaks through the ice, don't rush over to the hole—keep yourself safe. Look for something to throw or to use to reach out to the person such as a rope, tree branch, or ice spud.

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## How to Respond When Risk Tolerance Is Tested

When you begin investing, you'll generally assess your comfort with risk, as your investment choices will be guided at least partially by your risk tolerance. But once you actually experience the ups and downs of the market, this tolerance could be tested.

Risk tolerance may appear less bothersome in the abstract but seem quite different in reality. For example, you might initially think you wouldn't be fazed by short-term market downturns, no matter how severe. However, when the financial markets really decline, as happened when the COVID-19 pandemic struck last March, you might find yourself being more concerned than you thought you would be.

Before you change your investment strategy, it's important to understand the potential tradeoffs. By limiting your downside risk by investing less aggressively, you may also limit your upside potential. You might need to change your strategy in other ways, such as saving more or working longer. That said, the tradeoff involved in reducing your downside risk may be worth taking, if it helps you cope better with wild market swings, as the best strategy may be one you can stick with through the inevitable ups and downs of the markets.

Because market fluctuations are a normal part of investing, here are some additional suggestions that may help you focus on your long-term strategy.

- *Look past the immediate event.* While the market's pandemic-driven fall was sudden, its recovery was also fairly quick. Eight months after its March meltdown, the market had regained all the lost ground and reached a new record high. During the midst of what appears to be a real threat to your investment portfolio, it can be difficult to anticipate a more favorable environment. Yet, while past performance can't guarantee future results, every historical market decline has been followed by a recovery.

- *Understand that the Dow isn't your portfolio.* When the Dow Jones Industrial Average and the other major market indexes such as the S&P 500 fall precipitously (or shoot up), it makes headlines. But the Dow and the S&P 500 only track the performance of large U.S. companies – and while their performance may be an indication of the U.S. economy, they aren't going to track the results of your portfolio, which should ideally include a personalized mix of large-company stocks, small-company stocks, international stocks, bonds, government securities and other investments.

- *Keep your emotions out of your investment moves.* The market will fluctuate constantly – but you should always try keep your emotions in check. Excess exuberance when the market rises, or extreme despondency when the market falls, can lead you to make poor decisions. Specifically, we may buy when we feel good (when the markets are up) and sell when we feel badly (when markets are down). Your heart and your emotions may drive your financial goals – creating a comfortable retirement, sending your kids to college or leaving a legacy for your family – but when you invest for these goals, you should use your head.

Your risk tolerance is a key part of your investment strategy. But by taking the steps described above, you can gain a broader understanding of how risk fits into your overall picture – and a better understanding of yourself as an investor.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.  
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# Inspiration

## Corvidology

By Priscilla Hull

Ha! I caught you, I hope, with the title! Corvidology has to do with the study of crows. I first read that title in one of the "Cat Who" books by Lillian Jackson Braun. Great books about a pair of Siamese cats and their servant known as Qwil. I'm not here to talk about cats and those who think they own them, but about crows.

It's a steely sky day in January as I write this. There is an image of the sun attempting to appear beyond the clouds, but without much success and certainly without any warmth. You know the kind of day that we have from November through March. It is so common that we are thrilled when there's a little blue sky and the sun really does shine!

On this day the peace and quiet and the chill of the day are disrupted by the racket of a bunch of crows. They can really make a huge racket when they start cawing all together. This particular group is out in the woods somewhere, probably harassing an owl. Possibly the owl started the harassment. Both species are pretty aggressive, although their paths don't cross very frequently simply because one hunts mostly at night on live prey while the other hunts primarily by day and enjoys carrion as much as live prey. You know which is which. Chances are these crows have found a smaller owl, barn or screech, and are attempting to chase it out into the open where they will have a fine owl dinner, but don't worry, owls are pretty smart and also a little timid, so they aren't apt to leave the safety of their home. A larger owl, great horned or snowy is more apt to ignore or frighten off the pesky crow.



Crows are somewhat of a nuisance to people, and they are tricksters. Many years ago, we had a boat which we often trailered to the Hudson River or a lake. We arrived home and I absently left my keys on the boat trailer (probably attending to three hungry, tired kids and husband). As soon as I realized where I had left them, I went out, but the keys were gone. I questioned husband and kids, if they had picked up the keys. Husband loved playing tricks and, although he said no, I wasn't sure. Eventually the keys were replaced and the matter forgotten - until a bright spring day when the keys appeared in the middle of the driveway. We had many crows living in the woods around our home and to this day I believe that a crow took the keys and the following spring when making room for the new family, they wanted them out of the nest and returned them to where they found them.

Crows mate for life and so we often see pods of six to eight crows. They stay together in the family for at least a year, and the previous year's family helps with the next family and then leaves to start their own families. It's a pretty nice arrangement, don't you think? The American crow and all species are smart creatures. During times of plenty, crows, being omnivorous, will stash food in secret places and then in the lean times they will retrieve it for dinner or to feed the babies. Some species can be taught, like parrots, to speak. The crow has a sense of humor, as in the story above. They love pretty shiny objects, also noted in the story above. They can remember things, such as where they stole the keys and where they hide their food. Most important, they seem to have a sense of family with the family staying together for a generation and helping with the previous.

Since Bible times and before, crows have been a great part of folklore. They are depicted as either smart or foolish. Aesop's Fables, for example, has two stories that come to mind. The first is The Crow and the Fox. The crow finds a piece of cheese, but along comes the clever fox who also wants the cheese. So he flatters the crow particularly about its fine voice until the crow opens its beak to demonstrate his voice. The cheese falls out and the clever fox grabs it! The other is quite the opposite. It is called The Crow and the Pitcher. A thirsty crow comes upon a pitcher with water but the level of the water is beyond the crow's reach. So the clever crow drops pebbles in the pitcher until the water level rises enough for the crow to get a drink! Which image do you find more believable?

We could learn a lot from crows! Life is easier with a sense of humor. A family needs to help one another. Planning ahead is important. Crows do all these things and more. Pay attention to the world around and know that it is good to have someone that you can depend on to help with everyday tasks of life!

*The ravens [crows] would bring him bread and meat each morning and evening, and he would drink from the stream.*  
1 Kings 17:6. (The prophet Elijah being attended to by crows.)

*Priscilla Hull is the Lay Leader of the First United Methodist Church in Claremont, NH.*

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# Trading Up

## Plumbing, Heating Basics Class Prepares Adult Students for Work

**Story and Photos by Eric Zengota  
e-Ticker News**

CLAREMONT, NH—Last week, students received certificates of completion for a course, Basic Plumbing and Heating, which had been held at the Sugar River Valley Regional Technical Center (SRVRTC) in Claremont.

Eight students ranging in age from 27 to 66 took the 48-hour course over eight weeks. They paid no tuition, because it was an adult education offering funded through the Sullivan County grants budget. County manager Derek Ferland congratulated the students, noting their hard work and “for sticking with the class, even though it was free.” Four of the eight were able to attend the presentation.

SRVRTC director Alex Herzog described the course as a combination of “building skills and talent scouting. And all of you here excelled on both counts.” He also expressed his gratitude to TPI Staffing, which had reviewed the applications and forwarded the best candidates to the class. “They did the vetting process for us at no charge,” said Herzog. “They recognized the value of new skilled tradespeople to the community.”

Students had various reasons to take the class. Some wanted to enter the profession, others to simply understand the equipment in their homes. All, however, were “prepared to understand the expectations of plumbing and heating apprenticeships,” said Doug Morton.

Morton, who came out of retirement to lead the class, had been the Center’s first plumbing and heating instructor, teaching for 25 years while running his own local business. He praised the students for their “tenacity to stay in the trades. Best of all, they enjoy what they’re doing. Because if you don’t enjoy your work, you have to change your work.”

Morton told local businesses about the class. For their part, the students have to take the initiative to contact possible employers to arrange an interview.

This is the second county grant-supported trades class. An earlier one, on welding, was held at the Tech Center’s Newport campus. Herzog and Ferland hope to put together more courses, but there is nothing specific planned as of now. Individuals are invited to keep in

touch with the Center about future classes by visiting [srvrtc.sau6.org](http://srvrtc.sau6.org).



**Alex Hudson, of Claremont (right) said he was “sick of factory work” and wanted a career change. Instructor Doug Morton praised Hudson’s work ethic and that of his classmates.**



**“I’m ready to do this,” said Ethan Morin, of Claremont, who has been interested in the profession. He took the course to begin working as an apprentice.**



**Odane Clarke, of Charlestown (right), receives his certificate of completion from Sullivan County manager Derek Ferland. Clarke began working at a plumbing business in only the second week of classes.**



**Darrell Lee, a property developer from Springfield, Vt., wanted to familiarize himself with plumbing and heating basics so he could better work with the contractors he hires to rehab his properties.**



# Sullivan County Grand Jury Indictments Released

NEWPORT, NH—The Sullivan County Grand Jury recently released the following indictments:

Scott Supernois, 55, Claremont, NH, indicted for Acts Prohibited, Sale of Controlled Drug/Heroin (Subsequent Offense/School Zone), Oct. 28, 2019; Acts Prohibited, Sale of Controlled Drug/Crack Cocaine (Subsequent Offense/School Zone), Oct. 28, 2019; Acts Prohibited, Sale of Controlled Drug/Heroin (Subsequent Offense/School Zone), Oct. 22, 2019.

William Supernois, 57, Claremont, NH, indicted for Acts Prohibited, Sale of Controlled Drug/Heroin (Subsequent Offense/School Zone), Nov. 13, 2019; Acts Prohibited, Sale of Controlled Drug/Heroin (Subsequent Offense/School Zone), Nov. 25, 2019.

Christina Jones, 40, Claremont, NH, indicted for Sale of Substance Represented to be the Controlled Drug Heroin, on or between Aug. 1, 2019, and May 1, 2020; Sale of Substance Represented to be the Controlled Drug Heroin, on or between Aug. 1, 2019, and May 1, 2020; Sale of Substance Represented to be the Controlled Drug Heroin, School Zone, Aug. 1, 2018, and May 1, 2020.

Jennifer Waterman, 33, Newport, NH, indicted for Acts Prohibited, Sale of Controlled Drug-alpha-pyrrolidinohexiophenone (alpha-PHP), Feb. 7, 2020; Acts Prohibited, Sale of Controlled Drug-alpha-pyrrolidinohexiophenone (alpha-PHP), Jan. 31, 2020; Acts Prohibited, Sale of Substance Represented to be alpha-pyrrolidinohexiophenone (alpha-PHP), Dec. 9, 2019.

Matthew Pickering, 26, Claremont, NH, indicted for Acts Prohibited, Sale of Controlled

Drug-alpha-pyrrolidinohexiophenone (alpha-PHP), Nov. 5, 2019; Acts Prohibited, Sale of Controlled Drug-alpha-pyrrolidinohexiophenone (alpha-PHP), Nov. 7, 2019.

Shane Shaffer, 30, Claremont, NH, indicted for Acts Prohibited, Sale of Controlled Drug "LSD", Dec. 11, 2019; Acts Prohibited, Sale of Controlled Drug MDMA ("Molly"), Dec. 18, 2019.

Briana Shea, 26, Claremont, NH, indicted for Acts Prohibited, Sale of Controlled Drug "LSD", Dec. 11, 2019; Acts Prohibited, Sale of Controlled Drug MDMA ("Molly"), Dec. 18, 2019.

Andrew Parker, 37, County Farm Rd, Unity, NH, indicted for Acts Prohibited, Sale of Substance Represented to be Controlled Drug Heroin >5 grams/School Zone—Offense Committed while on Release, Nov. 12, 2020; Acts Prohibited, Sale of Substance Represented to be Controlled Drug Methamphetamine/School Zone-Offense Committed While on Release, Nov. 12, 2020; Acts Prohibited, Sale of Substance Represented to be Controlled Drug Heroin >5 grams/School Zone—Offense Committed while on Release, Nov. 17, 2020; Acts Prohibited, Sale of Substance Represented to be Controlled Drug Methamphetamine/School Zone-Offense Committed While on Release, Nov. 17, 2020; Acts Prohibited, Sale of Substance Represented to be Controlled Drug Heroin >5 grams/School Zone—Offense Committed while on Release, Nov. 30, 2020; Acts Prohibited, Sale of Substance Represented to be Con-

trolled Drug Methamphetamine/School Zone-Offense Committed While on Release, Nov. 30, 2020; Acts Prohibited, Sale of Substance Represented to be Controlled Drug Heroin >5 grams/School Zone—Offense Committed while on Release, on or between Nov. 1, 2020, and Dec. 30, 2020; Acts Prohibited, Sale of Substance Represented to be Controlled Drug Methamphetamine/School Zone-Offense Committed While on Release, on or between Nov. 1, 2020, and Dec. 30, 2020.

Denise Schuster, 48, County Farm Rd., Unity, NH, indicted for Acts Prohibited, Sale of Substance Represented to be Controlled Drug Heroin >5 grams/School Zone/Subsequent Offense, Nov. 12, 2020; Acts Prohibited, Sale of Substance Represented to be Controlled Drug Methamphetamine/School Zone/Subsequent Offense, Nov. 12, 2020; Acts Prohibited, Sale of Substance Represented to be Controlled Drug Heroin >5 grams/School Zone/Subsequent Offense, Nov. 17, 2020; Acts Prohibited, Sale of Substance Represented to be Controlled Drug Methamphetamine/School Zone/Subsequent Offense, Nov. 17, 2020; Acts Prohibited, Sale of Substance Represented to be Controlled Drug Heroin >5 grams/School Zone/Subsequent Offense, Nov. 30, 2020; Acts Prohibited, Sale of Substance Represented to be Controlled Drug Methamphetamine/School Zone/Subsequent Offense, Nov. 30, 2020; Acts Prohibited, Sale

(Continued on page 21)

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## Indictments, from page 20

of Substance Represented to be Controlled Drug Heroin >5 grams/School Zone/Subsequent Offense, on or between Nov. 1, 2020, and Dec. 30, 2020; Acts Prohibited, Sale of Substance Represented to be Controlled Drug Methamphetamine/School Zone/Subsequent Offense, on or between Nov. 1, 2020, and Dec. 30, 2020.

Sandra Dunbar, 43, Claremont, NH, indicted for Sale of Substance Represented to be the Controlled Drug(s) Heroin and /or Crack Cocaine, School Zone (Conspiracy), between Feb. 1, 2020, and March 30, 2020; Sale of Substance Represented to be the Controlled Drug(s) Heroin and /or Crack Cocaine, School Zone (Conspiracy), on or between Feb. 1, 2020, and March 30, 2020.

Kenneth Dunbar, 62, Claremont, NH, indicted for Sale of Substance Represented to be the Controlled Drug(s) Heroin and /or Crack Cocaine, School Zone (Conspiracy), on or between Feb. 1, 2020, and March 30, 2020.

Antwaun Tucker, 44, Keene, NH, indicted for Sale of Substance Represented to be the Controlled Drug Heroin, School Zone (Conspiracy), on or between Aug. 1, 2019, and May 1, 2020.

Shaun M. Berge, 43, Newport, NH, indicted for Aggravated Felonious Sexual Assault, Dec. 19, 2020; Aggravated Felonious Sexual Assault, Dec. 19, 2020; Aggravated Felonious Sexual Assault, Dec. 9, 2020; Aggravated Felonious Sexual Assault, Dec. 9, 2020; Aggravated Felonious Sexual Assault, Dec. 10, 2020; Aggravated Felonious Sexual Assault, Dec. 10, 2020; Aggravated Felonious Sexual Assault, Dec. 13, 2020; Aggravated Felonious Sexual Assault, Dec. 13, 2020; Aggravated Felonious Sexual Assault, Dec. 18, 2020; Aggravated Felonious Sexual Assault, Dec. 18, 2020; Aggravated Felonious Sexual Assault, between Dec. 9, 2020 and Dec. 11, 2020; Second Degree Assault, Dec. 18, 2020; Second Degree Assault, Dec. 10, 2020.

Matthew Cote, 40, Claremont, NH, indicted for Habitual Offender, Oct. 28, 2020.

Benjamin Stocker, 30, Springfield, VT, indicted for Burglary, Oct. 9, 2020.

Brandon Adams-Smith, 24, Chester, VT, indicted for Second Degree Assault, Jan. 12, 2020; Reckless Conduct with a deadly weapon, Jan. 12, 2020; Reckless Conduct with a deadly weapon, Jan. 12, 2020.

Nikki Zenner, 31, Danbury, NH, indicted for

Operation after certification as a habitual offender, Dec. 13, 2020.

Raphael J. Santana, 45, Claremont, NH, indicted for Possession of Child Sexual Abuse Images, between Feb. 14, 2020, and May 28, 2020; Possession of Child Sexual Abuse Images, between Jan. 2, 2020, and May 28, 2020; Possession of Child Sexual Abuse Images, between June 29, 2019, and May 28, 2020; Possession of Child Sexual Abuse Images, between Dec. 9, 2018, and May 28, 2020; Possession of Child Sexual Abuse Images, between Aug. 1, 2017, and May 28, 2020; Possession of Child Sexual Abuse Images, between May 28, 2017, and May 28, 2020.



## Free Virtual Learning Series - Math Art For Kids

CLAREMONT, NH—In this 3-part Claremont MakerSpace series, kids will create art projects that reflect math principles. We'll explore geometry, patterns, symmetry and more through activities such as paper quilting, string art, or Escher-like tessellations. This series is designed for ages 10 and older. Family members are welcome, but please note younger kids will need assistance. Instructor will provide templates and a materials list prior to each class. Registration includes attendance at all 3 sessions.

This class will run Wednesdays, January 13, 20, and 27 beginning at 4 PM.

For more information, visit <https://claremontmakerspace.org/events/#!/event/2021/1/13/math-art-for-kids>.

## Need Some Extra Space for Your Next Project/Business/Creative Experiment?

CLAREMONT, NH—Need some extra space for your next project/business/creative experiment?

The Claremont Makerspace has Personal Studio Spaces that provide personal work ar-

reas for dedicated users to call their own. Personal studio spaces are made up of 48" dividers and come in sizes of 60 sq/ft and 100 sq/ft, with each studio including 2 power outlets and an Ethernet jack.

Learn more about CMS Personal Studio Spaces at <https://claremontmakerspace.org/studio-space/>.

As well, they are currently offering tours of CMS. Tours are scheduled in advance and participants must follow our COVID-19 policies. To schedule a tour, please email [info@twinstatemakerspaces.org](mailto:info@twinstatemakerspaces.org).

## Virtual Grief Support Available Through Lake Sunapee VNA

NEW LONDON, NH – Lake Sunapee VNA is offering two virtual grief support groups, since its in-person support groups are still on hold. To help anyone grieving during this pandemic and time of social distancing, a Virtual Bereavement Check-in is available on Wednesdays every three weeks from 4:00-5:00pm.

In addition, a Virtual Widow to Widow group is held on the first Monday of every month from 3:30-5:00pm. Anyone interested in participating in these free groups should email their contact information to Lori O'Connor at [loconnor@lakesunapeevna.org](mailto:loconnor@lakesunapeevna.org) and a member of the bereavement team will call with further details.

## Charlestown VFW Bingo Schedule

CHARLESTOWN, NH—Charlestown VFW Bingo schedule for the new year:

Charlestown VFW Bingo is offering a weekly opportunity for some semblance of normalcy. Wednesday nights 5:00 for early birds and 6:30 for regular fun and games. Currently we play 12 regular and two 2 part games, as well as a 50/50 game, Winner-take-all game, Carry Over Coverall game and a Jackpot game. In Gov. Sununu's most recent mandate request is that when moving about the hall, please wear a face covering whenever 6' social distancing can't be maintained. While seated at the tables, masks may be removed. Be mindful that in the Gov.'s mandate there are many reasons why someone may choose to not wear a mask – and they cannot be questioned or made to prove why they choose not to; nor will they be penalized for not wearing a mask. Please be respectful of others.



## *Bereavement Support*

Visiting Nurse and Hospice for Vermont and New Hampshire includes spiritual care counselors to support you and your family emotionally and spiritually throughout your hospice care and following one year after the death of a loved one.



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Attendance will be limited to 94. We do have some masks on hand as well as plenty of hand sanitizer for your use. To all our patrons that choose to attend, thank you for your patronage during these turbulent times. For those who don't feel comfortable attending at this time, we understand and wish you well until we can meet again.

Tom St.Pierre, Commander, Charlestown Memorial VFW Post 8497

### A Message from ServiceLink

NH ServiceLink offices across the state are open via phone and email during the COVID-19 pandemic. In this time of social distancing it's easy to feel alone and isolated. ServiceLink is a phone call away! Trained, nationally and state certified staff is available via phone during normal working hours.

ServiceLink staff is here to listen, answer questions, problem solve, and link you to resources and services.

In addition, ServiceLink helps individuals connect to long term services and supports, access family caregiver information and supports, explore options and understand and access Medicare and Medicaid. We are, as always, confidential, unbiased, and free to the public.

Call 1-866-634-9412 toll free or find us online.

Direct phone numbers and email addresses for each local office are listed on our website. Offices are located in Atkinson, Berlin, Claremont, Concord, Keene, Laconia, Lebanon, Littleton, Manchester, Nashua, Stratham, Rochester, and Tamworth.

### Area Grocery Store Hours Reserved for High Risk Population

HANNAFORD - Most stores reserve 7 AM – 8 AM on Tuesday, Wednesday and Thursday mornings. In Massachusetts, those special hours are 7 AM – 8 AM daily  
 MARKET BASKET 6 AM - 7 AM EVERY DAY Claremont  
 CO-OP FOOD STORES 7AM - 8 AM EVERY-DAY WRJCT, Lebanon & Hanover  
 PRICE CHOPPER 6AM - 7AM EVERYDAY-Windsor & West Lebanon  
 SHAWS 7AM - 9AM TUES & THURS West Lebanon  
 WALMART 6 AM - 7 AM TUESDAYS ONLY Claremont & West Lebanon  
 PLAINFIELD COUNTRY STORE Call ahead for curb side pickup, 709-7055. Prepared meals, grocery items.

### Activities at Billings Farm

WOODSTOCK, VT—Enjoy scenic winter landscapes among the barns and pastures of Billings Farm & Museum in January. Open each Saturday & Sunday from 10am-4pm, plus Martin Luther King Jr. Day, Jan. 18, with engaging activities indoors and out for visitors of all ages.

**Farm Animals & Winter Fun.** Visit the sheep, chickens and goats all cozy in the Small Animal Barn. Don snowshoes - bring your own or rent from the nearby Woodstock Inn & Resort's Activity Center or the Nordic

Center - and venture through the picturesque snow-covered farm fields and along the Ottauquechee River. Bring your sled to speed down the small hill next to the orchard. Gather round the fire pit and warm up with hot cider..

**Reserve a Sleigh Ride.** Billings Farm & Museum will offer horse-drawn sleigh rides to families (socially distanced) on Martin Luther King Jr. Weekend, January 16, 17 & 18, conditions permitting. Online reservations are required. Call 802-457-5334 for more information.

**Vermont's Rural History.** Explore the Farm Life Exhibits to see what life on the farm was like in the 1890's and find the snowpeople hidden within the exhibits. Learn about the families and history of Billings Farm in our Upon This Land Exhibit. A Place in the Land, the Academy Award – nominee film which chronicles the development of Billings Farm is shown throughout the day in the Visitor Center

**Virtual Classes & Films** Join Billings Farm's Chef Emery Gray for a fun, interactive, Pickling Class on Zoom, Jan. 23. Follow along in your home kitchen to add flare to heavy winter dishes and international favorites by making quick pickled fruits and veggies!

**Woodstock Vermont Film Series.** John Lewis: Good Trouble is streaming over Martin Luther King, Jr. Day weekend (Jan. 14-17). Other films include: Made You Look: The True Story About Fake Art (Jan. 21-24). Find links to tickets and reservations at [www.billingsfarm.org](http://www.billingsfarm.org).

### PUBLIC NOTICE

#### CLAREMONT SCHOOL DISTRICT, Claremont, NH

Filing dates for the Claremont School Board and other Claremont School District Offices are January 20, 2021 to January 29, 2021. Filing is done at SAU #6, 165 Broad St., Claremont, between the hours of 8am- 4pm, Monday through Friday.

School District Moderator School	1 year term
District Treasurer	1 year term
School District Clerk	1 year term
School Board Members (2)	3 year term



### Seeking Board Members

The **Claremont Zoning Board** has seats available for Claremont Residents who may be interested. The Zoning Board hears applications for Special Exceptions, Variances, and Appeals. Members of the Zoning Board are appointed by City Council for three-year terms or for completion of an unfinished term. For further information, please contact Resource Coordinator, deForest Bearnse at [dbearnse@claremontnh.com](mailto:dbearnse@claremontnh.com) or at 504-0341.

Applications are available at

<https://www.claremontnh.com/boards-and-commissions>

**Virtual Education Programs** Students can now visit Billings Farm from anywhere! Teachers and schools register now for Virtual School Programs for students in grades K-5+. Slots available January 5-29. Winter Then & Now is also available as a Virtual Homeschool Program on Jan. 26 and 28.

Billings Farm & Museum is open weekends in January and February, plus daily Feb. 13-21, from 10:00 am - 4:00 pm or online anytime at [billingsfarm.org/billings-farm-at-home/](http://billingsfarm.org/billings-farm-at-home/).

Visiting safely Billings Farm & Museum enforces safety standards in compliance with Vermont State guidelines. We take the safety of our staff, animals, and our guests seriously. Each person must answer health screening questions including if they have quarantined according to Vermont guidelines. Contact tracing information and temperatures are taken for each visitor. Face coverings must be worn by all guests over the age of 2 everywhere on the site, including the outdoors. For more about visiting Billings Farm safely, updates on our site capacity, and to learn which spaces are open, visit [billingsfarm.org/safety](http://billingsfarm.org/safety).

## Claremont Senior Center News

Have you started your diet yet? Oh sure. Are you still dieting? It seems as though the stay home, stay safe, stay close to the fridge and the snack drawer for boredom relief are the rules of the day. But do your best. We know it's boring right now and we are all tired of the rules that have widened our waists. But please make the best of each day. Call your friends and talk for two hours. Learn a new craft online. Read. Write your own book about the situation now and how it may parallel one in the past. Visit the Center on Tuesdays and Thursdays for take-out meals, new books, a couple of puzzles or sign out a game. We're still here. Remember. Busy hands and minds keep us out of the fridge and the snack drawer.

Good diets include good food. Join us this Tuesday and Thursday for really good food. Tues. Jan. 12th-Soup, Stuffed Peppers. Stewed Tomatoes, Dessert.

Thurs. Jan. 14th-Soup, Baked Fish, Rice Pilaf, Vegetable and Dessert.

We have to tell you. The Frosted Peanut Butter Brownies last week made our tummy say Thank You, Thank You, Thank You. Meals are \$4 for members, \$5 for non-members.

Take-out only. Pick-up-11:45AM-12:15PM. Call 543-5998 to reserve your meals. Don't forget to wave to your friends.

Gobble! Gobble! Yes! It's Turkey Dinner time—Sat. Jan. 16th. The kitchen volunteers will expertly bake and make a complete Turkey Dinner. They will treat you with Roast Turkey, Mashed Potato, Stuffing, Gravy, Squash, Roll and a Special Dessert. All for \$10. Pick-up will be from 5PM-6:30PM. Call 543-5998 to reserve your dinners. We, at the Center, are proud that the kitchen is doing this. Bravo!

Head to the Foot Clinics on Jan. 13th, Jan. 20th, and Jan. 27th. Call 603-526-4072 for an appointment. Isn't walking part of that diet? Make sure the footsies are in good condition to do that.

Sadly, we have decided to stay closed for the remainder of January. With the current situations in the state and our city, we thought is best. BUT, we will be open for take-out meals, books, puzzles, games, VNA Foot Clinics, the blood drive and Miracle Ear. Call ahead for book, puzzle and game pick-up so we can set a time for you to come in. We really miss all our Seniors. Hang in there! Have a good week.

Thought of the Week: You're never too old to set another goal or to dream a new dream.

Claremont Senior Center, 5 Acer Heights Rd., Claremont, NH. 603-543-5998. Masks req.

## Claremont Fire Dept. Log

### **Sunday 1/3:**

12:48 AM: Engine 3 responded to Perrotto Ave. to assist Golden Cross Ambulance.

4:20 AM: Engine 3 responded to Chestnut St. for DELTA Level medical call.

12:05 PM: Engine 3 responded to Federal St. for a smoke detector issue.

12:28 PM: Engine 3 responded to Charlestown Rd. for a motor vehicle accident.

2:04 PM: Engine 3 responded to Olympus Place for a snowmobile on fire.

### **Monday 1/4:**

4:38 PM: Claremont Fire was toned for an illegal burn on Canter Place. It was determined this was a permitted burn.

7:43 PM: Engine 3 responded to Franklin St. for a DELTA Level medical call.

8:28 PM: Engine 3 responded to Pleasant St. for a DELTA Level medical call.

11:09 PM: Engine 3 responded to Sullivan St. for a DELTA Level medical call.

### **Tuesday 1/5:**

7:44 AM: Engine 3 responded to Sullivan St. for a check of well-being.

8:43 AM: Engine 3 responded to Pleasant St. for an odor investigation.

9:28 AM: Engine 3 and Ladder 2 responded to Meadow St. for a chimney fire.

5:25 PM: Engine 3 responded to Washington St. for a car fire.

5:42 PM: Engine 1 responded to Park Ave. for a medical call.

7:58 PM: Engine 3 responded to Myrtle St. for an odor investigation.

11:35 PM: Engine 3 responded to Dennison Ave. for a medical call.

### **Wednesday 1/6:**

8:10 PM: Engine 3 and Engine 1 responded to Lafayette St. for a shed fire.

### **Thursday 1/7:**

2:38 PM: Engine 3 responded to Heritage Drive for a check of well-being.

5:40 PM: Engine 3 responded to Main St. for a possible overdose.

7:42 PM: Engine 3 responded to Maple Ave. for a check of well-being.

### **Friday 1/8:**

9:42 AM: Engine 3 responded to Winter St. for a medical call.

1:10 PM: Engine 3 responded to Pearl St. for an alarm sounding.

## **PUBLIC NOTICE Conservation Commission MEETING**

Thursday, January 21, 2021 6:00 PM  
Via ZOOM

Gary Dickerman, Chair

\*Due to the COVID-19 Pandemic, the City is suggesting citizens participate in this meeting by Zoom.

Join Zoom Meeting Online at: <https://us02web.zoom.us/j/83025006068?pwd=WnVhWmR2bHZvamNzMnBIUHJPT0JNUT09>

Passcode: 049532 by Telephone: 1 646 558 8656  
Webinar ID: 830 2500 6068

If there is a problem getting through to that number, please call 603-504-0341.

Agenda

Election of Officers

Stevens Brook Access

Litter Prevention Campaign

Tree Policy

Leighton Forest

Update Conservation Plan



# January Workshops

## 10 Signs & Tips

For Having Conversations About Healthy Relationships

Video \* Discussion \* Scenarios \* Convo Starters

10 signs of a  
**HEALTHY  
RELATIONSHIP**

comfortable pace  
trust  
honesty  
independence  
respect  
equality  
kindness  
fun  
healthy conflict  
taking responsibility

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Wed. 1/13 7:00-8:00 PM  
OR  
Thurs. 1/21 3:30-4:30

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Remembering Loved Ones...

## Life Tributes

### Obituaries May Be Found On Our Website

**We post obituaries on our website to make them available in “real time,” as they are released by funeral homes. We will continue to publish them here weekly, as well, for your convenience if you wish to print out any of them.**

[www.etickernewsoclaremont.com](http://www.etickernewsoclaremont.com)

#### Mary M Currie, 94

Mary Margaret (McLaughlin) Currie, 94, passed away January 8, 2021, after a recent decline in her health at the Sullivan County Health Care.

She was born November 16, 1926, to Antoinette and John McLaughlin in Proctor, VT. Mary grew up in Florence, VT, and attended The College of the Saint Rose in Albany, NY. She spent most of her adult life in Charlestown, NH, where she found many friends and reasons to volunteer her time at sites such as at The Fort at No. 4, or in the local school system.

Mary was the life of the party with her strong, spirited personality. Her infectious energy brought joyfulness to every room she was in.

Mary was predeceased by her husband John Currie, her son John T. Stevenson, her daughter Gail Ann Stevenson, and brothers John Jr., Paul, and Robert McLaughlin. She is survived by several cousins, nieces and nephews.

Mary's family gratefully acknowledges all of the staff at the Sullivan County Nursing Home where she has lived for several years and was well cared for in every way.

Per Mary's wishes, there will be no services. Please take a moment to remember her and the full life she has lived. If desired, you can visit her in the Pinecrest Cemetery in Charlestown where she will rest next to her

husband, John Currie.

The Stringer Funeral Home is in charge of arrangements.

#### Loretta L. Caliri, 99

Loretta Lydia Caliri, 99, died on January 6, 2021, at Woodlawn Care Center, Newport, NH, after a brief illness.

She was born in Claremont, NH, on June 18, 1921, the daughter of Wilfred and Laurina (Giguere) St. Martin LaRoche and resided in Claremont most of her life.

Loretta was a 1939 Stevens High School Graduate and a veteran of WWII having served in the U.S. Navy as a nurse from 1943-1947.

On September 27, 1947, in Providence, RI, she married Fred V. Caliri.

The family includes one brother, Victor St. Martin of Kalispell, MT, one grandson, Larry Pluta of St. Petersburg FL, nieces and nephews.

She was predeceased by her husband Fred, a daughter Margret A. Pluta, son-in-law Stephen J. Pluta, sisters Gladys D. Dolan and Inez L. Plouffe.

Mrs. Caliri worked for many years as a nurse at Valley Regional Hospital and was affectionately known as Sarge. She was a member of St. Joseph's Catholic Church, an avid golfer and longtime member of Claremont Country Club.

A Mass of Christian Burial was celebrated on Saturday, January 9th, in St. Joseph Church with Father John Loughnane officiating. Interment followed in St. Mary Cemetery.

The family suggest that donations may be made in her memory to St. Joseph Church, P.O. Box 825, Claremont, NH 03743.

The Stringer Funeral Home is in charge of arrangements.

#### Beverley Keneson, 97

Beverley Keneson (Bradley), 97, died January 1, 2021, at Elmwood Center.

Beverley Hazel Keneson was born to Allen Knight Jr. and Hazel May (Antle) Knight on March 16, 1923, in Amherst, MA.

Growing up in St. Johnsbury, VT, she attended local public schools and attended St. Johnsbury Academy. At the close of WWII, she married Erton E. Bradley of St. Johnsbury and set-

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-Dr. Sam Giveen

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tled in Claremont, NH, where she spent the rest of her life. She and Erton had two daughters, Sharlene and Cheryl.

She was predeceased by Erton, the father of her children, and husbands Roy Watt and Ernest Keneson. Both sisters predeceased her: Shirley Peters of St. Johnsbury and Mona French of Old Bridge, NJ.

Beverley is survived by Sharlene and her husband Lyonel Tracy of East Haven, VT; Cheryl and her husband Raymond Perron of Claremont; two granddaughters and their families: Amanda Perron Sweely and Thomas of Claremont and Naomi Perron Parige and Luke of New London. Beverley is also survived by four great grandchildren: Ezra and Silas Sweely and Amae and York Parige.

Our Mother passed peacefully on New Year's Day 2021.

Mother was an excellent homemaker. She loved animals, she had a stylish flair, enjoyed dancing with Dad and was quick to share her warm caring heart.

We will dearly miss her. A private graveside service was held at Mountain View Cemetery in Claremont.

The Stringer Funeral Home is in charge of arrangements.

### **Cammie L. Dalke, 55**

Cammie Lynne Dalke, 55, of Charlestown, NH, passed away January 3rd, 2021, in the comfort of her home surrounded by loved ones.

Cammie was born July 23rd, 1965 in Fort Wayne, IN. She had a deep love for the ocean, lighthouses, and turtles. She lived for a cold margarita on a hot beach day. Nothing made her happier than her family.

Cammie leaves behind her devoted and loving husband of 31 years, David Dalke, her mother, Dolores Beaumont, her children, Mandy and Kyle Dalke, her sister and brother-in-law, Heidi and Andy LaCasse, her brother and sister in law, Chris and Tina Cadwallader, and her sister by heart Tia Tallman.

She was predeceased by her father, Tom Cadwallader and little brother, Craig Cadwallader.

Cammie loved all her Dalke sisters so dearly and always looked forward to spending time with them. She has many nieces and nephews that hold a special place in her heart. Cammie loved nothing more than to be around her grandchildren, Mason, Payton, and Taytum Ferland, Freddie Harvey and Chuckie

Pike. She will be remembered by her infectious smile, her smart-ass attitude, and her loving heart.

A celebration of Cammie's life will be held in the summer of 2021.

The Stringer Funeral Home is in charge of arrangements.

### **Robert A. Kibbie, 82**

Robert Adam Kibbie, 82, a longtime resident of Cornish, NH, passed away on Friday, January 1st, 2021, at the VA Medical Center in White River Junction, VT.

He was born October 29, 1938, in Hanover, NH, the son of the late Clifford and Eleanor Kibbie (Townsend). He was a graduate of Lebanon High School in 1956 and enlisted in the Navy as an airplane mechanic and served overseas. Once back in the Upper Valley, he worked many years as a log truck driver and equipment operator. On June 25, 1960 Bob married Katherine (Woodward); they had three sons.

He is survived by his wife, Katherine; sons David, his wife Cathy Aaron, his wife Deidre and Robert, his wife Carrie; and their families along with seven grandchildren, and two great grandchildren. Also his brother Edward Kibbie, sister Debbie Judd, and several nieces, nephews, and cousins.

He was preceded by brother David Kibbie.

At Bob's request, there will be no services or calling hours. In lieu of flowers, donations can be made to the American Parkinson Disease Association at [apda@apdaparkinson.org](mailto:apda@apdaparkinson.org) or to Lake Sunapee Visiting Nurses at [www.lake-sunapeevna.org](http://www.lake-sunapeevna.org).

The Stringer Funeral Home is in charge of arrangements.

### **Gloria J. Champney**

Gloria Jean Champney "Glo", passed away peacefully on January 1, 2021, surrounded by her loving family. After a courageous four-year battle with lung cancer, she has now been reunited with her loving husband, Bob. Bob passed away in 2014 after losing his own battle to lung cancer.

Gloria grew up in North Troy, VT, as one of eight children. After losing her father and two sisters in a house fire in 1953, the family moved to Claremont, NH, where she attended Stevens High School. Gloria married in 1960 and had three children, Lori, Robert, and Randy. She worked at Holson Inc. in Clare-

mont, NH, and married Robert Champney (Bob) on August 20, 1988. They enjoyed vacationing in North Carolina, camping, fishing, Nascar, NFL, cookouts with family and friends, and weekend getaways to visit their Newport, VT, family. Gloria loved her gardening, canning, and baking. She also enjoyed how much her grandchildren loved sleepover's over at Grammie's and Grampa's/Meme's and Papa's. After Bob passed away, Gloria still enjoyed an active life. She loved walking every morning with her girlfriends, Bunny, Annette, and Lou to MacGlaflin Farm to visit her friends Jason and Julie MacGlaflin. Just last summer Gloria canned over 200 jars of fruits and vegetables.

Gloria was predeceased by her parents, three brothers, three sisters, and her husband. She leaves behind her three children, Lori Laplante of Ascutney, VT, Robert Stoodley Sr. and his wife Sharon of Claremont, NH, and Randy Stoodley and his wife Doreen of Weathersfield, VT, her sister Helen Gaddis of Claremont, NH, her eight grandchildren, and her fourteen great grandchildren along with several nieces and nephews, and her beloved dog Jake.

Gloria was never afraid to take on a challenge and overcame many obstacles in her life making her the incredible woman she was. She created an amazing family and lived life to its fullest, and will forever be cherished by those who were blessed enough to know her!

Services will be private and held at the convenience of the family. A Celebration of Gloria's life will be held later in the Spring of 2021.

You are invited to share a memory of Gloria with the family or leave a message of condolence in the family guest book at [www.royfuneralhome.com](http://www.royfuneralhome.com).

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### **CLAREMONT**

#### **Energy Advisory Committee PUBLIC Meeting**

**Monday, January 18, 2021 6:00 PM –  
7:30 PM**

Due to the COVID-19 Pandemic, the City suggests citizens participate in this meeting by ZOOM.

Join the ZOOM Meeting online at: <https://us02web.zoom.us/j/82853883071?pwd=SE5jZlh-JWdZ1Vy9lWE54Rk51ZGQ0Zz09>

Passcode: 073519 By Phone: US: +1 646 558 8656  
Webinar ID: 828 5388 3071

If there is a problem getting through to the above number, please call 603-504-0341

The **Claremont City Council** will hold a public meeting on Wednesday, January 13, 2021, at **5:30 p.m.** in the Council Chambers of City Hall and via Zoom.

**NOTE: EARLIER START TIME**

To join the webinar:

<https://us02web.zoom.us/j/87916056352?pwd=VDdXVWppaDJuOXZITEV2a2tPQkc3dz09>

Passcode: 739587

Or by telephone: 1-646-558-8656 Webinar ID: 879 1605 6352 Passcode: 739587

If there is a problem getting through to that number, please call 603-542-7002.

### AGENDA

- 5:30 PM 1. PLEDGE OF ALLEGIANCE
- 5:32 PM 2. ROLL CALL
- 3. NEW BUSINESS
- 5:34 PM A. Interview and Selection of Candidate to Fill Vacant At-Large Councilor Seat
- 7:30 PM B. Swearing In of At-Large Councilor
- 7:34 PM 4. AGENDA CHANGES
- 7:35 PM 5. REPORT OF THE SECRETARY  
Minutes of December 9, 2020, City Council Meeting
- 7:37 PM 6. MAYOR'S NOTES  
A. Proclamation for Stan Andrews Retirement
- 7:42 PM 7. CITY MANAGER'S REPORT  
A. COVID-19 Update
- 7:50 PM 8. APPOINTMENT TO BOARDS AND COMMITTEES  
A. Electric Aggregation Committee – City Council Representative
- 7:55 PM 9. CITIZEN'S FORUM (Comments on Non-agenda Items Limited to 5 Minutes per Speaker (Council Rule 24))
- BREAK
- 10. OLD BUSINESS
- 8:10 PM A. Legislative Update
- 11. NEW BUSINESS
- 8:15 PM A. Accept Donation of Cleats from Walmart (City Manager)
- 8:20 PM B. Resolution 2021-20 City Hall Boiler Repair – Public Hearing (City Manager)
- 8:30 PM C. CDBG Public Facilities Grant Application - The City proposes to submit an application for funding titled Community Development Block Grant (CDBG) Public Facilities Grant for up to \$300,000 from its application authority for 2020 to the NH Community Development Finance Authority for improvements to Southwest Community Service's Emergency Shelter in Claremont.  
1. Motion to Approve Application for Grant – Public Hearing  
2. Review & Motion to Adopt City's Residential Anti-Displacement and Relocation Assistance Plan – Public Hearing
- 8:45 PM D. CDBG Public Facilities Grant Application - The City proposes to submit an application for funding titled Community Development Block Grant (CDBG) Public Facilities Grant for up to \$300,000 from its application authority for 2020 to the NH Community Development Finance Authority for the acquisition 169 Main Street, Claremont by the Claremont Learning Partnership.  
1. Motion to Approve Application for Grant – Public Hearing  
2. Review & Motion to Adopt City's Residential Anti-Displacement and Relocation Assistance Plan – Public Hearing
- 9:00 PM E. CDBG Emergency Grant Mid-Grant Hearing, 143-147 Main Street – Public Hearing
- 9:10 PM F. Resolution 2021-21 Adoption of RSA 79-E, Community Revitalization Tax Relief, 131 Broad Street, Map 120-88 – Public Hearing (City Manager)
- 9:20 PM G. Lease of City-Owned Property Claremont Airport (City Manager)
- 9:30 PM H. Funds Transfer (Compensation) (City Manager)
- 9:40 PM 12. COMMITTEE REPORTS
- 9:45 PM 13. FUTURE AGENDA ITEMS AND DIRECTIVES
- 9:50 PM 14. CONSULTATION WITH LEGAL COUNSEL
- 9:55 PM 15. ADJOURNMENT

PLEASE NOTE: Claremont City Council's next scheduled meeting will be on Wednesday, January 27, 2021, at 6:30 p.m. in the Council Chambers at City Hall and via Zoom.



# Sununu Sworn in For Third Term as NH Governor

CONCORD, NH—On Thursday at noon, in a smaller ceremony than usual, Chris Sununu was sworn in for his third term as governor. Due to COVID-19 and what Sununu had described as “public safety concerns”, he and the Executive Council were sworn in during the ceremony attended by leaders of both houses of the legislature, and those who virtually attended the event.

In his address to the state later that evening, Sununu said in part, “My mom taught me, no matter what the situation, you always start with a Thank You. And there are many people to thank tonight. I want to begin by first saying ‘Thank You’ to the people of New Hampshire, for placing your trust in me to serve another term as your governor. It is been a great honor to have the faith of the citizens especially through such challenging times. And it’s with that faith that our team remains humbled and vigilant in the tasks at hand.

“I would like to also thank New Hampshire’s amazing team of dedicated public servants who stood shoulder to shoulder with me through the pandemic. You’ve gotten to know a few of them like Commissioner Shibinette, Dr. Chan and Dr. Daly. However, to the hundreds of individuals that make up their teams that have been working around the clock for the past 10 months, thank you for giving 110% regardless of the situation.

“I want to thank the incredible men and women of the NH National Guard who consistently rise to the task no matter what the mission called for. They have given countless hours at the Food Bank, The Veterans Home, the Unemployment Hotline, PPE Warehouse, our Testing facilities and now with our Vaccination Clinics. No matter what the job, they stood tall and were there for us, every time.

“And most importantly, I want to thank NH’s Heroes of 2020. The True Citizens of the Year: Our Frontline Healthcare workers, the nurses and caretakers who never stopped, never slowed down, put themselves at risk and when the chips were down, they kept going. They were there for our loved ones when many of us could not be. For that, we will never be able to fully repay you for your service to our families.

“Finally, while we could go on all night with ‘Thank You’s’ and appreciation for so many. I want to take a moment to address the 2020

Election here in NH as well as the complexity and controversy we saw across the country surrounding the results, cumulating in the tragic events that unfolded yesterday in Washington. Across the country many states found their systems in turmoil, adding confusion and chaos to an already deepening public health crisis.

“But here in New Hampshire we owe a debt of gratitude to all of the town moderators, the volunteers, and our teams working with Secretary of State and Bill Gardner and Attorney General Gordon McDonald for ensuring NH’s elections went off exactly as we needed them to - with integrity and accountability. When it was all done, we had our votes counted on election night and even with over a dozen hand recounts across the state, everyone came back verifying the winner.

Virtually no issues out of the over 800,000 ballots casts. It was an incredible accomplishment and it was paramount to the giving our citizens the peace of mind they deserve when it comes to the value and credibility of our voting process...”

—Phyllis A. Muzeroll



**In the above photo, the governor is seen being sworn in by Associate Justice Gary Hicks. Below: Elbow bumps replace handshakes in the age of COVID (Photo credits: David Lane/Union Leader).**

